Cycling in Italy - The Prosecco Tour

Trip Code: SGPC

Version:

CYCLE	SELF-GUIDED	LEISURELY
		3



HIGHLIGHTS

- Cycle through the beautiful UNESCO-listed landscape of the ‘Prosecco Hills’
- Admire stunning views, rolling vineyards and Renaissance architecture
- Relax at your elegant 4-star hotel, a restored 18th-century Venetian-style villa
- Live the good life, ‘la dolce vita’, in this beautiful corner of Northeast Italy

AT A GLANCE

- 5 days cycling and sightseeing
- Upgraded bike hire included
- Daily departures
- Join at / End in Farra di Soligo

ACCOMMODATIONS & MEALS

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

Just inland from Venice at the northern end of the Adriatic Sea, the Prosecco Hills are perfect for a self-guided cycle tour. Explore their breathtaking landscapes and cultural treasures on two wheels whilst immersing yourself in the Italian way of life here in the Veneto region. From your luxurious boutique hotel in Farra di Soligo, your rides allow you to discover the most beautiful areas that this UNESCO-recognised wine-growing region has to offer. This charming corner of Italy is as famous for its historical and architectural heritage as it is for its wine, with Prosecco being one of its best known.

During five days of relatively leisurely cycling you can enjoy gorgeous verdant views of a region that is surprisingly little-frequented by tourists. Your routes provide plenty of variety as they wind through vineyards and picturesque villages, and expansive landscapes along the Piave River. Along your way, be captivated by the unique charms, impressive architecture, magnificent old quarters and lively squares of historic towns such as Vittorio Veneto, Bassano del Grappa, Asolo, Valdobbiadene, and Conegliano. Taking each day's ride at your own pace, there is plenty of time for you to explore this hilly landscape, stop for a caffè, and take in the sights. You'll be cycling mostly on quiet side roads, some country roads with more traffic, and the occasional brief busier section. The routes are quite hilly in places, so remember you can upgrade to an e-bike if you'd prefer an extra boost!

Staying at the 4-star Hotel Villa Soligo you will be sure to have everything you need to relax after a day exploring on your bike, including a spa and outdoor seasonal pool, a terrace perfect for relaxing with a good book and a glass of the local wine, and an excellent restaurant where you can enjoy the local specialities.

Is this holiday for you?

This is an undulating tour of Veneto's Prosecco Hills, with around 245km of cycling over 5 days mostly on paved routes. A daily average of around 50km, with the longest day just over 60km, combined with a maximum daily ascent and descent of around 650m, makes this trip relatively leisurely.

Most of the cycling is on quiet side roads with little traffic, and some is on country roads with more traffic. Near larger towns and on connecting sections you can expect to encounter brief stretches with heavier traffic. With very comfortable centre-based 4-star accommodation, you will have everything you need to relax after your days out in the saddle.

It is worth bearing in mind that most of the routes are quite hilly and there are some longer climbs, so if

you would prefer an extra boost you can upgrade to an e-bike at a supplementary cost and make this holiday a bit more of a breeze.

Itinerary

Version:

Holiday Information

What's Included

- All accommodation as described
- Meals as described in the Meal Plan
- Self-guided information pack containing your route notes
- Venice & The Veneto guide book
- A transfer from your hotel to Bassano del Grappa for you and your bike on Day 3
- Upgraded bike hire
- Navigation App and GPX tracks available

What's not Included

- Travel insurance
- Travel to / from your hotel in Farra di Soligo
- Visas (if applicable)
- Tourist taxes may apply and are usually under 5 Euros per person per night
- Some meals as described in the Meal Plan
- Personal equipment
- Bike helmet
- Any e-bike upgrades
- Any additional activities/excursions indicated as optional

Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

GPS Travel App

This holiday includes a GPS navigation app, which contains the routes for you to follow each day, as well as attractions, coffee stops and points of interest along the way. The app does not need to have Wi-Fi connection to work, you simply follow the instructions we provide you to download the app to your personal smartphone device before you leave home and you are ready to go.

While the travel app is running, your phone battery charge can be consumed faster than normal, so we strongly recommend that you pack a power bank with you just in case you require it.

Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking or cycling holiday for your family, a centre-based trip is a fantastic option as it allows you to easily opt out of a day's walking if a day of building sand castles, swimming in the pool, or visiting museums is calling instead.

Please discuss this further with our Sales Team who will be happy to assist in picking the best trip for your family.

Joining Arrangements & Transfers

This trip starts and ends at Farra di Soligo, Veneto. All of our self-guided holidays are sold on a Land Only basis, allowing you the flexibility to choose the travel method that best suits you. The nearest airport for this trip is Venice Marco Polo Airport, which is well-served with many departures from UK regional airports.

If you are flying into Venice Marco Polo Airport, you can take the ATVO Airlink shuttle bus to Venezia Mestre railway station, then take the train to Conegliano (airport bus and train travel time approx. 1.5 hours, costs approx. €16pp, https://www.atvo.it/ and www.trenitalia.com). From Conegliano railway station you can take the Line 132 bus to Farra di Soligo, where your hotel is located around 200m from the nearest bus stop (bus takes approx. 30-40 minutes, costs approx. €5pp, https://mobilitadimarca.it/en/).

On departure, the steps above can simply be reversed.

Meal Plan

This trip is on a bed and breakfast basis to allow you to choose between dining at the excellent hotel restaurant or to dine out at one of the local restaurants.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

In Italy, food is a way of life; it brings families together, gives friends a reason to sit down and laugh, and showcases local produce. The Veneto region is no different, with a variety of local dishes to sample. Rice and polenta, as well as pasta, are popular staples in Veneto, and the local red chicory known as 'radicchio rosso' and the hard Grana Padano cheese feature prominently. Lamb, chicken, a distinctive local salami known as Sopressa, and seafood and fish from the nearby Adriatic Sea are also commonly found. The popular dessert, tiramisu, is said to have originated in Treviso as recently as 1970 and can be found on many à la carte menus in Veneto.

Accommodation

We have chosen the excellent 4-star Hotel Villa Soligo as your base for this holiday. Nestled amongst the rolling Prosecco Hills in Farra di Soligo, you are perfectly placed for daily adventures on two wheels as you explore this famous wine region. Dating back over 240 years and built in the Palladian style, your hotel was once the summer residence and hunting lodge of nobles. Lovingly renovated over the years, this magnificent villa oozes contemporary elegance and is surrounded by its own sprawling park - perfect for savouring every moment immersed in the Italian *'dolce vita'*. With a spa, seasonal outdoor swimming pool and terrace, this really is the place to relax after your adventures on the bike. The Villa Soligo offers a range of delicious breakfast options to fuel you for the day ahead, and the hotel's Col De Fer Osteria restaurant serves dishes that celebrate the region's finest local ingredients, as well as wonderful wines for which Veneto is renowned.

It is possible to arrange additional nights' accommodation at Villa Soligo if you would like to extend your time in this delightful region - please speak to our Sales Team for more information.

Bike Hire

Upgraded 'Bike Plus' bike hire is included in the cost of this holiday.

Upgraded bikes are lighter than standard hybrid bikes and have a crossbar for improved stiffness and stability, offering a sportier ride. Utilising higher-grade bike components such as hydraulic brakes and Shimano 20/27-speed gears, you can enjoy more precise handling and smoother gear changes. High-quality front suspension forks and a more athletic saddle offer increased comfort over a variety of surfaces and distances.

Upgraded bikes are available in the following frame sizes: 46 / 50 / 51 / 55 / 60 / 63 cm. These bikes are suitable for rider heights between approximately 155cm and 205cm.

All bikes come equipped with a pannier and handlebar bag for your daily essentials, plus a milometer, bike lock, pump, repair kit, and spare inner tube. Hire bikes do not come fitted with bottle cages as these impede with securing the bikes during transportation.

We strongly recommend that you bring your own helmet with you for the best comfort. We also recommend packing a gel seat for extra comfort or a pair of padded cycling shorts as whilst the cycling is leisurely and there are plenty of opportunities to stop and explore, it is always nice to have some padding for a more comfortable ride.

We are also able to arrange children's bikes, trailers, and child seats. Please ask our Sales Team for details.

Upgrade to an E-bike

If you are looking for an extra boost whilst in the saddle, you can upgrade to an e-bike to make your ride more leisurely. Equipped with a battery and motor, these electric bikes give you a helping hand whilst you are pedalling, making it easier to climb hills and travel further with less effort and more comfort.

E-bikes have four different modes and an 8-speed internal gear hub with back-pedalling brake, along with disc brakes and front suspension. E-bikes are suitable for rider heights between approximately 148cm and 190cm.

E-bikes are available on this holiday at a supplement of £110 - please request this upgrade option from our Sales Team at the time of booking.

Baggage Allowance

For this holiday one piece of luggage and a daypack should be sufficient for most people. Luggage with wheels is useful for this holiday. You will need the daypack to carry your daily essentials with you whilst you are out riding.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required**,** and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates *(see Health & Vaccinations below),* **and visas for your holiday.** Please ensure that you check the FCDO for the latest advice for **each country visited** before travel.

Health & Vaccinations

Vaccinations:

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

Please ensure you are looking at the recommendations for all countries visited on your holiday plus recommendations for any borders you cross.

On holidays to more remote areas you should also have a dental check-up.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.

Please check the FCDO and Travel Health Pro. For all of your intended destinations for up-to-date advice.

Severe Allergies:

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

Currency

The currency for part or all of this holiday is the Euro.

Preparing for your Holiday

The advantage of a self-guided cycling holiday is that you decide the pace. This trip is designed for leisure cyclists. Whilst it does not require you to be in peak fitness, the routes are fairly hilly and you should be comfortable cycling an average of 50km a day mostly on quiet rural roads with some short connecting sections on busier roads. It is a good idea to get some additional exercise before going on an active holiday and you should make sure you head out on a few rides before your trip. After all, the fitter you are the more enjoyable your cycling will be.

Climate

Northeastern Italy has a mid-European climate with cold winters and warm summers. Average daily temperatures in the lowlands of Veneto close to Venice range from around 18 degrees centigrade in April and October, to around 29 degrees centigrade in July. Throughout our season this is a predominantly sunny region with just a little rain each month.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's **'Travel Aware'** campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. All other nationalities should check their government websites for relevant information.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Books

- Venice & The Veneto - Lonely Planet
- The Rough Guide to Venice & the Veneto

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

Equipment Information

Equipment List

- Stiff-soled shoes appropriate for cycling

- Socks appropriate for cycling
- Cycling shorts
- Cycle helmet
- Functional base layer top and leggings
- T-shirts
- Fleece / extra warm layer
- Windproof jacket
- Waterproof jacket
- Waterproof trousers
- High-vis bib (in case of poor weather)
- Hat, gloves, and neck gaiter
- Sunscreen
- Sunglasses
- Sunhat
- Small first aid kit inside your rucksack
- Water bottle or hydration pack
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover

- Camera (and batteries / memory card)
- Reusable sealable picnic boxes for picnics
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Headtorch with spare batteries
- Personal wash kit
- Rucksack (approx. 20 L)

Land Only Information

Please note that our 'from' price listed is based on 4 persons on twin or double occupancy, however we can quote for any number of travellers including solo travellers - contact our Sales Team for a quote.

When considering your travel dates, you might like to investigate any seasonal opening times of attractions and points of interest.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights' accommodation before or after your self-guided trip - please ask our Sales Team to find out more about this.

Our Sales Team will be happy to provide you with a quote for scheduled flights, or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

Why Choose KE

Why KE

We have put together this excellent cycling holiday to show off the best of the delightful Prosecco-producing Veneto region of Northeast Italy. Staying at a wonderful 4-star country hotel and spa, what better way to experience ‘la dolce vita’.We have included upgraded bike hire in the cost of your trip so you can relax knowing that this is all taken care of for you. E-bike upgrades are also available.

Please Note This document was downloaded on 11/11/2026 and the trip is subject to change