

Walking Trails of Chamonix

Trip Code: MBW

Version: MBW Walking Trails of Chamonix



WALK & TREK



GUIDED GROUP



MODERATE



HIGHLIGHTS

- Take the stunning cable car up to the Aiguille du Midi on the Mont Blanc massif
- Walk beautiful sections of the famous 'Tour du Mont Blanc'
- Explore the mountain town of Chamonix and relax in open-air cafés
- Fantastic centre based hotel accommodation in Chamonix

AT A GLANCE

- 5 days walking
- Max altitude 3842m
- Join at Chamonix

ACCOMMODATIONS & MEALS

- 6 Breakfasts
- 6 Dinners
- 6 nights Hotel

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

Introduction

At the heart of the European Alps, the massif of Mont Blanc includes some of the most spectacular mountain scenery imaginable. Walkers are spoiled for choice in this part of the world and we have devised a truly wonderful week of walks amongst the superlative scenery of the Mont Blanc Massif, but with no big ascents, descents or technical terrain these can be easily enjoyed by the casual weekend walker, with glorious views of Mont Blanc itself (4807m), the highest peak in Western Europe.

Witness the majesty of the Mer de Glace, the famous views of Mont Blanc from Lac du Brevent, the breathtaking cable car ride up to the Aiguille du Midi and walk along the 'Grand Balcon Nord' (giving unbeatable views but using uplifts to save the knees!), relax at lunch time in vast alpine meadows and stop off at a number of picturesque hamlets and villages - all whilst learning of the history and traditions of the area from an expert guide. At the height of the summer, the trails are also coloured by an abundance of wildflowers and alpine wildlife species, including chamois, marmot and the iconic ibex. After all of this, relax each evening in the wonderful hotel accommodation - sit back with a glass of wine in hand and unbeatable mountain views all around.

Is this holiday for you?

This holiday is a series of day walks along mountain trails and footpaths. The walks themselves are on good trails and generally each day's walk will be around 3 - 5 hours allowing plenty of time for sightseeing, photography and scenic lunch stops. All of the days are optional as the holiday is centre based. Our accommodation each night is Chamonix, so gives plenty of opportunity to explore Chamonix itself.

Itinerary

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DAY 1

Meet at the group accommodation in the Chamonix Valley.

Meet at the group accommodation in the Chamonix Valley, just above Chamonix. Lying beneath the stunning north face of Mont Blanc, the views are awesome from the start! Before dinner, you will meet your trip leader to have an informal chat about the days ahead and have the chance to check out your clothing. KE Land Only package services begin with the evening meal.

Meals: **D**



Accommodation
Hotel

DAY 2

River walk from Argentiere to Chamonix with views of Mont Blanc.

We start our week exploring the lower balcony trails along the Petit Balcon Nord & Sud. Facing each side of the valley these paths wind their way through the pine forests and hamlets along the River Arve making only short climbs and descents en route. Enjoy excellent views of the Mont Blanc Massif from the sleepy village of Les Lavancher and you will soon feel the grandeur of the surrounding peaks as you pass the mighty Aiguille Verte, Drus and Aiguille Rouge which line either side of the valley. We descend on easy trails through the pine forests and old village of the Bois du Bouchet to meet a wide riverside trail leading us into the historic town of Chamonix. Lunch today will be in one of the many street cafes which offer fine views of Mont Blanc. We learn from our guide about the history of this famous Alpine town from the first 'tourists' who visited the mountains and glaciers for science to the Golden Age of Mountaineering and the famous figures conquered the summits. We return back to the hotel along the River and the Petit Balcon Sud and then the use of the delightful Mont Blanc Express train.

Meals: **B D**



Accommodation
Hotel



Ascent
500M



Descent
700M



Time
4 - 5 hours walking








Distance
15KM

DAY 3

Balcony trek from Brevent to Montroc

The hike from the Brevent to Montroc is a lovely walk. Walking high above the valley floor, overseeing the whole of the Chamonix Valley and its beautiful scenery. The area is also home to the Aiguilles Rouges Nature Reserve with its landscape of granite cliffs, wildlife, and glacial lakes. Our route begins at the Brevent cable car where we take advantage of a ride up to our trail start. Our route is along a pleasant balcony trail high above the tree line which gives us impressive views along the Chamonix Valley. After a little while, with little breaks to take photos, eat snacks and enjoy the awe inspiring views we will reach the Flégère cable car. From there we will start slowly descending towards the treeline, until eventually, we reach the valley floor. Before we arrive at the train station in Montroc we will pass by an alpine settlement called Trélechamps le haute with traditional chalets where we can enjoy a cake and a coffee before heading back to Chamonix.

Meals: **B D**





 Accommodation Hotel	 Ascent 164M	 Descent 830M	 Time 5 - 6 hours walking	 Distance 12KM
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DAY 4

Col de Balme to Aiguillete Des Posettes

This is yet another brilliant day for Mont Blanc views. Using public transport we will make our way to the very end of the Chamonix Valley. Making use of our lift pass, we will take the lift up to the Col de Balme. This is a high mountain pass located between France and Switzerland. From the Col we start to climb towards Croix de Fer, which lays in Switzerland. We'll then descend and leave Switzerland behind us to go to our main objective of the day, the Aiguillette Des Posettes. From here you will have a 360degrees view over the Mont Blanc massif and the surrounding peaks. After having enjoyed the views and our picnic we will make our way back to the lift station and descend back down to Le Tour.

Meals: **B D**

 Accommodation Hotel	 Ascent 755M	 Descent 755M	 Time 5 - 6 hours walking	 Distance 11KM
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DAY 5

Cable car up to the Aiguille du Midi (3842m). Walk along the 'Grand Balcon Nord' to the Mer de Glace.

Our second classic trail starts from Chamonix itself. We first ride the two stage cable car to visit the famous rocky spire of the Aiguille du Midi. This amazing feat of engineering is not only one of the longest and highest single cable ways in the world but also offers unsurpassable 360 degree panoramic views of Mont Blanc, the Chamonix Valley and even into Switzerland and Italy. If conditions allow we can reach

the dizzy height of 3842m. Our guide will take you around the exhibitions, views of Vallee Blanche glacier and point out some of the famous surrounding peaks. On a clear day its possible to see the Matterhorn from this amazing location. When we are ready, we return down one of the cable cars to reach the perfectly situated Refuge Plan d'Aiguille at 2200m where we will have our picnic lunch. We now join the 'Grand Balcon Nord' (the highest of the balcony trails) and walk an undulating path beneath the granite rock spires. A rocky trail traverses for 6.5 kilometres to reach the Signal Forbes viewpoint at 2198m to view the famous Drus 4000m peak and the third of our glaciers, and the largest in France, the Mer de Glace (which also featured in Mary Shelley's novel 'Frankenstein' as being where the monster hid out amongst the ice). Our trail drops down to meet the historic rack and pinion Montenvers Train. Following the route of the old mules tracks this is our ride to the valley floor and our knees will be pleased about that!

Meals: **B D**






	Accommodation Hotel		Ascent 300M		Descent 250M		Time 3 - 4 hours walking		Distance 10KM
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DAY 6

Alpine Meadows & Refuge de Loriaz

The destination of our last walk is Refuge de Loriaz, a meadow situated at 2020m (6627ft). Loriaz is a collection of ancient farm buildings offering overnight stays and delicious traditional cuisine. We use the Mont Blanc Express to travel to Vallorcine and the 'valley of bears'. This circular route climbs and descends all on good trails, never feeling too steep. Starting through the pine forest gaps in the trees offer glimpses of the Aiguillette des Posettes opposite. As we reach the treeline the trail opens up to the high pastures where the spring flowers, bees and butterflies are in abundance. A 'cross' leads the way and signals that we are close to the farm buildings. This peaceful alpine setting is the perfect place to reflect on an excellent week of walking in the Chamonix Valley. A traditional shepherds lunch at the Refuge is included in your trip fee.

Meals: **B D**

	Accommodation Hotel		Ascent 600M		Descent 600M		Time 4 - 5 hours walking		Distance 8KM
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DAY 7

Departure day.

KE Land Only package services end after breakfast.

Meals: **B**

Holiday Information

What's Included

- An experienced professional leader
- All accommodation as described
- Meals as described in the Meal Plan
- All cable car lifts which are part of the itinerary
- Mountain railway and valley transport (not airport transfers)
- Museum entry in Chamonix

What's not Included

- Travel insurance
- Tips for local staff
- Airport transfers
- Some meals as described in the Meal Plan
- Miscellaneous personal expenses

Joining Arrangements & Transfers

TRAVEL TO YOUR DESTINATION

In some cases you may choose to take a ferry and/or train to your holiday start and end destination. Please see further information on [Travelling by Train](#).

If flying from the UK there are low cost airlines available to the start and from the end of your holiday.

To benefit from full financial protection, ease your holiday planning, and avoid dealing with airlines, we can book scheduled flights from the UK as part of a flight inclusive package. Scheduled flights are usually more expensive than low cost alternatives, however potentially less stressful if your flight is cancelled or delayed. If you book flights through KE Adventure Travel we will [offset the carbon of your flight](#).

You should arrange to meet the group at the Aiguille du Midi Hotel, Chamonix on Day 1. The welcome meeting will be at approximately 19:00 followed by the evening meal, so you should aim to be there for this time.

For clients arriving by air, the easiest way to get to Chamonix is to fly to Geneva Airport and make use of an airport transfer service. We recommend Mountaindropoffs. Transfers are available from around 27 Euros per person each way. ENTER PROMO CODE YETI.

Please note that transfers are subject to availability and your flight details are required a minimum of 72 hours before your arrival in Geneva. Please find more information here: <http://www.mountaindropoffs.com/en/home/>

Meal Plan

All breakfasts and five dinners are included in the price of this holiday.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

As might be expected, the food available in restaurants and hotels in France is excellent. Breakfasts at the hotel include cereal, bread, croissants, yoghurt with juice, tea and coffee. The evening meals included are all also taken at the hotel, where you will be treated to fantastic 2 course meals each evening; if you would like to purchase some wine with your meal do just ask the staff. On day 4 the evening is left free as there are many wonderful restaurants in Chamonix to try. Lunches can easily be purchased from the lovely bakeries in town or along the route each day from a mountain hut, your guide will let you know each day which is the best option.

Accommodation

During this trip, the group will spend 6 nights at the Aiguille du Midi hotel in Chamonix. This is a short walk to the centre of Chamonix and boasts a heated swimming pool. Accommodation is on a twin share basis, single rooms are available at an additional cost.

Group Leader & Support Staff

Tracks and trails to provide local leader

Altitude

The altitudes on this holiday are not extreme and the maximum altitude attained is no more than the equivalent of a pressurised cabin on an international flight. You may 'feel' the altitude the first time you trek above 2,000 metres but all that is required is a slower pace to compensate. You should pay particular attention to your hydration levels while trekking above 2,000 metres.

Spending Money

The package price includes all accommodation, guiding and all breakfasts and 5 dinners. You should make an allowance for additional snacks, drinks etc. Beer, wine and soft drinks are available every night. We estimate that approximately 300 - 350 Euros should adequately cover typical personal spending requirements.

Baggage Allowance

For this holiday you should take one piece of luggage (you should be able to comfortably carry / move this bag yourself) and a daypack (of around 30 litres). Luggage with wheels is useful for this holiday. For international flights please check your baggage allowance with your airline.

Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates (*see Health & Vaccinations below*), **and visas for your holiday.** Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

Health & Vaccinations

Vaccinations:

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

On holidays to more remote areas you should also have a dental check-up.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.

Please check the [FCDO](#) and [Travel Health Pro](#). For all of your intended destinations for up-to-date advice.

Severe Allergies:

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

Currency

The currency for part or all of this holiday is the Euro.

The unit of currency in Switzerland is the Swiss Franc.

Climate

The temperatures that we can expect to encounter during the day will be reasonably warm, ranging from 15°C to 25°C. The weather is usually stable during the summer months, but mountainous areas do generate their own weather systems and occasional rain and even stormy weather cannot be ruled out. You should be prepared for all eventualities!

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travellaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: www.travel.state.gov for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Maps

IGN Chamonix-Mont-Blanc - Massif du Mont-Blanc IGN 3630OT 1:25000

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

Equipment Information

Equipment List

The following checklist should help you with your packing. As a general rule, you should always try to keep the weight of your equipment to a minimum.

You should bring the following items:

- Hiking boots
- Socks
- Trekking trousers
- Waterproof overtrousers
- Underwear Baselayer shirts (1 short sleeve, 1 long sleeve)
- Fleece jacket or warm jumper
- Waterproof jacket
- Thermal gloves
- Warm and waterproof gloves or mittens
- Sunhat
- Warm hat
- Sunglasses
- Daypack 30 litres should be sufficient
- Headtorch and spare batteries
- Sun protection (including total bloc for lips, nose etc.)
- Water bottles 1 litre (x2) (we encourage re-filling water bottles rather than single use plastic)
- Washbag and toiletries

- Antibacterial hand wash
- Basic First Aid Kit including: antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters and blister treatment.

The following items are optional:

- Travel shoes / Trainers
- Spare laces
- Shorts
- Shirts (e.g. T-shirts)
- Swimwear (sauna/hot tub may be available)
- Trekking poles
- Insect repellent
- Camera
- Travel clothes
- Repair kit - (eg. needle, thread, duct tape)
- Reusable cloth bag for shopping (to avoid plastic bags)

Land Only Information

Please refer to the 'Joining Arrangements & Transfers' within Holiday Information for further details.

Flights and other transport to your destination should not be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

Land Only Information

We sell this holiday on a Land Only basis, joining at the group accommodation in the Chamonix Valley. The nearest airport is Geneva, approximately an hour's drive away. Please refer to the 'Joining arrangements & transfers' for further details.

Flights SHOULD NOT be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

If you would prefer to book a 'flight inclusive package' using scheduled airlines from the UK please contact our flights department for a quote. Whilst flight prices are likely to be more expensive you will benefit from full financial protection.

Why Choose KE

Why KE

With expert local knowledge, we have created a holiday filled with the walks, views, places and things to do that we love, and that we think really show off this simply stunning area. Our wonderful expert guides are also extremely enthusiastic and knowledgeable about the area. We've also included the cost of all uplifts and cable cars - so you don't need to worry about this extra expense.

Please Note This document was downloaded on 18/04/2026 and the trip is subject to change