E-Bike Zurich & Lucerne - The Chocolate Trail

Trip Code: SGZU

Version:

CYCLE	SELF-GUIDED	LEISURELY 1



HIGHLIGHTS

- Explore the preserved medieval architecture of Zurich and Lucerne
- Guided tour of world famous chocolatiers Lindt & Sprungli and Aeschbach
- Enjoy a boat ride across Lake Lucerne and ride along its peaceful shores

- Discover the tranquillity and wildlife of Sihlwald Forest and Nature Park
- E-bikes included for two-wheeled explorations with minimal effort

AT A GLANCE

- 5 days cycling & sightseeing
- E-bike hire included
- Daily departures
- Join at Zurich / End in Zurich

ACCOMMODATIONS & MEALS

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

Get a true taste of Switzerland on two wheels on this self-guided e-bike cycling holiday in the heart of Europe. This trip will give you the perfect insight into Swiss life, with bustling towns and cosmopolitan cities surrounded by natural playgrounds of beech forests, lakes and high peaks as you cycle the "Schoggi" Chocolate Trail from Zurich. You will delve into the wonderful world of Swiss chocolate, explore the immaculately preserved Old Town districts in Zurich and Lucerne, cycle through impressive valleys to the crystal clear waters of Lake Lucerne and even take the boat across the lake. What's more, you can ride with ease over the mountain passes thanks to your e-bike whilst revelling in the views of the beautiful Alpine peaks.

Pedalling with the added assistance of your e-bike, you will cover between 30-45km per day on well-maintained and signposted cycle paths. We have designed this leisurely holiday to give you plenty of time to stop and explore the many sights along the way. Plus, you will stay in a selection of handpicked 3-star and 4-star hotels on a bed and breakfast basis in some of Switzerland's most famous towns - perfect for unwinding at the end of a day out exploring on your e-bike. In the evenings you will be perfectly placed to sample the many wonderful dishes for which this region is renowned.

Is this holiday for you?

This leisurely self-guided cycling holiday is perfect for anyone that enjoys exploring on two wheels. With the additional boost provided by your e-bike, you can enjoy a delightful cycling holiday with reduced effort. E-bikes are a great leveller for those with a mix of cycling fitness and speeds, and makes climbing any gradients a breeze. Following well-marked routes which are almost continuously paved and often on tranquil side roads and designated bike paths, you will cycle between 30-45 km per day with plenty of opportunities to stop and explore the fantastic scenery, delve into region's history, and indulge in the world of Swiss chocolate.

Itinerary

Version:

Holiday Information

What's Included

- All accommodation as described
- Meals as described in the Meal Plan
- Self-guided information pack containing your route notes
- Luggage transfers
- Visit to the chocolate world of the Lindt & Sprüngli factory
- Visit to the chocolate world of Aeschbacher Chocolatier
- Boat crossing of Lake of Lucerne from Brunnen to Beckenried for you and your bike
- E-Bike hire
- Discount code to the value of CHF 10 when booking your train with Swiss Federal Railways (www.sbb.ch/en),
- Navigation App and GPX tracks available

What's not Included

- Travel insurance
- Travel to / from Zurich
- Visas (if applicable)
- Tourist taxes may apply and are usually around CHF 5 per person per night
- Some meals as described in the Meal Plan
- Train journey from Rapperswill to Einsiedeln (around CHF 20 incl. your bike)
- Personal equipment
- Bike helmet
- Any additional activities/excursions indicated as optional

Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

GPS Travel App

This holiday includes a GPS navigation app, which contains the routes for you to follow each day, as well as attractions, coffee stops and points of interest along the way. The app does not need to have Wi-Fi connection to work, you simply follow the instructions we provide you to download the app to your personal smartphone device before you leave home and you are ready to go.

While the travel app is running, your phone battery charge can be consumed faster than normal, so we strongly recommend that you pack a power bank with you just in case you require it.

Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking or cycling holiday for your family, a centre-based trip is a fantastic option as it allows you to easily opt out of a day's walking if a day of building sand castles, swimming in the pool, or visiting museums is calling instead.

Please discuss this further with our Sales Team who will be happy to assist in picking the best trip for your family.

Joining Arrangements & Transfers

The trip starts and ends at your hotel in Zurich. All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. The nearest airport for this trip is Zurich Airport, served by many departures from UK regional airports.

If you are flying to Zurich Airport, you can take the train from the airport to Zurich Hauptbahnhof, the city's main railway station. The journey takes around 15 minutes and operates every 15-20 minutes.

You can return from Zurich Hauptbahnhof to Zurich Airport the same way for your onward journey.

It is also possible to travel flight-free from the UK by taking the Eurostar train to Paris Gare de Lyon where you can change to pick up TGV connections to Switzerland.

A Swiss Half-Fare Card is available to purchase which offers savings on the Swiss transport network. You might like to consider this particularly if you are planning an extended holiday in Switzerland. For more information visit the SBB website: https://www.swissrailways.com/en/buy-swiss-half-fare-card.

Meal Plan

This trip is on a bed and breakfast basis to allow you the most flexibility during your holiday.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

Swiss food is a blend of French, German and Italian cuisine, which is hardly surprising given the country's location surrounded by all three countries. In particular, Switzerland is a cheese and chocolate lover's dream destination and is home to some of the world's finest cheese producers and chocolatiers. Yet there is much more to Swiss food than cheese and chocolate. Zurich in particular is a hotspot for foodies, with traditional Swiss dishes from across the cantons served alongside trendsetting creative dishes; several Michelin-starred restaurants can be found in the city, and the surrounding areas are often a-buzz with food festivals.

The great Swiss staple, the cheese fondue, is a dish all visitors must try and is almost a rite of passage. A mix of delicious melted Gruyere and other Swiss cheeses, white wine and herbs, it is the meal the Swiss Cheese Union claims 'creates a good mood' - unless you are first to drop your bread in the fondue that is! Tradition states that the poor soul who drops their bread in first, must foot the bill.

Although cheese fondue is delicious, it is certainly not the only yummy dish on the menu. Other national delights include Rösti (a fried grated-potato dish served with anything from eggs to apples) and Zürcher Geschnetzeltes (which translates as 'meat cut Zurich style' and consists of slices of veal cooked in a creamy mushroom sauce). Although traditional food is generally rich and hearty, you will find many lighter options too such as soups, salads and fresh fish from Zurich's surrounding lakes.

Of course, if you are keen to embrace the cake and coffee culture, you will find a range of delightful sweet treats, many containing the fresh fruits grown in Switzerland, and of course the renowned Käsekuchen (cheesecake). Go on, you've earned it!

Accommodation

This trip has been designed with comfort in mind. You will stay in a selection of handpicked 3-star and 4-star hotels all of which have been chosen for their hospitality, excellent facilities and close location to your cycle route. All of the hotels have well-appointed rooms with Wifi and offer a buffet breakfast to keep you fuelled on your bike ride. Some of the hotels also have wellness centres and gardens, perfect for relaxing after a busy day exploring.

Your accommodation is on a bed and breakfast basis staying in twin or double rooms, however all of the hotels also have a restaurant where you can enjoy an evening meal should you prefer to stay in after a busy day out exploring on your bike.

It is possible to arrange additional nights' accommodation if you wish to extend your time in this beautiful area - please speak to our Sales Team for details.

Bike Hire

E-bike hire is included in the cost of this holiday. Equipped with a battery and motor, these electric bikes give you a helping hand whilst you are pedalling, making it easier to climb hills and travel further with less effort and more comfort.

Bikes come equipped with a pannier for your daily essentials plus lights, bike lock, pump, and puncture repair kit.

The minimum age for riding e-bikes in Switzerland is 16 years. A minimum height of 160cm is recommended for e-bikes. We will reserve the appropriate size of bike for you based on your height.

We strongly recommend that you bring your own helmet with you for the best comfort. We also recommend packing a gel seat for extra comfort or a pair of padded cycling shorts as whilst the cycling is leisurely and there are plenty of opportunities to stop and explore, it is always nice to have some padding for a more comfortable ride.

We can also arrange child trailers if you wish to travel with a younger family.

Baggage Allowance

Your main luggage will be transferred between each of your hotels while you are out on your bike. We ask that you please ensure your luggage is limited to one piece under 20kg per person, and that your luggage is ready for collection each morning. You will also need a daypack to carry your daily essentials with you whilst you are riding.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required**,** and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates *(see Health & Vaccinations below),* **and visas for your holiday.** Please ensure that you check the FCDO for the latest advice for **each country visited** before travel.

Health & Vaccinations

Vaccinations:

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

Please ensure you are looking at the recommendations for all countries visited on your holiday plus recommendations for any borders you cross.

On holidays to more remote areas you should also have a dental check-up.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.

Please check the FCDO and Travel Health Pro. For all of your intended destinations for up-to-date advice.

Severe Allergies:

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

Currency

The currency for part or all of this holiday is the Euro.

Preparing for your Holiday

The advantage of a self-guided cycling holiday is that you decide the pace. This trip is designed for leisure cyclists who wish to ride at an easy pace with minimal effort and explore the many sights along the way. You should be comfortable with cycling an average of 35 km a day on easy cycle paths and quiet roads, so it is always advisable to dust off your bike and head out on a few rides before your holiday.

Climate

Zurich and the surrounding area has a temperate climate with four distinct seasons. Whilst cold winters often bring snowfall, summer days tend to be hot with temperatures reaching above 30 degrees Centigrade. Spring and autumn are usually mild with temperatures of around 15 degrees Centigrade yet can also bring some wet weather; there is always a chance of showers in summer too so it is a good idea to pack your waterproofs and a warm layer in your daypack.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's **'Travel Aware'** campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. All other nationalities should check their government websites for relevant information.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

Equipment Information

SelfGuided Cycling Equipment List

- Cycling shorts
- Cycle helmet
- Functional base layer
- T-shirts

- Scarf
- Hat
- Windproof jacket
- Fleece / extra layer
- Rain protection
- Rucksack (approx. 20 l)
- Small first aid kit for your rucksack
- Sunscreen
- Water bottle or hydration pack
- Camera (batteries/memory card)
- Mobile Phone (ensure your data package covers your destination)
- Handlebar mount that is compatible with your smartphone
- Power bank
- Waterproof phone cover
- Sun glasses
- Personal wash kit
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Tupperware for picnics

Land Only Information

Please note that our 'from' price listed is based on 4 persons on twin or double occupancy, however we can quote for any number of travellers including solo travellers - contact our Sales Team for a quote.

When considering your travel dates, you might like to investigate any seasonal opening times of attractions and points of interest.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights' accommodation before or after your self-guided trip - please ask our Sales Team to find out more about this.

Our Sales Team will be happy to provide you with a quote for scheduled flights, or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

We offer some transfers to your accommodation from the nearest airports - please refer to the 'Joining Arrangements & Transfers' section for further details for this trip.

Why Choose KE

Why KE?

Benefit from excellent international access to Zurich before pedalling off to enjoy the delights of this circular cycling tour on perfectly-signed bike routes and tranquil side roads, alongside scenic lakes and through gorgeous countryside, in the heart of Switzerland's chocolate heaven.We have included e-bike hire on this holiday to make this leisurely holiday even more of a pleasure. In addition, we have included an entry to Aeschbacher Chocolatier's Choco World that even includes the chance to make your own bar of chocolate, as well as an entry to the chocolate tour at Lindt & Sprüngli's Home of Chocolate. If you love chocolate, this really is the trip for you !

Please Note This document was downloaded on 22/11/2026 and the trip is subject to change