ROAD CYCLE TOUR OF TOUBKAL

Classic road biking holiday from the Atlas to the Sahara in Morocco

- Spring and autumn road cycling tour in sunny Morocco
- Exploring the vibrant souks of magical Marrakech
- Cycling through the Draa Valley to the oasis town of Zagora
- Bike the Tizi n’Tichka and Tizi n’Test, the highest roads in Morocco

Morocco, Cycling, 9 Days

2 nights gite / hostel, 2 nights hotel, 4 nights hotel with swimming pool, 8 breakfasts, 7 lunches, 8 dinners, max group size: 12, 7 days biking, 680 kilometres (425 miles), 100% road, 100% vehicle supported, max. altitude 2260 metres

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

www.keadventure.com
UK: +44(0) 17687 73966
US (toll-free): 1-888-630-4415
Introduction

Early and late in the year, Morocco is the perfect destination for a road cycling holiday, with predictably good weather and lots of low-cost flight options into Marrakech. South of this magical, 'Arabian Nights' city, our well-established and now classic cycling holiday follows generally good tarmac roads, biking across the Atlas Mountains by way of the Tizi n'Tichka (2260m) to the desert frontier town of Zagora and then returns via an alternative, exciting and little-used road over the Tizi n'Test (2092m).

En route, we will stay in simple hotels and gites and will have an experienced KE biking leader, as well as a local guide accompanying the group in the support vehicle. The whole range of Moroccan experiences awaits us - the colourful street vendors and Berber acrobats of Marrakech's central Djema el-Fna square, the exquisite flavours of the local cuisine, spectacular views of the rugged Atlas peaks and the stunning landscape of kasbahs and palm trees in the Draa Valley, as we cycle across the Jebel Sahro to the edge of the Sahara. Making a bike circuit around Mount Toubkal (4167m), North Africa's highest peak, and involving some superb days of climbing and descending on sinuous mountain roads, this is a brilliant long distance cycling holiday.

Explore International. This holiday is part of our Explore International range. Participants on these trips can book through KE or through one of our international partners. This helps us to gather together sufficient numbers of like-minded adventurers to get your holiday up and running quickly. Led by an English-speaking guide, the cosmopolitan nature of these groups can be an important part of the experience!

Award winning tour operator for holidays in North Africa

In November 2016, KE proudly won a British Travel Award for ‘Best Holiday Company to North Africa’. For almost 15 years we've been taking our customers to Morocco which is a country close to our hearts. With the majority of KE staff having travelled to this fascinating country, KE are the true Moroccan experts.

Is this holiday for you?

ROAD CYCLING. If you are looking for a road cycling holiday with a difference, early or late in the season and in a part of the world that see few road cyclists, this is one to consider. We ride a mix of main and minor roads, with only short sections of these roads seeing any weight of traffic. This is a trip for regular weekend road cyclists who will enjoy the challenge of biking around North Africa's highest peak. We have chosen to run the trip either side of the hot summer period, when the temperatures should be ideal for the ride - warm, but not too warm. This is totally supported riding - at the start of the day, when the group sets off biking, your kit bag will be loaded into the support vehicle and transported to the next overnight halt. Apart from a fixed rendezvous for lunch and regular water stops, you are free to cycle at your own pace, with the support vehicle never far away. This holiday has 7 days of fairly continuous riding, with a daily average of 100 kilometres and close to 1000 metres of ascent and descent and just 2 short vehicle transfers. Accommodation is in a mix of simple hotels, with 1 night in a basic but charming gite. Stunning scenery, atmospheric overnight accommodation and a magnificent point-to-point route make this an unforgettable experience. EXCELLENT BIKE HIRE AVAILABLE LOCALLY.

Holiday Itinerary

Day 1: Meet at the group hotel in Marrakech. Transfers from Marrakech Airport are provided.
Meet at the group hotel in Marrakech. On arrival at Marrakech Airport you will be met by a KE representative who will assist with the short transfer to the group hotel in the city. Depending on your flight arrival time, and after settling in, you may have the opportunity to do a little exploration. Marrakech is a friendly city and quite easy to get around and most people head for the central square of the Djema el-Fna beneath the imposing tower of the Koutoubia Mosque. If you have brought your own bike, you will need to reassemble it in readiness for the morning. KE Land Only package services begin with the evening meal, usually taken at the hotel.

**Day 2: Short transfer, then cycle across the Atlas to Ouarzazate via the Tizi n’Tichka (2260m).**

Those who have hired bikes will pick them up this morning. Then, after loading up the support vehicle, we drive out of Marrakech on the main road towards Ouarzazate. We are quickly into the foothills of the Atlas Mountains and cross the Tizi n’Ait Imguer (1470m), which is a regular Sunday morning challenge for local Marrakech road bikers. After just 2 hours drive, we reach the little town of Taddert (1670m) and the starting place of our ride. Here, we can choose one of a number of excellent cafes, where we can have a cup of coffee or a coca cola, or even an egg and tomato ‘tagine’ to set us up for the ride. Just outside town is a great lay-by where we can unload our bikes for the off. This first day of biking is brilliant and starts with a steady 1-hour climb to the Tizi n’Tichka (2260m). At the pass, there are good views and an unmissable photo opportunity, before we begin the descent. Relatively steep at first, with switchbacks, the angle soon eases and the road straightens to allow good speeds to be achieved. About an hour or so down from the pass, we will stop at a cafe for lunch. Passing through a picturesque landscape, with several Berber villages, it's 93 kilometres from the pass to our overnight stop at Ouarzazate (1160m), but the generally smooth tarmac and downhill inclination means we can cover this is around 4 hours including lunch and water stops.

**Day 3: Morning visit to the Kasbah de Taourirt, then undulating ride via the Tizi n’Tinififft to Agdz.**

There's no need for an early start today, as we have just a short stage to ride. So, after breakfast, we have time to explore the well-preserved Kasbah de Taourirt and the colourful market streets or ‘souks’ of Ouarzazate. Mid morning, we set off on a quiet road that skirts the western edge of the Jebel Sahro range of mountains. Again, it's a pretty good surface all the way, undulating a little and with some long, straight sections. We climb to cross an unnamed pass (1600m) after 35 kilometres and descend to the village of Ait Saoun which provides us with the opportunity of a cafe stop for our lunch. The high point of the day is at the Tizi n’Tinififft (1660m), beyond which there is a superb downhill all the way into Agdz (942m), our overnight stop. Set amongst red hills, Agdz is located on the old camel caravan route between Marrakech and Timbuktu - its name means 'resting place'.

**Day 4: Ride through the palm tree-lined Draa Valley to the Saharan gateway town of Zagora.**
Today we have an early start for the ride down to Zagora on the edge of the Sahara, on good tarmac all the way. Although this takes us away from the circuit of Toubkal, this really is an unmissable detour, following the famous Draa Valley. It is a relatively level ride on the west bank of the Draa River, made interesting by the scenery, which features farmland and palm trees, with lots of small villages, some of which take the form of impressive fortified 'kasbahs'. Passing through these small oases, we have the chance to stop for mint tea or coffee at wayside cafes and also to check out the villages themselves - we may be lucky enough to come across a local market in full swing. During the hottest part of the day, we will stop for lunch at one of the villages en route. Zagora (725m) is the biggest town in the region and is recognised as the 'Gateway to the Sahara'. We will certainly want to stop for pictures alongside the famous sign that points out into the desert with the warning - 'Tombouctou....52 jours' - supposedly the time it takes for a camel caravan to reach Timbuktu.

Day 5: Transfer back to Agdz and ride westwards below the High Atlas, to Tazenakht.

To reconnect with the road around Toubkal, we start the day with an early drive back to Agdz, which takes 2 hours. Here, after a cafe stop, we set off on an excellent and very little used road that heads west to eventually link up with the main road on the south side of Toubkal. Little wider than a single track road, this strip of tarmac makes its way along the Oued Tamsift Valley to the remote village of Tasla. Our route is pretty straight with just the odd undulation and we will be obliged to stop off for a picnic lunch at a convenient roadside location, as we pass no cafes until later in the day. Beyond Tasla, we encounter a stretch of rough road with lots of potholes and this continues via a couple of minor passes to the cobalt mining town of Bou Azzer. We then drop down through a rocky gorge, a 10 kilometre downhill that leads to the junction with the main road coming up from the south, from the desert-edge settlement of Foum Zguid. There is a small teashop at the junction, the only one we pass all day. From here, there is slightly more traffic (but it's still fairly quiet) for the final part of the day's ride which takes us over a couple of easy passes. Notable is the final 300-metre climb to the Tizi n'Taguergoust (1640m), before we drop down into the small Berber town of Tazenakht (1398m), which is famous carpet making. We check in at our hotel and have a chance to look around some of the many carpet shops that are run on a cooperative basis. This is a good place to get a bargain.

Day 6: Cycle over several quiet passes including Tizi n'Taghatine (1886m) to Aoulouz.

Today, we will pass south of Toubkal through the lower eastern ranges of the Anti Atlas. There are 2000 metre summits away to the south, whilst to the north the hills rise up to 3000 metres in the Jebel Sirwa region. We get as early a start as is reasonable, riding on a good and relatively level tarmac road across a pretty arid landscape. We are now on the N10, the main road across the southern side of the Atlas, that links Agadir and Ouarzazate. But, the traffic on the road can be very light on this part of the ride, with one vehicle every five minutes or so. There is a very gradual ascent to the top of the Tizi n'Ikhsane (1650m) where there is a small tourist shop with a very friendly owner. Then, as we crest the summit of the Tizi n'Taghatine (1886m), our ride suddenly turns into a big downhill as we drop down towards the Souss Plateau and the small town of Taliouine. This is a centre for growing saffron and a good place for us to stop for lunch. The next stretch of road can sometime be busier and the quality of the road...
surface is also variable - so care is needed. Shortly before our arrival at Aoulouz (771m), most of the traffic turns off and we can enjoy a quiet end to the day's ride. Aoulouz is well off the tourist trail and another place famous for saffron growing. This is one of the longer days of the trip, but with significant stretches of downhill it shouldn't feel too bad.

ACCOMMODATION  
GITE / HOSTEL

MEALS  
BLD

ASCENT 850M  
DISTANCE 120KM

TIME 6 - 7 HRS

GPS DATA VIEW NOW

DESCENT 1400M  

Day 7: The hardest day, climbing to cross the Tizi n' Test (2100m) and descending to Ijoukak.

The first part of the day's ride takes us westwards towards Taroudant, with a short initial climb and then a long descent across the Sous Plateau to the junction of the N10 with the minor road that we must take back across the Atlas Mountains. This junction marks the low point of our trip (at just 450 metres). From here, we begin the long climb on a quiet road up to the Tizi n'Test (2100m) via a series of switchbacks. For the first 18 kilometres of the climb, the landscape is quite barren. But, from the first village, at Tachgueltle, the beauty of the area becomes more apparent and it is obviously more appealing to Moroccan and foreign visitors, since there are teashops and coca cola stalls every few kilometres. This is a long ascent, but the gradient is easy and we can settle down to admire the views of the villages in the valley bottom and listen to muezzins' calls to prayer echoing across the hillsides.

Towards the top of the climb, we can expect to meet other westerners for the first time since Zagora, as this valley is a popular paragliding site, particularly amongst the French. We will have a couple of water stops during the ascent and maybe stop for lunch within sight of the top, depending on our progress. Just like on an Alpine climb, there is a good cafe at the col and we will certainly appreciate a coffee stop. The tarmac on the ascent is pretty good, but on the descent there are potholes in places - so, again, care needed. It's a super descent, sweeping through numerous bends and with views of Mount Toubkal, to Ijoukak (1050m) on the fringes of the Toubkal National Park. Here, we overnight in a simple, but charming and pleasantly located gite, run by a friendly family. A fantastic day's riding.

ACCOMMODATION  
GITE / HOSTEL

MEALS  
BLD

ASCENT 1750M  
DISTANCE 110KM

TIME 6 - 7 HRS

GPS DATA VIEW NOW

DESCENT 1300M  

Day 8: A great downhill start, then onwards via the market town of Asni to Marrakech.

We make another early start from our gite, to tackle the final day of biking back to Marrakech. This is not all downhill, but the first couple of hours include some of the best fast descent of the holiday. Then, from Ouirgane, the road crosses one of the northern spurs of the Atlas which involves 2 short climbs and a total of 300 metres of ascent. A crest in the road marks the end of this stage of the day's ride and offers good views of Mount Toubkal to the south-east. We then drop down to the town of Asni which is the place where KE's trekking groups turn off on their way to Toubkal. Asni is a busy place on a Saturday, as this is the day of the weekly market or bazaar and we are likely to find the remaining stretch of road to be slightly busier than the rest of the circuit. We can blast the last stretch into Marrakech on good tarmac, using the prominent landmark of the Koutoubia Mosque to guide us. We will stop for lunch at a cafe in the vicinity of the Djema el-Fna, before returning to the group hotel in the early afternoon. At under 6 hours, this is not a long day and we get to our hotel with plenty of time left to pack our bikes away. Those opting to depart from Marrakech today (easyJet flights to Manchester) will have time for a quick shower, before transferring to the airport. Those flying home on Sunday will have the afternoon free to do some independent exploration. Later, the group will spend some time at the nightly spectacle of the Djema el-Fna and enjoy a well-earned celebratory dinner at a traditional hotel.

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Day 9: Departure day. Marrakech Airport transfers are provided.

KE Land Only services end after breakfast. You should pack your bike away, in readiness for homeward flight. Depending on your flight time, you may have some time to explore the streets, souks and colourful sights of Marrakech. A popular option is to simply sit and watch the world go by from one of the restaurants overlooking the Djema el-Fna. Marrakech Airport transfers are provided.

### Imperial Cities Of Morocco

This exotic extension starts in Meknes, the beautiful 17th-century imperial headquarters of Sultan Moulay Ismael. A fortified city-within-a-city complete with elaborate palaces, decorative mosques, mystical dungeons and charming gardens! After exploring the heart of Meknes we move onto the atmospheric UNESCO Roman masterpiece of Volubilis, the best preserved archaeological site in the country and an atmospheric place to explore. However nothing can prepare us for the magical riot of Fez, with its UNESCO old town and city walls extending for 10 miles! The fantastic medina, mediaeval Fez el Bali and the modern "ville nouvelle" is a wonderful melting pot on the senses. We finish in cosmopolitan Rabat, complete with tree-lined boulevards and beautiful colonial architecture. This fantastic extension ensures you are completely immersed in a variety of contrasting cities! (Please note this extension includes a local driver but not a KE leader. This gives you more freedom to explore at leisure pre/post KE group trip).
Imperial Cities of Morocco

5 days

From 0 per person

Marrakech Full Day City Tour

1 day

From 0 per person

Into The Sahara Desert

4 days

From US$675 per person

Holiday Information

What's Included

- A locally based professional cycling guide
- Marrakech Airport transfers on Day 1 and Day 9 of the itinerary
- One or more support vehicles and drivers
- All accommodation as detailed in the trip dossier
- All meals
- Bottled water during the rides

What's Not Included

- Travel insurance
- Moroccan Visas (if applicable)
- Marrakech Airport transfers other than on Day 1 and Day 9
- Tips for the guide and local support crew
- Miscellaneous expenses - drinks and souvenirs etc
- Bike Carriage on the flights - please check with your carrier for charges

For a real taste of the Sahara this adventure is hard to beat! After journeying across the Atlas Mountains we arrive in the oasis town of Agdz for a night in a traditional Moroccan house. Next we head to our comfortable fixed Berber camp at Erg Chegaga and take in a spectacular desert sunset before settling down under star-filled Saharan skies! In the morning we'll watch sunrise over the dunes before exploring this magical landscapes by 4WD. After a night in Ouarzazate, we make our way back to Marrakech via the magnificent UNESCO Kasbah of Ait Ben Haddou. (Please note this extension includes a local driver but not a KE leader. This gives you more freedom to explore at leisure pre/post KE group trip).
Joining Arrangements & Transfers

All clients arriving at Marrakech Airport on Day 1 and departing from Marrakech on Day 9 are provided with complimentary airport transfers to and from the group hotel. Clients arriving or departing outside of these days should make their own arrangements to meet at the group hotel in Marrakech by the evening of Day 1 of the itinerary. Taxis are always available at Marrakech Airport. The standard fare to the city should be no more than £6 although you may have to pay a little more if arriving late at night. The airport is approximately 6 kilometres from the city and the journey takes 10-15 minutes. Hotel contact details and an emergency number will be provided with your booking confirmation.

Meal Plan

All meals included from dinner on Day 1 to breakfast on Day 9.

Food & Water

Breakfasts at the hotels and gites that we use are ‘continental’ in style, with tea and coffee, orange juice, porridge and cereals as well as bread, eggs, fruit, jam, honey and cheese. At lunchtime, we will almost always stop at a wayside cafe and the meals that we are presented with will include local staples such as tagine (slow cooked stew of vegetables or meat) or cous-cous (again there are vegetarian and meat varieties). Additionally, there will always be bread, fresh salad and usually fruit for desert. On approximately alternate days, we will have lunches made up of picnic materials carried in our support vehicle. These will include bread, a choice of salads, pasta, potato salad, tinned fish, boiled eggs and again fruit for desert. The Berber speciality of mint tea will also be provided at lunch time and you can usually buy coca cola or alternative soft drinks. Evening meals are usually taken at the hotel and may be buffet style, with a choice of food. Or, there may be vegetarian and meat options of that favourite Moroccan dish, the tagine. Desserts usually consist of fruit, some fresh but also tinned, including pineapple, apricot, pears, peaches or mixed. Moroccan tinned fruit is excellent quality. To round off dinner, there is the usual range of hot drinks. During the day, the group will be provided with water and with snacks in the form of dried dates and mixed nuts, and possibly also bananas, but it's a good idea to bring along a few of your favourite energy bars from home.

It is not recommended to drink untreated water from the taps. You should take purification tablets or a filter bottle (such as a Water-To-Go bottle) to treat your water. We do not encourage the purchasing of single use plastic bottles.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot provide special diets. Due to the nature of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your diet with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Accommodation

During this trip the group will spend 2 nights in a hotel in Marrakech, 1 night in Ouarzazate, 1 night in Agdz, 1 night in Zagora, 1 night in Tazenakht and 1 night in Aoulouz. We normally use a gite in Ijoukak. At most of the hotels we use, the accommodation is provided on a twin-share basis. If you are travelling by yourself you will be paired up
with another single client of the same sex. At the gite in Ijoukak, there are twin-share rooms and rooms sleeping 3 to 5 persons. Even here, we usually manage to retain the twin-share arrangement. Depending on availability, it is usually possible to pre-book single room occupancy for all nights (7) except at the gite in Ijoukak.

Group Leader & Support Staff

The trip will be led by an experienced, English-speaking local bike guide. There will also be one or more support vehicles and drivers.

Altitude

The altitudes on this holiday are not extreme and the maximum altitude attained is no more than the equivalent of a pressurised cabin on an international flight. You may ‘feel’ the altitude the first time you trek above 2000 metres but all that is required is a slower pace to compensate. You should pay particular attention to your hydration levels while trekking above 2000 metres.

Spending Money

We suggest that £150 (or the equivalent in US dollars, euros etc.) will adequately cover your needs. You should allow £40 for drinks etc. and around £40 for tips. If you are intending to buy more expensive souvenirs, you should budget accordingly (credit cards can be useful in this respect). Some of the merchants in the Marrakech souks will take credit cards and there are some fantastic souvenir opportunities to be had. However, don’t expect to get a bargain without haggling for it. The unit of currency in Morocco is the dirham. It is not normally possible (and it is certainly not necessary) to purchase Moroccan currency outside the country. Your travel money should be carried in the form of cash or travellers cheques. Sterling, euros and dollars are all readily exchanged. You can also draw cash (dirhams) from ATM’s in Marrakech using credit or debit cards.

Guidance On Tipping

Tips are the accepted way of saying ‘thank you’ to your local guides and porters. They do not form part of their wages. KE always pays local crews the best rates of pay, no matter what country they are in and any tips they receive are seen as a personal thank you from group members. We advise our local staff that tips are a bonus and entirely dependent on the service that is provided. We recommend that you give tips if you feel that you have received a good standard of service. As a rough guide we suggest you allow a total of £40 for tipping your crew.

Your Bike

Your Bike - Road Cycling

Your bike should be fitted with a compact or triple chainset and we suggest that 25mm tyres will provide a bit more comfort on the variable road surfaces typically found on our Road Cycling holidays.

Since you are depending on your bike to transport you throughout your holiday, it's important to ensure it is in good working order. If you are not mechanically minded, get your local bicycle dealer to service it for you.

Please contact us if you are unsure about the suitability of your bike.

Bike Hire

Bike hire is available locally for this holiday. We have established a relationship with a bike hire company in Marrakech who have a mix of carbon framed Cannondale SuperSix Evo and Cannondale Synapse bikes at a hire
cost of €170 (Jan 2019 - subject to change). These bikes have Shimano Ultegra or Shimano 105 components. The SuperSix Evo bikes have compact 52/36 chainsets and 11/28, 11-speed cassettes. The Synapse bikes have compact 50/34 chainsets and 11/28 11-speed cassettes. There is a limited range of sizes and we will check availability for you if and when you request bike hire. You can pay in euros, GBP or US$ currency or using a credit card (3% charge). You will pay at the shop when you pick up your bike and you may also be required to post a security deposit, normally held against your credit card details. Your hire contract is with the local hire company and KE cannot be held responsible for any issues arising from bike hire. The hire bikes are provided in good condition and a supply of spares for these bikes is carried. You may be asked to pay directly for any spares used, especially in the case of crash damage or damage by mis-use. If you do hire a bike, we recommend that you take your own shoes, pedals and possibly even your saddle, which will go a long way towards making it feel like your own bike. You will also need to take your own helmet, which must be worn at all times when riding.

## Travelling With Your Bike

Airlines require that you pack your bike properly for travel and for this holiday we recommend that you use either soft bike bag or a purpose-made bike box or case. Whether you are using a bag or a case, you will need to partially dismantle your bike to pack it. Please note that bike bags or boxes will be placed in secure storage and will not travel with us during the course of the trip.

Please contact us if you have any questions about travelling with your bike.

## Vehicle Support

Throughout this trip we have the back up of one or more support vehicles. Each morning our main baggage will be loaded onto the support vehicle which will follow the group on the day's ride. The biking leader and the support vehicle driver will watch over the group and will carry mobile phones, allowing you to contact them in the case of a breakdown or other incident. We want everyone to enjoy their cycling experience on this trip and we recognise the importance of group members being allowed to cycle at their own pace. On most of our road biking trips it is usual that there can be a fair distance between the front and rear cyclists in the group and there may be times when other group members, vehicle support and biking leader are out of sight. Our regular water stops will allow the group to reassemble and the support vehicle will pick up any group members who wish to take a break from cycling at any time.

## Free KE Gift

We would like to give you a free gift as a way to say thank you when you book your holiday. Choose from exclusive KE branded t-shirts, caps, neckwarmers, trek bags* and more. Alternatively you can choose to make a £10 donation to the Juniper Trust Charity. You can make your selection in your MyKE account after booking. You will need to select your free gift at least 6 weeks before you depart and all items will be posted out at 5 weeks prior to departure. For all late bookings, we will endeavour to send your FREE gift to you before you travel, however this cannot always be guaranteed. Please visit our Free KE Gifts page for more details of all our KE Branded goodies on offer.

*A trek bag is one of the free gift options available for this holiday. Delivery outside of the UK will be charged.

## Baggage Allowance

Apart from your bike in its bag or box (if you are taking your own bike), you should travel with one main item of luggage, such as a KE Trek Bag or similar holdall, and a small day pack. The day pack can be used to carry valuable items such as cameras and GPS devices whilst travelling, but will also be useful to separate out items you might
want to pick up from the support vehicle during the rides, like additional clothing.

Your baggage allowance on the flights will depend on your airline. When choosing your flights, whether booking them directly or through KE, you will need to consider the cost of carrying your bike. These costs are your responsibility.

Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status and so you are free to proceed with your international flight booking and other travel arrangements.

Recommended Outdoor Retailers

Many of the Equipment items listed above are available from Cotswold Outdoor - our 'Official Recommended Outdoor Retailer'. When you book a holiday with KE you will receive 15% discount voucher from Cotswold Outdoor and other retailers. **>> Find out more**

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

General Information

Passport & Visas

A passport with 6 months remaining validity at the end of your stay is generally required for visits to countries outside the EU. The information that we provide is for UK passport holders. Please check the relevant embassy or consulate for other nationalities. It is your responsibility to ensure that you have the correct travel documents and visas for your holiday. Visa requirements and charges are subject to change without notice. If you are travelling outside the EU you should have at least 2 blank pages in your passport for each country that you visit.

Visa Morocco

UK and USA passport holders do not require a visa for short stays.
Health & Vaccinations

Severe Allergies

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

VACCINATIONS

You should contact your doctor or travel clinic to check whether you require any specific vaccinations or other preventive measures. You should be up to date with routine courses and boosters as recommended in the UK e.g. diphtheria-tetanus-polio and measles-mumps-rubella, along with hepatitis A and typhoid. A good online resource is Travel Health Pro.

Dengue Fever

Dengue fever is a known risk in places visited. It is a tropical viral disease spread by daytime biting mosquitoes. There is currently no vaccine or prophylaxis available and therefore the best form of prevention is to avoid being bitten. We recommend you take precautions to avoid mosquito bites.

Currency

The unit of currency in Morocco is the Dhiram.

Electricity Supply & Plug

We recommend you check if you require an adaptor for your electrical items at:

http://www.worldstandards.eu/electricity/plugs-and-sockets/

Preparing For Your Holiday

The better conditioned you are the more you will enjoy your trip. We suggest that you adopt a sensible weekly exercise regime and fit in a number of long cycle rides in hilly country to ensure you are physically capable of taking part in this trip - this will also provide you with an opportunity to make sure all your riding kit is tried and tested before you travel. Cycling is obviously the best activity to prepare for this trip, however, running, squash and swimming are also good for developing aerobic fitness and stamina.

Climate

It is hot in Marrakech in the summer months. But, by running this bike trip in the period between October and April, we aim to avoid the scorching summer days. We can expect daytime temperatures throughout the ride to be between 25 and 30 degrees Centigrade. The temperature will be lower than this at the highest passes on our route and night time temperatures will be around 15 to 20 degrees Centigrade. The weather is usually stable during the period of the year that we run this holiday. However, weather in mountainous areas is notoriously difficult to predict, and rain or even short-lived storms can occur at any time of the year. Visit the World Meteorological Organization's website at worldweather.org for climate statistics for Marrakech.
Travel Aware

As a reputable tour operator, KE supports the British Foreign & Commonwealth Offices’ Travel Aware campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that prior to travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: www.travel.state.gov for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates direct from the FCO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use. We have pledged to AITO's Project Protect that 70% of our agents stop using single use plastic bottles.

Books

- Lonely Planet Guide - Morocco
- The Rough Guide to Morocco

Flight Information

Flight Inclusive Or Land Only?

On our website we display a UK Flight inclusive package price and Land only package price for the majority of our holidays.

Land Only Notes

We sell this holiday on a Land Only basis and recommend that you book your flights to Marrakech Airport, which is approximately 15 minutes drive away from the group hotel in downtown Marrakech. Please refer to the 'Joining Arrangements and Transfers' for further details.

Flights SHOULD NOT be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

If flying from the UK there are a number of low cost airlines offering flights to Marrakech. These include easyJet who have flights from London and Manchester. Please note: the return easyJet flight to Manchester is late on Saturday evening and it is possible to do this.

Other flight options include TUI Airways who have flights from London, Manchester, Birmingham, Bristol and Glasgow, Air Arabia who have flights from Gatwick and Ryanair who have flights from London and Manchester.

If you would prefer to book a 'flight inclusive package' using scheduled airlines from the UK please contact our
flights department for a quote. Whilst flight prices are likely to be more expensive you will benefit from full financial protection.

Why Choose KE Adventure Travel?

Operating since 1984, KE Adventure Travel has some of the most experienced staff in the business, with the proven ability to set up and operate a worldwide programme of adventures. Everyone has adventure travel at heart and joins at least one trip a year. It is this depth of experience that makes KE stand out from other adventure travel operators. When you contact KE, by phone or e-mail, or visit our office, you will find the help and advice you need, from someone who has actually done the trip and can give you the benefit of their first-hand experience.

KE can guarantee the very best in trip support, excellent food, a good standard of hotel and other accommodation, plus the back up of one of the most respected companies in the business. Client satisfaction is at the top of our agenda and almost 50% of our bookings each year come from repeat business. If you are looking for adventure then look no further than KE.

Group Tour Leaders

All of our holidays are accompanied by an experienced leader, some of whom have worked with KE groups for many years. Many are professional guides and instructors with an unrivalled knowledge of the areas in which they work. In many parts of the world, we recruit local guides with appropriate training and experience. In addition to having the technical skills to ensure your safety, KE expects its leaders to be active members of the group. A leader should be fun to travel with and ready to share with you their enthusiasm for adventure travel and their knowledge of the area. Alongside the group leader, there will be a local support crew, which could be just a driver, or a complete team of guides, drivers, porters, mule-herders and cooks. The hard work of our support crews, along with the fascinating insight they can offer into their local culture, is integral to providing you with the very best adventure travel experience.

Sustainable Tourism

Since we ran our first trip in 1984, we have been committed keeping the world's most beautiful places pristine by minimising our environmental impact. Recognising the fragility of the world's wilderness environments, we keep our groups small and operate according to a 'Mountain Code', which is provided to all groups, trek leaders, agents and staff. We make sure that our local staff are well treated and well paid, we respect indigenous cultures, take care to protect the environment of the places we visit and take every opportunity to make a positive contribution wherever we travel. Our philosophy of 'leaving nothing but footprints' has been integral to KE's approach right from the start over 30 years ago. In recognition of our efforts we are proud to have achieved the highest award of 5 Stars for Sustainable Tourism by AITO.

We continue to travel responsibly, and more information on our policy, practice, and specific projects can be found at www.keadventure.com, and on the website of our partner charity the Juniper Trust: www.junipertrust.co.uk. KE's Mountain Code is issued to our staff, trek leaders and overseas agents, and we recommend it to our clients, too!

Booking Your Holiday

The easiest way to make your booking is online. You will need to pay a deposit at the time of booking. This is normally £200 but for some holidays with special permit fees or internal flights, this may be more. The amount of
We hope that this trip notes has answered most of your questions. Please feel free to contact us and speak to one of our experts.

deposit required for an individual holiday is given on the dates and prices page of the holiday. Late bookings will require full payment. We cannot confirm any booking until we receive your fully completed booking form.

Adventure Travel Insurance

It is a condition of joining any of our trips that you are insured against medical and personal accident risks (to include repatriation costs, air ambulance and helicopter rescue services). We also strongly recommend that you take out holiday cancellation insurance, as all deposits paid are non-refundable. Please ensure that your insurer is aware of your KE Adventure itinerary and can agree to cover the activities being undertaken. You will then need to advise us of your policy details and complete an Insurance Declaration Form.

CAMPBELL IRVINE DIRECT travel insurance is available to EU residents and will cover the majority of KE Adventure holidays. It has been designed to provide cover for activities normally excluded by other insurers such as trekking, mountain biking and climbing. Please note that certain activities may attract a higher premium. In addition ‘Campbell Irvine Direct’ cannot provide cover for KE climbing trips above 6000m. Cover for these can be obtained through either the British Mountaineering Council (BMC) or Snowcard.

TRAVELEX is a USA based insurer offering travel insurance, which can be used by US citizens and US residents only. KE recommends the “Travelex Select” package for our holidays. If your holiday involves using mountaineering equipment (ropes, harness or crampons), for climbing or glacial travel, you should consider the "Adventure Plus Pak" optional upgrade on the Travelex Select Plan. Please refer to the ‘Description of Coverage’ for a summary of the terms, conditions, exclusions and limitations of the applicable Protection Plan. This policy will also cover KE climbing trips above 6000m.
Equipment List

For this holiday you will need your usual cycling clothing, including shoes, cycling gloves and helmet (which must be worn at all times when cycling).

Whether you are hiring a bike or taking your own, we recommend that you take the usual day-ride essentials of: mobile phone, multi-tool, mini-pump, tyre levers, spare tubes and puncture repair kit.

Bike Wear

• Cycling helmet
• Cycling shoes
• Waterproof overshoes
• Padded cycling shorts
• Long leg cycling trousers or leg warmers
• Lycra arm warmers
• Base-layer - short sleeve cycling tops
• Long sleeved cycling top
• Lightweight windproof gilet
• Lightweight waterproof jacket
• Regular biking gloves
• Long fingered biking gloves
• Warm hat that fits under your helmet
• Buff
• Sunglasses
• Sun cream (inc. total bloc for lips/nose)
• Camera

Other Stuff

• Travel and off-the-bike clothing and footwear
• Lightweight trousers and shirt to cover up when visiting villages en route
• Wash bag, towel, toiletries
• Swimwear
• Basic First Aid kit and personal medication
• Chamois Cream (e.g. Assos or Ozone)
• Water purification tablets
• Reusable cloth bag for shopping (to avoid plastic bags)

Spares

If you are hiring a bike you do not need to bring any spares. The hire bikes are provided in good condition and a supply of spares is carried. You may be asked to pay directly for any spares used, especially in the case of crash damage or damage by mis-use.

If you are taking your own bike, you should consider taking a minimum of spares, including a couple of spare spokes (for each wheel if they are different), spare brake blocks (or brake disc pads), chain links/chain connector, rear derailleur hanger and any non-standard parts specific to your bike.
Repairs

Whilst not essential, it is a good idea that you familiarise yourself with how to carry out at least some basic repairs to your bike e.g. changing an inner tube and fixing a puncture. Your bike guide will be happy to help with repairs and general maintenance, but being able to carry out a simple repair yourself could save the inconvenience of having to wait for assistance.

Hydration And Energy Snacks

You should take 2 standard water bottles (we encourage re-filling water bottles rather than single use plastic) and also consider taking a small supply of the gels, power bars or sports drink mix that you would normally use on a ride at home.

Please contact us if you have any questions about your equipment.

Please note: This document was downloaded on 30 Aug 2019, and the trip is subject to change.