

# Private Ausangate, Rainbow Mountain and Machu Picchu

Trip Code: AUSA

Version: Private Ausangate, Rainbow Mountain and Machu Picchu Trek



WALK & TREK



GUIDED GROUP



CHALLENGING



## HIGHLIGHTS

- A classic trekking holiday in Peru's rugged and remote Cordillera Vilcanota
- Escape the crowds on this challenging Inca Trail alternative crossing several high passes
- Turquoise glacial lakes, Andean wildlife, hot springs and inspiring mountain views

- Acclimatise pre-trek whilst exploring Cusco, Sacsayhuaman and the Inca's Sacred Valley
- Trek the famous one day trail to the Inca fortress of Machu Picchu via the Sun Gate

#### AT A GLANCE

- 13 days trekking
- Max altitude - 5150m
- Join at Cusco

#### ACCOMMODATIONS & MEALS

- 17 Breakfasts
- 14 Lunches
- 10 Dinners
- 9 nights Camping
- 8 nights Hotel

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

## Introduction

South of Cusco, the Vilcanota is one of the most impressive of Peru's mountain ranges, with several 6000 metre peaks, including sacred Ausangate (6372m), the highest snowy mountain South Peru. This high and wild trekking circuit winds its way through this rarely-visited range, on quiet trails, following lovely alpine valleys that are home to traditional Quechua Indian herdsman and some of Peru's most rare and spectacular wildlife, including herds of grazing vicunas and the majestic Andean condor. Traversing this pristine and beautiful region, we enjoy a series of unbelievably beautiful lakeside camps and cross several 5000 metre passes, each providing far-reaching mountain views. Descending to the blissful hot springs at Pacchanta, we trek out via remote Laguna Singrenacocha, which provides a final 3 days of simply superlative walking. As part of a pre-trek acclimatisation programme we will also visit all the top Inca sites in the Sacred Valley of the Incas and spend time exploring colourful Cusco and Sacsayhuaman. Post-trek we will celebrate the end of our holiday with a visit to the the breathtaking lost city of the Incas, Machu Picchu! If you are looking for a remote and challenging alternative to the Inca Trail, with outstanding mountain views, then this 2 week trekking holiday is for you!

### Is this holiday for you?

On this trek we will enjoy an interesting variety of trails and pathways, from the open meadows of the puna, to some sections of boulders and scree. In general the walking is on well-defined tracks. This is a fully supported trek, and you will only be required to carry your day pack each day. Our friendly camp crew will take care of all the camp chores, so when in camp you can relax, rest and enjoy the views. To help you acclimatise and enjoy your trekking holiday, we have allowed 1 night at 2800 metres, 2 nights at 3200 metres and a night at 3800 metres before we start trekking. Not only does this help us acclimatise, it also allows us the chance to enjoy exploring all the sites in Cusco and around the Sacred Valley! This is high, remote and wild trekking, with several high passes to cross, and as such is a rewarding and achievable challenge for fit and regular hillwalkers.

# Itinerary

Version: Private Ausangate, Rainbow Mountain and Machu Picchu Trek

## DAY 1

### Meet at the airport in Cusco. A single-timed transfer from the Airport to the Sacred Valley is provided

Upon arrival in Cusco (3326m), KE Land Only package services begin with a group transfer to the Sacred Valley of the Incas. Here we overnight in the picturesque traditional town of Ollantaytambo (2800m). Spending our first night at the lower elevation of Ollantaytambo will also ease the acclimatisation process as we prepare for our trek up to 5000 metres.



**Accommodation**  
Hotel

## DAY 2

### Acclimatisation Trek to Huilloc, Pumamarca and Ollantaytambo.

You will be picked up from your hotel and depart towards Huilloc where you will learn about the customs of this community and will participate in a demonstration of one of the ancestral activities of Andean life: the process of making garments using traditional techniques, understanding the meaning of their iconography. A resident will show you the weaving process of typical Huilloc clothing. In addition to the opportunity to appreciate this traditional activity, you can buy one of these beautiful garments, contributing to the spiritual strengthening and identity of the Inca people, making this a complete and special experience. Then, you will depart towards the archaeological site of Pumamarca, composed of structures such as platforms, roads and canals and enjoy a delicious box lunch en route. Later visit the town of Ollantaytambo which has been continuously inhabited since the time of the Inca Empire. Finally, you will be transferred from Ollantaytambo to your hotel in the Sacred Valley.

Meals: **B L**



**Accommodation**  
Hotel



**Time**  
6 - 7 hrs trekking



**Distance**  
14KM

## DAY 3

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## Full-day tour to the market and ruins of Pisac, Saqsayhuaman, Quenqo, Tambomachay and Puca Pucara.

Enjoy a guided tour of the Cusco hills of the Sacsayhuaman Fortress, visit the archaeological complex of Quenqo, and walk through the military architectural complex of Puca Pucara and the ruins of Tambomachay. Afterwards, you will be transferred to the restaurant in Pisac where you will enjoy lunch and then visit the Pisac market, where dozens of stalls display and sell products created by the local people. Highlights include beautiful alpaca textiles, musical instruments, paintings, carvings, necklaces and replicas of ancient Inca pieces. Continue to the ruins, visit the Inca astronomical observatory and stroll through the terraces, notable for its irrigation system. At the end of the tour we will transfer to Cusco and check in to our hotel for the evening.

Meals: **B L**



**Accommodation**  
Hotel

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### DAY 4

## Morning sightseeing tour of Cusco, afternoon free to relax. Overnight hotel.

After breakfast your guide will meet you at the hotel for a half day walking tour of Cusco including the Cathedral with its impressive collection of colonial art and architecture, the Coricancha which is one of the most important temples in the Inca Empire and the finally you will immerse yourselves in the vibrant atmosphere of San Pedro Market, known for its local produce and handicrafts. The afternoon is free to relax or explore the many shops, bars and restaurants. Overnight hotel

Meals: **B**



**Accommodation**  
Hotel

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### DAY 5

## Drive to Tinquí (3800m) in the Cordillera Vilcanota, the start point of the Ausangate Circuit Trek.

Today we will make the 3-hour drive to the start of our trek into the Cordillera Vilcanota. From Cusco, we drive first towards Puno, past the Wari site of Pikillacta and the old colonial towns of Andahuailillas and Huaró. The road climbs steadily to a viewpoint where the Cordillera Vilcanota appears in the distance, with Ausangate and Colque Cruz the dominant peaks. The drive takes us through a picturesque landscape and by way of several traditional villages including Urcos, Cattca and Ocangate. The small village of Tinquí is at an altitude of 3800 metres. Here, we meet our arrieros, the local Quechua Indian herdsmen and their mules and llamas which will be carrying our bags and equipment. We follow a wide,

gently ascending path toward the northwest face of the impressive Ausangate mountain and have a light lunch around noon by the side of the trail. We continue walking through fields and past scattered stone farmhouses to our camp at Rodeana (3890m). You will have some free time to rest or get to know the surroundings before an early dinner.

Meals: **B L D**

 <b>Accommodation</b> Camping	 <b>Time</b> 2 hrs trekking	 <b>Distance</b> 4KM
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## DAY 6

### Trek across the open puna gradually gaining altitude to our camp near the hot springs at Upis (4250m).

We wake to the sounds of breakfast being prepared and the arrieros rounding up their animals. This is our introduction to camp life. After breakfast, we begin our trek around Ausangate, heading across the open puna or highland meadows and gradually gaining altitude. We may be lucky enough to see viscachas (the long tailed highland rabbit-like creature), condors and Andean foxes during today's walk to Upis. We set up camp close to the hot springs of Upis, where we can relax and take in the magnificent view of Ausangate at the end of the valley. Altitude at camp is 4250 metres.

Meals: **B L D**

 <b>Accommodation</b> Camping	 <b>Time</b> 4 hrs trekking	 <b>Distance</b> 12KM
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## DAY 7

### Trek Upis to Ausangate Cocha (4440m).

After an early breakfast we set off on our hike which takes us close to the Ausangate Glacier Peak. Here we are treated to incredible views of the mountain as well as the surrounding lakes and waterfalls. We may see llamas, alpacas and wild vicunas (the undomesticated ancestor of the alpaca) and perhaps a rare condor soaring above. We will have a 3-hour uphill hike to reach the first pass at 4800 metres before descending for 2 hours to our lunch spot. After lunch, it will take a further 2.5 to 3 hours to reach our campsite at Ausangate Cocha (4440m).

Meals: **B L D**

 <b>Accommodation</b> Camping	 <b>Time</b> 7 - 8 hrs walking	 <b>Distance</b> 12KM
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## DAY 8

## Trek to the spectacular Rainbow Mountain (Vinicunca). Camp at Anantapata (4500m).

We wake early to a hot drink and breakfast and embark on the 2.5 to 3-hour trek to Rainbow Mountain. During our hike, we will take in breath-taking views of some of the highest peaks in the Andes and the valleys below. By arriving early, we will get to enjoy the stunning scenery of Rainbow Mountain before the other groups arrive. Your guide will help you explore the area, including the Red Valley, known for its striking mineral-rich landscapes and colourful striations. Once you've had time to capture those all important postcard-worthy photos our return trek will take us on to Ananta where a delicious lunch prepared by the cook awaits. The remainder of the day is free for you to relax and unwind at the Anantapata camp, situated at an elevation of 4500 meters.

Meals: **B L D**


**Accommodation**

Camping


**Time**

5 - 6 hrs trekking


**Distance**

11KM

## DAY 9

## Trek over the Palomani pass at 5180 metres and continue to our camp at Surapampa (4591m)

Start the day with breakfast before embarking on a hike to the Palomani Pass. Along the 3-hour hike, you'll pass colorful lakes, green pampas, small villages, alpacas, llamas, and locals in traditional attire. At the pass, enjoy stunning views of the red lake and the Vilcanota mountain range. Afterward, descend to Huchuy Pinaya for lunch, then continue for 2 hours to Surapampa for an overnight stay. Keep an eye out for Viscachas, rabbit-like creatures with squirrel tails, resting on the rocks.

Meals: **B L D**


**Accommodation**

Camping


**Time**

5 to 6 hrs trekking


**Distance**

11KM

## DAY 10

## Trek from Surapampa and cross the Campa Pass (5070m). Continue to our camp at Laderas Ausangate (4300m).

Today's trek begins from Surapampa, heading towards the Campa Pass at 5070 meters above sea level. You'll awake to views of the Tres Marias snowy peaks and start the hike with a two-and-a-half-hour ascent to the pass. Along the way, we will hike through a lush green valley and take a break to enjoy lunch. Afterwards we continue towards the slopes of Ausangate and a final descent leading to our

campsite for the night. During this part of the hike, you'll pass three glacial lakes - China Otorongo, Orco Otorongo, and Qomer Cocha, highly revered and well known for their mystical significance in the Andean World.

Meals: **B L D**

	<b>Accommodation</b> Camping		<b>Time</b> 6 hrs trekking		<b>Distance</b> 14KM
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## DAY 11

### Trek through the Pacchanta Valley to our campsite at 4200m near the Pacchanta hot springs.

After a hearty breakfast, we hike for 3 hours along Ausangate's slopes on varied paths until we reach the imposing mountain of Pacchanta. The trail descends gradually through the Pacchanta Valley, offering views of glacial moraines, pristine lakes, and snow-capped peaks, including Ausangate and the Two Twin Mountains. At 4200m (13,780ft), our campsite near the Pacchanta hot springs where you can take a well-deserved soak in the thermal waters while admiring the majestic Ausangate Mountain.

Meals: **B L D**

	<b>Accommodation</b> Camping		<b>Time</b> 6 hours trekking		<b>Distance</b> 15KM
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## DAY 12

### Trek from Paqchanta, across the pass at 4800m and onto to our camp near the lagoon at Armaccocha (4665m)

After breakfast, we depart from Paqchanta and head north along the front of the range. After about 3 hours, we will cross the pass at 4800 metres and descend for a short while before stopping for some lunch. We then continue our descent to the valley floor, cross the valley and ascend for 2 to 3 hours to our camp near a beautiful lagoon at Armaccocha (4665m). This area offers stunning views of Nevado Callangate.

Meals: **B L D**

	<b>Accommodation</b> Camping		<b>Time</b> 6 hrs trekking		<b>Distance</b> 10KM
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**DAY 13**
**Trek Armacocha to Singrenacocha Lagoon (4560m).**

Start the day early to continue this beautiful exploration of the area near Ausangate Mountain. Continue the walk and have lunch on the road before reaching the Singrenacocha lagoon, at an altitude of 4560 metres. This is a beautiful lagoon of intense blue colour, which embellishes, even more, the landscape of the mountains. Upon arriving in this area, settle in the camp and enjoy dinner during the afternoon.

Meals: **B L D**



**Accommodation**  
Camping



**Time**  
5 hrs trekking



**Distance**  
11KM

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**DAY 14**
**Our final trek out from Singrenacocha to Mallma. Transfer to Cusco. Overnight hotel**

After breakfast, leave from the camp in Singrenacocha towards Mallma. The final trek out goes along the shore of the lake for a while and then descends to the town of Mallma. After approximately two hours of travel, a transportation service will pick you up from Mallma to transfer you to your hotel in the city of Cusco, arriving during the afternoon.

Meals: **B**



**Accommodation**  
Hotel



**Time**  
2 hrs walking / 125km transfer



**Distance**  
8KM

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**DAY 15**
**Full day excursion to Huchuy Qosqo. Return to Cusco**

Take part in an unforgettable adventure through the Sacred Valley on a trek to Huchuy Qosqo. You will be picked up during the morning from your hotel in Cusco and transferred out of the city to start the walk. Go through beautiful landscapes and after approximately 4 hours arrive at the archaeological site of Huchuy Qosqo, a complex made up of large Inca walls and terraces. Once there, you will learn about the history of the place and have free time to rest. Enjoy a box lunch en route. Then, start the way back to the town of Lamay, from where you will be transferred to your hotel in Cusco.

Meals: **B L**



**Accommodation**  
Hotel

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**DAY 16**

## Trek the Royal Short Inca Trail via the Sun Gate to Machu Picchu. Descend to hotel in Aguas Calientes

Today you will be transferred from Cusco to Ollantaytambo, where you will get the Expedition Train to KM 104 which is the start of your trek. Today our trek takes us along the most impressive stretch of the Inca Trail. We'll visit beautiful Inca sites, see a variety of flora and fauna and get to take in the fantastic panoramas of the Andes Mountains. Covering 16km of the trail our journey begins in the Sacred Valley and works its way up along an original Inca Trail to the Inca site of Winay Wayna before continuing on to Machu Picchu via the Sun Gate (Inti Punku). As we make our way to Machu Picchu we'll pass through the lush and verdant cloud forest that covers the mountain and get to see a variety of plants, flowers and birds along the way. We may also see some larger mammals such as Viscachas (rabbit-like Chinchillas) and Spectacled Bears (if we are very lucky). After a full days trekking we'll arrive to the Sun Gate (Inti Punku) in the late afternoon and get our first views of Machu Picchu spread out on the mountain below. The light at this time of day is great for photos and with fewer tourists in the site it's a perfect time to for photographs. After we've passed through the Sun Gate we'll carry on along the trail and past the entrance to the site itself and take the transfer but to Aguas Calientes in the valley below where we'll check in to our hotel.

Meals: **B L D**



**Accommodation**  
Hotel



**Time**  
5 - 6 hrs trekking



**Distance**  
16KM

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**DAY 17**

## A guided tour to Machu Picchu Citadel & Machu Picchu Mountain

Today we visit Machu Picchu, the site that was lost to the jungle but rediscovered in 1911 by the Yale academic, Hiram Bingham. Declared a UNESCO world heritage site in 1983, Machu Picchu exceeds all expectations. Perched high on an inaccessible hilltop the citadel is protected by huge cliffs and the raging Urubamba River. An early morning bus from Aguas Calientes takes us up to the site, saving us from the relentlessly steep climb. A local guide will give us an interpretive tour of Machu Picchu and we will have ample time to soak up the mystical atmosphere of this incredible site. You will then complete the guided trek of Machu Picchu Mountain. Later that day you will stop for lunch at a local restaurant before returning to Ollantaytambo on the Machu Picchu Expedition train. On arrival in Ollantaytambo you will be transferred back to Cusco, to enjoy your final night in Peru.

Meals: **B L**



**Accommodation**  
Hotel

**DAY 18****Departure day. Cusco Airport transfers are provided.**

Your holiday ends after breakfast. A single group transfer to the airport is provided. If you wish to extend your stay in Cusco, it is possible to arrange extra night(s) at the group hotel. Please see the extensions section of the trip page on our website for details and prices of all options including visits to Lake Titicaca and the Amazon Rainforest.

Meals: **B**

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# Extensions

When booking your holiday, you will be able to 'add an extension option'. Once we have received your booking we will contact you to discuss additional services required for the extension and to take any additional deposit.



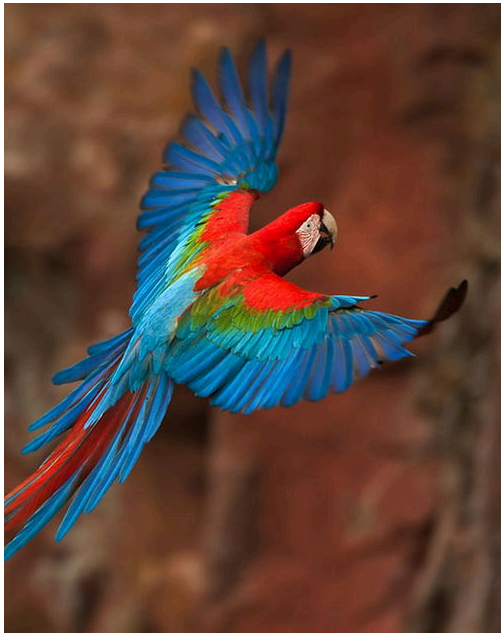
## Lake Titicaca by Luxury Train

**Travel in style on the luxurious Titicaca scenic train from Cusco to Puno, on the shores of Lake Titicaca.**

Enjoy stunning landscapes, lively regional music and dance, and exquisite onboard cuisine. Along the route you'll make a stop at Abra La Raya, the journey's highest point at 4,300m. After an overnight in Puno we travel to the floating 'Totora' reed islands of the Uros people. Here we watch them harvesting and weaving the reeds. Travelling onto Amantani Island we overnight in a traditional village house being hosted by a local families. This gives us a great insight into the livelihood of these pre-Incan people. We return the following day by boat to Puno and then transfer to the nearby airport of Juliaca. This extension starts in Cusco and ends in Juliaca.

**Train departures:** Every Wednesday, Friday, and Sunday

**4 days from**  
**US\$710** per person



## Peru Rainforest Extension

**Embark on an unforgettable journey to Tambopata National Reserve, a vast, untouched expanse of Amazonian wilderness covering 2.5 million acres.**

Our Rainforest Extension includes three nights at the reserve, allowing for two full days of immersive jungle walks and scenic river excursions. A short flight to Puerto Maldonado followed by a motorized canoe ride will transport you deep into the heart of the Amazon.

In Tambopata, we've carefully selected two exceptional lodges, each offering prime access to breath-taking wildlife viewing opportunities. From the vibrant macaw clay lick to playful otters, curious monkeys, and a dazzling array of colourful birds, every moment in this ecosystem is a chance to witness nature at its finest. This pristine habitat is also home to the Amazon's five top predators: the elusive jaguar, the playful giant otter, the stealthy black caiman, the majestic harpy eagle, and the formidable anaconda.

This extension begins and ends in Puerto Maldonado, with most flights departing from Cusco. We're happy to assist with internal flights and additional accommodations in Cusco or Lima to enhance your journey.

**Immerse yourself in the wonders of the Amazon—adventure awaits!**

**4 days from**  
**US\$1,275** per person



## Galapagos Islands Cruise

**Create the perfect holiday-of-a-lifetime by adding an exploratory cruise of the stunning and unique Galapagos Islands**

Needing little in the way of introduction, the Galapagos Islands are one of the most pristine natural environments left on Earth. Over 600 miles separate them from mainland Ecuador, meaning they have enjoyed splendid isolation and provide a habitat for a bewildering array of birds, reptiles, mammals and sea life you simply won't find anywhere else.

We have a variety of ships and itineraries and you can choose from two levels of service - Standard and Upgraded, many of which are more affordable than you may have thought. Itineraries are typically between 7 and 10 days which is the optimum length for visiting this natural paradise. During your cruise you will visit a number of the islands, each distinct and renowned in their own right. Sometimes these will be `dry` landings where you step onto a pier and at others you will make `wet` landings where you reach the island by small inflatable boats and step directly onto the beach. Every boat has a slightly different itinerary but all are focused on seeing as much of the amazing Galapagos wildlife as possible. There is also plenty of time for relaxation and for swimming and snorkelling from the boats. All of our itineraries begin and end in Quito and include the flight out to the islands. Please contact us for details and prices and an itinerary that will suit your dates.

You might also want to consider our 10 day [Galapagos Islands Adventure](#), for a more active and immersive experience of these diverse islands. This shore based trip stays in cosy small hotels and guesthouses, allowing us to experience the beaches and wildlife in the early mornings and evenings when the main tourists have disappeared on their boats. Alternatively, if you are looking for something a more luxurious why not spoil yourself on one of our [Galapagos Cruises aboard the luxury Monserrat Motor Yacht](#).

Book this trip as a stand alone tour or in addition to any of our Latin America holidays.

7 days from

US\$1,460 per person



### Lake Titicaca by Luxury Bus

**Travel by luxury tour bus from Cusco to Puno, across the Peruvian Andes to the shores of Lake Titicaca.**

Forming part of the border between Peru and Bolivia, this sacred lake of the Incas at an elevation of 3830 metres was where the god Viracocha rose and created the sun, moon, stars and the first people. It is the largest navigable lake in the world. After an overnight in Puno we travel to the floating 'Totoras' reed islands of the Uros people. Here we watch them harvesting and weaving the reeds. We continue onto Amantani Islands and stay overnight in a traditional village house hosted by local families, giving us a great insight into the livelihood of these pre-Incan people. We return the following day by boat to Puno and then transfer to the nearby airport of Juliaca. This extension starts in Cusco and ends in Juliaca.

4 days from  
US\$440 per person

## Holiday Information



## What's Included

- A professional and qualified Tour Leader
- Cusco Airport transfers on Day 1 and Day 18
- Accommodation as described
- Meals as described in the meal plan
- All land transport involved in the itinerary
- When camping a full service including food and all equipment (excluding personal equipment)
- Inflatable sleeping mat while camping
- All activities/excursions/entrance fees mentioned except where specified as 'optional'

## What's not Included

- Travel insurance
- Some meals as described in the meal plan
- Tips for porters and other trek staff
- Miscellaneous expenses - drinks and souvenirs etc

## Joining Arrangements & Transfers

There will be a single-timed transfer from the airport in Cusco to the group hotel in Ollantaytambo on day 1.

Hotel contact details and an emergency number will be provided with your booking confirmation.

At the end of the trip a single timed group transfer to the airport in the afternoon is provided.

## Meal Plan

All breakfasts, 14 lunches and 10 dinners are included in the holiday price. Where there are a wide range of dining options to suit all tastes and budgets it is sensible to leave this choice to you and therefore we have not included meals (other than breakfasts) while staying in Cusco, Ollantaytambo and when visiting Machu Picchu Pueblo (Aguas Calientes). You will need to pay for a total of 3 lunches and 7 dinners. While trekking a full trek service including all meals is provided.

## Food & Water

### Drinking Water

It is not recommended to drink untreated water from the taps. If you are on a trekking or cycling holiday, water is supplied to fill up your individual bottles. This will be boiled, filtered or provided in large jerry cans or 5 litre bottles. Additionally you should take purification tablets or a filter bottle (such as a [Water-To-Go bottle](#)) to treat your water when in towns or where water is not supplied. We do not encourage the purchasing of single use plastic bottles.

On trek the food provided will be a mixture of local and worldwide favourites, with all ingredients purchased in Peru and cooked for us by highly trained staff cooks. The food our cooks are able to produce on trek will be a taste sensation! Lunch is usually a picnic - fresh fruit, salad and bread, cheeses, cold meats, avocado and plenty to drink. Dinners will be three courses and the menus will be flavoursome and varied. There will be no problem catering for vegetarians.

In Cusco and in Aguas Calientes there is a wide range of restaurants cafes and bars serving excellent and varied cuisine! Meals, apart from breakfast, are not included here so you are free to make your own choice of restaurant and menu. If you are looking to sample some traditional Peruvian fare we can recommend trying Ceviche, a dish of raw fished marinated in citrus juice (the acid in the citrus juice effectively 'cooks' the fish), which is the unofficial national dish of Peru! The name Ceviche actually comes from the Quechua word 'siwichi', meaning fresh fish. Guinea Pig or 'Cuy' is also a common delicacy in the Andes and has been eaten at special occasions since the time of the Incas! Usually served roasted or barbequed, Guinea Pig meat has a gamey taste. It is very high in protein and low in cholesterol.

When it comes to drinks, before and during your trek we can recommend drinking Mate de Coca. It takes a little time to acclimatise to Cusco's 3400m elevation and one of the things that is said to help acclimatisation is supping this mildly stimulating, greenish and unusual tasting 'tea' made by steeping fresh coca leaves in boiling water. Those looking to celebrate the end of their holiday with an alcoholic beverage (best saved till post trek when you are fully acclimatised!) should seek out a 'Pisco Sour'. This classic South American cocktail, made by mixing the Peruvian liquor Pisco with lime juice, egg white and bitters, is incredibly moreish!

### Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## Accommodation

During the holiday we will stay at comfortable and well-located hotels in Ollantaytambo, Cusco and Aguas Calientes. We have 2 nights at the Tikawasi Valley hotel in the Sacred Valley, 5 nights at the Tierra Viva Hotel in Cusco and 1 night at the Inca Terra Pueblo Hotel in Aguas Calientes.

Whilst trekking there will be a total of 9 nights camping where you will receive a full service from our friendly camp crew. You will sleep in roomy 2 man dome tents, with a porch, and inflatable camping mattresses are provided. All the camp equipment and luggage will be transported between camps by mules, so you need only carry your day pack each day. Our camp crew will erect and dismantle the tents for you, cook, and take care of all the camp chores. During walking days, having stayed behind to collapse camp, it is usual for the crew and the pack animals to overtake the group during the day and you will usually arrive into camp to find it already established and the kettle on! In camp, as well as the tents used for sleeping, there will also be a mess tent, with chairs and tables, where the group will dine (and socialise into the evening) and a toilet tent. Hot water for washing will also be provided to you in the mornings and when you arrive at the camp each day.

All accommodation is allocated on a twin-sharing basis. If you are travelling by yourself you will be paired up with another single client of the same sex. It is possible to hire a single tent while on trek for an additional cost. This must be arranged ahead of departure and is subject to availability (please note that single tent hire does not include single rooms in hotels). Depending on availability, it may also be possible to pre-book single hotel rooms. For additional hotel prices and single supplement costs please refer to the dates and prices page of the trip on our website.

## Group Leader & Support Staff

The group will be led by a professional and qualified tour leader. Whilst on trek the group will be supported by a full trek crew including camp assistants, cook, baggage animals and their handlers.

## Altitude

This holiday involves going to very high altitude. During the course of your trip you will be spending at least one night above 4000 metres and/or trekking to 5000 metres or above. This is not something that you should worry about; the human body is quite capable of adapting to a very wide range of altitudes, but it is important that we follow some simple rules in order to acclimatise successfully. Before coming on this holiday you should read the advice on trekking at high altitude on our website which can be viewed via the link below. Unless you have previous experience of trekking above 4000 metres you should consult one of our trekking experts before embarking on this holiday. On this trip we carry a portable altitude chamber (PAC-bag) and/or bottled oxygen for use in emergencies.

[www.keadventure.com/page/altitude.html](http://www.keadventure.com/page/altitude.html)

## Park Fees & Permits

New regulations for visiting Machu Picchu came into force in 2022.

Daily visitor numbers are limited and visitors must be accompanied by a guide on one of five designated 'circuits' that are walked in a one-way direction, with a maximum of 4 hours allowed within the site.

A ticket, issued by the Peru Ministry of Culture, and included in your trip cost, needs to be purchased in advance of your visit. The ticket will stipulate an entry time and one of the 5 circuits. KE will aim to book the most comprehensive Machu Picchu tour available.

Tickets are linked to your name and passport number and usually sell out 2-3 months in advance. **It is therefore important for you to supply us with your passport details at the time of booking to allow us to secure the required tickets.**

If you are completing the Inca Trail, a set Machu Picchu circuit is included with your Inca Trail Permit.

**IMPORTANT:** If you change passport between booking and travelling, you must bring your old passport with you, as your ticket will be linked to the passport details you booked with.

## Spending Money

We estimate that \$300 (or equivalent in €/£) will be sufficient to cover your requirements including the non-included meals and incidental expenses such as tips for drivers, trek crew and local guides. There are a total of 5 lunches and 5 dinners which you will need to pay for directly and we recommend you budget \$10 - \$25 dollars per meal. There is no need to purchase local currency (Peruvian Soles) prior to travelling. It is possible to withdraw your money in local currency from ATMs in Cusco. If you are bringing your travel money with you we recommend you bring it in the form of US dollars in cash as this provides for the easiest exchange. Credit cards can be used to purchase goods and to pay for meals in Cusco and Ollantaytambo.

## Guidance on Tipping

Tipping is common in Peru, however you must remember that it is voluntary, and how much you give depends on how you feel about the service you have received. Airport baggage carriers are the only exception and tipping is compulsory. These people are unwaged and make a living by carrying your luggage. The general rule is 1 or 2 soles per bag. For hotel staff, tipping is not expected, but is welcome. For hotel porters 1 or 2 soles per bag is reasonable. Drivers of standard taxis do not usually expect a tip. As with most countries, it is usual to tip in restaurants and 10% is expected for good service. For the support crew on trek (guides, cooks, porters etc.), it is recommended that each client contributes around £60 - £80 in Peruvian Soles to a group tipping pool. Your guide will assist with the distribution of these tips to your support crew. We would advise that you get together as a group towards the end of your trip to agree on a suitable tip for your guide.

## **Baggage Allowance**

For this holiday you should take one piece of luggage and a daypack. Your bag on trek will be carried by porters or pack animals and should not weigh more than 10kg (NOT including your sleeping bag and thermarest), and you will be provided with a special duffel bag at the trek briefing in Cusco in which to repack for the trek. It is possible to leave clothes and other items not required on trek at the group hotel in Cusco.

## **Group Size & Holiday Status**

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

# General Information

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## Passport & Visas

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents and visas for your holiday.** Please ensure that you check for the latest advice for each country visited before travel.

### Visa Peru

UK and USA passport holders do not require a visa for short stays. When passing through immigration you will need to request a copy of your TAM Migration form. You will need to retain this document and keep it safe, as you will be asked to produce it before you depart Peru. Please note that a paper copy of travel insurance is required for people travelling to Huaraz and the Huayhuash region.

### IMPORTANT INFORMATION FOR THOSE TRANSITING THROUGH THE USA

You will require an ESTA (Electronic System for Travel Authorisation), and you must get this before boarding any US-bound aircraft or ship, or entering on a land border. The fee is USD\$21 and you should apply for it at <https://esta.cbp.dhs.gov/esta/>. With the ESTA complete, the majority of British Citizen passport holders can enter the US under the Visa Waiver Programme, VWP. You will be required to have a passport with an integrated chip. Note that if you have travelled to Cuba, Iran, Syria or North Korea since March 2011\* you will have to apply for a visa rather than the Visa Waiver Programme (\* a full and up to date list of countries can be found on the US government website [here](#).)

### IMPORTANT INFORMATION FOR THOSE TRANSITING THROUGH CANADA

All citizens (except for USA citizens) will require an eTA (Electronic Travel Authorisation), and you must get this before boarding any Canada-bound aircraft or ship, or entering on a land border. The fee is CAD\$7 and you should apply for it at <http://www.cic.gc.ca/english/visit/eta-start.asp>



## Health & Vaccinations

### Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations or other preventive measures. You should be up to date with routine courses and boosters as recommended in the UK e.g. diphtheria-tetanus-polio and measles-mumps-rubella, along with hepatitis A and typhoid.

Malarial prophylaxis is not usually required for trips in the mountains, however if you are visiting rural and remote low lying areas then they might be necessary.

On holidays to more remote areas you should also have a dentist check up. A good online resource is [Travel Health Pro](#).

Dengue fever is a known risk in places visited. It is a tropical viral disease spread by daytime biting mosquitoes. There is currently no vaccine or prophylaxis available and therefore the best form of prevention is to avoid being bitten. We recommend you [take precautions to avoid mosquito bites](#).

Zika virus has been confirmed as active in this country. It is a tropical viral disease spread by daytime biting mosquitoes. There is currently no vaccine or prophylaxis available and therefore the best form of prevention is to avoid being bitten. We recommend you take the usual precautions to avoid mosquito bites. The mosquitoes that transmit ZIKV are unlikely to be found above 2,000m altitude. For more information, visit the website of the National Travel Network and Centre (NaTHNaC) at <https://travelhealthpro.org.uk>

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

### Preparing for your Holiday

Getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable you will find the experience. You should be aerobically fit and comfortable with walking for 8 or more hours for consecutive days. Hill walking, with a good amount of ascent and descent, is the best training, and we would suggest that you try to fit in a number of long weekend walks before you depart. Running, cycling and swimming are also good for developing cardio vascular fitness and stamina.

There is little you can do to prepare for the altitude but if you have an excellent level of fitness this can help.

## Climate

The climate of Peru is very varied across different regions. There are three major influences on the climate of any particular region, these being: its general geographical position as part of equatorial South America, its proximity to the cooling effect of the Humbolt current and most significantly, its altitude. The climate of the Andean valleys which corresponds to the region between 3000 and 4000 metres is characterised by hot wet summers and cool dry winters. The Southern Hemisphere winter season in the Andes runs roughly from April through to October and this is the optimum period for trekking in this part of Peru. At this time we can expect the days to be warm and generally sunny, with temperatures between 12 and 20°C. Above c. 3500m during this season, the night-time temperatures will fall below freezing. At our highest camps we might experience night-time temperatures as low as -5°C at any time and in mid-winter (July and August) temperatures may dip to minus10°C overnight.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Books

- Exploring Cusco. Peter Frost
- Inca Kola. Matthew Paris
- Inca Gold. Clive Cussler
- The last days of the Incas. Kim MacQuarrie
- Conquest of the Incas. John Hemmingway
- Into the forests of the night. John Simpson
- Realm of the Incas. Max Milligan

## Maps

### **PERU: 100K TOPOGRAPHIC SURVEY MAPS. IGN (PERU SURVEY). 1:100,000**

Peruvian Survey mapping, by the Instituto Geografico Nacional, is of a very high quality and at a reasonable scale for following the trek route on the ground. Contours are given at 50m intervals and peak altitudes and other spot heights are also shown. The legend includes all the standard information (e.g. settlements, roads, etc.), plus a great deal of terrain and vegetation detail. For the technically minded, the projection used is Transverse Mercator and a UTM grid is overlaid on the maps. The maps can be purchased outside Peru but may require tracking down.

## Private Groups Information

### Make this KE Adventure holiday your own!

- Do our normal group departure dates not fit?
- Would you prefer to travel with just friends and/or family?
- Are you looking to organise a trip for your local walking, biking or mountaineering club?

It's really easy to make a trip your own. Simply select from our full range of adventure holidays and choose the dates that work for you and your group.

We are experts in creating holidays for groups of friends, families, charities and clubs. Our personal service means you'll be fully involved as we make the arrangements for your perfect adventure holiday.

### Independence with Security

Travelling as a KE Private Group allows you more flexibility and choice, but still with the peace of mind that everything is pre-planned and arranged for your group by a reputable adventure travel company.

To take your first step to an amazing adventure with your friends and family complete the private group enquiry form, or call our **Sales Experts on: 017687 73966**

### Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

## Equipment Information

### AUS Equipment List

The following checklist should help you with your packing. As a general rule, you should always try to keep the weight of your equipment to a minimum.

**You SHOULD bring the following items:**

- Hiking boots
- Trainers or similar for travelling and camp use
- Socks & Underwear
- Trekking trousers
- Waterproof over-trousers
- Baselayer shirts (2 short sleeve, 2 long sleeve)
- Casual shirts and/or T-shirts
- Fleece jacket or warm jumper
- Waterproof jacket
- Warm jacket (down)
- Sunhat
- Warm hat
- Sunglasses
- Lightweight thermal gloves
- Warmer gloves or mittens
- Sleeping bag (Comfort rated -15°C)
- Daypack 30 - 40 litres
- Headtorch and spare batteries

- Basic First Aid Kit including: Antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), Diamox, painkillers, plasters and blister treatment, and re-hydration salts (Dioralite), Insect repellent (DEET)
- Sun protection (including total bloc for lips, nose etc.)
- Water bottles 1 Litre (x2) (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Washbag and toiletries
- Antibacterial handwash
- Travel towel
- Selection of dry bags (to keep kit bag contents dry)
- Small padlock

**The following items are optional:**

- Gaiters
- Shorts
- Sleeping bag liner
- Travel clothes
- Trekking poles (recommended)
- Pen-knife (note: always pack sharp objects in hold baggage)
- Repair kit - (eg. needle, thread, duct tape)
- Camera, batteries
- Reusable cloth bag for shopping (to avoid plastic bags)



## Notes

Camping mattress - An inflatable camping mattress is provided.

Whilst on trek you will be limited to 10kg (not including your sleeping bag or thermarest) and you will be provided with a suitable duffel bag at the trek briefing in Cusco in which to repack.

\*\* Daypack - Perurail has a strict policy on hand baggage on the train to and from Machu Picchu. The weight of your hand baggage on the train must not exceed 5kg and the sum of its dimensions (length + width + height) must not exceed 157 cm. If your daypack exceeds these dimensions it must be placed inside your trek bag for transportation on the train.

## Cotswold Outdoor

Many of the equipment items listed above are available from [Cotswold Outdoor](#) - our '**Official Recommended Outdoor Retailer**'. When you book a holiday with KE you will receive a 12.5% discount with Cotswold Outdoor, Snow+Rock and Runners Need. The discount code can be downloaded from your MyKE account and you can use this code at the checkout, either in store or online.

## Land Only Information

Please refer to the 'Joining Arrangements & Transfers' within Holiday Information for further details.

Flights and other transport to your destination should not be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

## Land Only Information

The LAND ONLY dates and prices are for the itinerary joining in Cusco. A single transfer is included from/to Lima Airport.

## Flight Inclusive Information

Limited seats are available at the advertised flight price, please book as early as you can. If we are unable to secure seats at the price shown, or you have requested regional departures and/or upgrades, we will provide you with an alternative quote. It is likely that flight payment will be in advance of your final holiday balance. Booking a flight inclusive package means you will benefit from full financial protection, eases your holiday planning, and leaves us to deal with airlines and schedule changes. If you book flights through KE Adventure Travel we will [offset the carbon of your flight](#).

Regional departures and/or alternative carriers are available on request.

## Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London to Cusco. Outbound flights will depart the UK in the evening, arriving in the early afternoon of the following day (day 1 of the itinerary). Return flights will usually depart Cusco airport in the afternoon of the last day of the itinerary, arriving in the UK in the afternoon of the following day.

# Why Choose KE

## AUS Why KE

Our 8 day trek makes a full Circuit of Nevado Ausangate. Unlike other trekking operators we follow the classic route missing nothing out!

**Please Note** This document was downloaded on 18/05/2025 and the trip is subject to change