

Cruise the Galapagos Islands

Trip Code: CGI

Version: CGIB Cruise the Galapagos Islands Itinerary B: North, Upper Deck Cabin





HIGHLIGHTS

- Cruise aboard the Monserrat Yacht, renovated in 2021 specifically for small group Galapagos Cruises
- Observe the best wildlife the Galapagos has to offer on land and sea. Albatross, giant tortoise, sea turtles, penguins, flamingos, iguanas, sea lions, and a huge variety of birdlife in this wildlife oasis.
- Hike, snorkel, and sail to the best wildlife spotting locations on the islands with a morning and afternoon excursion each day.

- Learn about the history and biodiversity of the islands from our professional and qualified naturalist quides.
- 2 stunning itineraries to choose from, whether you want the calm and quiet of the remote Northern and Western Islands (inc. Isabela & Fernandina) and their unique species or the classic Galapagos highlights of our southern Itinerary.

AT A GLANCE

- 8 days cruising the Galapagos Islands
- First-Class Monserrat Yacht
- Snorkelling and Walking excursions
- Iconic Wildlife
- Join at Quito

ACCOMMODATIONS & MEALS

- 9 Breakfasts
- 7 Lunches
- 7 Dinners
- 2 nights Lodge
- 7 nights Boat

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

Set sail on an adventure of a lifetime on this Galapagos Islands Cruise. The Galapagos Islands offer some of the best wildlife encounters and experiences in the world, teeming with both land and sea life you are unlikely to see in such abundance anywhere else on earth!

From walking alongside the island's iconic giant tortoises, snorkelling with sea turtles and climbing to island high points for stunning panoramas this adventurous cruise holiday showcases the very best of what the Galapagos has to offer.

A photographer's paradise, the islands give a unique opportunity to capture wildlife up close on camera. From iguanas basking on the white sandy beaches, nesting seabirds, waved albatross, blue-footed boobies, penguins, sea lions, cormorants, and innumerable tropical fish and birdlife - the opportunities are endless.

We sail the islands aboard the first-class yacht, The Monserrat. Where we island-hop in style, treated to fine local and international gastronomy prepared by professional chefs aboard. Whether using the boat's observation deck, walking on the islands, or taking a panga ride into a hidden cove, our expert naturalist guides take us to the best spots and share their tips and knowledge for getting the most out of each experience.

The Monserrat Yacht alternates between two stunning 8 day itineraries, and while both of these options offer an incredible experience and cover the key wildlife experiences you would expect from the Galapagos, they visit different islands which makes for subtle distinction in the flora and fauna you will encounter. So whether you are more interested in the unique birdlife on the more remote and pristine northern islands, or the classic Galapagos experience of the southern islands you can be sure you won't be missing out!

Itinerary A: South

This itinerary combines the Central and Eastern Islands and has the perfect combination of surface, marine and air wildlife along with beautiful landscapes and unique species. We explore the highlights of Santa Cruz, Rabida, Bartolome, Santa Fe, San Cristobal, Espanola, and Floreana islands. Taking in some of the best snorkelling spots, white sandy beaches, and day walks in the Galapagos. A splendid balance of activity and adventure with a wide spectrum of the available wildlife experiences throughout the islands, all from the comfort and luxury of the Monserrat Yacht.

Wildlife likely to be seen: Galapagos Giant Tortoise, Barn Owls, Palo Santo Trees, Pelicans, Galapagos Penguins, Sea Lions, Sea Turtles, a huge variety of fish in shallow and deep water snorkelling spots, Land Iguanas, Red-billed tropicbirds, Swallow-tailed Gulls, three species of Boobies, two species of Frigate Bird, Flamingoes, Blue-Footed Boobies, Reef Sharks, Waved Albatross (April and December), Rays,

Itinerary B: North

Our Northern Itinerary covers the Northern and Western Islands and is the ideal itinerary for birdwatches. We start by exploring the volcanic island of Santa Cruz and 'Chinese Hat', before heading north to the more remote Genovesa, an island paradise for bird lovers, where we will witness an impressive colony of red-footed boobies. We continue to the pristine western reaches of the Galapagos Archipelago, visiting the islands of Isabel and Fernandina. Here we can spot more unique native species, in a region where no non-native species have ever been introduced. Flightless comorant, blue-footies boobies as well as Galapagos Giant Tortoises and land and marine iguanas are all likely to be seen. We also explore the Bolivar Channel, an area boasting some of the highest diversity of marine life in the Galapagos. Heading back East to Santiago Island, we explore dark sand beaches and have opportunity to snorkel among turtles, rays and reefsharks before taking a panga ride into the ill-famed pirate's hideout of Buccaner Cove. Our final island visited is that of North Seymour Island, where we can walk alongside blue-footy boobies, pelicans and frigatebirds nesting sites.

Wildlife likely to be seen: Galapagos Giant Tortoises, Barn Owls, Land Iguanas, Flamingoes, Common Stilts, Pintail Ducks, Scalesia Trees, Sea Lions, large schools of tropical fish, Marine Iguanas, Galapagos Penguins, Red-Footed Boobies, Nazca Boobies, Mockingbirds, Finches, Palto Santo Trees, Swallow Tail and Lava Gulls, Yellow-Crowned Night Herons, Lava Herons, Galapagos Doves, Yellow Warblers, Great Frigate Birds, Manta Rays, Sea Turtles, Sally Lightfoot Crabs, Flamingoes, Black-Necked Stilts, Blue-Footed Boobies, Brown Noddy, Terns, Flightless Comorants, Galapagos Green Turtles, Reef Sharks, Pelicans.

For the full day-by-day descriptions of both itineraries please see the 'Map & Itinerary' tab above. Both itineraries contain a morning and afternoon excursion from the boat with plenty of opportunity for photography, snorkelling, panga rides and day walks on the islands.

Is this holiday for you?

A cruise is an excellent way of getting around the Galapagos and experiencing the best it has to offer. Staying aboard the yacht you will sleep in a twin/double cabin with modern en suite facilities. The Upper deck cabins have a window to allow excellent views, whereas on the lower deck the cabins have portholes to ensure good natural light. There are many communal areas aboard the yacht, from the interior lounge and dinner room to the sun and observation decks, complete with sun loungers.

Getting from the yacht to land is done by panga boat, a motorised inflatable dinghy allowing closer access to shore.

There is plenty of opportunity for swimming and snorkelling and the guides will point out the best spots.

Simple walks along the beaches and up small hills on the islands offer another excellent way of enjoying the wildlife, but no prior walking experience is necessary.

Itinerary

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Meet at Quito Airport. Escorted transfer to group hotel on outskirts of Quito

Arrive in to Quito Airport. KE Land Only Services begin with a transfer to the group hotel on the outskirts of Quito. Surrounded by nature in the foothills above Quito, this is a tranquil and restful place to recover from your travels and look forward to the trip ahead. If arriving early there may be opportunity to visit the historic Quito Old Town or simply walk in the forests and hills, looking out for the more than fifty species of birdlife, within the property grounds.



Accommodation

Lodge

DAY 2

Fly to the Galapagos Islands. Board boat and meet guide.

We depart Quito on the 2hr flight to the Galapagos Islands. We will then transfer to our boat, the Monserrat, to meet our guide. Refurbished in 2021, the Monserrat is a first class motorised yacht built specifically for cruising in the Galapagos, with capacity for 20 passengers. You will be well looked after by the crew and 2 naturalist guides, as well as the professional cook providing a delicious variety of food in a luxurious buffet style. Once settled, we head to the highlands on Santa Cruz Island to see the Galapagos Giant Tortoise in its natural surroundings. We explore the area and its underground lava tunnels, keeping an eye out for the nocturnal barn owls that roost here. We return to the Monserrat and our cosy cabins, our floating home for the next 8 days.

Meals: BLD



Accommodation

Boat

DAY 3

Visit Dragon Hill and cruise to Chinese Hat for beach walks and snorkelling.

This morning we will cruise around the west coast of Santa Cruz Island to Dragon Hill. Here we will see land iguanas and walk to a saltwater lagoon frequented by flamingos and other native birds, such as

common stilts and pintail ducks. On our return we walk through a Scalesia Tree forest, endemic to the area, there are only 400 specimens of Scalesia Tree left in the world! After lunch we set sail north to a small, and uniquely shaped, island off the southern tip of Santiago island call Chinese Hat. Here we explore the beautiful landscapes and white-coral sand beaches. We have our first chance to snorkel right from the beach where we may come face to face with playful sea lions and large schools of tropical fish. Keep an eye out for marine iguanas and penguins too!

Meals: **BLD**



Accommodation

Boat

DAY 4

Head north to the remote Genovesa Island for excellent bird spotting at El Barranco and Darwin Bay.

Today we head to the northernmost reaches of the Galapagos island, where we visit the beautiful and remote island of Genovesa. Famous for its red-footed colony, it is a paradise for bird lovers, where it is estimated that 200,000 red-footed boobies live on the island. The boat first stops at El Barranco, or Prince Phillip's Steps as it is otherwise known, named after a visit by the British Monarch in 1964. The steep 81-foot stairway leads up to a high cliff-face that opens onto the plateau surrounding Darwin Bay and amazing views. Once at the top of the stairway we will find Nazca Boobies, red-footed boobies, mockingbirds and finches as we walk the trail under the Palo Santo trees. In the afternoon, we land at Darwin Bay, which was formed by the collapse of the flooded caldera of Tower Island. This sand and coral beach is another bird-lovers paradise where we may spot swallow-tailed and lava gulls, mockingbirds, yellow-crowned night herons, lava herons, Galapagos Doves and yellow warblers. We walk a short trail to encounter red-footed boobies and great frigatebird nests. The trail continues to a tidal lagoon where sea lions swim playfully before ending on a cliff with magnificent views of this remote part of the Galapagos.

Meals: BLD



Accommodation

Boat

DAY 5

Explore Black Turtle Cove Mangroves by panga boat. Visit Bachas Beach to see sea turtles and snorkelling.

Today we sail back south to Santa Cruz. Take a morning panga ride to Black Turtle Cove, we explore the mangroves to find the rich marine wildlife between the fresh and salt waters. Keep an eye out for manta rays and sea turtles in this tranquil ecosystem. We continue to sail down the coast of Santa Cruz to

Bachas Beach where we will land for the afternoon. Here the sand is made of decomposed coral, making it white and soft, and a favourite site for nesting sea turtles. Spot abundant Sally Lightfoot Crabs on the lava rocks along the water's edge. We again take a guided walk to see a wide range of wildlife, including flamingos, hermit crabs, black-necked stilts, and sea lions. Before another opportunity to snorkel from the white sand beach, spotting all sorts of wildlife in its shallow waters and tidal pools.

Meals: **BLD**



Accommodation

Boat

DAY 6

Sail to the North West coast of Isabel. Visit Tagus Cove, Darwin Lake and Urbina Bay for wildlife rich trail walks and snorkelling.

Today we make the longest navigation of our cruise as we set off in search of the pristine and remote west of the archipelago. We first visit Tagus Cove, on the north-western coast of Isabela Island. It is a historical site visited by Charles Darwin in 1835, and frequented by whalers and pirates since the early 1800s. Here we will admire a variety of seabirds, such as blue-footed boobies, brown noddy, terns, flightless comorant and Galapagos Penguins depending on the season. After a dry landing we can walk the trail up to Darwin Lake, located on the slopes of Darwin Volcano and is, unusually, a salt water lake above sea level. In the afternoon we continue our voyage to Urbina Bay, a fascinating site formed in 1954 when the shallow seabed, along with its coral reef, was uplifted 5 metres and now protrudes out of the sea - allowing for the strange sight of coral out of the water and exposed to the elements. We walk another trail with spectacular views of Alcedo Volcano, were we will likely see wild Galapagos Giant Tortoises and land iguanas. This is also a great spot for snorkelling where you may come close to a Galapagos Penguin Colony and see marine iguanas feeding underwater.

Meals: **BLD**



Accommodation

Boat

DAY 7

Explore the Bolivar Channel at Points Espinonza and Vicente Roca. Panga rides, walking trails and snorkelling.

Today we visit the most Western visitor site of the Galapagos, Espinoza Point on Fernandina Island. The island is one of the most pristine in the world, with no non-native species having been introduced. From here we can see the island of Isabela across the Bolivar Channel, an area that boasts some of the highest diversity of endemic sea fauna in the Galapagos. On landing, we explore tidal pools for small fish and mollusks, before continuing on a trail that passes marina iguana burrows, sea lion colonies and flightless

comorant nests. This remarkable bird is only found in the Western Galapagos, and there are estimated to be only a few hundred individuals in total. In the afternoon we cross the Bolivar Channel to Vicente Roca Point and opportunity for deep-water snorkelling in one of the richest marine havens on Earth. Vicente Roca Point is renowned for its Galapagos Green Turtles. Sharks and rays can also be observed when water visibility is good. We take a panga ride along the coast to observe a great diversity of sea and costal birds, such as Nazca and blue-footed boobies, noddies, pelicans and penguins. Our snorkelling will take us along bottom of the cliffs and offers the chance to explore two shallow underwater caves rich in marine wildlife.

Meals: **BLD**



Accommodation

Boat

DAY 8

Cruise to Santiago island, explore Puerto Egas, Playa Espumilla and Buccaneer Cove.

This morning's excursion is to Puerto Egas, on Santiago Island, to see the salt crater as well as a dark sand beach. We have another opportunity to snorkel from the beach, keep your eyes peeled for rays, turtles and reefsharks in the water. In the afternoon we continue to Playa Espumilla, one of the most idyllic beaches in the Galapagos. We then jump in the panga and cruise alongside cliffs and rock formations on a visit to Buccaneer Cover, which was a favourite hideout for pirates looking to stock up their boats with food and water. Spot sea lions relaxing on the beach and sea birds nesting in the cove, there's no shortage of wildlife at this site!

Meals: **BLD**



Accommodation

Boat

DAY 9

North Seymour Island nature walk and snorkel. Disembark boat. Fly back to mainland.

On our final day aboard the Monserrat, we make a morning visit to North Seymour Island. Another island teeming with wildlife! We walk the trails inland (you may need to give way to a passing sea lion or marine iguana while walking) where we will see blue footed booby nests, and perhaps even the comical courtship dance performed by mating pairs. We continue to a rocky shore to see flocks of pelicans dive bombing into the water in a lunchtime feeding frenzy before reaching a large nesting site of magnificent frigate birds. These huge dark birds have 2 metre wingspans, and males, with their puffed-up scarlet throat sacks, sit precariously perched in low bushes to watch over their equally large chicks. We finish

the excursion with a snorkel among sea lions and rays before disembarking the boat for our flight back to the mainland.

Meals: B



Accommodation

Lodge



Transfer to Quito Airport and depart

Depart Quito. KE Land Only package services end after breakfast with a transfer to the airport.

Meals: B

Extensions

When booking your holiday, you will be able to 'add an extension option'. Once we have received your booking we will contact you to discuss additional services required for the extension and to take any additional deposit.



Ecuador Andes Extension

8 days from

x9,223,372,036,854,776,000 per person

Holiday Information

What's Included

- A professional and qualified naturalist guide
- All activities and excursions listed in the itinerary
- All accommodation as described
- All meals during the cruise
- Bed and breakfast basis for the 2 nights in Quito
- All land transport required by the itinerary
- Return flights from Quito to the Galapagos
- Airport transfers on arrival and departure
- Snorkelling equipment
- Purified water tea and coffee on board the boat

What's not Included

- Travel Insurance
- Visas
- \$100 Galapagos National Park fee (\$200 from 1 Aug 2024) payable in cash on arrival at the airport on Galapagos
- \$20 Transit Control Card (payable in cash on departure from Quito Airport to the islands)
- Some meals as described in the meal plan
- Any additional activities/excursions indicated as optional
- Tips / Gratuities to guides and crew
- Miscellaneous personal expenditure drinks and souvenirs etc.
- Optional wetsuit hire
- Single Supplement

Joining Arrangements & Transfers

A single transfer from Quito Airport to the group hotel is provided in the morning of Day 1 of the Land Only itinerary. On the last day of the Land Only itinerary, there will be a single transfer back to Quito Airport timed to meet flights departing in the morning.

Meal Plan

All meals when on board the Monserrat Yacht are included. For the 2 nights on the mainland the hotel is booked on a bed and breakfast basis.

Food & Water

All meals are provided aboard the Monserrat. The professional chef and kitchen staff will prepare a mix of local and international food to a high standard to be enjoyed either on the boat's sun deck or the interior dining room. A substantial breakfast, warm lunch and dinner will be served each day. There is no set menu as the chefs creatively adapt to the local produce on offer and the needs of the group. Most dietary needs can be met if the chefs are given enough notice (please inform us at time of booking).

The chefs will also provide a cooking class each departure, where guests learn how to prepare Ecuadorian style Ceviche - a traditional delicacy in which raw fish is cured in citrus juices - on the sun deck.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your diet with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Accommodation

For the 2 nights on the mainland we stay in a lodge on the outskirts of Quito, it is situated 20 minutes from the Old Town. During the Galapagos cruise we stay 7 nights on the Monserrat Yacht. All cabins are modern, en-suite and have air conditioning. There are a mixture of twin and double cabins. The 6 upper deck cabins all have windows while the 4 lower deck cabins have portholes with great interior natural light.

The yacht has many social exterior and interior areas for you to enjoy while you relax after a day of excitement and activity. Exterior areas include a sun bathing area in the upper deck, as well as a partially covered area on the sun deck, all with reclining chairs.

If you are travelling by yourself, you will be paired up with another single client of the same sex. Single rooms are available for a supplementary cost. If you are planning on extending your holiday additional nights at the group hotel are available on request.

Group Leader & Support Staff

The group will be accompanied by a professional naturalist guide.

Park Fees & Permits

The Ecuadorian government currently levies a Galapagos Islands Park entry fee of \$100 USD per person (increasing to \$200 from 1 Aug 2024). This is payable at the airport upon arrival in the park. It is not included in the cost of the tour, and must be paid in CASH. This fee funds Park maintenance and supervision in Galapagos, as well as ecological study, conservation and infrastructure development in Ecuador's other National Parks. Entry fees and the funds they generate for the National Park System are among measures taken by the Ecuadorian government to protect its natural heritage.

Spending Money

You will need \$100 in cash (\$200 from 1 Aug 2024) for the Galapagos park fees + \$20 Transit Control Cards fee in cash on departure from Quito Airport to the Galapagos. Additionally to these essentials, approximately £350-400 per person (or equivalent in US dollars) should be allowed for tips, soft drinks, snacks, non-included meals and miscellaneous expenses. Alcoholic drinks, souvenirs, and optional activities are additional so you may wish to budget for these.

You should take your money in USD dollars to change into local currency. There will be the opportunity to change money at the airport and during the holiday. You will also be able to get currency from bank ATMs. Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100 USD. Credit cards are useful and it is a good idea to carry one in case of emergency.

Guidance on Tipping

Tipping is expected, although not compulsory, and is an expression of satisfaction with the persons who have assisted you on your holiday. As a guideline a per traveller tip of USD 200-400 per week for your guide and boat crew is suggested. Further smaller tips for local boat staff, hotel staff and guides on any excursions should be accounted for as well.

Baggage Allowance

For this holiday you should take one piece of luggage and a daypack.

For the domestic flights to the Galapagos you are allowed a maximum of one piece of luggage per person weighing a maximum of 23 kg, plus one carry-on piece weighing a maximum of 10 kg.

For international flights please check your baggage allowance with your airline.

A good size daypack is also essential. If you don't wish to take all of your luggage with you to Galapagos, please ensure you have an extra bag you can leave behind at hotel storage and pickup on your return.

Please note that Galapagos is a protected National Park so your luggage will be checked before arrival and departure to and from the islands. Don't bring any food, seeds or other organic material that could affect the delicate ecosystem of the islands.

Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status and so you are free to proceed with your international flight booking and other travel arrangements.

General Information

Passport & Visas

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

It is your responsibility to ensure that you have the correct travel documents and visas for your holiday. Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the <u>UK Government website</u>.

IMPORTANT INFORMATION FOR THOSE TRANSITING THROUGH THE USA

You will require an ESTA (Electronic System for Travel Authorisation), and you must get this before boarding any US-bound aircraft or ship, or entering on a land border. The fee is USD\$21 and you should apply for it at https://esta.cbp.dhs.gov/esta/. With the ESTA complete, the majority of British Citizen passport holders can enter the US under the Visa Waiver Programme, VWP. You will be required to have a passport with an integrated chip. Note that if you have travelled to Cuba, Iran, Syria or North Korea since March 2011* you will have to apply for a visa rather than the Visa Waiver Programme (* a full and up to date list of countries can be found on the US government website here.)

IMPORTANT INFORMATION FOR THOSE TRANSITING THROUGH CANADA

All citizens (except for USA citizens) will require an eTA (Electronic Travel Authorisation), and you must get this before boarding any Canada-bound aircraft or ship, or entering on a land border. The fee is CAD\$7 and you should apply for it at http://www.cic.gc.ca/english/visit/eta-start.asp

Health & Vaccinations

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

VACCINATIONS

You should contact your doctor or travel clinic to check whether you require any specific vaccinations or other preventive measures. You should be up to date with routine courses and boosters as recommended in the UK e.g. diphtheria-tetanus-polio and measles-mumps-rubella, along with hepatitis A and typhoid. A good online resource is <u>Travel Health Pro</u>.

Currency

The unit of currency in Ecuador is US Dollars.

Climate

Located on the Equator, the Galapagos climate is tempered by the Humboldt Current, so you do not experience extreme heat found elsewhere at this latitude. The warmest weather is December to June, when temperatures range from 22-33°C, and the water temperature is in the mid 20s. From July to November, temperatures are cooler and range from 18-24°C, when average water temperature rarely reach 21°C.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '<u>Travel Aware</u>' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that prior to travel, all KE clients visit the official UK Government website at <u>travelaware.campaign.gov.uk</u> and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: <u>www.travel.state.gov</u> for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates direct from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Books

The Voyage of the Beagle | By Charles Darwin Galápagos: World's End | By William Beebe Evolution's Workshop | By Edward J. Larson

Lonesome George: The Life and Loves of the World's Most Famous Tortoise | By Henry Nicholls

Birds of Ecuador and Galápagos | By Clive Byers

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our <u>Travel Insurance</u> page for further information and to get a quote.

Equipment Information

Equipment List

Please try to keep the weight of your baggage to a minimum. See the 'baggage allowance' section for further details.

YOU SHOULD BRING THE FOLLOWING ITEMS:

- Walking shoes or trainers
- Sandals (teva-style) or shoes that are comfortable when wet
- Lightweight trousers / shorts / skirt
- T-shirts and/or casual shirts
- Socks & Underwear
- Lightweight waterproof jacket
- Fleece jacket or warm jumper
- Sunhat
- Sunglasses
- Daypack 25-30 litres
- Sun protection (including total bloc for lips, nose etc.)
 Water bottles (approx 2 litre per person) (we encourage re-filling water bottles rather than single use
- plastic)Washbag and toiletries preferable biodegradable
- Antibacterial handwash
- Swimwear
- Small swim towel (poncho-style or sarong for changing on the beach are useful)
- Torch and batteries
- Plug adapter
- Insect repellent
 - Basic First Aid Kit. Including: antiseptic cream, throat lozenges, diarrhoea treatment (Imodium),
- painkillers, plasters and blister treatment, and re-hydration salts (Dioralite).

THE FOLLOWING ITEMS ARE OPTIONAL:

- Pen-knife (note: always pack sharp objects in hold baggage)
- Binoculars
- Camera with extra memory cards and batteries

- Rash vest
- Snorkelling gear although this is provided you may wish to take your own
- Flip-flops
- A small drybag for keeping your camera and essentials dry
- Motion sickness tablets
- Reusable cloth bag for shopping (to avoid plastic bags)

NOTE:

All specialist equipment required for the activities on this holiday are provided.

Cotswold Outdoor



Many of the Equipment items listed above are available from <u>Cotswold Outdoor</u> - our *'Official Recommended Outdoor Retailer'*. When you book a holiday with KE you will receive 12.5% discount voucher from Cotswold Outdoor and other retailers.

>> Find out more

Land Only Information

The LAND ONLY dates and prices are for the itinerary joining in Quito. For clients making their own flight arrangements, Quito airport is the most convenient for transfers to the group hotel. Please refer to the 'Joining arrangements & transfers' for further details.

Flights SHOULD NOT be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London to Quito. Outbound flights will depart from the UK in the morning arriving late afternoon. Return flights will depart from Quito in the evening on the last day of the itinerary, arriving in the UK the following morning. Regional departures and/or alternative carriers are available on request.

Please be aware that there are often only a limited number of seats available at the advertised price. To avoid paying flight supplements, we recommend that you book as early as possible, especially during peak times. If we are unable to secure seats at the price shown, or you have requested regional departures, we will contact you with an alternative quote. Please note that you may be asked to pay for your flights in advance of your final holiday balance. Note that if you book a package including flights with KE you will benefit from full financial protection.

Why Choose KE

Why KE

This Galapagos Cruise Holiday is perfect for those wishing to combine activity and adventure with a twist of luxury. Most days will have 2 opportunities to both hike and snorkel, along with other exiciting excursions on the panga boats. On the mainland, we stay in a comfortable lodge outside of the city, a place to relax in nature before and after our adventure. In the Galapagos, this small group cruise provides first class hospitality and once in a lifetime experiences, that wouldn't otherwise be possible on a larger cruise. Each departure has an expert naturalist guide (1:10 ratio) to offer insight and make sure you get the very best out of your time in the Galapagos.

Please Note This document was downloaded on 19/05/2024 and the trip is subject to change