

# Volcanoes of Indonesia

Trip Code: ILM

Version: ILM Volcanoes of Indonesia



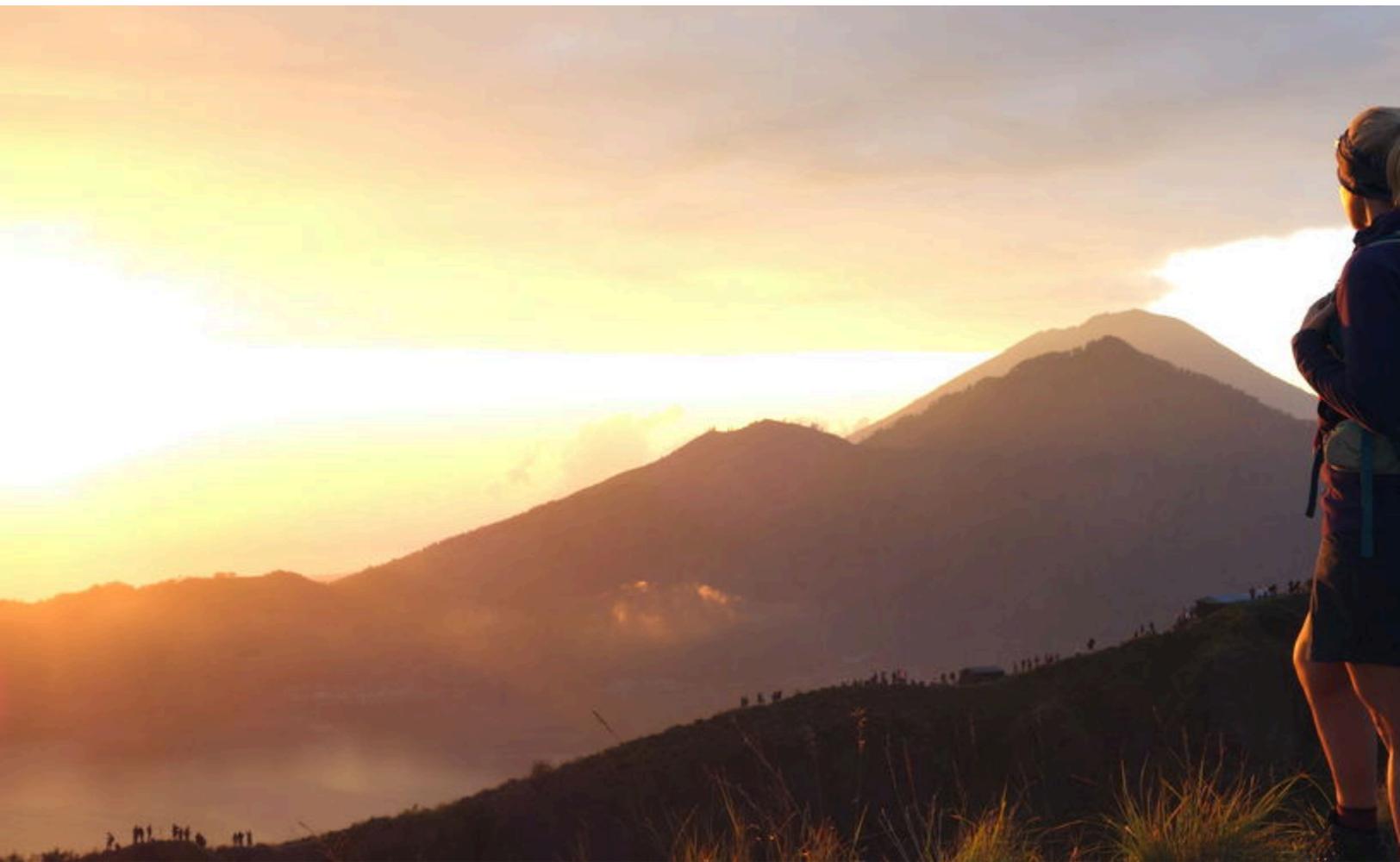
WALK & TREK



GUIDED GROUP



MODERATE



## HIGHLIGHTS

- Summit 5 major volcanoes: Merbabu, Kawa Ijen, Batur, Bromo and Rinjani
- Watch sunrise from the summit of Mt Rinjani (3726m)
- Journey by train through the amazing volcanic landscape of Central and East Java.
- Discover Borobodur temple, the rice fields of Ubud, and Sanur's palm-ringed beaches

## AT A GLANCE

- 8 days trekking
- 5 days touring and sightseeing
- Max altitude - 3726m.
- Join at Yogyakarta, End in Denpasar

## ACCOMMODATIONS & MEALS

- 14 Breakfasts
- 10 Lunches
- 9 Dinners
- 4 nights Hotel
- 6 nights Hotel with swimming pool
- 2 nights Guesthouse
- 2 nights Camping

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

# Introduction

This is a volcano climbing holiday, with an exciting mix of adventure, cultural exploration, and relaxation. In addition to summiting five major volcanoes, we will visit some of the most iconic highlights of Java, Bali, and Lombok, with opportunities to swim, snorkel, and unwind on the beach. Indonesia, situated at the convergence of three tectonic plates, has more active volcanoes than any other country, making it an unparalleled destination for those seeking spectacular landscapes and geological wonders.

Our journey begins with a visit to Borobudur, the world's largest Buddhist temple, a UNESCO World Heritage Site known for its intricate carvings and awe-inspiring structure. From there, we kick off our volcano adventure with Merbabu (3,145m), an extinct stratovolcano offering panoramic views from its summit. Next, we experience the otherworldly landscapes of Bromo (2,329m) and Kawah Ijen (2,368m), where we will witness the famous sulphur miners at work and marvel at the turquoise crater lake.

Crossing over to Bali, we trek to the summit of Mt. Batur (1,717m) before spending time in Ubud, a cultural hub surrounded by lush rice terraces. From Bali, a speedboat takes us to Lombok, where we embark on a trek to the summit of Rinjani (3,726m), Indonesia's third-highest volcano. Standing at the peak for sunrise is a truly unforgettable experience. We conclude our adventure with well-earned relaxation in Bali's coastal town of Sanur, known for its palm-fringed beaches, calm waters, and surf-friendly shores. This final stop offers the perfect setting to unwind before heading home.

## Is this holiday for you?

This is primarily a trekking adventure, with well-planned intervals for relaxation and cultural exploration. The trekking routes cover a variety of terrains, including jungle trails, village paths, and steep volcanic scree. Trekking poles are highly recommended for stability and support. Most trekking days involve 4 to 6 hours of walking, with some early morning starts to reach summits in time for sunrise. The ascents of Merbabu (3,145m) and Rinjani (3,726m) present the greatest challenges, requiring 8 to 11 hours of trekking, including some steep and loose trails. While the Rinjani summit push is optional, those attempting it should be prepared for demanding conditions at high altitude. We will experience two nights of supported wild camping, with all necessary equipment provided, including sleeping bags and camping mattresses. Porters will carry camping equipment, so you will only need to trek with a day pack. With an incredible blend of physical challenge, cultural immersion, and stunning landscapes, this trip

offers an unforgettable journey through Indonesia's most spectacular volcanic regions.

# Itinerary

Version: ILM Volcanoes of Indonesia

## DAY 1

**Meet at the group hotel in Borobudur. A single timed transfer from the airport is provided.**

The holiday starts at the group hotel in Borobudur. A single timed airport transfer from Yogyakarta International Airport to the group hotel is provided. At the hotel we meet with our Tour Leader for Java who will brief us on the days ahead.

Meals: **D**



**Accommodation**  
Hotel

## DAY 2

**Explore Borobudur Temple, Transfer to Selo, and Begin Merbabu Trekking.**

This morning, we start the day with a visit to the iconic Borobudur Temple, the largest Buddhist temple in the world. Composed of thousands of intricately carved volcanic and river stone blocks, the temple was built entirely through human labor, a project that spanned more than 75 years. Now a UNESCO World Heritage Site, Borobudur remains a masterpiece of ancient architecture, boasting exquisite carvings and an awe-inspiring structure. After exploring the temple, we return to the hotel to check out and transfer to Selo, a charming mountain village perched at 1,700 meters above sea level. Selo serves as the gateway to our trek on Merbabu, an extinct stratovolcano offering stunning vistas and unique highland scenery. In the afternoon, we embark on a five-hour trek ascending the steep slopes of Merbabu. Our trail winds through lush pine forests and tranquil landscapes, gradually leading us to the Sabana II camp. Arriving in the afternoon, we're rewarded with panoramic views of the surrounding peaks and valleys, including the Kenteng Songo summit. We'll enjoy a picnic lunch along the way and spend the evening setting up camp. As the sun sets, the scenery reveals a mesmerizing overview of Jogja's surroundings. A dinner rounds out the day before we settle into our tents for the night.

Meals: **B L D**



**Accommodation**  
Guesthouse



**Ascent**  
1200M



**Time**  
5 hrs walking



**Distance**  
5KM

### DAY 3

#### Summit Trek of Merbabu (3,145m) and Transfer to Solo.

We begin our summit ascent of Merbabu in the early morning, departing camp at 3:00 am to reach the summit before sunrise. As the first light breaks, we'll take in panoramic views of the surrounding volcanoes, the city of Jogjakarta, Selo village, and the neighbouring twin volcano, Merapi. The experience is both serene and breathtaking, with dawn illuminating the natural beauty of this majestic landscape. After sunrise, we descend back to the camp for a well-deserved breakfast before continuing the trek down to the finish point at Selo. Here, we'll take some time to prepare before embarking on a scenic drive to Solo. We stop for lunch en route at a local restaurant, and arrive in Solo in the afternoon. After checking into our hotel, the remainder of the day is free to relax or explore the city at your leisure. Known as a cultural heartland of Java, Solo is a vibrant blend of traditional charm and modern urban life, with bustling markets and contemporary shopping arcades.

Meals: **B L D**

 <b>Accommodation</b> Hotel	 <b>Ascent</b> 300M	 <b>Descent</b> 1500M	 <b>Time</b> 5-6 hrs trekking	 <b>Distance</b> 8KM
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### DAY 4

#### Journey on the Sancaka Pagi Train to Mojokerto. Transfer to Bromo.

This morning, we have an early pick-up from our hotel in Solo for a private transfer to the train station, where we'll board the Sancaka Pagi train. Traveling in executive, air-conditioned class, this scenic journey to Mojokerto offers a unique opportunity to connect with local people and enjoy the spectacular volcanic landscapes of Central and East Java. The train is scheduled to depart Solo at 07:55 AM, arriving in Mojokerto at 10:55 AM (schedule subject to change without notice). It is worth bringing something warm, as the air conditioning inside the carriage is typically set quite high. Your guide will accompany you throughout the journey, ensuring a smooth and enjoyable experience. Upon arrival in Mojokerto, your driver will be waiting to continue the journey with a private transfer to Cemorolawang, near Bromo. En route, we stop for lunch at a local restaurant. Once we arrive at our hotel, you'll have time to relax and enjoy the beautiful mountain views.

Meals: **B L**

 <b>Accommodation</b> Hotel
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### DAY 5

#### Sunrise Visit to Mt Bromo (2,329m) and Transfer to Ketapang.

This morning, we rise early for an unforgettable sunrise tour of Mt. Bromo. Traveling by 4WD jeep, we'll

reach a scenic viewpoint on Bukit King Kong, renowned for its spectacular views of Bromo, Semeru, and Batok volcanoes. After a short walk to the viewpoint, we'll watch the sun rise over the volcanic landscape, with the interplay of light and mist creating a surreal and much-photographed scene. From Bukit King Kong, we begin a two-hour trek to Seruni Village, along the rim of the Tengger caldera, offering unparalleled views of the caldera and its three volcanoes. Returning to our jeeps, we cross the expansive sand sea to the base of Mt. Bromo. A climb up approximately 250 steps will take us to the rim of the crater at 2,329 meters, where the sight of the active volcano is awe-inspiring. After our exploration of Mt. Bromo, we return to the hotel in Cemorolawang for a well-deserved breakfast. After check-out, we set off for a full day's drive to Ketapang, located below the Ijen volcano. The journey of approximately 229 km (8 hours) takes us through stunningly scenic areas, with breaks for photos and a lunch stop at a local restaurant. Arriving at our hotel in Ketapang in the late afternoon, we can unwind and enjoy dinner at the hotel.

Meals: **B L D**



#### Accommodation

Hotel with swimming pool



#### Time

2 hrs trekking

## DAY 6

### Trek to Kawah Ijen Crater and Transfer to Bali.

This morning, we awake early for an excursion to Kawah Ijen, known for its stunning crater lake and active sulphur mines. After breakfast at the hotel, we depart by 4WD jeep, reaching Paltuding base camp at 1,850 meters elevation after a journey of approximately 1 hour and 15 minutes. From Paltuding, the trek to the top of Kawah Ijen follows a 3-kilometer packed dirt trail, taking around 1 hour and 30 minutes. Along the way, you'll likely encounter sulphur porters, who demonstrate incredible strength and agility as they descend the mountainside carrying loads of up to 70 kilograms, often barefooted. Reaching the summit at 2,368 meters, we'll take time to enjoy the breathtaking views of the brilliant turquoise crater lake, which is 200 meters deep and holds around 36 million cubic meters of steaming, acidic water. The surrounding landscape offers remarkable contrasts, and we can observe the miners collecting and hauling bright yellow sulphur from the crater, highlighting their impressive endurance in a challenging environment. After descending back to Paltuding, we return to the hotel to freshen up and enjoy lunch. In the afternoon, we transfer to the Ketapang ferry terminal for the crossing to Bali's Gilimanuk port. From there, a 1-hour drive brings us to Pemuteran, a tranquil coastal town nestled on a small bay in the northwest of the island. On arrival, check in to your hotel, which features a swimming pool and direct beach access—an ideal setting for mid-tour relaxation. This evening, you'll meet your Balinese tour leader during dinner, but don't forget to set your watch as there is a 1-hour time difference between Java and Bali.

Meals: **B L D**



#### Accommodation

Hotel with swimming pool



#### Ascent

970M



#### Descent

970M



#### Time

4 hrs trekking



#### Distance

18KM

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**DAY 7**
**Morning free with optional snorkel trip. Afternoon transfer to Kintamani.**

After breakfast, the morning is free to enjoy the hotel facilities or take part in an optional snorkeling experience around Menjangan Island (payable locally), which includes a boat trip out to the island, basic instruction, equipment and lunch while you explore the underwater world of a Balinese coral garden. Your Balinese tour leader and driver will meet the group at 1400 and after a briefing, we drive north following the coast for around 2hrs. We pass Singaraja town before navigating the small mountain roads to reach our hotel in Kintamani village on the slopes of Batur (1770m).

Meals: **B D**


**Accommodation**

Hotel

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**DAY 8**
**Climb Batur (1717m), visit Penglipuran village and transfer to Ubud**

An early morning wake up and a short transfer brings us to the start of our trek. At 1717m tall, Batur is not the highest volcano in Bali but its setting in the heart of a huge crater (14km in diameter!), adjacent to a large crescent-shaped lake surrounded by the high walls of the crater rim, is absolutely stunning. It will take us approximately 2 hours 30 minutes to reach the top of Batur, where we will enjoy a light breakfast prepared by the hotel. We trek down around the secondary crater and also via the youngest crater with its smoking cone, before walking out across a sea of black volcanic sand. Meeting our vehicles, we return to our hotel. There will be time to change and finish packing before setting off on the next leg of the tour. We make a short drive to Rendang, where we stop for a lunch of fresh Balinese cuisine with great views of the distant Gunung Agung. We continue on to the ancient village of Penglipuran, which is famed for its traditional culture and village lay out. We continue for a further 40km to Ubud, a laid back town made up of connecting villages surrounded by forest and rice terraces. This is the cultural centre of Bali with a thriving arts scene and a number of art museums. We check into our hotel here and the remainder of the afternoon is free for exploring.

Meals: **B L**


**Accommodation**

Hotel with swimming pool


**Time**

5 hrs trekking

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**DAY 9**
**Free day in Ubud (optional temples and rice terraces tour available).**

Today is free for you to explore this culturally fascinating town. Ubud is the sort of place that easily absorbs a couple of days. As well as numerous temples, palaces, museums, art galleries and the

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incredible landscape, there are a number of traditional spas, a botanic gardens, a bird park and the Monkey Forest. Our guide will not be with the group today but will be able to give good advice on things to see and do. An optional Temples and Terraces tour (full day - payable locally and including lunch) can be arranged which will include a visit to the unique temple of Pura Gunung Kawi, an 11th century temple set amongst the rice fields and Pura Tirta Emple, a water temple dedicated to the Hindu God, Vishnu, and a rice field walk with local coffee tasting.

Meals: **B**



**Accommodation**

Hotel with swimming pool

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**DAY 10**

**Drive to Padang Bai, ferry to Lombok, transfer to Sembalun (1150m).**

We drive for 45 minutes to Padang Bai on Bali's East Coast. Here we board the fast ferry for the 75km crossing to Teluk Kodek on the island of Lombok. Arriving in Lombok we are met by our driver and we head north to Pusuk Forest, which is a protected area for macaque monkeys. The road crosses Pusuk pass the high point on a ridge through the forest where we have extensive views over the island and to the coast. We continue around the coast making a stop at a local restaurant for lunch, before heading to the mountain village of Sembalun on the slopes of Mt Rinjani. Surrounded by terraced fields of rice, garlic, tomato and chili, Sembalun is made up of two villages 2km apart. We will stay in a simple guesthouse in Sembalun Lawang (1150m) located in an ancient caldera of Rinjani. We will be driving for around 5hrs today.

Meals: **B L D**



**Accommodation**

Guesthouse

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**DAY 11**

**Trek to Pelawangan II Base Camp (2,650m).**

After an early breakfast, we depart from Sembalun Lawang at 8:00 AM. This traditional Sasak village, located at 1,156 meters, is one of the best starting points for climbing Mt. Rinjani and offers spectacular views of the surrounding landscapes. A 2.5-hour scenic drive brings us to the Rinjani Trek Centre, where we register and prepare for the day's trek. From the trek centre, we begin the climb to Pelawangan II base camp, located at 2,650 meters. The route takes approximately 6 hours and passes through several rest points. The trek features varied landscapes, from open meadows to stunning forested areas, with plenty of opportunities to enjoy spectacular views along the way. We'll stop en route for a picnic lunch, prepared by your local team. In the late afternoon or early evening, we arrive at Pelawangan II base camp. Situated at 2,650 meters, this spot provides incredible panoramas of Mt. Rinjani, surrounding

valleys, and, on clear days, neighboring islands. Dinner is prepared by your support team, and we settle in for the night in tents at the base camp, enjoying the tranquility of the high-altitude surroundings.

Meals: **B L**



**Accommodation**  
Camping



**Ascent**  
1500M



**Time**  
6 hrs trekking



**Distance**  
8KM

## DAY 12

### Summit Mt. Rinjani (3,726m) and Descend to Segara Anak Lake.

The climb to the summit of Mt. Rinjani (3,726m) begins early at 3 AM. This is a challenging and demanding ascent, requiring determination as we gain nearly 1,100m in elevation over difficult terrain. Our goal is to reach the summit by sunrise, where we will be rewarded with remarkable panoramic views stretching across the Wallace Line to Bali, Mt. Agung, and Sumbawa. The sense of achievement at the top is truly unforgettable. After taking in the sunrise, we descend back to camp, where a well-earned breakfast will be waiting. A short rest follows before we continue our journey, descending steeply for three hours (-2,000m) to Segara Anak Crater Lake. This stunning turquoise lake is home to Gunung Baru, a recently formed volcanic cone that rises from the centre of the crater. Upon arrival, we take time to explore the area and visit the nearby hot springs, Gua Susu and Pancuran Emas (Gold Fountain). The warm waters, long revered by locals for their healing properties, provide a soothing experience-perfect for relaxing after the challenging climb. Dinner will be served by the lake, where we will set up camp for the night, surrounded by the raw beauty of Rinjani's volcanic landscape.

Meals: **B L D**



**Accommodation**  
Camping



**Ascent**  
1100M



**Descent**  
1100M



**Time**  
6 hrs trekking



**Distance**  
6KM

## DAY 13

### Descend from Senaru Rim to Senaru Village and Transfer to Senggigi.

After breakfast at camp, we begin our trek uphill to the Senaru Crater Rim, enjoying spectacular views of Segara Anak Lake below and the majestic surroundings. From the crater rim, we start our descent, a 5-hour trek that takes us down to Senaru Village, passing through varied landscapes. The first portion of the descent offers panoramic views of Lombok's northern coastline, and on clear days, you may even catch sight of the Gili Islands shimmering in the distance. As we continue, the trail transitions into lush, deep rainforest, where the air cools, and the sound of nature surrounds us. We stop along the way to enjoy a final lunch with our local guide and porter team, reflecting on the adventures of the past days. Reaching the finish point in Senaru, you'll be greeted by your driver with cold water and towels, a welcome respite after the trek. We bid farewell to our trekking and porter team, thanking them for their invaluable support throughout the journey. From Senaru, we depart by private vehicle for the drive to

Senggigi, a well-known coastal town on Lombok's western shores. Upon arrival, check in at your beachfront hotel and take the rest of the day to relax and unwind after your Rinjani adventure.

Meals: **B L**

	<b>Accommodation</b> Hotel with swimming pool		<b>Ascent</b> 600M		<b>Descent</b> 2000M		<b>Time</b> 8 hrs trekking
	<b>Distance</b> 12KM						

## DAY 14

### Drive to Teluk Kode, speed boat to Serangan Island and transfer to Sanur Beach.

This morning we return to the harbour at Teluk Kode where we take a fast boat to Bali, taking approximately 2 hours for the crossing. Arriving on the island we transfer (20 minutes) to our hotel at Sanur beach. More laid back than other beach destinations in Bali, Sanur's coconut palm fringed white sands, warm waters and intense blue skies, offer the ideal vision of a Bali beach. After our exertions on Rinjani, this is the perfect place to relax. The rest of the afternoon is free for us to do exactly that.

Meals: **B D**

	<b>Accommodation</b> Hotel with swimming pool
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## DAY 15

### Departure Day. A single timed transfer to Bali's Ngurah Rai Airport is provided.

The holiday ends after breakfast. Flight time allowing you will have the day to relax in Sanur. A single timed transfer (30 mins) to Ngurah Rai Airport on Bali is provided in the evening. If you would like to extend your relaxation time on Bali, we can also arrange additional nights. Contact our Customer Sales and Support Team for more information.

Meals: **B**

# Holiday Information

## What's Included

- A professional and qualified Tour Leader
- Single timed airport transfers
- All accommodation as described
- Meals as described in the Meal Plan
- All transport required by itinerary
- All activities/excursions/entrance fees mentioned except where specified as 'optional'
- All trekking permit and Conservation Area fees required by the itinerary
- All camping equipment required including sleeping bag and mattress

## What's not Included

- Travel insurance
- Visas
- Some meals as detailed in the Meal Plan
- Any additional activities/excursions indicated as optional
- Tips
- Miscellaneous personal expenditure - drinks and souvenirs etc

## Joining Arrangements & Transfers

The group will meet at the group hotel in Borobudur on Day 1.

A single timed group transfer from Jogjakarta Adisutjipto Airport to the group hotel is provided in the early afternoon.

On the last day of the Land Only itinerary there will be single timed transfer from Sanur to Bali's Ngurah Rai Airport provided in the late evening.

Anyone may join the group transfers by prior arrangement. Travelling as a group or on public transport saves energy. If this is not practical, we can provide private transfers at an additional cost. Taxis are also available.

Hotel contact details and an emergency number will be provided with your booking confirmation.

## Meal Plan

All breakfasts, 10 lunches and 9 dinners are included in the holiday price.

## Food & Water

### Drinking Water

It is not recommended to drink untreated water from the taps. If you are on a trekking or cycling holiday, water is supplied to fill up your individual bottles. This will be boiled, filtered or provided in large jerry cans or 5 litre bottles. Additionally you should take purification tablets or a filter bottle (such as a [Water-To-Go bottle](#)) to treat your water when in towns or where water is not supplied. We do not encourage the purchasing of single use plastic bottles.

Rice is the basis of nearly all Indonesian dishes and is usually served with fish, chicken, or vegetables. Food can run the gamut from mild to fiery hot - so there will be plenty to please all palates. Three traditional dishes, nasi goreng and mie goreng (fried rice and fried noodles, similar to their Chinese or Japanese counterparts), and gado gado (a tofu salad with thick peanut dressing) can be found everywhere and are a fantastic introduction to the flavours of Indonesia. Every town has at least one market, providing an incredible range of fresh fruit and vegetables, and these form an important part of most Indonesian dishes. The meals on the trip will be a mix of traditional Indonesian dishes and more familiar international dishes. When staying in hotels or lodges we will take our meals at the accommodation or in nearby restaurants. On the overnight trek on Rinjani, we have a cook to make our meals.

### Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

### Accommodation

We will stay in a variety of comfortable hotels, many of which have swimming pools, and in the mountains, we will stay in more basic lodges and guesthouses. We will spend two nights camping on Mt. Rinjani (camping equipment, including a sleeping bag and camping mattress, is provided). Rooms at hotels and guesthouses are en suite and twin-share, with the exception of the resthouse in Selo prior to the ascent of Merbabu, where we will stay in a dormitory. If you are traveling by yourself, you will be paired with another single client of the same gender. Single rooms are available for a supplementary cost. If you are planning to extend your holiday, additional nights at the group hotel are available on request.

## Group Leader & Support Staff

The group will be led two separate professional and qualified tour leaders. There will be a Javanese Tour Leader who will accompany the group until reaching Bali. On arriving in Bali you will be met by your Balinese Tour Leader who will escort the group for the remainder of the holiday. During the trek on Rinjani, we will have the assistance of porters to group camping equipment.

## Altitude

This holiday involves going to moderately high altitude. During the course of your trip you will reach altitudes in excess of 2500 metres. Most people will have no difficulty with this level of altitude but before coming on the holiday, we recommend you read the advice on [trekking at high altitude](#). You can also talk to one of our trekking experts if you have any concerns about altitude.

## Spending Money

A total of around £200-£250 should be allowed for miscellaneous expenses and non included meals. This amount will also cover reasonable tips to local staff. You will need to pay directly for a total of 5 dinners and 3 lunches and you should budget around £5-£10 for each of these non included meals. If you are intending to buy expensive souvenirs or considerable quantities of soft drinks or beer, you should make an allowance for this. If you would like to take part in any of the optional excursions, you can expect the costs to be as follows: Snorkelling Day 7 - £60 (based on a group of 2), Temples and Terraces excursion Day 9 - £60 (includes lunch) (based on a group of 2), both excursions are payable directly. There will be the opportunity to change money into local currency on arrival at the airport and your local leader will advise the best places to change money en-route and at borders. Additionally, you will be able to get currency from bank ATMs in many of the towns that we will visit. Credit cards are useful and it is a good idea to carry one in case of emergency.

## Guidance on Tipping

Tipping is the accepted way of saying 'thank you' for good service. Tips do not form part of the wages of our local staff but they are very much appreciated. It is important to remember that tipping is voluntary and should be dependent on good service. The amount to tip is up to you but we suggest that you discuss this as a group and make tips from the group as a whole. As a rough guide, we recommend that you can expect to contribute around \$75 to the group tips 'pool'.

## Baggage Allowance

For this holiday you should take one piece of luggage and a daypack. During the 2 day trek on Rinjani you will leave your main luggage at your hotel and you will need a rucksack large enough to carry what you need for the this trek (warm clothes, water, camera etc). During the trek, the camping equipment including your sleeping bag and mattress (provided) will be carried by porters. For international flights please check your baggage allowance with your airline.

## Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

# General Information

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## Passport & Visas

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates** (see *Health & Vaccinations below*), **and visas for your holiday**. Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

### Visa Indonesia

A visa valid for 30 days can be obtained free on arrival if entering and exiting Indonesia by certain airports (Lombok is not on the list). If you intend to stay longer than 30 days, you must check the visa requirements with the Indonesian Embassy.

## Health & Vaccinations

### VACCINATIONS

You should contact your doctor or travel clinic to check whether you specific require any vaccinations or other preventive measures. On holidays to more remote areas you should also have a dentist check up. You should be up to date with routine courses and boosters as recommended in the UK e.g. diphtheria-tetanus-polio and measles-mumps-rubella), along with hepatitis A and typhoid. In addition you should check whether any specific vaccinations are needed to the regions that you are travelling to. A good online resource is [Travel Health Pro](#).

#### Malaria

There is a risk of Malaria in this country. Malarial prophylaxis are required.

#### Yellow Fever

A certificate of yellow fever vaccination is required if travelling from countries with risk of yellow fever transmission and for travellers having transited for more than 12 hrs through an airport of a country with risk of yellow fever transmission.

#### Dengue Fever

Dengue fever is a known risk in places visited. It is a tropical viral disease spread by daytime biting mosquitoes. There is currently no vaccine or prophylaxis available and therefore the best form of prevention is to avoid being bitten. We recommend you [take precautions to avoid mosquito bites](#).

#### Zika Virus

Zika virus has been confirmed as active in this country. It is a tropical viral disease spread by daytime biting mosquitoes. There is currently no vaccine or prophylaxis available and therefore the best form of prevention is to avoid being bitten. We recommend you take the usual precautions to avoid mosquito bites. The mosquitoes that transmit ZIKV are unlikely to be found above 2,000m altitude. For more information, visit the website of the National Travel Network and Centre (NaTHNaC) at <https://travelhealthpro.org.uk>.

#### Severe Allergies

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

#### Currency

The unit of currency in Indonesia is the Indonesian Rupiah (IDR)

## Preparing for your Holiday

Getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable you will find the experience.

You should be aerobically fit and comfortable with walking for around 6 hours for consecutive days. Hill walking, with a good amount of ascent and descent, is the best training. Running, cycling and swimming are also good for developing cardiovascular fitness and stamina.

## Climate

Lying on the equator, the temperature in Indonesia is relatively high year-round. We can expect daytime temperatures at lower elevations to be as high as 34°C with high humidity. During the trek and climbs in the mountainous areas, the daytime temperature will be a very pleasant 20°C and with considerably less humidity. At night in the mountains the temperatures can drop surprisingly low, sometimes reaching or even dipping below freezing point. This part of Indonesia receives most of its rainfall between December and February. In the dry season which extends from May to November we can expect sunshine on most days. Occasional rainfall can occur in the dry season but this tends to be during the night or in the early morning.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Maps

- Java: Reise Know-How Verlag. Scale: 1:650,000
- Bali & Lombok: Freytag & Berndt. Scale: 1: 125,000

## Private Groups Information

### Make this KE Adventure holiday your own!

- Do our normal group departure dates not fit?
- Would you prefer to travel with just friends and/or family?
- Are you looking to organise a trip for your local walking, biking or mountaineering club?

It's really easy to make a trip your own. Simply select from our full range of adventure holidays and choose the dates that work for you and your group.

We are experts in creating holidays for groups of friends, families, charities and clubs. Our personal service means you'll be fully involved as we make the arrangements for your perfect adventure holiday.

### Independence with Security

Travelling as a KE Private Group allows you more flexibility and choice, but still with the peace of mind that everything is pre-planned and arranged for your group by a reputable adventure travel company.

To take your first step to an amazing adventure with your friends and family complete the private group enquiry form, or call our **Sales Experts on: 017687 73966**

### Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

## Equipment Information

### Equipment List

Please try to keep the weight of your baggage to a minimum. See the 'baggage allowance' section for further details.

## You **SHOULD** bring the following items:

- Hiking boots
- Daypack 30 litres
- Training shoes or similar
- Walking socks
- Spare laces
- Trekking trousers
- Lightweight waterproof overtrousers
- Underwear
- Socks
- Thermal baselayer shirt
- Casual shirt and/or T-shirts
- Fleece jacket or warm jumper
- Lightweight waterproof jacket
- Sunhat
- Warm hat
- Thermal gloves
- Scarf or neck buff
- Sunglasses
- Swimwear
- Travel clothes
- Headtorch and spare batteries
- Sleeping bag liner
- Sun protection (including total bloc for lips, nose etc.)
- Water bottles 1 Litre x2 (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Washbag and toiletries
- Antibacterial handwash
- Small towel
- Basic First Aid Kit including: antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters and blister treatment, Insect repellent, and re-hydration salts (Dioralite).

## The following items are optional:

- Trekking poles (highly recommended)
- Camera
- Pen-knife (remember to pack sharp objects in hold baggage)
- Reusable cloth bag for shopping (to avoid plastic bags)

## The following items are provided:

- Sleeping bag and inflatable camping mattress (for night camping on Mt Rinjani)

## Land Only Information

Please refer to the 'Joining Arrangements & Transfers' within Holiday Information for further details.

Flights and other transport to your destination should not be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

## Land Only Information

The LAND ONLY dates and prices are for joining at the group hotel in Borobudur, Java. The holiday ends in Sanur, Bali. Single timed transfers from Jogjakarta's Adisutjipto Airport and to Bali's Ngurah Rai Airport (Denpasar) are provided.

## Flight Inclusive Information

Limited seats are available at the advertised flight price, please book as early as you can. If we are unable to secure seats at the price shown, or you have requested regional departures and/or upgrades, we will provide you with an alternative quote. It is likely that flight payment will be in advance of your final holiday balance. Booking a flight inclusive package means you will benefit from full financial protection, eases your holiday planning, and leaves us to deal with airlines and schedule changes. If you book flights through KE Adventure Travel we will [offset the carbon of your flight](#).

Regional departures and/or alternative carriers are available on request.

## Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London (Heathrow) to Jogjakarta's Adisutjipto Airport and returning from Bali Ngurah Rai Airport (Denpasar). The flight will depart from the UK in the morning, arriving early afternoon the following day. Return flights will depart Bali Ngurah Rai Airport (Denpasar) in the early hours of the last day of the itinerary and arrive in the UK later the same day.

# Why Choose KE

## Why KE

Join KE on this volcano trekking holiday to summit five of Indonesia's major volcanoes. Enjoy an overnight wild camp on Mt. Rinjani at sunset before trekking to the summit for sunrise! This trekking holiday offers the perfect blend of activity, adventure, culture, and relaxation!

**Please Note** This document was downloaded on 11/07/2025 and the trip is subject to change