

Walking Austria's Salzkammergut

Trip Code: SGSL

Version: SGSL Walking Austria's Salzkammergut



WALK & TREK



SELF-GUIDED



LEISURELY



HIGHLIGHTS

- Visit the Imperial Villa and Hotel Austria where Emperor Franz Joseph proposed to Elizabeth of Bavaria
- Swim in the crystal clear waters of Wolfgangsee
- Stay in colourful alpine villages and enjoy the warm Austrian hospitality
- Discover the World Heritage town of Hallstatt and panoramic views from the Skywalk

AT A GLANCE

- Self-Guided
- 6 days walking and sightseeing
- Luggage transfer
- GPS travel app
- Daily departures
- Join at Abersee or St. Wolfgang

ACCOMMODATIONS & MEALS

- 7 Breakfasts
- 7 nights Hotel

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

Introduction

As the summer residence for Emperor Franz Joseph and Elizabeth of Bavaria for over 60 years and with salt mining in the area dating back to the Celtic period, the Salzkammergut not only offers beautiful scenery but a deep and rich culture just waiting for you to explore on this one week self-guided walking holiday.

Located less than an hour from Salzburg, the Salzkammergut is the playground for Salzburg's residents including the famous musician Mozart. Known as Austria's Lake District, the region offers wonderful easy walking surrounded by high peaks and beautiful crystal clear lakes. Walk through scenes from the Sound of Music with beautiful green pastures scattered with fragrant wild flowers in the spring and stay in quaint alpine towns ready to provide you a warm alpine welcome. On this holiday you will explore Lake Wolfgangsee and Lake Hallstättersee, stay in the Imperial summer residence of Bad Ischl and discover the fascinating salt mining heritage of the UNESCO town, Hallstatt. We have hand selected fantastic family run alpine 3* hotels for your holiday all known for their warm hospitality and superb locations. And with two nights in each hotel you will have plenty of time to enjoy the pretty towns of Abersee, Bad Ischl and Bad Goisern, plus the flexibility of being on a self-guided walking holiday means you have plenty of opportunity to sample local delicacies such as Goulash in one of the fantastic restaurants.

Is this holiday for you?

This holiday has been specially designed for a relaxed pace around the spectacular Salzkammergut mountains and lakes. This trip is ideal if you love being in the mountains but don't feel the need to hike the highest peak in sight. This self-guided walking holiday is all about gentle low level walks interspersed with visits to cultural sites, sampling fantastic food and enjoying the beautiful clear blue lakes, whether it is on the cruise ferry, hiring a boat or swimming after a day of walking. You will stay in highly rated 3* hotels all chosen especially for their fantastic location and warm alpine welcome. Routes are well marked for easy navigation and on well-established paths covering average distances of 13km with some ascents but no more than 450m.

Itinerary

Version: SGS L Walking Austria's Salzkammergut

DAY 1

Arrive at beautiful Lake Wolfgangsee.

Arrive at your hotel in the town of Abersee set on the shores of wonderful Wolfgangsee. Depending on the time of your arrival you may wish to explore this pretty alpine town, take a stroll along the lake shore or take your first dip in the crystal clear waters of Wolfgangsee. In the evening a representative will greet you at the hotel and provide you with some further information about this fantastic area and your week here. In peak season you may be based at another of our partner hotels just a short cruise ride across the lake in the pretty town of St Wolfgang. This is the starting point of your first days walk and is also set on the beautiful shores of Wolfgangsee.



Accommodation
Hotel

DAY 2

Explore St. Wolfgang and walk the trail to the Mozart village of St Gilgen.

Your day begins with a ferry cruise across the lake to picturesque St Wolfgang. You will have time to explore and enjoy a morning coffee before beginning your walk. The route will take you on a trail out of the town to ascend through quaint farms and woodlands to Falkenstein church nestled into the rock face. This fascinating little church dates back to 976 when it was home to the Bishop of Wolfgang who was living as a hermit here. It is said to have a healing spring and the route has become somewhat of a pilgrimage to the church and offers spectacular views over the lake below. After a quick holiday photo your route continues descending to the lakeshore path to lead you to the elegant Mozart village of St Gilgen on the northern shores of the lake. You will have time to explore the pretty streets and enjoy a coffee before taking the ferry cruise back to Abersee.

Meals: **B**



Accommodation
Hotel



Ascent
250M



Descent
250M



Time
3-4 hours



Distance
10KM

DAY 3

Discover tranquil lake Schwarzensee and the old Imperial summer residence Bad Ischl.

After breakfast you have a further opportunity to discover St Wolfgang and enjoy a relaxing ferry cruise across the lake. Your walk leaves the village and through meadows to the beautiful lake Schwarzensee and the welcoming Zur Lore mountain hut ready to reward you with your morning coffee and apfelstrudel. The blue waters of the lake and pretty mountain huts dotted along the shores make this a popular spot with locals enjoying a family picnic. There is time to relax and enjoy a refreshing dip in the lake before continuing your walk around Burglstein to the promenade of Strobl. From here you take a short bus journey to the spa town of Bad Ischl, famed for the old Imperial Villa where Emperor Franz Joseph spent his summers. Here you will stay at a lovely 4* hotel for the following two nights with plenty of time to explore.

Meals: **B**


	Accommodation Hotel		Ascent 300M		Descent 300M		Time 4-5 hours		Distance 12KM
---	-------------------------------	---	-----------------------	---	------------------------	---	--------------------------	---	-------------------------

DAY 4

Free day in Bad Ischl.

Today is a free day allowing you the opportunity to explore the sights of beautiful Bad Ischl. You will soon see why it has the royal approval! We recommend a visit to Kaiservilla, Franz Joseph's summer residence for over 60 years with its perfectly manicured gardens. It is here he proposed to Elizabeth of Bavaria and he began World War I with his declaration of war to Serbia in 1914. You may also wish to visit the museum depicting the growth of the town and its importance in salt production and as a spa town. Alternatively you may wish to sample the fantastic healing effects of the salt which is produced here, paying a visit to the Thermal spa and the Emperor's sauna.

Meals: **B**

	Accommodation Hotel
---	-------------------------------

DAY 5

Discover Bad Goisern the gateway to UNESCO Hallstatt.

Salt has always been an important source of income in the Salzkammergut, it is this 'white gold' which has shaped the culture and heritage of the region. Today's walk will take you along a section of the old brine trail connecting Hallstatt's UNESCO salt mine and the salt works in Bad Ischl. Your route takes you through woodland and along the promenade into Kaltenbachau, an area of Imperial amusements and where equine teams still gather each June to compete in dressage and racing events. There is an option to extend your route today with an ascent on a forest trail and along a ridge above the town for fantastic

views. Your route finishes in Bad Goisern, the gateway to UNESCO heritage Hallstatt and your hotel for the next two evenings.

Meals: **B**

	Accommodation Hotel		Ascent 50M		Descent 50M		Time 4-5 hours		Distance 11KM
---	-------------------------------	---	----------------------	---	-----------------------	---	--------------------------	---	-------------------------

DAY 6

Hike to the Skywalk of Hallstatt. Enjoy the Funicular and cruise across Hallstattersee.

Today your route will take you onto another section of the brine trail ascending the salt mountain of Hallstatt home to the world's oldest salt mine dating back to the Celtic era. Your ascent is rewarded with the most spectacular panoramic view from the Skywalk down the lake and the Dashstein Massif. There is plenty of time for those all important holiday snaps before taking the impressive funicular down to the UNESCO town of Hallstatt. Here you will have opportunity to visit the town and mines before taking the cruise ferry across the lake to your hotel in Bad Goisern.

Meals: **B**

	Accommodation Hotel		Ascent 400M		Descent 100M		Time 4-5 hours		Distance 12KM
---	-------------------------------	---	-----------------------	---	------------------------	---	--------------------------	---	-------------------------

DAY 7

Walk along Sissi-Path to discover Lake Nussensee and Blinkingmoos Nature Reserve.

Your final day begins with a short train journey to Bad Ischl; from here you pick up the romantic Sissi-Path named after Franz Joseph's beloved wife Elizabeth (Sissi) of Bavaria. This well established path will take you past charming churches and pastures to the tiny Lake Nussensee and along the River Ischl to Lake Wolfgangsee. You continue through the Blinkingmoos Nature Reserve and along the lakeshore to Abersee to enjoy a celebratory drink to a fantastic week of walking in Salzkammergut.

Meals: **B**

	Accommodation Hotel		Ascent 300M		Descent 200M		Time 5-6 hours		Distance 18KM
---	-------------------------------	---	-----------------------	---	------------------------	---	--------------------------	---	-------------------------

DAY 8**Departure Day.**

Enjoy a leisurely breakfast and perhaps one last stroll along the lake shore before your onward journey.

Meals: **B**

Holiday Information

What's Included

- All accommodation as described
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Luggage transfer
- Welcome meeting
- Cruise on Wolfgangsee
- Ferry on Hallstättersee
- Valley cable car Salzbergbahn Hallstatt
- Train from Hallstatt to Bad Goisern and from Bad Goisern to Bad Ischl
- Salzkammergut Erlebnis Card (offering reductions on many local attractions)
- Navigation App and GPX tracks available

What's not Included

- Travel insurance
- Travel to/from Lake Wolfgangsee
- Visas (if applicable)
- Tourist Taxes may apply and are usually under 5 Euros per person per night
- Bus ride Strobl to Bad Ischl (approx. 5 Euros)
- Some meals as described in the Meal Plan
- Personal equipment
- Any additional activities/excursions indicated as optional

Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

GPS Travel App

This holiday includes a GPS navigation app, which contains the routes for you to follow each day, as well as attractions, coffee stops and points of interest along the way. The app does not need to have Wi-Fi connection to work, you simply follow the instructions we provide you to download the app to your personal smartphone device before you leave home and you are ready to go.

While the travel app is running, your phone battery charge can be consumed faster than normal, so we strongly recommend that you pack a power bank with you just in case you require it.

Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking or cycling holiday for your family, a centre-based trip is a fantastic option as it allows you to easily opt out of a day's walking if a day of building sand castles, swimming in the pool, or visiting museums is calling instead.

Please discuss this further with our Sales Team who will be happy to assist in picking the best trip for your family.

Joining Arrangements & Transfers

The trip starts and ends at your hotel in Abersee or Wolfgang depending on your accommodation. All of our self-guided holidays are sold on a land only basis allowing you the flexibility to choose the travel method which best suits you. The nearest airport for this trip is Salzburg Airport with many departures from regional UK airports.

Transport connections from Salzburg to Abersee are extremely good. If you are flying into Salzburg Airport you can take the public bus to Salzburg main bus terminus from where you can take the bus directly to Abersee or with one change in Strobl for St Wolfgang. The journey takes an hour and half and the buses run hourly so you can sit back and relax as you soak in the colourful alpine scenery.

Another option is to fly into Munich which allows for better regional flight options from the UK. If you are flying into Munich the train journey to Salzburg central station adds approx two and half hours to your journey to Abersee or St Wolfgang. Salzburg bus terminus is located next to the station.

The Austrian Federal Railways (ÖBB) offers a useful app for planning your journey on the public transport network. Visit <https://www.oebb.at/en/fahrplan/fahrplanauskunft/scottymobil> for more information.

Meal Plan

This trip is on a bed and breakfast basis to allow you the most flexibility during your holiday.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

Food in Austria is a hearty affair with many stews, schnitzel and delicious desserts on offer to fuel all those walks in the beautiful peaks. When you think of Austrian cuisine it is hard not to think of goulash, strudel and yummy chocolate Sachertorte for which the country is famed but there is a world of history behind these national favourites along with many more.

Austrian cuisine is symbolic of the former crownlands of the monarchy with its multi-cultural history with Hungarians, Bohemians, Slovaks, Poles, Croatians and immigrants from the Dalmatia, Subcarpathia, Bukovina and Carniola all bringing their favourite recipes with them as they came to Vienna. The best of the best have become fully integrated into the Austrian menu. Take the Apfelstrudel for example which originally came from Turkey after being adopted by Hungary. Who would have thought this national dish was actually Turkish?

The best bit of this self-guided holiday is that we have created it on a bed and breakfast basis to allow you the opportunity to discover the many delicious dishes Austrian's have adopted and created. We are sure you won't be disappointed.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Accommodation

Alpine hospitality is second to none and you are sure for a warm welcome in our carefully selected family run 3* alpine hotels on this trip. All of the hotels on this trip have been chosen for their fantastic locations and character. Some also have spa and pool facilities, making them perfect for unwinding after a day of exploring. The hotels all offer a great breakfast buffet to fuel you for the day ahead and rooms are on a double or twin basis, typically with Austrian style twin beds as is traditional in this area (two beds within one bed frame and separate bedding).

It is possible to arrange additional nights accommodation if you would like to enjoy this magnificent region a little longer. Please speak to one of our sales team for further details.

During high season you may be booked into an alternative accommodation of a similar standard in the area.

Baggage Allowance

Your main luggage will be transferred between each of your hotels while you are out on your trek. We ask that you please ensure your luggage is under 20KG and that your luggage is ready for collection each morning. You will also need a daypack to carry your daily essentials with you.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates (*see Health & Vaccinations below*), **and visas for your holiday.** Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

Health & Vaccinations

Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

Severe Allergies

Please inform our KE Sales and Support team of any severe allergies you may have before travel. We will always do our best to help but we are unable to guarantee an allergy free environment on our KE trips. We advise that you always carry your own treatment for the allergy with you such as 'adrenaline auto-injectors' if required. We also recommend that you discuss this with your accommodation on arrival so that they can better assist you.

Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking 3 to 4 hours for consecutive days. We suggest that you try to fit in a number of daily walks in hilly countryside before your trip and its always a good idea to spend some time walking in the footwear you are going to use on this holiday.

Climate

The Salzkammergut area is in the wet-warm-moderate climate zone making for warm summers ideal for exploring the mountains and lakes. The ideal time for a hiking tour is spring, summer and autumn. Although spring and autumn can be a bit more rainy, the spring brings fantastic alpine flowers and the autumn brings beautiful autumnal colours and warm lakes after a summer of warming sun. The summer is the most popular time to visit this area when there is the least rain and the lakes are abundant with people enjoying watersports and cooling off after a day of exploring.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: www.travel.state.gov for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Books

- The Radetzky March by Joseph Roth
- The Sound of Music by Maria Augusta Trapp

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

Equipment Information

Self Guided Equipment List

- Hiking boots with good-grip soles
- Hiking socks

- Long / short hiking trousers
- Functional base layer top and leggings
- T-shirts
- Fleece / extra warm layer
- Windproof jacket
- Waterproof jacket
- Waterproof trousers
- Hat, gloves, and neck gaiter
- Sunscreen
- Sunglasses
- Sunhat
- Small first aid kit inside your rucksack
- Water bottle or hydration pack
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover
- Camera (and batteries / memory card)
- Reusable sealable picnic boxes for picnics
- Reusable cloth bag for shopping to avoid the use of plastic bags

- Walking poles
- Headtorch with spare batteries
- Personal wash kit
- Your self-guided route notes
- Rucksack (approx. 20L)

Land Only Information

Please note that our 'from' price listed is based on 4 persons on twin or double occupancy, however we can quote for any number of travellers including solo travellers - contact our Sales Team for a quote.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights' accommodation before or after your self-guided trip - please ask our Sales Team to find out more about this.

Our Sales Team will be happy to provide you with a quote for scheduled flights, or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

We offer some transfers to your accommodation from the nearest airports - please refer to the 'Joining Arrangements & Transfers' section for further details for this trip.

Why Choose KE

Why KE

We have designed this self-guided holiday with a relaxed pace in mind so you can absorb the alpine way of life, enjoy the Austrian coffee and cake culture and swim in the crystal clear lakes. The perfect introduction to alpine walking!

Please Note This document was downloaded on 04/07/2025 and the trip is subject to change