# Jebel Sahro Walking Holiday

Trip Code: JBO

Version:

| WALK & TREK | GUIDED GROUP | 5 MODERATE |
|---|---|---|

## HIGHLIGHTS

- Hike through the stunning landscape of the nomadic Ait Atta Berbers
- Explore an incredible volcanic region and visit the rock gates of Bab n`Ali
- Camp next to nomadic settlements and summit a beautifully remote peak
- Discover Marrakech after trekking through a timeless Moroccan region
- Easily combined with Winter Toubkal, Jebel Sirwa or Edge of the Sahara

### AT A GLANCE

- 4 days trekking
- Max altitude - 2600m
- Join at Marrakech

### ACCOMMODATIONS & MEALS

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

# Introduction

Home to a beautiful volcanic landscape, dramatic gorges, towering rock spires, charming villages and the Ait Atta Berbers, the undiscovered Jebel Sahro is a unique destination for a walking and cultural holiday. Lying south of Morocco's High Atlas Mountains, this timeless area offers that rare opportunity to observe an ancient nomadic lifestyle whilst trekking through a region which sees very few visitors. From Marrakech we cross the Tizi n'Tichka Pass and arrive in the Dades Valley, famed for its kasbahs and palm groves. As we enter the Jebel Sahro we'll follow footpaths which snake through the heart of the region, and camp beside nomadic settlements, adding a wonderful culture insight to the holiday. Standing on the summit of Kouaouch, this remote peak rewards us with spectacular views across to the beautiful peak of Mgoun and the impressive High Atlas Mountains. Towards the end of our trekking journey we hike towards the towering rock towers of Bab n'Ali in a landscape resembling a wild west. The chance to explore Marrakech is the perfect finale to this special Moroccan holiday.

## A Genuine Small Group Experience - The Secret of Our Success in Morocco

We are proud to say that this holiday in Morocco is limited to a maximum group size of 12, ensuring we leave only our footprints on the trails whilst enjoying a genuine small group adventure. We've been taking our clients walking, trekking and mountaineering for almost thirty years so we know the ingredients of a good guide and a successful group adventure.  Those who are new to trekking in Morocco will take particular comfort in the presence of our experienced Moroccan guides, who we believe are the best in the business.

## Is this holiday for you?

This holiday is suitable for regular walkers who are looking for a holiday away from the Mount Toubkal crowds in an unknown area of Morocco where a cultural experience is as important as the walking.

As a fully-supported camping trek there will be a trek crew and only need to carry your daypack each day. The maximum altitude on this trek is not high and we will not be camping much above 2050m.

The holiday does involve a fair amount of ascent and descent and approximately 6 hrs of walking each day. For most of the holiday we follow good footpaths between the valleys and villages.

# Itinerary

Version:

# Extensions

When booking your holiday, you will be able to 'add an extension option'. Once we have received your booking we will contact you to discuss additional services required for the extension and to take any additional deposit.

### Essaouira Riad and Atlantic Coast

Friendly Essaouira provides a beautiful base for this colouful Atlantic Coast extension which offers a fantastic start or end to our holidays in Morocco. Described as the prettiest town in the country, the UNESCO port and medina are a riot of colour and activity. To ensure a relaxing time in Essaouira we take care of private return transfers and riad accommodation for 3 nights at the comfortable Riad Maison du Sud, situated within the ramparts of the medina and just a few minutes walk from the sea. Redecorated in Moorish style, it has a snug sitting room and sunny roof terrace with views of the Mellah and the Atlantic Ocean. Essaouira has plenty of things to do so we leave your days free for you to enjoy at leisure. This extension starts and ends in Marrakech.

**4 days from**
US$505 per person

# Holiday Information

## What's Included

- A professional and qualified tour leader
- Marrakech Airport transfers (on Day 1 & 8 only)
- All land transport involved in the itinerary
- All accommodation as described
- All meals
- A full service on trek including food and all equipment (excluding personal equipment)

## What's not Included

- Travel Insurance
- Visa fees (if applicable)
- Tips for staff
- Miscellaneous expenses - drinks and souvenirs etc.

## Joining Arrangements & Transfers

---

Travelling to your Destination

If flying from the UK there are low cost airlines available to the start and from the end of your holiday.

To benefit from full financial protection, ease your holiday planning, and avoid dealing with airlines, we can book scheduled flights from the UK as part of a flight inclusive package. Scheduled flights are usually more expensive that low cost alternatives, however potentially less stressful if your flight is cancelled or delayed. If you book flights through KE Adventure Travel we will offset the carbon of your flight.

The group will meet at the hotel in Marrakech.

Airport transfers are provided for all clients to the group hotel.

Hotel contact details and an emergency number will be provided with your booking confirmation.

## Meal Plan

All meals are included in the holiday price from dinner on Day 1 to breakfast on Day 8.

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets.  Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home.  If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice.  Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## Food & Water

It is not recommended to drink untreated water from the taps. You should take purification tablets or a filter bottle (such as a Water-To-Go bottle) to treat your water. We do not encourage the purchasing of single use plastic bottles.

All food whilst on trek is purchased locally and cooked for us by our excellent trek cooks. KE groups are always surprised at what the cook team conjure up! Breakfasts are continental style, with tea and coffee, muesli, bread, jam, honey and soft cheese.

A morning snack is also provided and this usually consists of a type of Moroccan 'trail mix' with dried figs and dates, peanuts, sugar coated peanuts and other nuts.

Lunch usually starts with the Berber speciality of mint tea, followed by a buffet of rice, pasta or couscous, with a freshly prepared salad - onion, tomatoes, green peppers, grated carrot, green-beans, with tinned sweetcorn or peas added. Hard and soft cheeses, tinned fish, olives, biscuits and bread are also on the lunchtime menu.

Dinner starts off with soup and bread. The main course is usually rice, pasta, couscous, spaghetti or chips, with a vegetable stew (or tagine) consisting of some of the following - onion, potato, carrot, green pepper, zucchini, turnip, parsnip, green beans, and peas. There will be some meat (usually chicken, lamb or beef), however meat is not prominent in the menu. All dishes come with traditional sauces which are rarely (spicy) hot. To round off dinner, there is the usual range of hot drinks.

## Accommodation

During this trip the group will spend 2 nights at a tourist class hotel in Marrakech. While there are several more expensive hotels in Marrakech, we try to strike the right balance of a comfortable and conveniently located hotel while maintaining a really good value holiday.

In Tagdilt we have 1 night in a gite. Here the accommodation is in small dormitory rooms (mattresses on the floor), usually shared by 4-6 people. Facilities are simple.

We have 4 nights camping. This camping is fully supported with all baggage being carried by mules, as well as tents, mess tent and toilet tent. You will have a team of staff to look after you including a cook. A mattresses is provided, although some people like to bring their own thermarest as well. You will need a sleeping bag. Sleeping bags are available to hire, please contact the KE office to arrange this.

If you are travelling by yourself, you will be paired up with another single client of the same sex. Single hotel rooms and/or single tents are available for a supplementary cost (except the 1 night in the gite). If you are planning on extending your holiday additional nights at the group hotel or in a range of different hotels and Riad's in Marrakech are available on request.

## Group Leader & Support Staff

The group will be led by a professional and qualified tour leader. The group will also have the support of a full trek crew including cook, baggage animals and their handlers.

## Altitude

This holiday involves going to moderately high altitude. During the course of your trip you will reach altitudes in excess of 2500 metres. Most people will have no difficulty with this level of altitude but before coming on the holiday, we recommend you read the advice on trekking at high altitude. You can also talk to one of our trekking experts if you have any concerns about altitude.

## Spending Money

Approximately £100 per person (or equivalent in US dollars or Euros) should be allowed for tips, soft drinks, snacks and miscellaneous expenses. Alcoholic drinks, souvenirs and optional activities are additional so you may wish to budget for these.

You cannot usually purchase Moroccan Dirhams outside the country. You can withdraw money in local currency from ATM's on arrival at the airport in arrivals or in Marrakech. You can choose to take your money in pounds sterling, dollars or euros, and you will be able to exchange it at the airport. Credit cards are useful and it is a good idea to carry one in case of emergency.

## Guidance on Tipping

Tips are the accepted way of saying 'thank you' to your local guides and porters. They do not form part of their wages and any tips they receive are seen as a personal thank you from group members. For our part, we advise local teams that tips are not a duty or a prerequisite but are a bonus and entirely dependent on the service that was given.

This is your 'thank-you' to the crew and the final amount should be decided by the group. We estimate that approximately £45 per group member should provide an appropriate level of tips. However, for the leader, we leave the tipping amount totally at your own discretion.

## Baggage Allowance

For this holiday you should take one piece of luggage, which should be a soft duffle bag, and a daypack. Your main baggage whilst trekking will be carried by pack animals and the packed weight of it should be no more than 12kg.

If you will have more than 12kg in your main bag:

Additional luggage can sometimes be left at the group accommodation, however space is very limited and this can not be guaranteed. You will need to speak directly with reception about leaving a bag.

There are also options in Marrakech to store a bag (such as 'MC Consigne') - if you do this, important information to note:

- The group pick up time on Day 2 is 8:30am

- At the end of the trip, you will return back to Marrakech between 4pm and 6pm (as this will be very dependant on traffic)

For international flights please check your baggage allowance with your airline.

## Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the ‘Dates and Prices’ table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

# General Information

## Passport & Visas

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required**,** and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates** *(see Health & Vaccinations below),* **and visas for your holiday.** Please ensure that you check the FCDO for the latest advice for **each country visited** before travel.

**Visa Morocco**

UK and USA passport holders do not require a visa for short stays.

## Health & Vaccinations

**Vaccinations:**

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

Please ensure you are looking at the recommendations for all countries visited on your holiday plus recommendations for any borders you cross.

On holidays to more remote areas you should also have a dental check-up.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.**

**Please check the FCDO and Travel Health Pro. For all of your intended destinations for up-to-date advice.**

**Severe Allergies:**

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

## Currency

The unit of currency in Morocco is the Moroccan Dirham.

## Preparing for your Holiday

Getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable you will find the experience.Getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable you will find the experience.

You should be aerobically fit and comfortable with walking 5 to 6 hours for consecutive days. Hill walking, with a good amount of ascent and descent, is the best training. Running, cycling and swimming are also good for developing cardiovascular fitness and stamina.

## Climate

The region of the Jebel Sahro is extremely hot in the summer months. However, from late October through to mid April we can expect to find very pleasant temperatures for trekking. Daytime temperatures will be around 20 to 25°C, dropping close to freezing point at night at our highest camps. This part of the world receives very little rainfall and we can anticipate fine weather. However, weather in mountainous areas is notoriously difficult to predict, and rain or even short-lived storms can occur.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's **'Travel Aware'** campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. All other nationalities should check their government websites for relevant information.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Private Groups Information

**Make this KE Adventure holiday your own!**

- Do our normal group departure dates not fit?
- Would you prefer to travel with just friends and/or family?
- Are you looking to organise a trip for your local walking, biking or mountaineering club?

It's really easy to make a trip your own. Simply select from our full range of adventure holidays and choose the dates that work for you and your group.

We are experts in creating holidays for groups of friends, families, charities and clubs. Our personal service means you'll be fully involved as we make the arrangements for your perfect adventure holiday.

**Independence with Security**

Travelling as a KE Private Group allows you more flexibility and choice, but still with the peace of mind that everything is pre-planned and arranged for your group by a reputable adventure travel company.

To take your first step to an amazing adventure with your friends and family complete the private group enquiry form, or call our **Sales Experts on: 017687 73966**

## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

# Equipment Information

## Equipment List

The following checklist should help you with your packing. As a general rule, you should always try to keep the weight of your equipment to a minimum.

## You should bring the following items:

- Hiking boots
- Trainers  or sandals for camp / gites
- Socks & underwear
- Trekking trousers / shorts shorts (please respect local culture and don't wear in villages and town)
- Lightweight waterproof over-trousers
- Thermal baselayers
- T-shirts / tops / shirts
- Fleece jacket or warm jumper
- Lightweight waterproof jacket
- Sunhat / Warm hat
- Sunglasses
- Lightweight thermal or fleece gloves
- Daypack 30 litres
- Headtorch and spare batteries
- Sun protection (including lip sun screen)
- Water bottles 1 Litre (x2) - hydration system is useful e.g. camelbak or platypus (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Sleeping bag (comfort rated -5°C and -10°C for Winter and Spring departures)*
- Small padlock (to lock your kit bag)
- Antibacterial handwash
- Washbag and toiletries
- Toilet roll
- Small trek towel
- Basic First Aid Kit including: Antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters and blister treatment, Insect repellent, and re-hydration salts (Dioralite).

## The following items are optional:

- Sleeping bag liner
- Thermarest (a foam mattresses is provided)
- Trekking poles (recommended)
- Down Jacket (Winter and Spring departures)
- 
- Camera
- Travel clothes (can be left in Marrakech in a foldaway bag)
- Biodegradable wet wipes (washing water can be scarce at camp)
- Pen-knife (note: always pack sharp objects in hold baggage)
- Repair kit - (eg. needle, thread, duct tape)
- Reusable cloth bag for shopping (to avoid plastic bags)

## Equipment hire:

*Available for hire/rental through KE Adventure Travel

### Land Only Information

Please refer to the 'Joining Arrangements & Transfers' within Holiday Information for further details.

Flights and other transport to your destination should not be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

### Land Only Information

We sell this holiday on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. The holiday starts at the hotel in Marrakech and transfers are provided from Marrakech Airport.

# Why Choose KE

### Why KE

KE offers only a select few departures to this unique Moroccan region. The untamed natural beauty of the Jebel Sahro is magnificent and this undiscovered region offers a rare opportunity to head off the beaten track and truly step back in time.

**Please Note** This document was downloaded on 06/10/2026 and the trip is subject to change