

## Bike Jordan Dead 2 Red

Trip Code: DRMB

Version: DRMB Jordan Mountain Biking - Dead 2 Red





#### **HIGHLIGHTS**

- Ride down to the amazing Dead Sea for a dip at the lowest point on Earth
- Spend a full guided day at the incredible `Rose Red City` of Petra
- Enjoy a night under star-filled desert skies with the Bedouin at Wadi Rum
- Cycle to Aqaba and swim in the beautiful waters of the Red Sea

#### AT A GLANCE

■ 6 days biking

#### **ACCOMMODATIONS & MEALS**

All meals included

- 450 kms
- 30% off-road
- 99% vehicle supported
- Max altitude 1700 metres
- Join at Madaba

- 6 nights Hotel
- 1 nights Homestay
- 1 nights Bedouin Camp

#### VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

## Introduction

Offering an almost continuous journey by bike from Madaba near the Jordanian capital of Amman to the Red Sea resort of Aqaba, this is a classic cycling holiday. It's a thrilling journey, full of geographical and cultural splendour, as we cross the amazing Kingdom of Jordan. On this superb mountain bike ride we encounter many of the 'must see' locations of this engaging country and also experience its warm and traditional hospitality. From the spiritual site of Mount Nebo we'll witness the stunning views across to the 'Promised Land', before a descent to the shores of the Dead Sea - an incredible 400 metres below sea level! This is the lowest point on Earth and it's a truly unique experience to climb back up to sea level and beyond. On a mix of tarmac and jeep trails we then traverse one of the longest canyons in Jordan, arriving at the high mountain plateau of Dana, where the magnificent panorama includes the Wadi Araba desert, far below.

Following a chain of impressive Crusader fortresses, including the magnificent Karak Castle, we enjoy exhilarating biking as we descend through the Valley of Moses to Petra, where we have a welcome rest and exploration day at the ancient and unforgettable 'rose-red city'. Moving on from Petra, we discover the majestic grandeur of the desert landscapes at Wadi Rum, once home to Lawrence of Arabia. After a night under the stars with our Bedouin hosts, it's a short ride to the Red Sea, where we will be ready for a well-earned drink and a swim to celebrate the conclusion of this action-packed week of adventure biking.

View our full range of <u>adventure holidays in Jordan</u>.

## Is this holiday for you?

ADVENTURE CYCLING. This is a holiday for regular bikers with good endurance levels. Most of the riding on this trip is straightforward on quiet tarmac roads or dirt roads used by 4WD vehicles. A little less than a third of the route is on dirt roads or more basic off-road tracks. There are short sections of village footpaths and pockets of soft sand when crossing the desert on days 7 and 8, but very little that could be described as technical. There are, however, some longish days involving a considerable amount of ascent, most notably on days 3, 4 and 5. Factor in the likely hot and dry conditions and this bike ride is not to be underestimated. By fitting this biking holiday into a one-week break we have created a fairly challenging route that provides perfect winter and early season training. Having said that, the support vehicle is available pretty much throughout. This allows for groups of mixed ability and also provides the option (for those who are finding the going tough) to skip the most testing of the uphill grinds. BIKE HIRE AVAILABLE LOCALLY.

## **Itinerary**

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DAY 1

# Meet at the group hotel in Madaba. A group transfers from Amman Airport is provided.

Meet at the group hotel in Madaba. A single group transfer will be provided from Amman Airport to the group hotel in Madaba. This transfer is normally in the late evening and a representative of our local agent will accompany the group on the 30 minute journey to the hotel.



Accommodation Hotel

DAY 2

## Cycle to the spiritual site of Mt Nebo and onto Mukawir for locally hosted evening.

After breakfast this morning, we have time to assemble our bikes before setting off on the first stage of our unique mountain biking journey. Bike bags and boxes will be left in storage at the hotel for those bringing their own bikes. Riding straight from our hotel, we follow quiet back roads leading westwards to Mount Nebo. Reputedly the place from which Moses viewed the 'promised land', Mount Nebo does offer a fantastic view across the Dead Sea and the Jordan River to the West Bank. On a clear day, it is even possible to see the holy city of Jerusalem, some 45 kilometres away. Heading south from Mount Nebo, we follow a minor road between isolated farms to the village of Main, then join the 'King's Highway' (an ancient route linking Madaba with Petra, which is actually a little-used local road). After just a few kilometres, we drop off onto a dirt track and follow this to Libb, where we meet a narrow and hilly road that takes us back westwards to the ruins of King Herod's palace, where John the Baptist was imprisoned and beheaded. We stop off at this viewpoint and enjoy another striking panorama across the Dead Sea. The day's ride ends at the nearby village of Mukawir, where we stay in simple 'homestay' accommodation run by the village cooperative. Whilst this homestay is basic, the food is great, there are minimal facilities including a hot shower and there are 4 sleeping rooms which will be shared appropriately by the group. There really is no alternative accommodation in this area and being able to take our dinner with a local family does allow us a fascinating glimpse into life in a Jordanian household.

Meals: **B L D** 



**Accommodation** Homestay



Ascent 700M



Descent 820M



**Time** 5 hrs cycling



Distance 72KM

US (toll-free): 1-888-630-4415

# Ride to the Dead Sea, the lowest point on Earth, then tackle the challenging climb to Karak Castle.

Mukawir is at around 800 metres and the start of today's ride will take us rapidly down to the lowest point on earth, on the banks of the Dead Sea, at an amazing elevation of 400 metres BELOW SEA LEVEL. We will have an early start and make this descent on a minor road with little traffic. Cycling along the shores of the Dead Sea, we arrive at the Mujib Nature Reserve and have the opportunity to take a dip and test the incredible buoyancy of the salty waters (10 times as salty as normal sea water). The Jordan River flows into this vast inland sea, but it has no outlet and this factor, together with a high rate of evaporation, is responsible for the extreme saltiness and lack of animal or plant life. After our swim, we can take a shower, before continuing our ride southwards beside the sea for around 20 kilometres. Reaching a junction, we turn off to begin the challenging 25 kilometre climb back up onto the Eastern Plateau at an altitude of over 900 metres. If you don't want to tackle this amazing 1300 metre ascent, the support vehicle is on hand. Arriving at Karak, we should just have time to visit the magnificent Crusader fortress before checking into our hotel. Situated in a commanding position on the King's Highway, this fort is an excellent example of 12th century Crusader architecture.

Meals: **BLD** 



**Accommodation** Hotel



Ascent 1550M



Descent 1250M



**Time** 7 hrs cycling



Distance 90KM

#### DAY 4

# Cycle through Al Hassa Canyon. Contour Jabal Ata'ta (1600m) and on to Dana Village.

Today's ride takes us southwards along the Eastern Plateau. After a short transfer away from the traffic of central Karak, we will follow the quiet King's Highway again, passing agricultural fields, ruins and several small villages, until we reach the edge of the Al Hassa Canyon. We will stop to admire the views, before making our descent into this impressive rocky chasm. What goes down, must go up? It's an 800 metre climb back out of the wadi, but we are spurred on by the thought of our picnic lunch and the chance to rest once the 22 kilometre ascent is over. After lunch, it's back on our bikes for the continuation of our southward ride. We avoid the town of Tafila by contouring around it's east side on minor farm roads and gain height steadily, en route to a high point at around 1600 metres, close to the rocky summit of Jabal Ata'ta. A final descent of 400 metres takes us to the village of Dana (1250m) and our basic but friendly hotel. Here, we are on the edge of the Dana Biosphere Reserve, Jordan's largest reserve area, comprising hundreds of square kilometers of spectacular mountains and wadis along the face of the Great Rift Valley.

Meals: BLD



**Accommodation** Hotel



Ascent 1500M



Descent 1500M



Time
7 hrs cycling



**Distance** 90KM

# Cycle south to Castle of Shobak. Off road ride to Valley of Moses ending at gateway of Petra.

Dana village has been the home of the Al Ata'ata tribe for 400 years. This morning, we will have the chance to look around this tranquil settlement, before setting off on our bikes towards Shobak Castle. This is another of the great chain of Crusader fortresses, which stretches across Jordan and was built in the year 1115. Beyond the castle, an initial steep climb through small villages leads us to an excellent off-road track that contours around the edge of the Eastern Plateau and provides us with magnificent views down to the desert of Wadi Araba. Regaining the King's Road, we cruise down to Wadi Musa (the 'Valley of Moses') which is the little town that acts as a gateway to the 'Rose-Red City' of Petra. Here, we check in at a comfortable hotel for 2 nights.

Meals: BLD



Accommodation Hotel



Ascent 1250M



Descent 1750M



**Time** 6 hrs cycling



**Distance** 80KM

DAY 6

## Day tour of the ancient rock-hewn UNESCO city of Petra.

A day off the bikes today, as we have arranged for a sightseeing visit to the ancient city of Petra, accompanied by a knowledgeable English-speaking guide. Making an early start, we will walk to the Visitor Centre, pick up our tickets and set off through the narrow 'Sig' which leads to the heart of this site. The Petra fees, which are included in the trip cost, allow you to ride a horse for the first few hundred metres of the approach to the site - it's up to you whether you want to take advantage of this! Petra was created by the Nabataeans, an industrious people of Arab descent who came to this part of Jordan some 2000 years ago. Ancient Petra was occupied for around 400 years at around the time of Christ. It appears that the city lay entirely deserted and forgotten for a period of approximately 300 years before its more recent rediscovery in 1812. Approaching through the gloomy kilometre-long chasm of the Sig provides a dramatic contrast as we reach arguably the most spectacular of the city's rock-hewn buildings, the magnificent Treasury, with its intricately carved facade. There are over 800 individual monuments at Petra, including temples, tombs, arched gateways and entire streets, carved from the colourful native sandstone. Other highlights are the High Place of Sacrifice, which offers views across the whole area, and the Monastery that is even bigger than the Treasury and is reached by way of 800 steps. The guide will be with the group for 3 hours or so, after which time you are free to continue your exploration independently.

Meals: BLD



Accommodation

Hotel

## Ride into the desert landscape of Wadi Rum for a night of Bedouin Camping.

After breakfast at the hotel, we have a short transfer south on the King's Highway to Rajif (1565m), where we mount up and start the day's ride with a swift descent to the village of Delagha, where we find an off-road track that takes us south-east through an amazing desert landscape (and by way of scattered Bedouin camps) to Al Humaimah. This is an old stopping place on the 'Spice Route', once used by camel caravans. We stop here for lunch and for a rest, then cross the Desert Highway (Jordan's main north-south link) and head out into the desert towards Wadi Rum. On this part of our ride, we will be aware of the changing desert landscape, as the sandstone mountains start to get bigger and even more colourful. We will cross the 5 kilometre-long dry mud flats of Disieh, surrounded by amazing sandstone formations, to finally arrive at Rum Village (950m), between the towering peaks of Jebel Rum and Jebel Um Ishrin. Here, we will meet our Bedouin host and transfer by 4WD into the heart of the Wadi Rum Protected Area. Our overnight accommodation is in a traditional Bedouin camp and we will be able to watch the spectacular desert sunset, before sitting down to enjoy a well-deserved 'zarb', a traditional Bedouin dish of meat and vegetables cooked beneath the embers of the campfire. Wadi Rum has a unique desert landscape, described by T.E. Lawrence as 'vast, echoing and god-like'. Much of David Lean's movie, Lawrence of Arabia, was filmed in Wadi Rum.

Meals: BLD



**Accommodation**Bedouin Camp



Ascent 500M



Descent 1050M



7 hrs cycling



Distance 100KM

DAY 8

# Desert sunrise and onwards cycle to the Red Sea for a quick dip. Transfer to Madaba.

After breakfast and time to enjoy morning in the desert, we will start our last ride of the trip at the foot of the peak of Al Qattar. Crossing the western edge of the Wadi Rum reserve, we bike on hard desert trails with areas of soft sand, which can be challenging. After a couple of hours we reach a tarmac road that soon takes us to the main road that we follow into Aqaba. We bike right to the edge of the sea to mark the completion of this very special journey. We have a quick lunch at a popular local hangout in the town, then head to Aqaba's Berenice Beach to spend a couple of hours beside the Red Sea. There is a fine coral reef known as the Japanese Garden just a couple of hundred metres offshore. Whether you'd like to swim, snorkel or just relax on beach with a cold drink in hand, the choice is yours. After a shower and change, in the late afternoon, we transfer back to the group hotel in Madaba, where we will repack our bikes for the journey home.

Meals: **B L D** 



Accommodation

Hotel

Ascent 50M



Descent 1050M



**Time**4 hrs cycling



Distance 55KM

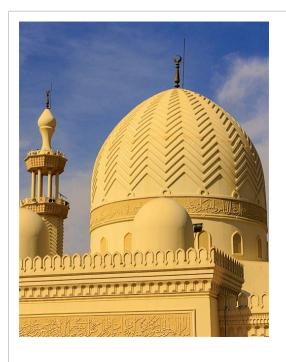
## Departure day. A group transfer to Amman Airport is provided.

KE Land Only package services end with the early morning transfer to Amman Airport for the homeward flight. Should you wish to extend your stay at Jordan's Red Sea coast, please talk to one of our adventure travel consultants.

Meals: B

## **Extensions**

When booking your holiday, you will be able to 'add an extension option'. Once we have received your booking we will contact you to discuss additional services required for the extension and to take any additional deposit.



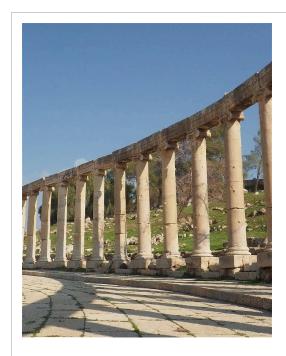
## Aqaba (Red Sea) Extension

Aqaba on the Red Sea, with its warm temperatures, is the perfect place for some relaxation after your adventure holiday. It is said that some of the best snorkelling and diving in the world can be found in here. The lack of strong currents, together with the warm sea temperature, creates perfect conditions for coral growth and this has resulted in fabulous underwater life. You can also swim with sea turtles and dolphins amongst schools of multicoloured fish or take a glass-bottomed boat ride over the reefs. There is also, of course, the option to simply relax in the sun on the sandy beaches.

Depending on your preferred airline, it may be possible to fly from Aqaba at the end of this extension. Please ask for further details.

#### 3 days from

**×9,223,372,036,854,776,000** per person



#### Guided tour of Jerash

Enjoy a full day exploring and learning about the main sites of the ancient city with a private guide. Jerash is one of the best preserved Roman cities in all of the Middle East and only an hour north of Amman. Within the remaining city walls archaeologists have found ruins of settlements dating back to the Neolithic age, indicating human occupation for more than 6500 years. Jerash is most famous for its Triumphal Arch, the Hippodrome, baths, and the wide street of columns leading to the Temple of Artemis.

2 days from

US\$350 per person

# **Holiday Information**

#### What's Included

- A locally based English speaking bike guide
- A single group transfer from Amman Airport on Day 1 and back to the airport on Day 9
- One or more support vehicles and drivers
- Guided tour of Petra
- Entrance fees to Karak Castle / Petra / Wadi Rum / Aqaba beach / Dead Sea beach / Mukawir
- All accommodation as detailed in the trip dossier
- All meals

#### What's not Included

- Travel insurance
- Visas (if applicable)
- Tips for the guide and local support crew
- Miscellaneous expenses drinks and souvenirs etc
- Bike Carriage on the flights please check with your carrier for charges

## **Joining Arrangements & Transfers**

The group will meet at the hotel in Madaba.

A group transfer from Amman Airport is provided on Day 1 of the Land Only itinerary. A group transfer back from Madaba to Amman Airport is also provided on the final day of the holiday.

Hotel contact details and an emergency number will be provided with your booking confirmation.

#### Meal Plan

All meals are included from breakfast on Day 2 to breakfast on Day 9.

#### Food & Water

It is not recommended to drink untreated water from the taps. If you are on a trekking or cycling holiday, water is supplied to fill up your individual bottles. This will be boiled, filtered or provided in large jerry cans or 5 litre bottles. Additionally you should take purification tablets or a filter bottle (such as a <u>Water-To-Go bottle</u>) to treat your water when in towns or where water is not supplied. We do not encourage the purchasing of single use plastic bottles.

Breakfasts can vary a little with the accommodation, but typically consist of labaneh (thick sour creamy yoghurt), hummus, cheese, beans, eggs, olives, za'atar (a mixture of thyme, sesame seeds, sumac and salt), tea and coffee. Lunch on days 2, 3, 5 and 6 will be a packed lunch (sandwiches, fresh vegetables, fruit and juice and tea). Lunch on days 4 and 7 will be a picnic lunch, with a simple hot meal such as Jordanian fresh tomato cooked with garlic, onion and olive oil. Lunch on day 8 will be at our favourite hummus / falafel cafeteria in Aqaba town. Dinner will again vary with the location, but we will aim to sample a variety of traditional Jordanian meals. Salad, rice, chicken, vegetables and yoghurt are usual dinner ingredients. In Wadi Rum, we'll get to try the Bedouin 'zarb', a meal of meat and vegetables cooked under hot sand. Complimentary water, biscuits, cakes and fruits will be offered during the rides.

## **Special Diets**

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your diet with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

#### **Accommodation**

During this trip the group will spend 6 nights in hotels, 1 night in a basic homestay and 1 night in a Bedouin camp. Most of the accommodation is arranged on a twin-share basis and if you are travelling by yourself you will be paired up with another single client of the same sex. At the homestay, the 4 available rooms will be shared appropriately by the group and the bathroom facilities are shared. The Bedouin camp is also, necessarily, quite basic, but there are showers.

### **Group Leader & Support Staff**

The trip will be led by an experienced, English-speaking local bike guide. There will also be one or more support vehicles and drivers.

#### Altitude

This holiday does not involve any significant ascent to altitude and we would not expect any altitude issues with this trip.

## **Spending Money**

Approximately £100-£125 (or the equivalent in US dollars or euros) should be allowed for miscellaneous expenses and the cost of your visa. You should carry your travel money in the form of currency rather than travellers cheques, since you will exchange the majority of this on the day of your arrival at the airport in Amman. Sterling, US dollars and euros can easily be exchanged. The unit of currency is the Jordanian Dinar (JD). You should also allow a total of approximately £50 (or the equivalent in US dollars or euros) for driver, guide and trek crew tips. The cost of the Petra visit is included in the trip price. If you are intending to buy expensive souvenirs, you should budget accordingly (credit cards can be useful in this respect). Also, if you expect to buy considerable quantities of drinks or other refreshments, you should allow for this.

## **Guidance on Tipping**

Tips are the accepted way of saying 'thank you' to your local guide, drivers and other support staff. They do not form part of their wages. KE pays its local crews at the best rates of pay. We advise our local staff that tips are a bonus and entirely dependent on the service that they provide. We recommend that you pay tips only where you receive good service. As a rough guide we suggest you allow a total of £50 (or the equivalent in US dollars or euros) for tipping your crew.

#### Your Bike

If you are taking your own bike, we suggest that a 'hardtail' mountain bike with front suspension is appropriate for this holiday. It should have a good range of gears and we recommend you fit fast-rolling all-rounder or semi-slick tyres which work well on the surfaced roads and non-technical trails typically found on our **Adventure Cycling** holidays.

Since you are depending on your bike to transport you throughout your holiday, it's important to ensure it is in good working order. If you are not mechanically minded, get your local bicycle dealer to service it for you.

Please contact us if you are unsure about the suitability of your bike.

#### **Bike Hire**

Bike hire is available locally for this holiday. Our local agent has 2023 model Orbea Onna 30 hardtail mountain bikes. These bikes have 29 inch wheels (small sizes have 27.5 inch wheels), 100mm forks, Shimano components and disc brakes. The cost of hiring a bike for the duration of the trip, including insurance against accidental damage is US\$120 (Sep 2023 - subject to change). This must be paid directly to our agent on arrival in Madaba in US dollars cash. We must stress that your hire contract will be with our local agent and KE cannot be held responsible for any issues arising from your bike hire. Please note that the hire bikes have flat pedals. If you usually ride clipped-in, you will need to take your own SPD (or similar) shoes and pedals. You might also want to take your own saddle, which will go a long way towards making the hire bike feel like your own bike. You will also need to take your own helmet, which must be worn at all times when riding. E-Bikes are not an option for this holiday.

## **Travelling With Your Bike**

Airlines require that you pack your bike properly for travel and for this holiday we recommend that you use either soft bike bag or a purpose-made bike box or case. Whether you are using a bag or a case, you will need to partially dismantle your bike to pack it. Please note that bike bags or boxes will be placed in secure storage and will not travel with us during the course of the trip.

Please contact us if you have any questions about travelling with your bike.

## Vehicle Support

Throughout this trip (with the exception of one very short section) we have the back up of one or more support vehicles. Each morning our main baggage will be loaded onto the support vehicle which will follow the group on the day's ride. The local biking leader and the support vehicle driver will watch over the group and will carry mobile phones, allowing you to contact them in the case of a breakdown or other incident. We want everyone to enjoy their cycling experience on this trip and we recognise the importance of group members being allowed to cycle at their own pace. This means that there can be a fair distance between the front and rear cyclists in the group and there may be times when you are out of sight of other group members, vehicle support and the biking leader. However, our regular stops mean that it is never long before the group reforms. The support vehicle can pick up anyone who chooses to take a break from cycling at any time.

## **Baggage Allowance**

Apart from your bike in its bag or box (if you are taking your own bike), you should travel with one main item of luggage, such as a KE Trek Bag or similar holdall, as well as a small day pack or mountain bike-specific hydration pack. The day pack can be used to carry valuable items such as cameras and GPS devices whilst travelling and will also carry your day-ride essentials during the rides.

Your baggage allowance on the flights will depend on your airline. When choosing your flights, whether booking them directly or through KE, you will need to consider the cost of carrying your bike. These costs are your responsibility.

## **Group Size & Holiday Status**

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status and so you are free to proceed with your international flight booking and other travel arrangements.

## General Information

### **Passport & Visas**

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

It is your responsibility to ensure that you have the correct travel documents and visas for your holiday. Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the <u>UK Government website</u>.

#### Visa Jordan

If you are a UK, Canada, USA or Australia passport holder, travelling on a KE organised itinerary (inc pre or post tour extensions), you may now be eligible to receive a free visa upon entering Jordan. Please look for a representative with a KE sign between the arrival gate and before the immigration desks and they will accompany you to arrange the free visa and passport stamp. The free visa is reliant on us receiving your passport and flight details prior to travel and to you meeting with the KE representative before heading to immigration to join the single timed transfer. If you have not given us these details or if you do not meet with the representative for the single timed transfer you will have to purchase an individual visa for 40JD. Please ask for further details.

If you are arranging your own pre or post trip accommodation/excursions or transfers we will be unable to arrange a free visa for you and you will need to purchase an individual visa on arrival for 40JD

Other nationalities are included in the free visa scheme, please check with your individual embassy.

#### **Health & Vaccinations**

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

#### **VACCINATIONS**

You should contact your doctor or travel clinic to check whether you specific require any vaccinations or other preventive measures. You should be up to date with routine courses and boosters as recommended in the UK e.g. diphtheria-tetanus-polio and measles-mumps-rubella), along with hepatitis A and typhoid. A certificate of yellow fever vaccination is required if travelling from countries with risk of yellow fever transmission and for travellers having transitted for more than 12 hrs through an airport of a country with risk of yellow fever transmission. On holidays to more remote areas you should also have a dentist check up. A good online resource is <u>Travel Health Pro.</u>

### Currency

The unit of currency in Jordan is the Jordanian Dinar.

## **Preparing for your Holiday**

The better conditioned you are the more you will enjoy your holiday. We suggest that you adopt a sensible weekly exercise regime and fit in a number of long cycle rides in hilly country to ensure you are physically capable of taking part in this trip - this will also provide you with an opportunity to make sure all your riding kit is tried and tested before you travel. Cycling is obviously the best activity to prepare for this trip, however, running, squash and swimming are also good for developing aerobic fitness and stamina.

#### Climate

The best period for biking in Jordan is in the late autumn through to early spring season, from October through to mid May. Outside of this period it can be very hot, with temperatures, rising to 40 degrees centigrade in July and August. In October and in April, the maximum daytime temperatures are likely to range between 25 and 33 degrees Centigrade, falling as low as 10 degrees centigrade at night. Heading into November the temperatures begin to cool and by December/January, typical daytime maximum temperatures are around 12 to 15 degrees centigrade, falling as low as 5 degrees centigrade at night. In December and January it can even snow in Amman.

#### **Travel Aware**

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '<u>Travel Aware</u>' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that prior to travel, all KE clients visit the official UK Government website at <u>travelaware.campaign.gov.uk</u> and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: <u>www.travel.state.gov</u> for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates direct from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

#### **Books**

- Jordan. Lonely Planet
- Treks and Climbs in Wadi Rum. Tony Howard. Cicerone Press
- Jordan Walks, Treks, Caves, Climbs and Canyons. Taylor and Howard. Cicerone Press
- Walks and Scrambles in Wadi Rum. Jordan Publishers

#### Maps

#### Jordan - Reise Know-How Verlag 1:400,000

Double-sided and detailed map, dividing the country horizontally just underneath al-Karak. Combines clear road and tourist detail with general relief indicated by contours, altitude tinting, mountain passes and peak heights.

#### **Travel Insurance**

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our <u>Travel Insurance</u> page for further information and to get a quote.

# **Equipment Information**

## **Equipment List**

For this holiday you will need your usual cycling clothing, including shoes, cycling gloves and helmet (which must be worn at all times when cycling).

Whether you are hiring a bike or taking your own, we recommend that you take the usual day-ride essentials of: mobile phone, multi-tool, mini-pump, tyre levers, spare tubes and puncture repair kit.

#### **Bike Wear**

- Cycling helmet
- Cycling shoes

- Daypack or mountain bike-specific hydration pack (e.g. Camelbak)
- Water bladder min. 2 litres water capacity (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Padded (baggy) cycling shorts
- Long leg cycling trousers or leg warmers
- Base-layer short sleeve cycling tops
- Mid-layer long sleeved cycling tops
- Fleece jacket or jumper
- Lightweight windproof top
- Lightweight waterproof jacket
- Regular biking gloves
- Long-fingered biking gloves
- Warm hat that fits under your helmet
- Buff
- Sunglasses
- Sun cream (inc. total bloc for lips/nose)
- Camera

#### Other Stuff

- Travel and off-the-bike clothing and footwear
- Lightweight, loose-fitting trousers to cover up on village visits
- Sheet sleeping bag (bedding is provided at the homestay and at the fixed camp)
- Wash bag, towel, toiletries, including anti-bacterial handwash
- Headtorch and spare batteries
- Swimwear
- Basic First Aid kit and personal medication
- Chamois cream (e.g. Assos/Ozone)
- Reusable cloth bag for shopping (to avoid plastic bags)

## **Spares**

If you are hiring a bike you do not need to bring any spares. The hire bikes are provided in good condition and a supply of spares is carried. You may be asked to pay directly for any spares used, especially in the case of crash damage or damage by mis-use. If you are taking your own bike, you should consider taking a minimum of spares, including a couple of spare spokes (for each wheel if they are different), spare brake blocks (or brake disc pads), chain links/chain connector, rear derailleur hanger and any non-standard parts specific to your bike.

### **Repairs**

Whilst not essential, it is a good idea that you familiarise yourself with how to carry out at least some basic repairs to your bike e.g. changing an inner tube and fixing a puncture. Your bike guide will be happy to help with repairs and general maintenance, but being able to carry out a simple repair yourself could save the inconvenience of having to wait for assistance.

## **Hydration and Energy Snacks**

You should take suitable water bottle(s) or a hydration pack and you should also consider taking a small supply of the gels, power bars or sports drink mix that you would normally use on a ride at home.

Please contact us if you have any questions about your equipment.

#### **Cotswold Outdoor**



Many of the Equipment items listed above are available from <u>Cotswold Outdoor</u> - our 'Official Recommended Outdoor Retailer'. When you book a holiday with KE you will receive 12.5% discount voucher from Cotswold Outdoor and other retailers. >> Find out more

## **Land Only Information**

The LAND ONLY dates and prices are for the itinerary starting at the hotel in Madaba. A group transfer from Amman Airport is included on Day 1 of the itinerary. A group transfer back from Madaba to Amman Airport is also provided on the final day of the holiday.

## Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London to Amman. Outbound flights will usually depart from the UK in the afternoon, arriving at around midnight. Return flights will depart from Amman usually at around midday on the final day of the itinerary, arriving in the UK in the afternoon.

# Why Choose KE

## Why KE

Classic Cycling Journey Ticking off many of Jordan's highlights, this is a superb cycling holiday and completes a logical and quite continuous north to south journey. Unlike our competitors, and in true KE style, we've included some reasonably long and challenging days which should appeal to keen cyclists.

Please Note This document was downloaded on 27/04/2024 and the trip is subject to change