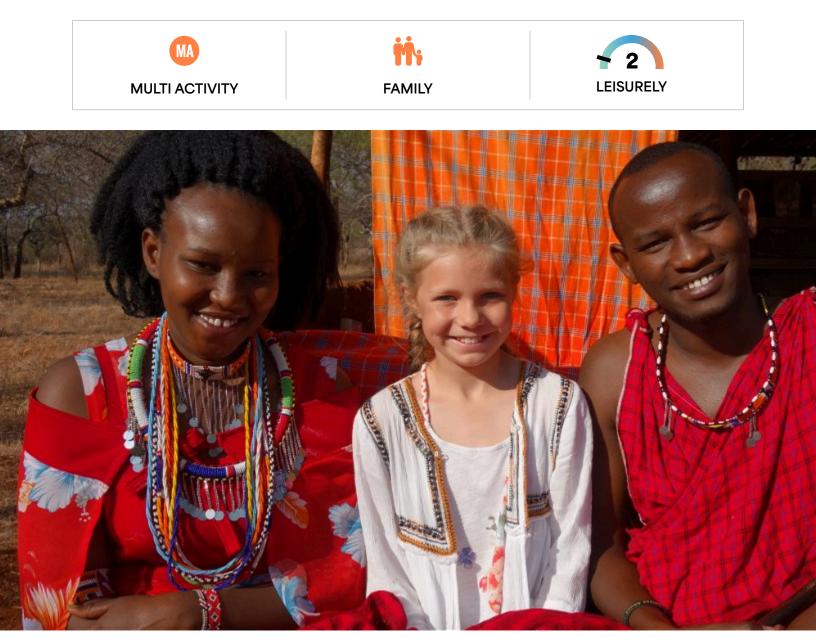


Kenyan Wildlife Wonders - Family Safari Adventure

Trip Code: FSK

Version: FSK Kenyan Wildlife Wonders - Family Safari Adventure



HIGHLIGHTS

- See amazing African wildlife on safari in the stunning Tsavo West and Amboseli National Parks
- See orphaned baby elephants at the Daphne Sheldrick Wildlife Trust
- Visit a Maasai village and help with daily life, overnight in traditional hut

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- Walk and wild camp in the Chyulu Hills on this active family safari holiday in Kenya
- Relax for 3 full days on the sandy beaches of the Kenyan Coast

AT A GLANCE

- 7 days safari and sightseeing
- 2 days with child suitable walks
- 4 nights Mombasa relaxing, 8 nights at accommodation with swimming pools.
- Join at Nairobi, end Mombasa

ACCOMMODATIONS & MEALS

- 12 Breakfasts
- 9 Lunches
- 12 Dinners
- 5 nights Hotel with swimming pool
- 2 nights Wild Camp
- 1 nights Traditional Hut
- 2 nights Guesthouse
- 2 nights Fixed Camp

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

This active family safari holiday in Kenya, East Africa is a journey of adventures and experiences from the Kenyan capital of Nairobi, through some of the best African wildlife parks before a relaxing finale on the Kenyan Coast. It is designed to give the complete experience of African wildlife safari, show the colour and character of the local Maasai people and reveal the wild landscape of off-the-beaten track mountains. In Nairobi we visit the Giraffe Centre where we can feed these quirky loveable animals and learn more about endangered species and conservation in East Africa, and we also visit the Daphne Sheldrick Elephant Orphanage. Leaving the city we travel south to overnight in a traditional Maasai village before transferring to the relatively unknown, green Chyulu Hills just north of the Tanzanian border from where there are distant views of Kilimanjaro. Here we wild camp for 2 nights in the bush, a magical experience and enjoy some walking safaris.

It is then onto Amboseli National Park. Famous for its large elephant herds we will enjoy an exciting game safari in the shadow of Kilimanjaro. The wildlife of the plains such as impala and zebra graze the grasslands under the shade of acacia trees, and if we are lucky we may even see some prowling lions and cheetah! Our next stop is one of the largest national parks in East Africa - Tsavo at 22,000km² in size. Here we visit the hippos and crocodiles at the oasis haven of Mzima Springs and go on game safaris. Our finale at the end is the wonderful beaches of the Kenyan Coast. Here we have four nights to totally relax enjoying swimming and watersports on the beautiful coast. East Africa is an amazing destination for a family holiday and there is so much more to see than just the wildlife; this itinerary captures it all.

Is this holiday for you?

Suitable for children aged from 7yrs

The purpose of this itinerary is to ensure you and your family have the complete African experience. Everyone will be educated in Nairobi about rehabilitation and endangered species before we actually see these animals in the wild on our safaris. A visit to the fun-loving Maasai people will be an education on their way of life, and we will get off the beaten track for a practical geography lesson.

As we are covering a reasonable distance during the itinerary there are a few drives of 3-4hrs and a couple of full day drives. All drives are interspersed with frequent stops and interesting stories from our guide. The wildlife game viewing safaris are designed not to be lengthy so as to ensure that the children are kept interested. Note that some of these park roads can be bumpy, especially if it has rained. The three walks in the bush are on small tracks or paths through grasslands, on the flat or gentle inclines.

The walking is not technical or difficult, perfect for younger legs.

There is a large variety of accommodation; hotels with swimming pools, permanent tented safari camps, wild camping, traditional Maasai mud hut and a beach hotel surrounded by gardens on the coast. For the 2 nights wild camping tents will be erected and full camping service provided, the facilities will be basic but the feeling of being in the wild more than makes up for this. All equipment except for sleeping bags is provided. The guides are all experienced at working with adults and children alike, and will always go the extra mile to ensure that everyone is happy and entertained.

Itinerary

Version: FSK Kenyan Wildlife Wonders - Family Safari Adventure

DAY 1

Arrive Nairobi. Single timed transfer to the accommodation is provided. Afternoon visit to the Giraffe Centre in Nairobi.

Karibu Kenya - Welcome to Kenya. Our holiday start at group hotel in Nairobi. A single timed transfer from Nairobi Airport is provided. In the late afternoon, after some rest at the hotel and maybe a swim in the pool we go to visit the Giraffe Centre. This was originally established as a breeding centre for the endangered Rothschild's giraffe, but has since developed into the African Fund for Endangered Wildlife with a main objective to provide conservation education to Kenyan school children and youth. We see the giraffes and may have an opportunity to feed them. A close wildlife encounter and conservation education is great way to start the week. We return to the hotel for dinner and overnight.

SWIMMING at the hotel pool

Meals: L D

Accommodation Hotel with swimming pool

DAY 2

Elephant Orphanage visit, drive to a traditional Maasai Village, overnight in Manyatta Hut.

This morning we are up bright and early for our first action packed day in Kenya. We start with our visit Daphne Sheldrick Elephant Orphanage were we can see the baby elephants being fed and taking their bath. We learn a lot about their care and how some are rehabilitated to be released back into the wild.

We then leave in our vehicle out of town. We drive (approximately 4-5 hrs) to Muteleu, a traditional Maasai Village. These are undoubtedly the best-known and most photographed people in East Africa. They are the tall, fearless and proud warriors with red robes, ochre hair and colourful jewellery. Their huts are made of cow dung and ashes, arranged in a circle. This village has been set up by the Maasai women to show visitors their daily life and culture. This in turn provides funds to send the Maasai girls to school. During the afternoon we might help them with the cattle, get water or maybe make craft items. We have a traditional meal that they cook for us and sit around the fire in the evening and maybe enjoying some singing, dancing or storytelling. We overnight in the traditional mud huts called Manyatta. This is a great and unique experience which the adults and children will love.

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Meals:	BLD			
þ	Accommodation Traditional Hut			

DAY 3

Breakfast with the Maasai, transfer to our wild camp in the Chyulu Hills.

We have breakfast with the Maasai and then set off for our next destination - the Chyulu Hills National Park, about 4 hrs drive. We travel through verdant rolling hills of endless green, blue skies and beautiful landscapes, once described by Ernest Hemingway as 'the green hills of Africa'. At just over 2000m they are full of grasslands and acacia trees, perfect for the grazing wildlife such as antelope. We set up our wild camp in the bush for the next two nights, and with some luck the weather will be kind and we'll have some amazing views of Kilimanjaro. Our team will set up camp and cook for us, and all of our equipment (except sleeping bag) is provided. It is a magical experience to camp out in the bush in Africa. The skies are massive and the stars are incredible. Conditions allowing, we enjoy a camp fire before turning into our tents and cosy sleeping bags for the night.

Meals: **B L D**



Accommodation Wild Camp

DAY 4

Walking in the Chyulu Hills, Kenya. Views of Kilimanjaro.

Waking up in our tents, we have a simple camping bush breakfast before setting off on our walk. We transfer for around an hour to the start of our walk. The Chyulu Hills consist of numerous old volcanoes with clear visible craters, with the last eruptions around 200yrs ago. Our colourful Maasai guide will accompany us on the walk through the territory of the grazing wildlife such as eland, bushbucks, reedbucks and giraffe. We can also find smaller mammals here like the bush pigs and forest hogs. The length and route of our walk will depend on the weather and our group. The Chyulu provide walks with gentle gradients, perfect for our young explorers. If the weather is clear then we may have views to the elephant country of Amboseli to the north-west, the volcanic summits of Tsavo National Park and maybe even the massif of Kilimanjaro which is on the border of Kenya/Tanzania only some 200km away. Along the way we have a picnic lunch. There is no rush, and we enjoy our return walk to the campsite. Our guides are extremely knowledgeable about the land, the people and the wildlife and we are learning all the time whilst listening to their stories. Back at camp we have some time to freshen up and relax. As it gets dark we have our dinner listening to the sounds of the bush.

Meals: **B L D**



DAY 5

Walk along the Nalemour River, drive to Loitokitok on the Tanzania/Kenya border.

Before we set off to Loitokitok (also known as Oloitokitok) we have a final bush breakfast in camp, pack up and say goodbye to the Chyulu Hills. On the outskirts of town (2-3hrs drive) we stop at the Nalemour River for a 3 hour walk to enjoy our picnic lunch at some pretty waterfalls (although in the dry season there might be little/no water). There is an agreement with Tanzania/Kenya that citizens of these countries can travel within 10km of each country, making the town of Loitokitok an important meeting point which has a bustling market. It is also the entrance for many people who are going to climb Kilimanjaro - the start of the path for one of the routes is just over the border. Of course we have fabulous views of Africa's highest mountain from the town. This is where our cosy guesthouse for dinner and overnight.

Meals: **B L D**



DAY 6

Amboseli National Park - Wildlife Game Safari. Lunch and break at lodge with swimming pool.

Elephants, a safari vehicle and the mighty snow-capped Kilimanjaro in the background - the picture postcard of classic Africa - this is Amboseli National Park. The area is hot and dry with an average of 350-400mm of rainfall per year. When the rains come, marshlands and soda lakes are formed, but for the rest of the year it is mainly a dusty plain. This is where origins of the name 'Amboseli' or 'salty dust' in the local Maasai language comes from. However, it is not all dust! There are the green acacia trees and long grasses which turn a golden brown in the dry season. This small park, at under 400 km sq, is famous as one of the best places in Africa to see large, free-roaming herds of elephants - and this we shall see during our 4-5 hours of game viewing. The Big Five (lion, leopard, rhino, buffalo, elephant) are also present in Amboseli, so we will be on the look-out and it is likely that we shall see at least some of these. We may also see giraffe, wildebeest, zebra, impala, gazelle as well as wild dog, jackal and hyena. Our guides have a very good eye for spotting wildlife, and will be able to share all manner of facts and stories about everything that we see and the land that they live in. We rest for a late lunch at a charming lodge complete with swimming pool which we can use to cool off during the heat of the day. In the late afternoon we travel back to our accommodation in Loitokitok for a second night.

SWIMMING available

Meals: **B L D**

Þ	Accommodation Guesthouse			

DAY 7

Tsavo West National Park - Mzima Springs.

We depart this morning and travel east to the larger and much less visited Tsavo West National Park. Just over 9,000 km sq the rugged terrain here offers a lot besides the wildlife. The park spreads right down to the Tanzanian border in the south. To the east and north is the big brother - Tsavo East National Park and together they are the biggest park in Kenya, and in the top 5 largest in East and Southern Africa. Our drive to the park takes 2-3hrs. On arrival we check in at our lodge, a permanent tented camp with a glorious swimming pool. After lunch we visit Mzima Springs. These crystal clear springs are an oasis amidst the surrounding Tsavo Savannah, and they are supplied by 250 million litres of fresh water every day! This, of course, in turn creates a haven for fish, birds and wildlife especially hippo and crocodile. There are visitor platforms and a nature trail. After this magical visit we drive back to our accommodation, where we have time for some swimming before dinner.

SWIMMING available

Meals: **B L D**

Accommodation Fixed Camp

DAY 8

Tsavo West National Park - Safari game drives and enjoying the pool at the camp.

This morning we can rise later and have a relaxed morning at this fabulous camp. The children can swim in the pool. There is plenty of wildlife around the camp and waterhole. For the super keen there is a prebreakfast game drive (included), but most people choose to stay at camp this morning. We all relax our beautiful camp during the heat of the day. We can go for a swim, a rest, read our book or look at the vast plains surrounding the camp. In the late afternoon we will go for a game drive (again optional, but included in the price). We can see herds of elephant, wild dog, giraffe, rhino, hippo, lions, cheetah, leopard, buffalo and a prolific birdlife with around 600 species, amongst others. We have dinner at our lodge and tuck up after a fantastic day.

SWIMMING available

Meals: **B L D**

L	Accommodation		
Þ	Fixed Camp		

DAY 9

Drive to the Kenyan Coast, Diani Beach.

After breakfast and some moments to soak in this special place, we say a fond farewell to the lovely camp here in Tsavo and make our way to the coast. This is a full day of driving (approximately 6-7 hours). We will break the journey with a lunch stop and comfort breaks. We can enjoy watching Kenyan life from our vehicle as we chat or listen to some music. We head to our hotel on Diani Beach. This long stretch of white sandy beach lined with palm trees along the Mombasa South Coast is a perfect place for a few nights relaxing after our Africa adventure.

SWIMMING available

Meals: **B L D**

Accommodation Hotel with swimming pool

DAY 10

Free time at Diani Beach, Mombasa South Coast.

Our hotel is situated on the beach and has a lovely swimming pool. There are many beach loungers dotted into between the palm trees on the beach. Beach volley ball is often played and there is also table tennis.

Meals: **B D**

Accommodation Hotel with swimming pool

DAY 11

Free time at Diani Beach, Mombasa South Coast. Water sports and snorkelling available.

Our hotel is located on the kilometre long white sandy beach of Uroa. There is usually a pleasant breeze from the sea to cool you as you relax with your book, or peacefully eat your lunch. The hotel staff will look after your needs and they will be able to book any optional excursions and water sports for you. There is

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kite surfing available as well as diving. Tennis, football and a volley ball court are also available during the day. All equipment is provided. At low tide the beach is perfect for long walks or a morning/evening run.

SWIMMING available

Meals: **B D**

Accommodation Hotel with swimming pool

DAY 12

Further day of relaxing at Diani Beach, Mombasa South Coast. Boat and snorkelling trips available.

Today is another free day. If you wish to leave the hotel you can book one of the excursions such as a Dhow boat trip for snorkelling and marine wildlife spotting.

Whatever we choose we return to the hotel at the end of the day and can meet with the group for a celebratory final meal. A fitting finale to a true African adventure for the family, what more could you want!

SWIMMING available

Meals: **B D**

Accommodation Hotel with swimming pool

DAY 13

Departure Day. Transfer to Mombasa Airport.

Our holiday ends after breakfast at the hotel on the beach. Depending on our flight times we may have a chance for a last swim in the pool or the sea before we have a single timed transfer to Mombasa Airport (approximate 2 hours drive) for our flights home. If you would like a longer holiday it is easy to extend your time on the beach, please call our office for details.

Meals: **B**

Holiday Information

- A professional and qualified tour leader
- Single timed airport transfers on arrival and departure
- All accommodation as described
- Meals as per the Meal Plan
- Park fees
- All land transport involved in the itinerary
- All activities/excursions mentioned except where specified as 'optional'

What's not Included

- Travel insurance
- Visas
- Departure Taxes (if applicable)
- Some meals as detailed in the Meal Plan
- Any additional activities/excursions indicated as 'optional'
- Tips
- Miscellaneous personal expenditure drinks and souvenirs etc

Joining Arrangements & Transfers

The group will meet at the group hotel in Nairobi.

A single timed transfer from Nairobi Airport to the group hotel is provided in the morning on Day 1 of the Land Only itinerary.

On the last day of the Land Only itinerary, there will be a single timed transfer to Mombasa Airport for flights departing in the late afternoon.

Anyone may join the group transfers by prior arrangement. Travelling as a group saves energy. If this is not practical, we can provide private transfers at an additional cost.

Hotel contact details and an emergency number will be provided with your booking confirmation.

Meal Plan

All breakfasts, 9 lunches and 12 dinners are included in the holiday. You should budget \$15-20 per person for dinners.

Food & Water

It is not recommended to drink untreated water from the taps. You should take purification tablets or a filter bottle (such as a <u>Water-To-Go bottle</u>) to treat your water. We do not encourage the purchasing of single use plastic bottles.

Traditional dishes can be delicious and flavoursome and include beans, corn, kale, stews, coconut rice, Kenyan chapatis and bhajias (influences from India) and of course we need to taste the Mandazi which are Kenyan doughnuts. Yum! In the hotels which we stay in there is usually a variety of food for all tastes including international cuisine such as chips, burger, fruit and ice cream. Breakfasts are usually cereals, coffee and toast or the occasional fried eggs etc. Lunches are cheese, cold meats, salads on bread or rolls. We do cater for some special dietary requirements (e.g. vegetarian or allergies.). However it is essential that you inform us of any dietary requirements on booking. All beverages will be at your own expense. When meals are not included there will be a restaurant or choice of restaurants nearby.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your diet with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Accommodation

There is a large variety of accommodation on this holiday. There is a reasonable amount of moving around, but we try to stay at each the accommodation for at least 2 nights. For the night in Nairobi we stay in a small and simple hotel about 45mins transfer from the airport in a quiet neighbourhood. It is surrounded by tropical gardens and has a swimming pool. Meals are often served in the gardens.

Our traditional Maasai Manyatta hut is a basic mud hut with a galana stone floor. Each hut has 2 beds and all bedding and pillows are provided. A third bed is added for families of 3. Each hut has a flush toilet and a shower (although we are asked to limit the water use), and lights powered by solar panels. A super experience.

When in the Chyulu Hills we wild camp in the bush for 2 nights. Tents will be erected and a full camping service is provided, all equipment except for sleeping bags is included. We use 3 person dome tents on a twin share bases. Facilities are basic, but the children usually love the 'bush showers' (essentially a bag of water heated in the sun with a shower head) and campfires. We can only have campfires here at certain times of the year, if the weather is too dry then we cannot due to safety. There are a few elephants, buffalo, giraffes and some other wildlife in the park, however these are (sadly) very rare now and keep a good distance from humans, but to ensure safety a guard stays up throughout the night when camping here.

In Loitokitok we have 2 nights at a simple guesthouse with separate cottages on the outskirts of town. They are surrounded by gardens and some great views of Kilimanjaro.

When in Tsavo West National Park we have 2 nights in a beautiful permanent tented camp with swimming pool - a classic African camp with safari style tents on platforms. You will love the sundowners watching the African Plains and wildlife.

At the beach our hotel rooms first floor or ground floor rooms with balcony or a garden room. They are set in beautiful gardens which also house a swimming pool, several thatched buildings, and is situated next to the beach. Mosquito nets are provided at all locations.

All hotels are subject to availability and can change without notice.

As a general rule children of 11yrs and under will share with parents in a triple for a family of 3. Children over 12 yrs will share with parents in a triple for a family of 3. For a family of 4 you would require 2 rooms at most locations. At the beach hotel a few family rooms are available. Please request your rooming type on booking and we will do everything to ensure that you are happy with your rooming allocation.

Group Leader & Support Staff

The group will be accompanied by a local English speaking professional guide from day 1 to day 9 on arrival at Diani Beach. In addition at various places the group will also have a local area expert. There will also be a driver with the group until day 9. When staying at the hotel on the beach the group will not have a guide. You will be assisted by the hotel staff who can arrange the optional excursions and activities.

Park Fees & Permits

Park fees are included in the holiday costs.

Spending Money

Approximately £400 per family of 4 persons (or equivalent in US dollars or Euros) should be allowed for non-included meals, tips, soft drinks and miscellaneous expenses. Visas, alcoholic drinks, souvenirs and optional activities are additional so you may wish to budget for these. You can choose to take your money in Pounds Sterling, Dollars or Euros, however US Dollars are the preferred currency. There will be the opportunity to change money into local currency on arrival at the airport and your leader will advise the best places to change money en-route. Credit cards are useful and it is a good idea to carry one in case of emergency.

Guidance on Tipping

Tips are the accepted way of saying 'thank you' to your local guides. They do not form part of their wages, any tips they receive are seen as a personal thank you from group members. We suggest around USD \$50-60 per person (client) and these should be split into proportional amounts to the main guide, driver and other guides along the route.

Baggage Allowance

For this holiday you should take one piece of luggage and a daypack. You should bring a soft bag as these are more suitable to pack in the vehicle.

Please be aware that plastic/polythene bags are illegal in Kenya. The law says that they are not allowed to be manufactured, imported, used or sold in Kenya (since Aug 2017).

Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status and so you are free to proceed with your international flight booking and other travel arrangements.

General Information

Passport & Visas

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

It is your responsibility to ensure that you have the correct travel documents and visas for your holiday. Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the <u>UK Government website</u>.

You need a visa to enter Kenya. This is obtained online as an e-visa, prior to departure via the Kenyan Government <u>e-visa portal</u>. Visas are not available on arrival.

If you are travelling overland from Kenya into Tanzania, and then back into Kenya (and not leaving East Africa) you will only require a single entry visa for Kenya.

If the children (under 18yrs) with whom you are travelling have a different surname to yours, you should consider taking with you the child's full birth certificate. It is not a requirement, but some border personnel in Kenya as well as the UK, may request to see it when travelling to/from Africa.

Health & Vaccinations

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

Dengue fever is a known risk in places visited. It is a tropical viral disease spread by daytime biting mosquitoes. There is currently no vaccine or prophylaxis available and therefore the best form of prevention is to avoid being bitten. We recommend you <u>take precautions to avoid mosquito bites</u>.

VACCINATIONS

You should contact your doctor or travel clinic to check whether you specific require any vaccinations or other preventive measures. You should be up to date with routine courses and boosters as recommended in the UK e.g. diphtheria-tetanus-polio and measles-mumps-rubella), along with hepatitis A and typhoid. Malarial prophylaxis are required. There is risk of yellow fever and you must carry a current vaccination certificate. On holidays to more remote areas you should also have a dentist check up. A good online resource is <u>Travel Health Pro.</u>

Currency

The unit of currency in Kenya is the Kenyan Shilling.

Do not take \$100 bills, take \$50 bills instead. All USD bills pre-2013 are not welcome. They prefer 2017 and onwards.

Climate

The highland areas of East Africa, including the parts of Kenya which we will be visiting have a pleasant, temperate climate throughout the year. The daytime temperatures will be around 25 to 30°C, dropping to around 15°C at night. Although it might be a bit cooler in the hills. There are two rainy seasons from mid March to June and from October to mid December. The rainy season is very green and clearer as there is little dust. The rains usually fall for a couple of hours in the morning and then clears.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's <u>'Travel Aware'</u> campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that prior to travel, all KE clients visit the official UK Government website at <u>travelaware.campaign.gov.uk</u> and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: <u>www.travel.state.gov</u> for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates direct from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

FAQ's about our family holidays

We welcome all family dynamics and we will try to accommodate you in the roomings of your choice. The only stipulation for joining a family group holiday is that 1 party member is 17yrs or under, and they are accompanied by an adult. An average group size is around 10 members in total. Further general information and FAQ's are available here: <u>KE Family Adventure Holidays general information</u>.

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our <u>Travel</u> <u>Insurance</u> page for further information and to get a quote.

Equipment Information

Equipment List

Please try to keep the weight of your baggage to a minimum. See the 'baggage allowance' section for further details.

You should bring the following items:

- Comfortable walking shoes or boots
- Trainers and/or sandals
- Lightweight trousers / shorts / skirt
- _ T-shirts and/or casual shirts (wicking ones are good for the heat, and long sleeved shirts with collars for
- sun protection are recommended)
- Socks & Underwear
- Fleece jacket
- Lightweight waterproof jacket
- Sunhat with wide brim
- Warm hat
- Sunglasses
- Daypack 20 to 30 litres (depending on how much of the kids' stuff you need to carry)
- Sleeping bag (comfort rating 0C)
- Sun protection (including total bloc for lips, nose etc.)
- Water bottles 1 Litre x2 (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Washbag and toiletries
- Antibacterial handwash
- Insect repellent
- Headtorch and spare batteries
- Small camp towel
- Swimwear
- Binoculars
- Basic First Aid Kit including : Antiseptic cream, throat lozenges, diarrhoea treatment (Imodium),
- painkillers, plasters, blister treatment, antihistamine cream and tablets, and re-hydration salts

- Thermarest
- Sleeping bag liner
- Pen-knife (note: always pack sharp objects in hold baggage)
- Camera
- Reusable cloth bag for shopping (to avoid plastic bags)

Notes:

*A roll-matt or karri-matt is provided for the 2 camping nights, however you may wish to supplement this with your own thermarest.

Please be aware that plastic/polythene bags are illegal in Kenya. The law says that they are not allowed to be manufactured, imported, used or sold in Kenya (since Aug 2017).

Mosquito nets are provided at all accommodations.

The orphanage have asked that presents are not brought for the children. They prefer visitors to talk and interact with the children. Something like a photo of your child in their school uniform would be a good starting point for a conversation. During the tour they will talk about how to support the orphanage.

Cotswold Outdoor



Many of the Equipment items listed above are available from <u>Cotswold Outdoor</u> our 'Official Recommended Outdoor Retailer'. When you book a holiday with KE you will receive 12.5% discount voucher from Cotswold Outdoor and other retailers. >> Find out more

Land Only Information

The LAND ONLY dates and prices are for the itinerary joining Nairobi and ending in Mombasa. Single timed airport transfers are included.

Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London to Nairobi Airport and returning from Mombasa Airport.

Outbound flights depart the UK in the evening, arriving in the morning of the following day (day 1 of the land only itinerary). Return flights will depart from Mombasa Airport in the afternoon of last day of the itinerary, arriving in the UK in the morning of the following day.

Why Choose KE

Why KE

An incredible family holiday in East Africa, with an itinerary unique to KE, that will be forever embedded in family memories.

Please Note This document was downloaded on 20/05/2024 and the trip is subject to change