Family Atlas Adventure Trek

Trip Code: FAA

Version:

WALK & TREK	FAMILY	MODERATE
		4



HIGHLIGHTS

- Experience authentic mountain life in Imlil, where walking boots and poles jostle alongside food vendors and smoking tagine ovens in Morocco's adventure capital
- Embark on a three day mini-trek through Berber villages and the Atlas Mountains, crossing the 2,455m Tizi Mzzik pass with views of Mount Toubkal on the horizon
- Relax in the lush Ouirgane Valley, unwinding among olive groves and fruit trees at a peaceful eco-

lodge with a swimming pool and sun loungers
- Soak in the sights and souks of Marrakech, awash with the rich scents of incense and harissa and the sounds of street sellers offering their wares amongst the labyrinthine passages

AT A GLANCE

- 7 day family trip including 3 day trek in the Atlas Mountains with days to explore Imlil Ouirgane and Marrakech too
- Max altitude 2475m.
- Join at Marrakech

ACCOMMODATIONS & MEALS

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

This fascinating family mini-trek trip is all about getting under the skin of Berber life in the Atlas Mountains. From the hustle and bustle of Imlil and Marrakech to the quiet paths and olive groves that wind their way up and over the Atlas Mountains, this is a trip of contrasts.

We'll start our trip in the epicentre of mountain life, Imlil. One night here is plenty to absorb the familiar sights and sounds of climbers and mountaineers heading out on their quest to reach the summit of Mount Toubkal, the highest mountain in North Africa. From here, we head out on a three day mini-trek into the quieter reaches of the mountain range experiencing Berber life, staying in intimate gites and meeting the people that call these mountains home. After three days on trek, we reach the lush green valley of Ouirgane, and our rest day retreat, surrounded by fruit trees and olive groves. After a day by the pool or perhaps taking part in an optional cookery class, we will rejoin the melee of Moroccan city life in Marrakech. We have a day here to enjoy the labyrinthine souks and squares before our departure.

Is this holiday for you?

Suitable for children aged 8yrs+

This mini-trek adventure is for active families who are used to hillwalking and want to experience first hand what life is like in the Atlas Mountains. The trek follows well-trodden but sometimes unmade paths with some steep and rocky hillsides. There are hundreds of metres of ascent and descent each day and, although the trek lasts just three days, walks may be up to 6-8 hours per day, including stops (see itinerary for further details). There will be plenty of rest and convenience stops and we'll enjoy a picnic out on the hill on each trek day.

In Imlil, Ouirgane and Marrakech we will have the opportunity to explore independently. At Imlil and Ouirgane the guide will be on hand to advise options for independent exploring including short walks and places of interest, but in Marrakech we will explore completely independently. Our riad here is perfectly placed to allow us to wander through souks to the central square of Jemaa el Fnaa, and other nearby points of interest. It is a safe and easily navigable city but if you have any doubts, the riad

manager will be on hand to advise routes for independent exploration.

Itinerary

Version:

Holiday Information

What's Included

- A professional and qualified tour leader
- Airport transfers (on first and last day of itinerary)
- All land transport involved in the itinerary
- All accommodation as described
- All meals as described in the meal plan

What's not Included

- Travel insurance
- Visa fees (if applicable)
- Tips for local staff
- Miscellaneous expenses - drinks and souvenirs etc.

Joining Arrangements & Transfers

Travelling to your Destination

If flying from the UK there are low cost airlines available to the start and from the end of your holiday.

To benefit from full financial protection, ease your holiday planning, and avoid dealing with airlines, we can book scheduled flights from the UK as part of a flight inclusive package. Scheduled flights are usually more expensive that low cost alternatives, however potentially less stressful if your flight is cancelled or delayed. If you book flights through KE Adventure Travel we will offset the carbon of your flight.

Join in Marrakech. You'll be met at Marrakech Menara Airport on day 1 of the land-only itinerary and transferred to your first-night accommodation in Imlil, approximately 90 minutes from the airport. Transfers will be arranged according to individual flight arrival times and may be shared with other members of the group arriving at a similar time.

Hotel contact details and an emergency number will be provided with your booking confirmation.

Meal Plan

6 breakfasts, 5 lunches and 5 dinners are included. This equates to all meals whilst in the mountains, but breakfasts only when in Marrakech to allow you to eat out and enjoy the city to it's fullest. Dinners can still be taken at the Riad if pre-arranged with the staff on arrival.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Food & Water

Drinking Water

It is not recommended to drink untreated water from the taps. If you are on a trekking or cycling holiday, water is supplied to fill up your individual bottles. This will be boiled, filtered or provided in large jerry cans or 5 litre bottles. Additionally you should take purification tablets or a filter bottle (such as a Water-To-Go bottle) to treat your water when in towns or where water is not supplied. We do not encourage the purchasing of single use plastic bottles.

Moroccan cuisine is amongst the best in the world and our meals cooked by our Berber hosts or are taken in a range of restaurants and other eateries. A traditional Moroccan breakfast is largely continental style with a few extras. Expect tea and coffee, orange juice, m'semen (thin square pancakes), bread, amlou (almond butter), jam, honey, egg, soft cheese and olives. It's a feast of small plates. A typical Moroccan dinner menu begins with a simple selection of mezze, which might include a bowl of olives or a selection of cooked vegetable salads dressed with olive oil, sprinkled with cumin and served with a dip and flat bread. The tagine or roast meat (or vegetable) dish comes next, served with couscous and often a salad. There will be some meat (usually chicken, lamb or beef). Meat although present, is not particularly prominent in the menu. All dishes come with traditional sauces which are rarely (spicy) hot. A simple plate of prepared fresh fruit or dessert marks the end of the meal, before the mint tea is served.

For our picnic lunches on the trekking days, these will be packed lunches, prepared locally and suitable for eating during the trek. They will typically include a selection of sandwiches or Moroccan bread, cheese, tuna/chicken or another protein filling, salad/vegetables, fruit, and a small snack or sweet item. In the hotels and restaurants in towns it is also usually possible to get more western types of food such as chips and pizzas (for less adventurous palettes). Boiled or reverse osmosis treated water is provided when staying at the riads and lodge. You will be able to fill your personal water bottles from these. In the gites, we recommend using a water filter or water purification tablets.

Accommodation

We will be staying in a variety of comfortable traditional accommodations on this trip, including lodges, gites, and riads.

At Ouirgane, at the end of our trek, we will stay in comfortable lodges with traditional features and generous rooms. The public areas consist of a salon for sitting and eating, and external terraces with lots of soft cushions and seating. There is also an unheated splash pool for our enjoyment and relaxation.

In the mountains at Tizi Oussem and Imi Oughlad, we will stay in gites which are more basic and more akin to a guesthouse but still pleasant and comfortable.

In Imlil and Marrakech at the beginning and end of our trip we will stay in riads. These beautiful, large mansion style houses are designed around a central courtyard feature with balconies looking inwards. In Marrakech there is a small splash pool at it's heart, surrounded by luscious houseplants. In Imlil, whilst there is no pool, there is instead a large roof terrace with incredible views of the mountains that cradle the village.

Group Leader & Support Staff

An experienced and English speaking local guide will lead us through the mountains from Imlil to Ouirgane. We will be left to explore independently in Marrakech at the end of the trip.

Spending Money

Approximately £150 per family member should suffice for miscellaneous expenses, including tips for the crew, drinks, non included meals and modest souvenirs. Marrakech is a great place for souvenir buying. If you are intending to buy expensive items, you should budget accordingly and you may wish to pay by credit card. It is not necessary to purchase Moroccan currency (Dirham) outside the country. You can withdraw money in local currency from ATM's in Marrakech. Credit cards can be used to purchase goods and it is a good idea to carry one in case of emergency.

Guidance on Tipping

Tips are the accepted way of saying 'thank you' to your local guides and porters. They do not form part of their wages. KE always pays local crews the best rates of pay, no matter what country they are in and any tips they receive are seen as a personal thank you from group members. For our part, we advise local teams that tips are not a duty or a prerequisite but are a bonus and entirely dependent on the service that was given. For your trek crews we recommend that you give a tip if you feel that their services have met your satisfaction. As a rough guide we suggest you allow a total of €100-150 per family of four for tipping.

Baggage Allowance

For this holiday you should take one piece of luggage (per person), which should be a soft bag, and a daypack. Whilst on trek, your bag will be driven between overnight locations, and soft bags will take up significantly less space in the transfer vehicle than solid suitcases. For international flights please check your baggage allowance with your airline.

General Information

Passport & Visas

Visa Morocco

UK and USA passport holders do not require a visa for short stays.

Health & Vaccinations

Vaccinations:

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

Please ensure you are looking at the recommendations for all countries visited on your holiday plus recommendations for any borders you cross.

On holidays to more remote areas you should also have a dental check-up.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.

Please check the FCDO and Travel Health Pro. For all of your intended destinations for up-to-date advice.

Severe Allergies:

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

Currency

The unit of currency in Morocco is the Moroccan Dirham.

Climate

It is hot in Marrakech in the summer months. Temperatures in Marrakech might reach up to 40°C, dropping to around 25°C at night. Once we are on trek and we start to gain height, we can expect the temperatures to be rather lower, with daytime temperatures around 2000 - 2500m (the high point of our trek) being around 25°C. The weather is usually fine at the time of our scheduled departures. However, weather in mountainous areas is notoriously difficult to predict, and rain or even short-lived storms can occur at any time of the year and you must be prepared for extremes of climate.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's **'Travel Aware'** campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. All other nationalities should check their government websites for relevant information.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

FAQ's about our family holidays

We welcome all family dynamics and we will try to accommodate you in the roomings of your choice. The only stipulation for joining a family group holiday is that 1 party member is 17yrs or under, and they are accompanied by an adult. An average group size is around 10 members in total. Further general information and FAQ's are available here: KE Family Adventure Holidays general information.

Private Groups Information

Make this KE family holiday your own!

- Choose your own departure date
- Travel on this holiday with just your family and friends
- Tailor your holiday by adding extra days for relaxation or upgrade your hotels

If our standard dates do not fit with your school holidays or you wish to travel with just your family or with your family and friends, we will be pleased to set up a private departure for any of our family holidays.

Depending on what you are looking for we can look at tweaking the itinerary to allow you some extra relaxation time or upgrading the hotels. Our personal service means you'll be fully involved as we make the arrangements for your perfect family adventure holiday.

Independence with Security

Travelling as a KE private family group allows you more flexibility and choice, but still with the peace of mind that everything is pre-planned and arranged for you and your family and friends by a reputable adventure travel company.

To take your first step to an amazing adventure with your family and friends complete the private group enquiry form, or call our **Sales Experts on: 017687 73966**

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

Equipment Information

Equipment List

Please try to keep the weight of your baggage to a minimum. See the 'baggage allowance' section for further details.

You should bring the following items:

- Hiking boots
- Trainers or sandals for camp
- Trekking trousers / shorts
- Walking socks & underwear
- T-shirts / shirts
- Fleece jacket or warm jumper
- Lightweight waterproof jacket & over-trousers
- Sunhat
- Swimwear
- Sunglasses
- Daypack 30 litres
- Headtorch and spare batteries
- Sun protection (including total bloc for lips, nose etc.)
- Water bottles 1 Litre (x2) (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Antibacterial handwash
- Washbag and toiletries
- Travel Towel

- Basic First Aid Kit including: Antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters, blister treatment. Glucose tablets and multi-vitamin tablets are also a good idea

The following items are optional:

- Trekking poles
- Spare laces
- Insect repellent
- Camera
- Travel clothes
- Pen-knife (note: always pack sharp objects in hold baggage)
- Repair kit - (eg. needle, thread, duct tape)
- Reusable cloth bag for shopping (to avoid plastic bags)

Why Choose KE

Why KE

Unique to KE, this family itinerary goes beyond the tourist trail to find the authentic Berber communities of the Atlas Mountains. Whilst we spend some of our time exploring the bustling hot spots of Imlil and Marrakech, it's in the valleys beyond where this trip really comes alive. From the excellent mountain pass and lush green valley hiking that we will do beyond Imlil, to the mountain villages and communities that we meet along the way, this is a great way to reach beyond the well trodden routes of the Moroccan Atlas Mountains and enjoy the warm hospitality of the people that call these incredible mountains home.

Please Note This document was downloaded on 29/11/2026 and the trip is subject to change