

# Cordillera Blanca - The Alpamayo Circuit Trek

Trip Code: CBP

Version:



WALK & TREK



GUIDED GROUP



CHALLENGING



## HIGHLIGHTS

- Trek through the beautiful Cordillera Blanca range
- Enjoy the warm hospitality of remote Quechua communities along the way
- Camp in the most stunning locations, surrounded by azure glacial lakes and snow-capped peaks

- Find out for yourself why Alpamayo was voted the world's most beautiful mountain

## AT A GLANCE

- 12 days trekking
- Max Altitude - 4860m
- Join at Lima

## ACCOMMODATIONS & MEALS

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

# Introduction

The Cordillera Blanca is an apt name for this range. With its snow-fluted summits, knife-edge ridges, tumbling glaciers, glacial lakes and steep-sided valleys; this spectacular 10-day trek will take you on a high and wild tour of the range as we traverse around its most beautiful peak: the distinctive pyramid of Alpamayo. After an overnight stop in Lima, we drive along the Pan-American Highway to the mountain town of Huaraz to begin this most picturesque of Andean treks. Brimming with the buzz of fellow trekkers, the trail-head of Huaraz provides a great base for our two acclimatisation walks. Leaving Huaraz, we take a short transfer to the start of our trek, where we will spend the next nine nights under canvas supported by our expert Andean trek crew. Crossing high passes, following ancient trails and passing through Quechuan communities, our superb trek provides a succession of simply stunning views of Mt Huascaran (6768m), Mt Taulliraju (5830m) and Mt Rinrijirca (5808m). The centrepiece of this trekking holiday is undoubtedly our visit to base camp of Alpamayo (5947m). Renowned as one of the most spectacular treks in the world, this itinerary packs a punch for those looking for a two week adventure.

View our full range of [walking and trekking holidays in Peru](#).

## Is this holiday for you?

This is a classic trekking holiday on which we will encounter a variety of underfoot conditions, ranging from village trails, high rocky mountain passes and grassy meadows in the sparsely inhabited high valleys within the Huascaran National Park. It is possible that the highest passes may even have a light covering of snow. You should be comfortable with walking for up to 8 hours each day and for several days continuously. To help you acclimatise and enjoy your trekking holiday, we have allowed 3 nights at around 3000 metres, and 2 acclimatisation walks, before we start trekking. The Alpamayo Basecamp Trek is a challenging trekking holiday on account of its overall length, the number of high passes and camping nights. This is a fully supported trek and you will only be required to carry your day pack each day. Our friendly camp crew will take care of all the camp chores, so when in camp you can relax, rest and enjoy the views.

# Itinerary

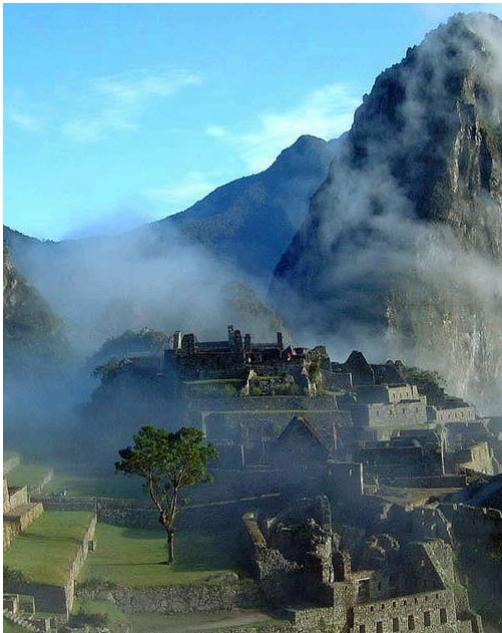
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# Extensions

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When booking your holiday, you will be able to 'add an extension option'. Once we have received your booking we will contact you to discuss additional services required for the extension and to take any additional deposit.



## Machu Picchu and Cusco Extension

The ruins of Machu Picchu, rediscovered in 1911, after 500 years under dense vegetation, are one of the man-made wonders of the world. This itinerary also includes time for sightseeing in and around this former Inca capital of Cusco, which is renowned for the wealth of its Inca stonework and for its extravagant Spanish Colonial architecture. We then take the scenic train to Machu Picchu for a full day guided sightseeing tour of this incredible Inca city before returning to Cusco for a final evening.

**4 days from**  
**US\$910** per person



## Peru Rainforest Extension

**Embark on an unforgettable journey to Tambopata National Reserve, a vast, untouched expanse of Amazonian wilderness covering 2.5 million acres.**

Our Rainforest Extension is four days / three nights and allows for two full days of immersive jungle walks and scenic river excursions. A short flight to Puerto Maldonado followed by a motorized canoe ride will transport you deep into the heart of the Amazon.

In Tambopata, we've carefully selected two exceptional lodges, each offering prime access to breath-taking wildlife viewing opportunities. From the vibrant macaw clay lick to playful otters, curious monkeys, and a dazzling array of colourful birds, every moment in this ecosystem is a chance to witness nature at its finest. This pristine habitat is also home to the Amazon's five top predators: the elusive jaguar, the playful giant otter, the stealthy black caiman, the majestic harpy eagle, and the formidable anaconda.

We offer a choice of a standard or luxury lodge package. Please contact us to check availability and to get a quote. The itinerary shown is an example and will differ depending on which lodge you stay at. All lodge bookings are subject to availability.

The extension starts and ends in Puerto Maldonado, with most flights connecting from Cusco. Flights are also available from Lima. We're happy to assist with internal flights and additional accommodations in Cusco or Lima to enhance your journey.

**Immerse yourself in the wonders of the Amazon—adventure awaits!**

**4 days from**  
**US\$1,045** per person



## Lake Titicaca by Luxury Train

**Travel in style on the luxurious Titicaca scenic train from Cusco to Puno, on the shores of Lake Titicaca.**

Enjoy stunning landscapes, lively regional music and dance, and exquisite onboard cuisine. Along the route you'll make a stop at Abra La Raya, the journey's highest point at 4,300m. After an overnight in Puno we travel to the floating 'Totora' reed islands of the Uros people. Here we watch them harvesting and weaving the reeds. Travelling onto Amantani Island we overnight in a traditional village house being hosted by a local families. This gives us a great insight into the livelihood of these pre-Incan people. We return the following day by boat to Puno and then transfer to the nearby airport of Juliaca. This extension starts in Cusco and ends in Juliaca.

**Train departures:** Every Wednesday, Friday, and Sunday

**4 days from**  
**US\$860** per person



## Galapagos Islands Cruise

Create the perfect holiday-of-a-lifetime by adding an exploratory cruise of the stunning and unique Galapagos Islands

Needing little in the way of introduction, the Galapagos Islands are one of the most pristine natural environments left on Earth. Over 600 miles separate them from mainland Ecuador, meaning they have enjoyed splendid isolation and provide a habitat for a bewildering array of birds, reptiles, mammals and sea life you simply won't find anywhere else.

We have a variety of ships and itineraries and you can choose from two levels of service - Standard and Upgraded, many of which are more affordable than you may have thought. Itineraries are typically between 7 and 10 days which is the optimum length for visiting this natural paradise. During your cruise you will visit a number of the islands, each distinct and renowned in their own right. Sometimes these will be 'dry' landings where you step onto a pier and at others you will make 'wet' landings where you reach the island by small inflatable boats and step directly onto the beach. Every boat has a slightly different itinerary but all are focused on seeing as much of the amazing Galapagos wildlife as possible. There is also plenty of time for relaxation and for swimming and snorkelling from the boats. All of our itineraries begin and end in Quito and include the flight out to the islands.

**Please contact us for details on availability, itinerary options and pricing. (Sample itinerary detailed below)**

You might also want to consider our 10 day [Galapagos Islands Adventure](#), for a more active and immersive experience of these diverse islands. This shore based trip stays in cosy small hotels and guesthouses, allowing us to experience the beaches and wildlife in the early mornings and evenings when the main tourists have disappeared on their boats. Alternatively, if you are looking for something a more luxurious why not spoil yourself on one of our [Galapagos Cruises aboard the luxury Monserrat Motor Yacht](#).

Book this trip as a stand alone tour or in addition to any of our Latin America holidays.

**7 days from**  
**US\$3,505** per person

**0 days from**  
**US\$3,505** per person

# Holiday Information

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## What's Included

- A professional and qualified Tour Leader
- Lima Airport transfers as described in the itinerary
- Accommodation as described
- Meals as described in the meal plan
- All land transport involved in the itinerary
- Full service camping including food and all equipment (excluding personal equipment)
- Inflatable sleeping mat whilst camping.

## What's not Included

- Travel insurance
- Some meals as described in the meal plan
- Tips for porters and other trek staff
- Miscellaneous expenses - drinks and souvenirs etc

## Joining Arrangements & Transfers

The group will meet at the hotel in Lima.

Airport transfers are provided for all clients.

Hotel contact details and an emergency number will be provided with your booking confirmation.

## Meal Plan

All breakfasts, 14 lunches and 9 dinners are included in the holiday price. Where there are a wide range of dining options to suit all tastes and budgets it is sensible to leave this choice to you and therefore we have not included evening meals while staying in Lima and Huaraz. You will need to pay for a total of 5 dinners. While trekking a full trek service including all meals is provided.

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## Food & Water

### Drinking Water

It is not recommended to drink untreated water from the taps. If you are on a trekking or cycling holiday, water is supplied to fill up your individual bottles. This will be boiled, filtered or provided in large jerry cans or 5 litre bottles. Additionally you should take purification tablets or a filter bottle (such as a [Water-To-Go bottle](#)) to treat your water when in towns or where water is not supplied. We do not encourage the purchasing of single use plastic bottles.

### Food

On trek the food provided will be a mixture of local and worldwide favourites, with all ingredients purchased in Peru and cooked for us by highly trained staff cooks. The food our cooks are able to produce on trek will be a taste sensation! Lunch is usually a picnic - fresh fruit, salad and bread, cheeses, cold meats, avocado and plenty to drink. Dinners will be three courses and the menus will be flavoursome and varied. There will be no problem catering for vegetarians.

In Lima and Huaraz there is a wide range of restaurants cafes and bars serving excellent and varied cuisine! Meals, apart from breakfast, are not included here so you are free to make your own choice of restaurant and menu. If you are looking to sample some traditional Peruvian fare we can recommend trying Ceviche, a dish of raw fish marinated in citrus juice (the acid in the citrus juice effectively 'cooks' the fish), which is the unofficial national dish of Peru! The name Ceviche actually comes from the Quechua word 'siwichi', meaning fresh fish. Guinea Pig or 'Cuy' is also a common delicacy in the Andes and has been eaten at special occasions since the time of the Incas! Usually served roasted or barbequed, Guinea Pig meat has a gamey taste. It is very high in protein and low in cholesterol. A particular speciality in Huaraz is the Picante de Cuy Estilo Huarancino (Guinea Pig Hot Stew Huaraz Style!).

When it comes to drinks, before and during your trek we can recommend drinking Mate de Coca. It takes a little time to acclimatise to Huaraz's 3000m elevation and one of the things that is said to help acclimatisation is sipping this mildly stimulating, greenish and unusual tasting 'tea' made by steeping fresh coca leaves in boiling water. Those looking to celebrate the end of their holiday with an alcoholic beverage (best saved till post trek when you are fully acclimatised!) should seek out a 'Pisco Sour'. This classic South American cocktail, made by mixing the Peruvian liquor Pisco with lime juice, egg white and bitters, is incredibly moreish!

## Accommodation

During the holiday you will spend 1 night in a comfortable hotel in Lima and 4 nights in a simple, centrally located hotel in the mountain town of Huaraz.

Whilst trekking there will be a total of 9 nights camping where you will receive a full service from our friendly camp crew. You will sleep in roomy 2 man dome tents, with a porch, and inflatable camping mattresses are provided. All the camp equipment and luggage will be transported between camps by horses, so you need only carry your day pack each day. Our camp crew will erect and dismantle the tents for you, cook, and take care of all the camp chores.

During walking days, having stayed behind to collapse camp, it is usual for the crew and the pack animals to overtake the group during the day and you will usually arrive into camp to find it already established and the kettle on!

In camp, as well as the tents used for sleeping, there will also be a mess tent, with chairs and tables, where the group will dine (and socialise into the evening) and a toilet tent. Hot water for washing will also be provided to you in the mornings and when you arrive at the camp each day.

All accommodation is allocated on a twin-sharing basis. If you are travelling by yourself you will be paired up with another single client of the same sex. It is possible to hire a single tent while on trek for an additional cost. This must be arranged ahead of departure and is subject to availability (please note that single tent hire does not include single rooms in hotels). Depending on availability, it may also be possible to pre-book single hotel rooms. For additional hotel prices and single supplement costs please refer to the dates and prices page of the trip on our website.

## Group Leader & Support Staff

The group will be led by a professional and qualified tour leader. Whilst on trek the group will be supported by a full trek crew including camp assistants, cook, baggage animals and their handlers.

## Altitude

This holiday involves going to very high altitude. During the course of your trip you will be spending at least one night above 4000 metres and/or trekking to 5000 metres or above. This is not something that you should worry about; the human body is quite capable of adapting to a very wide range of altitudes, but it is important that we follow some simple rules in order to acclimatise successfully. Before coming on this holiday you should read the advice on [trekking at high altitude](#). Unless you have previous experience of trekking above 4000 metres you should consult one of our trekking experts before embarking on this holiday. On this trip we carry a portable altitude chamber (PAC-bag) and/or bottled oxygen for use in emergencies.

## Park Fees & Permits

### Machu Picchu and Inca Trail Trekking Permits

If you are booking on one of our trips or an extension that includes Machu Picchu and /or the Inca Trail please note the following.

**It is important that you book as early as possible to secure a permit.** Daily visitor numbers are limited and visitors must be accompanied by a guide on one of five designated 'circuits' that are walked in a one-way direction, with a maximum of 4 hours allowed within the site. A ticket, issued by the Peru Ministry of Culture, and included in your trip cost, needs to be purchased in advance of your visit. The ticket will stipulate an entry time and one of the 5 circuits. KE will aim to book the most comprehensive Machu Picchu tour available. Tickets are linked to your name and passport number and usually sell out 3 to 4 months in advance. **It is therefore important for you to supply us with your passport details at the time of booking to allow us to secure the required tickets.**

If you are completing the Inca Trail, a set Machu Picchu circuit is included with your Inca Trail Permit.

**IMPORTANT:** If you change passport between booking and travelling, you must bring your old passport with you, as your ticket will be linked to the passport details you booked with.

## Spending Money

We estimate that \$400 (or equivalent in €/\$) will be sufficient to cover your requirements including the non-included meals and incidental expenses such as tips for drivers, trek crew and local guides. There are a total of 5 dinners which you will need to pay for directly and we recommend you budget \$10 - \$25 dollars per meal. There is no need to purchase local currency (Peruvian Soles) prior to travelling. It is possible to withdraw your money in local currency from ATMs in Huaraz. If you are bringing your travel money with you we recommend you bring it in the form of US dollars in cash as this provides for the easiest exchange. Please note that it is more difficult to change money in Huaraz. Credit cards can be used to purchase goods and to pay for meals in Lima.

## Guidance on Tipping

Tipping is common in Peru, however you must remember that it is voluntary, and how much you give depends on how you feel about the service you have received. Airport baggage carriers are the only exception and tipping is compulsory. These people are unwaged and make a living by carrying your luggage. The general rule is 1 or 2 soles per bag. For hotel staff, tipping is not expected, but is welcome. For hotel porters 1 or 2 soles per bag is reasonable. Drivers of standard taxis do not usually expect a tip. As with most countries, it is usual to tip in restaurants and 10% is expected for good service. For the support crew on trek (guides, cooks, porters etc.), it is recommended that each client contributes around £65 to a group tipping pool.

## Baggage Allowance

For this holiday you should take one piece of luggage, which should be a soft duffel bag such as a daypack. Your bag on trek will be carried by porters or pack animals and should not weigh more than 15kg. It is possible to leave extra baggage at the hotel in Huaraz. For international flights please check your baggage allowance with your airline.

## Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

# General Information

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## Passport & Visas

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates (see *Health & Vaccinations* below), and visas for your holiday.** Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

### Visa Peru

UK and USA passport holders do not require a visa for short stays. When passing through immigration you will need to request a copy of your TAM Migration form. You will need to retain this document and keep it safe, as you will be asked to produce it before you depart Peru. Please note that a paper copy of travel insurance is required for people travelling to Huaraz and the Huayhuash region.

### IMPORTANT INFORMATION FOR THOSE TRANSITING THROUGH THE USA

If your flights pass through the USA, even if only in transit, you will require either a visa or an ESTA (Electronic System for Travel Authorisation). Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can apply for an ESTA under certain conditions\*. This must be done online via <https://esta.cbp.dhs.gov>, no later than 72 hours prior to travel and applies whether entering the country by sea or by air. You will need to have a biometric passport to apply for an ESTA. The fee is currently US\$40 (as of 30/09/25). Travellers who have not registered before their trip are likely be refused boarding.

\*If you have visited Iran, Iraq, Libya, North Korea, Somalia, Sudan, Syria and Yemen since 2011 or have dual nationality with any of these countries, you cannot travel with an ESTA. You will need to apply for a visa from the nearest US Embassy or Consulate instead. Additionally, if you have travelled to or have been in Cuba since the 12th of January 2021, you will not be eligible for an ESTA visa waiver and will need to apply for a US visa. You should consult the US State Department website to determine which you will need.

When completing the ESTA application form you will be asked to enter your 'Point of Contact' information. This is not required if you are only transiting through the USA.

### IMPORTANT INFORMATION FOR THOSE TRANSITING THROUGH CANADA

UK citizens will require an ETA (Electronic Travel Authorisation), and you must get this before boarding any Canada-bound aircraft or ship, or entering on a land border. The fee is CAD\$7 and you should apply for it at <http://www.cic.gc.ca/english/visit/eta-start.asp>. Other nationalities should consult their local embassy or consular office

Entry requirements can change regularly so please ensure you have the most up to date information before travelling by checking visa entry requirements at the relevant embassy in your country of residence: (US Embassy in London: <http://london.usembassy.gov/niv/apply.html>)

## Health & Vaccinations

### Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations or other preventive measures. On holidays to more remote areas you should also have a dentist check up. You should be up to date with routine courses and boosters as recommended in the UK e.g. diphtheria-tetanus-polio and measles-mumps-rubella, along with hepatitis A and typhoid. In addition you should check whether any specific vaccinations are needed to the regions that you are travelling to. A good online resource is [Travel Health Pro](#).

### Malaria

Malarial prophylaxis is not usually required for trips in the mountains, however if you are visiting rural and remote low lying areas then they might be necessary.

### Dengue Fever

Dengue fever is a known risk in places visited. It is a tropical viral disease spread by daytime biting mosquitoes. There is currently no vaccine or prophylaxis available and therefore the best form of prevention is to avoid being bitten. We recommend you [take precautions to avoid mosquito bites](#).

### Zika Virus

Zika virus has been confirmed as active in this country. It is a tropical viral disease spread by daytime biting mosquitoes. There is currently no vaccine or prophylaxis available and therefore the best form of prevention is to avoid being bitten. We recommend you take the usual precautions to avoid mosquito bites. The mosquitoes that transmit ZIKV are unlikely to be found above 2,000m altitude. For more information, visit the website of the National Travel Network and Centre (NaTHNaC) at <https://travelhealthpro.org.uk>.

### Severe Allergies

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

### Preparing for your Holiday

Getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable you will find the experience. You should be aerobically fit and comfortable with walking for 6 - 8 hours for consecutive days. Hill walking, with a good amount of ascent and descent, is the best training, and we would suggest that you try to fit in a number of long weekend walks before you depart. Running, cycling and swimming are also good for developing cardio vascular fitness and stamina.

There is little you can do to prepare for the altitude but if you have an excellent level of fitness this can help.

## Climate

The Southern Hemisphere winter season of April through to October is the optimum period for trekking in this part of Peru. We can expect the days to be warm and generally sunny, with temperatures between 12 and 20°C above c. 3500 metres. during this season, the night-time temperatures will fall below freezing. At our highest camps we might experience night-time temperatures as low as -5°C. Even though this is winter, Lima is only 12 degrees south of the equator, and the daytime temperatures in the capital will be 20 to 25°C, with quite cool nights.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Books

- Trekking and Climbing in the Andes. Kate Harper and Val Pitkethly.
- Flight of the Condor. Michael Andrews.
- The Conquest of the Incas. John Hemming (MacMillan)
- Peru - the Rough Guide. Dilwyn Jenkins.
- The Andes - Time Life Books.
- The Andes are Prickly. Martin Slessor.
- The Trekkers Handbook. Tom Gilchrist.
- Latin America Spanish Phrasebook. Lonely Planet.

## Private Groups Information

**Make this KE Adventure holiday your own!**

- Do our normal group departure dates not fit?
- Would you prefer to travel with just friends and/or family?
- Are you looking to organise a trip for your local walking, biking or mountaineering club?

It's really easy to make a trip your own. Simply select from our full range of adventure holidays and choose the dates that work for you and your group.

We are experts in creating holidays for groups of friends, families, charities and clubs. Our personal service means you'll be fully involved as we make the arrangements for your perfect adventure holiday.

### Independence with Security

Travelling as a KE Private Group allows you more flexibility and choice, but still with the peace of mind that everything is pre-planned and arranged for your group by a reputable adventure travel company.

To take your first step to an amazing adventure with your friends and family complete the private group enquiry form, or call our **Sales Experts on: 017687 73966**

## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

## Equipment Information

### Equipment List

The following checklist should help you with your packing. As a general rule, you should always try to keep the weight of your equipment to a minimum. The packed weight of your kit bag whilst trekking should be no more than 15 kgs.

**You must bring the following items:**

- Hiking boots
- Socks
- Trekking trousers
- Waterproof over-trousers
- Underwear
- Baselayer shirts (2 short sleeve, 2 long sleeve)
- Casual shirts and/or T-shirts
- Fleece jacket or warm jumper
- Waterproof jacket
- Warm jacket (down)
- Sunhat
- Warm hat
- Sunglasses
- Lightweight thermal gloves
- Warmer gloves or mittens
- Sleeping bag (comfort rated -20°C) (Sleeping mattresses are provided locally)
- Daypack 30 - 40 litres
- Headtorch and spare batteries

- Basic First Aid Kit including: Antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), Diamox, painkillers, plasters and blister treatment, and re-hydration salts (Dioralite).
- Sun protection (including total bloc for lips, nose etc.)
- Water bottles 1 Litre (x2) (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Washbag and toiletries
- Antibacterial handwash
- Travel towel
- Selection of dry bags (to keep kit bag contents dry)
- Small padlock

**The following items are optional:**

- Trainers or similar for travelling and camp use
- Spare laces
- Gaiters
- Shorts
- Thermal baselayer - leggings
- Sleeping bag liner
- Travel clothes
- Trekking poles
- Insect repellant (DEET) - highly recommended

- Pen-knife (note: always pack sharp objects in hold baggage)
- Repair kit - (eg. needle, thread, duct tape)
- Camera
- Reusable cloth bag for shopping (to avoid plastic bags)

### Notes

An inflatable camping mattress (thermarest) will be provided.

### Land Only Information

Please refer to the 'Joining Arrangements & Transfers' within Holiday Information for further details.

Flights and other transport to your destination should not be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

### Land Only Information

The LAND ONLY dates and prices are for the itinerary joining in Lima.

### Flight Inclusive Information

Limited seats are available at the advertised flight price, please book as early as you can. If we are unable to secure seats at the price shown, or you have requested regional departures and/or upgrades, we will provide you with an alternative quote. It is likely that flight payment will be in advance of your final holiday balance. Booking a flight inclusive package means you will benefit from full financial protection, eases your holiday planning, and leaves us to deal with airlines and schedule changes. If you book flights through KE Adventure Travel we will [offset the carbon of your flight](#).

Regional departures and/or alternative carriers are available on request.

### Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are for the itinerary based on UK flights from London to Lima Chavez International. Outbound flights will usually depart the UK in the evening, arriving in the morning of day 1 (day 1 of the itinerary). Return flights will depart Lima Chavez International airport in the evening of the last day of the itinerary, arriving in the UK in the afternoon of the following day.

# Why Choose KE

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## Why KE

Adventure journalist Terry Adby travelled with us to the Cordillera Blanca for his feature in the Adventure Travel Magazine - Read his article here. Find out why this is the perfect two-week trek in the Peruvian Andes for you!

**Please Note** This document was downloaded on 28/01/2026 and the trip is subject to change