

# Walking on Crete

Trip Code: SGCS

Version: SGCS Walking on Crete



WALK & TREK



SELF-GUIDED



MODERATE



## HIGHLIGHTS

- Hike Crete's spectacular canyons and gorges: Samaria, Aradena and Imbros
- Discover stunning coastal paths & idyllic beaches at Marmara, Sweetwater and Loutro
- Explore the historic city of Chania
- Walk in the White Mountains and relax on the Omalos Plateau

## AT A GLANCE

- Self-Guided
- 7 days walking and sightseeing
- Luggage transfer
- Max altitude 1980m
- Daily departures available
- Join at Chania / End in Chora Sfakion

## ACCOMMODATIONS & MEALS

- 8 Breakfasts
- 7 nights Hotel
- 1 nights Guesthouse

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

# Introduction

With a rich tapestry of culture and history, rugged mountains and canyons, idyllic beaches and incredible cuisine, Crete has so much to offer to its visitors that it's hard to cram it all into one week. On this 9 day self-guided walking holiday, we've included some of the best highlights of southwest Crete to be discovered on foot at your own pace.

Your holiday begins in the historical harbour town of Chania where you will discover romantic Venetian architecture, before travelling high into the White Mountains to hike to the summit of Mt Gingilos (1980m) and enjoy the peaceful mountain village of Omalos. From the rugged mountains you will hike through the magnificent Samaria Gorge, among the largest in Europe, before you emerge at the remote seaside village of Agia Roumeli and discover the many beautiful beaches on the coast. You will also have the opportunity to hike the dramatic Aradena Gorge and the awe-inspiring Imbros Gorge, both returning you to the coast where you will stay in secluded seaside villages including Loutro and Chora Sfakion, where you can have a real taste of Cretan identity and hospitality. Staying in small hotels and guesthouses on a B&B basis, you will be able to enjoy your choice of fresh and delicious Mediterranean food each night while watching the sun set on your adventure-filled day.

## Is this holiday for you?

This holiday is perfect for regular walkers looking for an active walking holiday in dramatic terrain, while discovering new cultures and cuisines. Walking an average of 5-6 hours a day, you will be able to take your time and immerse yourself in the beauty of your surroundings. Due to the nature of the terrain, there are days with steep ascents utilising switchbacks, and long descents through canyons from mountain to the sea. The trails are mostly good and easy to follow, but there are some walks where you will encounter open scree and cross rough rocky terrain, such as the ascent of Gingilos and the descent of Aradena Gorge which both call for surefootedness and a head for heights. These routes can also have elements of scrambling with use of hands. Both of these days have alternative route options if you prefer an easier walk. Staying in a selection of perfectly located 2\* & 3\* local hotels and traditional guesthouses on a B&B basis, you'll be sure to receive warm Cretan hospitality throughout. You will also have the opportunity to enjoy a swim in the turquoise Mediterranean waters at each of the coastal villages you will stay.

# Itinerary

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## DAY 1

### Arrive in Chania, settle into your hotel and discover the old town.

Arrive in Chania and check in at your hotel, perfectly located for you to explore this historic port city. Depending on your arrival time, you may wish to stretch your legs by taking a stroll to the photogenic Venetian Harbour and admire its lighthouse. This stone tower was built in the 16th century and is an instantly recognisable landmark of Chania town. As you explore the narrow lanes of the old town, you will be spoilt for choice for atmospheric restaurants and cafes in which you can enjoy some Cretan cuisine and a taste of the local raki after your delicious meal.



**Accommodation**  
Hotel

## DAY 2

### Explore Chania before transferring to the White Mountains.

Today an included transfer will take you from Chania to Omalos. At the time of booking, please advise our Sales & Support Team of your preferred pick up time from your hotel in order that arrangements can be made for you in advance. If you wish, you have the opportunity to further explore Chania in the morning. You might like to learn more about Chania's long and rich history with a visit to the Archaeological Museum in the nearby suburb of Chalepa, but if you prefer to remain around the old town the Maritime Museum is a worthwhile visit; here you will also discover the Firkas Fortress and the old Venetian defensive fortifications of the harbour. Depending on your time of arrival to the Omalos plateau, you might have the opportunity to enjoy your first hike today in the White Mountains, climbing from the plateau to reach the Kallergi Mountain Hut from where there are spectacular views over the surrounding mountains. You can be sure of a warm welcome from your hosts at your traditional hotel in Omalos, which also boasts a delightful restaurant where you can enjoy wonderful authentic Cretan fare.

Meals: **B**



**Accommodation**  
Hotel



**Ascent**  
480M



**Descent**  
650M



**Time**  
3-4 hours



**Distance**  
8KM

## DAY 3

## Option of walks from Xyloskalo today, to the summit of Gingilos or to the Kallergi Mountain Hut.

Feeling rested after a peaceful night's sleep, today you can tackle the challenging hike to the summit of Mt Gingilos (1,980m) - a head for heights and surefootedness on rough, rocky terrain is must for this walk. Take the transfer to Xyloskalo from where you will begin your steep ascent up the flanks of the mountain, gaining height rapidly. The landscape is dramatic, with the path passing under imposing rock arches and towers, and cutting switchbacks into the steep mountain side. From the saddle at Linoseli, you can gain far-reaching views over the soaring peaks of the surrounding White Mountains and out to the Libyan sea. On a clear day, looking north past the Kallergi Hut, you might spot the island of Theodoru in the distance. Don't forget your jacket and some warm layers as the winds can be strong up here! Carefully following the route marked by cairns and paint, you will expect to encounter some rocky sections that will entail a little bit of scrambling on your way to the top, where on a clear day your efforts will be rewarded with breathtaking panoramic views. Your descent will retrace your steps back to Xyloskalo. If you have not already hiked to the Kallergi Mountain Hut the day before, this is an option that you can undertake today. Starting from your hotel in Omalos, this is a gentler and more gradual climb than the ascent of Gingilos. The path ascends on unsurfaced tracks to the Kallergi Hut, perched at the precipice like an eyrie at an altitude of 1,677m above sea level. This is a lovely spot to drink in the views before you descend to Xyloskalo and be transferred back to your hotel in Omalos to enjoy your final night on the plateau.

Meals: **B**



**Accommodation**  
Hotel



**Ascent**  
1180M



**Descent**  
1180M



**Time**  
6 hours



**Distance**  
10KM

### DAY 4

## Descend through the spectacular Samaria Gorge to the azure sea at Agia Roumeli.

Samaria Gorge is the most famous on Crete, and for good reason. This is one of the longest canyons in Europe and is a must-do for many visitors to Crete; over time it has been shaped by the elements into soaring cliffs and narrow passageways, with wonderful scenery to discover at every turn. Starting early this morning to avoid the crowds, take the transfer to the trailhead at Xyloskalo. From the towering surrounds of the White Mountains, the route winds seawards under shady trees, past simple chapels worn by the passage of time, across rocky riverbeds, and through narrow ravines - at its narrowest point the gorge is just 3.5m wide. If you are visiting in springtime you will find a profusion of wildflowers lining your route. Take your time today to bathe in the beauty of your surroundings, there is no rush to complete the walk as tonight you will spend the night at Agia Roumeli, the little seaside village at the end of the gorge. When you have completed your walk, there will be plenty of time for a swim in the crystal clear waters before taking your dinner in one of the local taverns in Agia Roumeli. PLEASE NOTE: In the event of heavy rains, the Samaria Gorge can be closed for safety reasons. In this case, you will travel with your luggage from Omalos to Sougia where you will take the ferry to Agia Roumeli. It is possible for you to take a short walk from here, for example to the ruins of the Venetian castle, or you may prefer to just take it easy in this laid-back village and enjoy the fine pebble beach.

Meals: **B**



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	<b>Accommodation</b> Guesthouse		<b>Ascent</b> 50M		<b>Descent</b> 1200M		<b>Time</b> 5-6 hours		<b>Distance</b> 16KM
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## DAY 5

### Enjoy a splendid coastal walk along sparkling bays and forested trails to Loutro.

Your walk today will take you along the spectacular coastline and through a wonderful variety of scenery. Setting off from Agia Roumeli after a hearty breakfast, you walk along the sparkling beach to discover the stone-built Byzantine church of Agios Pavlos, where remnants of painted frescoes can still be found. From the beach you have a short climb into the welcome shade of forests of fir and pine, and carry on your hike along cliff paths and onward to the small secluded beach at Marmara. You might like to take a refreshment break here and enjoy a swim, before continuing your journey following the coast to reach the lovely car-free village of Loutro, where you can settle into your seafront accommodation for the next two nights and tuck in to delicious mezedes and the fresh catch of the day, straight from the sea.

Meals: **B**

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	<b>Accommodation</b> Hotel		<b>Ascent</b> 275M		<b>Descent</b> 275M		<b>Time</b> 5-6 hours		<b>Distance</b> 15KM
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## DAY 6

### Hike the Aradena Gorge and return for a second night in Loutro.

Your objective today is the Aradena Gorge to take its dramatic path down to the turquoise sea at Marmara. Aradena is a much quieter gorge than Samaria but you may agree that it is no less spectacular! Your walk begins from your hotel in Loutro, with a steep ascent along switchbacks to reach Anopoli, proudly Sfakian and one of the few areas that did not fall to the Venetians or the Turks. There are a few options of quality traditional tavernas and bakeries here, this will be the perfect opportunity to have a spot of lunch while enjoying the mountain views. Heading onward to Aradena you can admire the breathtaking bridge spanning the magnificent canyon, from which bungee-jumping adrenaline junkies leap for a terrifying thrill. Walking on the bridge itself can be enough of a thrill for most, with the yawning chasm of the canyon beneath your feet, and the free-floating wooden planks rattling noisily with every crossing vehicle. Descending the zig zag path into the depths of the gorge, you will soon pass under the bridge to look back up at its lofty altitude. Your route follows the ravine bed to eventually emerge at Marmara Beach, a familiar sight which you discovered yesterday. From Marmara you will take the coastal path back to Loutro for a well-earned meal after your efforts today! It is possible to shorten today's walk if you prefer. This alternative route takes you to the tiny village of Livaniana around 250m above sea level, before you descend via the Aradena Gorge back to the sea at Marmara Beach. This route will avoid the steepest and more challenging sections of the upper portion of the gorge path. (9km / 460m ascent / 460m descent / 4 hours walking time).

Meals: **B**

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	<b>Accommodation</b> Hotel		<b>Ascent</b> 840M		<b>Descent</b> 840M		<b>Time</b> 7 hours		<b>Distance</b> 16KM
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## DAY 7

### Discover Sweetwater Beach and enjoy a swim on your way to Chora Sfakion.

Enjoy a relaxed start this morning and have a leisurely breakfast. Today's walk is a shorter journey taking you along the sparkling sea to your next coastal idyll, the harbour village of Chora Sfakion. Setting off from Loutro, your path never strays far from the coastline so you will have endless views out to the inviting sea. You will have plenty of opportunity for swimming in the clear waters today so don't forget your swimwear! Your path takes you to secluded bays and quiet beaches, past the lonely-looking white washed Church of the Holy Cross and the ruins of a fortress, before rounding the corner to discover the beautiful Sweetwater Beach. Sandwiched between the feet of rugged cliffs and the sea with its unbelievable blue hues, this is a picture-postcard example of a stunning beach. Sweetwater Beach gets its name from the freshwater spring that emerges from beneath the fine pebbles. Many say this is the best beach in all of Crete! When you are eventually ready to leave this beautiful cove, you will continue your journey along the coastal trail for a short while to reach the small seaside village of Chora Sfakion and your base for your final two nights in Crete. Chora Sfakion is the proud capital of the Sfakian region and has an impressive history of resistance against Venetian and Turkish rule and in more recent history during the WWII Battle of Crete when thousands of Allied troops were evacuated by sea from this town.

Meals: **B**

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	<b>Accommodation</b> Hotel		<b>Ascent</b> 250M		<b>Descent</b> 250M		<b>Time</b> 3 hours		<b>Distance</b> 8KM
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## DAY 8

### Transfer to Imbros and descend the dramatic Imbros Gorge to return to Chora Sfakion for your final night in Crete.

This morning a transfer will take you inland to the village of Imbros where you can top up your snacks and supplies for the day before entering the Imbros Gorge, probably the second most well-known gorge in Crete, after Samaria. Heading in a southerly direction, your descent through the gorge takes you past shady trees of cypress, oak, pine, fig and almond, accompanied by the aromatic scent of sage. The landscape here feels other-worldly, and as the gorge deepens and the walls feel like they are growing taller, you will discover its narrowest point which is a mere 1.6m wide and where the canyon walls reach a height of 300m. Shortly after, the path widens and you can start to discover views out to the south coast; perhaps those with a keen eye can make out the 14th century Venetian fort of Frangokastello in the middle distance. Continuing your descent and walking under the giant natural stone arch of Xepitira, your track exits the gorge by the village of Komitades. You can enjoy a welcome refreshing drink and a late lunch at a tavern here before making your way back to Chora Sfakion. Enjoy your final night with a

celebratory dinner and raise a toast to a wonderful week of exploring the finest south-west Crete has to offer.

Meals: **B**



**Accommodation**  
Hotel



**Ascent**  
350M



**Descent**  
1100M



**Time**  
4 hours



**Distance**  
13KM

## DAY 9

### Departure day.

Enjoy a relaxed breakfast and perhaps a final swim in the crystal-clear sea before your onward journey.

Meals: **B**

# Holiday Information

## What's Included

- Accommodation as described
- Luggage transfers
- Meals as per the meal plan
- Transfer from Chania to Omalos on Day 2
- Transfers from Omalos to Xyloskalo (Day 3 & Day 4)
- Transfer from Chora Sfakion to Imbros on Day 8
- Self-guided information pack containing your map and route notes

## What's not Included

- Travel to Chania
- Travel from Chora Sfakion
- Travel insurance
- Tourist taxes may apply and are usually under 5 Euros per room per night
- Transfers by local bus or taxi
- Some meals as per the meal plan
- Visas (if applicable)
- Entrance fees
- Personal equipment
- Any additional activities/excursions indicated as optional

## Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

## Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking or cycling holiday for your family, a centre-based trip is a fantastic option as it allows you to easily opt out of a day's walking if a day of building sand castles, swimming in the pool, or visiting museums is calling instead.

Please discuss this further with our Sales Team who will be happy to assist in picking the best trip for your family.



## Joining Arrangements & Transfers

The trip starts in Chania and ends at Chora Sfakion. All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. The nearest airport for this trip is Chania with many departures from regional UK airports; it is also possible to fly into/out of Heraklion.

From Chania Airport you can travel to Chania town by public transport or by taxi. Chania Airport is served by KTEL with regular buses to the city of Chania. The journey takes about 30 minutes.

If you are flying to Heraklion Airport you can take the bus from Heraklion Airport to the main bus station in Heraklion, then take the KTEL bus from Heraklion to Chania. A taxi from Heraklion Airport to Chania takes around 2 hours.

At the end of your trip, to get from Chora Sfakion to Chania Airport the journey by public bus takes around 2 hours. To get to Heraklion Airport by public bus the journey via Chania takes around 5 hours.

Bus timetables can be found on <https://www.e-ktel.com/en>

We can assist with private airport transfers if required, please contact our sales team for a quote.

## Meal Plan

This trip is on a bed and breakfast basis to allow you the most flexibility during your holiday.

## Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

Food in Crete is distinct from Greek food in general, influenced by all the visiting cultures to this island over time. With regional local specialties, Cretan cuisine is undoubtedly some of the best food on offer in the Mediterranean. Ingredients are sourced locally, are seasonal, and proudly reflect the produce of the region.

Popular Greek appetisers called mezedes can be a meal in itself, to be shared together at the table. Mezedes are representative of the local produce; if you are eating by the sea you can expect seafood dishes, or if you are in a mountain village you can expect cheeses, pies and meat dishes. You can experience a wonderful variety including olives, cheese, local bread and olive oil, dips of refreshing tzatziki or taramosalata, keftedakia (meatballs), calamari, dolmades (stuffed vine leaves), gigandes (lima beans in a tomato sauce), kalitsounia (snack sized traditional pies stuffed with cheese, that can be either savoury or sweet)... the combinations are endless!

Fresh Greek salads are abundant, generously dressed with quality locally produced olive oil and topped with delicious Cretan cheese. For those that enjoy meat dishes you can also find delicious souvlaki (barbecued meat) and kleftiko (slow cooked lamb), as well as moussaka formed of layers of sliced aubergine, potatoes and minced meat.

Regional specialties include chaniotiko bourteki - vegetable pie from Chania consisting of layered filo with slices of vegetables, potatoes and cheese; Sfakianopita, layers of unleavened dough and soft cheese, flattened like a crepe or pancake and fried until golden and crispy. This snack is believed to have been created by shepherds from Sfakia, hence its name. You might choose to sample the Cretan delicacy of hochlioi bourbouristi (fried snails) - eaten fresh in the summer months, enjoyed with a side of crusty bread and a glass of ouzo or raki. When you are by the coast you can find plentiful fresh seafood including squid, octopus and cuttlefish. Fish is often grilled whole and drizzled with lemon and oil dressing. Delicious saganaki can be with prawns or mussels, fried on the skillet and typically served with a tomato sauce and cheese.

For a sweet treat you can be tempted by baklava inherited from the Ottomans, formed of layers of filo pastry, nuts and honey; bougatsa, a traditional breakfast food of pastry stuffed with custard or cheese and sprinkled with powdered sugar; or xerotigana, deep fried pastry with honey and nuts. Yum!

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## **Accommodation**

For this holiday we have selected a combination of local 2\* & 3\* hotels and small traditional guesthouses, each chosen for its excellent location and warm welcome. Many have restaurants on-site where you can enjoy freshly cooked traditional dishes made with locally sourced ingredients. Additionally many of the accommodations in the coastal villages have rooms with sea views and lovely terraces from which you can watch the sunset, and are just a short hop from the sea so there is plenty of opportunity for swimming in the crystal clear waters of the Mediterranean. All our accommodations are booked in twin or double rooms on a bed and breakfast basis to allow you the flexibility to sample the local cuisine in your choice of restaurant or taverna.

It is possible to arrange additional nights accommodation if you would like to extend your stay in Crete. Please speak to one of our sales team for further details.

During high season you may be booked into an alternative accommodation of a similar standard in the area.

## **Baggage Allowance**

For this holiday you should take one piece of luggage and a daypack. Luggage with wheels is useful for this holiday. For international flights please check your baggage allowance with your airline.

# General Information

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## Passport & Visas

### Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates** (*see Health & Vaccinations below*), **and visas for your holiday.** Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

## Health & Vaccinations

### Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

### GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

### Severe Allergies

Please inform our KE Sales and Support team of any severe allergies you may have before travel. We will always do our best to help but we are unable to guarantee an allergy free environment on our KE trips. We advise that you always carry your own treatment for the allergy with you such as 'adrenaline auto-injectors' if required. We also recommend that you discuss this with your accommodation on arrival so that they can better assist you.

### Currency

The currency for part or all of this holiday is the Euro.

### Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however, getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking 5 to 6 hours for consecutive days on rugged paths. Some of the routes will take you on rough terrain with rocky sections and scree slopes or on coastal cliff paths where surefootedness and a head for heights is required to enjoy the views.

### Climate

Crete has a temperate Mediterranean climate with mild, rainy winters and hot, dry summers. The best time of year for hiking on Crete is in the late spring (May to June) and early autumn (September and October). At these times daytime temperatures can range from low to high 20's Celsius, dropping at night to 10 degrees C in the mountains and 15 degrees C on the coast. Temperatures during the summer months of July and August are hot, reaching up to 30 degrees C during the day and with little chance of rain, and warm evenings.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Books

Lonely Planet: Crete

A History of Crete - Chris Moorey

Crete: The Battle and the Resistance - Antony Beevor

My Wife Suggested Crete - Hugh Fernyhough

## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

# Equipment Information

## Self Guided Equipment List



- Hiking boots with good-grip soles
- Hiking socks
- Long / short hiking trousers
- Functional base layer top and leggings
- T-shirts
- Fleece / extra warm layer
- Windproof jacket
- Waterproof jacket
- Waterproof trousers
- Hat, gloves, and neck gaiter
- Sunscreen
- Sunglasses
- Sunhat
- Small first aid kit inside your rucksack
- Water bottle or hydration pack
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover
- Camera (and batteries / memory card)

- Reusable sealable picnic boxes for picnics
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Walking poles
- Headtorch with spare batteries
- Personal wash kit
- Your self-guided route notes
- Rucksack (approx. 20L)

## Land Only Information

Please note our 'from price' listed is based on 4 persons in double or twin occupancy, however we can quote for any number of travellers, including solo travellers, contact our sales team for a quote.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights accommodation before or after your self-guided trip, ask our sales team to find out more about this.

Our sales team will be happy to provide you a quote for scheduled flights or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

# Why Choose KE

## Why KE

This itinerary is unique to KE, combining the very best highlights of south west Crete. Discover Chania, the White Mountains, the spectacular gorges of Samaria, Aradena and Imbros, and the beautiful coast with secluded beaches and peaceful seaside villages. The flow of this itinerary enables you to go at your own pace while exploring the iconic sights of Crete on foot.

**Please Note** This document was downloaded on 03/07/2025 and the trip is subject to change