

# Walking Camino - The Portuguese Way - 2 Weeks

Trip Code: SGPS

Version: SGPS Walking Camino - The Portuguese Way - 2 Weeks



WALK & TREK



SELF-GUIDED



MODERATE



## HIGHLIGHTS

- Complete the Portuguese Way Camino from Porto to Santiago de Compostela
- Explore historic Porto, famous for Port wine and opulent buildings decorated with azulejo tiles
- Discover quaint villages and walk through the vineyards of the Minho

- Enjoy delicious Galician cuisine and relax with a glass of Albarino wine

#### AT A GLANCE

- Self-Guided
- 12 days walking
- 225 km of the Portuguese Way
- Luggage transfer
- Daily departures
- Join at Porto / End in Santiago

#### ACCOMMODATIONS & MEALS

- 13 Breakfasts
- 4 nights Guesthouse
- 9 nights Hotel

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

## Introduction

It is said, there is the Camino you walk and the Camino you live. This two-week walking holiday allows you to live the Portuguese Way, from Porto to Santiago de Compostela. Taking the route less travelled, you will begin your journey in the UNESCO city of Porto before stepping out to discover beautiful peaceful landscapes, vineyards, and quaint Portuguese villages with rich histories and legends. You will follow in the footsteps of ancient pilgrims, discover the legend behind the symbolic cockerel of Portugal, and cross the border into Spain to embrace Galician culture. You will even spend the night in Pontevedra, where the great explorer Columbus's flagship, the Santa Maria, was crafted.

Along the way, you will stay in a selection of welcoming hotels and guesthouses close to the Camino on a bed and breakfast basis, giving you the opportunity to dine out and sample the fantastic seafood dishes that the locals love so much. The jewel in the crown is your arrival at the cathedral of Santiago de Compostela - an emotional moment for many walkers - as you realise your achievements over the past week, the memories you have made, and the Camino you have lived!

### Is this holiday for you?

This two-week Camino is perfect for those looking to take on a spiritual challenge, their first long distance route, or for those who simply want to see the quieter side of Portugal away from the busy beaches of the south, and to discover Galicia and all its splendid traditions. Guided by the traditional scallop shells and your route notes, you should be comfortable walking for around 5-6 hours a day and an average of 15-20km, on quiet paths, byways, and cobbled tracks. The Portuguese Way is relatively flat as it takes you through the gently undulating terrain of the Minho and into Galicia, making it the ideal first time long distance route for those seeking a new challenge. Staying in a selection of great hotels and guesthouses, we will transport your luggage for you so all you need to do is relax and enjoy the journey.

# Itinerary

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## DAY 1

### Arrive in Porto and explore this picturesque city.

Arrive in Porto, home of Port wine, merchant history, and stately bridges over the Douro River connecting the city's neighbourhoods. Depending on the time of your arrival, you may wish to explore this beautiful coastal city. We recommend a visit to the impressive Gothic church, Igreja de Sao Francisco, from where you can also enjoy far-reaching views over the river, or a walk through the medieval streets of the Ribeira district where you will find many welcoming cafes and photogenic corners. If you would like to spend more time in Porto ahead of commencing your pilgrimage, we can arrange additional nights' accommodation for you - please ask our Sales Team for details.



**Accommodation**  
Hotel

## DAY 2

### Your first day as a pilgrim as you walk to Arcos.

Your day begins with a short transfer out of Porto to nearby Mosteiro, avoiding a segment of urban walking and allowing you to experience walking through rural landscapes much sooner. It is time to set off! As you begin your pilgrimage along the way of the yellow shells, your route winds its way first to Vilarinho, a small village known for its textile industry, and onwards to cross the medieval bridge over the river Ave to reach Arcos. Any stresses you may have arrived with soon melt away as you experience your first day as a pilgrim and absorb the green countryside of The Portuguese Way. Arriving in Arcos, you will have time to relax at your accommodation and enjoy an evening meal, perhaps with a glass of wine.

Meals: **B**



**Accommodation**  
Hotel



**Time**  
5 hours



**Distance**  
17KM

## DAY 3

### Walk to Barcelos and discover the Legend of the Cockerel.

Feeling refreshed, your route today takes you to the medieval village of Rates, with its pretty

Romanesque church located in the town square. The story goes that Pedro de Rates was one of the first people on the Iberian Peninsula to be converted to Christianity by Saint James - way back in the times of the Roman emperor Caligula. Pedro went on to found a small religious community here in Rates, where he eventually achieved martyrdom in trying to convert pagans to Christianity, and was buried. It is said that his tomb was rediscovered in the 9th century, and a church was built to house his remains. The church was also once part of the Benedictine monastery around which the town was built. Today, Rates is a sleepy village that welcomes pilgrims making their way to Santiago. Continuing, your route takes you through the pleasant shade of woodland and through small, welcoming villages including Courel and Pedra Furada. Before long, you see the landscape change once again as you reach the urban sprawl of Barcelos, your home for the night. It is here in Barcelos that the cockerel, known as the Galo de Barcelos and representing luck, happiness, and prosperity, became a cherished symbol across Portugal. Legend has it that a pilgrim was accused of stealing cutlery from a wealthy person in the town. While convicting the pilgrim, the local judge was dining with friends - their table set with a roast chicken. Pointing at the roast, the pilgrim announced that, if he were innocent, the cockerel would surely crow three times as he was hung. The next morning, just as the pilgrim was about to be hung, the left over cockerel stood up on the dining table and crowed! The judge realised what was happening and rushed to the gallows. Finding that - miraculously - the noose had been tied so as not to harm the pilgrim, he then set the innocent man free. The tale spread far and wide and, years later, the pilgrim returned to Barcelos to build a statue of the cockerel that had spared his sentence.

Meals: **B**



**Accommodation**  
Hotel



**Time**  
5-6 hours



**Distance**  
20KM

## DAY 4

### Enjoy a shorter day on your feet as you wind your way to Balugaes.

Today is a little shorter and easier on your legs. After a relaxed breakfast, you put on your walking boots once again and continue your journey to Santiago. This is a quiet, rural part of Portugal and your route takes you along minor roads, through vineyards, and to the Neiva River. From here, you cross a medieval bridge before arriving at your final goal of the day, Balugaes. This peaceful village is the perfect spot for unwinding after a day of walking, and we recommend enjoying a good book in the gardens of your accommodation before dinner.

Meals: **B**



**Accommodation**  
Guesthouse



**Time**  
4 hours



**Distance**  
15KM

## DAY 5



## Discover Ponte de Lima, a gem of northern Portugal.

Today's route takes you through a series of small hamlets - including quaint Facha, Seara, and Correlha - and along quiet roads and footpaths to your final goal of Ponte de Lima. Named after the bridge that spans the Lima River, Ponte de Lima is the oldest town in Portugal. This characterful town is full of charm as well as history. Sitting on the banks of the Lima River, the town's extensive history is evident in buildings demonstrating an array of styles from different periods, interspersed with pretty plazas and grand religious buildings. You will have time to explore the town, visit the colourful botanical gardens, and enjoy a coffee at a café on the main plaza before checking into your hotel for the night.

Meals: **B**

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|   |                                    |   |                        |   |                         |
|---|------------------------------------|---|------------------------|---|-------------------------|
|  | <b>Accommodation</b><br>Guesthouse |  | <b>Time</b><br>5 hours |  | <b>Distance</b><br>18KM |
|---|------------------------------------|---|------------------------|---|-------------------------|

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### DAY 6

## Walk through tranquil farmland and forestry to reach Cossourado.

This morning you say farewell to Ponte de Lima as you cross the river using the impressive 22-arch Romanesque-Gothic bridge. Arriving on the far side, the Way soon takes you into rural Portugal as you walk towards the farming parish of Arcozelo and onwards to the small village of Labruja. Here the landscape begins to change once again as you make your way uphill through tranquil tree-covered scenery, passing the Cruz dos Franceses, to reach the top of your climb. With the most demanding part of your Way achieved, it is time to take a moment to appreciate how far you have come before you make the easy walk to your accommodation for the night and enjoy a refreshing cool drink.

Meals: **B**

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|   |                                    |   |                          |   |                         |
|---|------------------------------------|---|--------------------------|---|-------------------------|
|  | <b>Accommodation</b><br>Guesthouse |  | <b>Time</b><br>5-6 hours |  | <b>Distance</b><br>22KM |
|---|------------------------------------|---|--------------------------|---|-------------------------|

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### DAY 7

## Walk across the border into Galicia and on to Tui, another step closer to Santiago de Compostela.

Today holds the last leg of your journey in Portugal as you make your way onwards from the Coura River valley and meander through rolling countryside. Today's stage is a peaceful one as you wander through this sparsely populated region on ancient cobbled tracks, first to the pretty village of Fontoura with its quaint church, and on to Valenca, marking the end of your route in Portugal. This border town dates back to the 13th century and has been a safe crossing point for pilgrims wearing the scallop shell of Saint James, despite many battles with neighbouring Galicia. Steeped in history, we recommend taking time to stroll around Valenca's historic medieval fortress and the original walled town. When you have finished exploring, you continue to your final goal of the day, Tui, just across the river. Crossing the bridge inspired

by the work of the famous Gustave Eiffel, you arrive in Tui, your home for the night.

Meals: **B**

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|   |                               |   |                          |   |                         |
|---|-------------------------------|---|--------------------------|---|-------------------------|
|  | <b>Accommodation</b><br>Hotel |  | <b>Time</b><br>4-5 hours |  | <b>Distance</b><br>16KM |
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## DAY 8

### Walk through the picturesque valley of the Louro River to reach O Porrino.

Waking up in Tui, today you begin the Spanish section of the Way. This is a proud moment for many pilgrims, having now reached the halfway point of their pilgrimage from Porto. In addition, Tui is a popular starting point for many pilgrims who are seeking to undertake the final stages of The Portuguese Way. You begin your day by winding your way through Tui's medieval streets, with time to stop and admire the famous cathedral here before continuing on your way. Crossing the Veiga Bridge, you will then walk along the valley of the Louro River - perhaps one of the most beautiful stretches of the route, before entering O Porrino, your final goal of the day.

Meals: **B**

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|   |                                    |   |                        |   |                         |
|---|------------------------------------|---|------------------------|---|-------------------------|
|  | <b>Accommodation</b><br>Guesthouse |  | <b>Time</b><br>5 hours |  | <b>Distance</b><br>17KM |
|---|------------------------------------|---|------------------------|---|-------------------------|

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## DAY 9

### Discover Galician delicacies in Redondela and enjoy views of the Ria de Vigo on your way to Arcade.

Leaving O Porrino behind, your walk today takes you further north, passing through the hilltop village of Santiaguino das Antas with its pretty park that houses the chapel from which the town derives its name. There is time to take a welcome rest in here the park before descending to the town of Redondela. This is a great spot to stop for a well-earned lunch and to enjoy a typical Galician delicacy such as Caldo Gallego (a traditional hearty soup made with greens, potatoes, white beans, and ham or chorizo) to fuel you on your way. Continuing, you will soon reach Outeiro de Penas where you can enjoy excellent views over the Ria de Vigo estuary, one of the most sublime natural harbours in the world. Your final goal today is your hotel in Arcade at the head of the estuary - waters that are renowned for the best oysters in Galicia.

Meals: **B**

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|   |                               |   |                          |   |                         |
|---|-------------------------------|---|--------------------------|---|-------------------------|
|  | <b>Accommodation</b><br>Hotel |  | <b>Time</b><br>5-6 hours |  | <b>Distance</b><br>22KM |
|---|-------------------------------|---|--------------------------|---|-------------------------|

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## DAY 10

### Walk through medieval architecture and Spanish vineyards to reach Pontevedra.

This section of the Camino will take you out of Arcade, passing fishing boats on the estuary banks, and across the photogenic medieval bridge over the Verdugo River that feeds the Ria de Vigo. Reaching the opposite side, you make your way through the charming narrow streets that guide you to beautiful byways leading up to the rolling hills and to Cacheiro. Crossing the hillside, your route soon opens up to display colourful fields, vineyards, and orchards. Winding your way across this fruitful landscape, you soon reach the beautiful and largely traffic free city of Pontevedra, your home for the night. Once Galicia's largest city, Pontevedra has a fantastic old town to discover. It was here that Columbus' flagship, the Santa Maria, was constructed. Local legend says that Columbus was in fact a Pontevedra nobleman named Pedro Madruga who took on a new identity. We recommend taking time to explore San Francisco Convent, an impressive convent said to have been founded by Saint Francis himself back in the 13th century.

Meals: **B**



**Accommodation**  
Hotel



**Time**  
3-4 hours



**Distance**  
13KM

## DAY 11

### Explore Pontevedra market and absorb the scenery of the Gandra River as you walk to Caldas de Reis.

Before heading off this morning, we recommend paying a visit to the Pontevedra food market, Mercado de Abastos, the perfect place to pick up snacks for your journey. Split over two floors, the market is bustling with locals, tourists, and pilgrims in search of the fantastic fresh produce of Rias Baixas - seafood, Albarino wine, and fantastic cheeses. Leaving the city over the medieval bridge of O Burgo, you re-join your journey to Santiago. Your route today will take you along the beautiful valley of the Gandra River as it winds its way to San Mauro. Continuing, your path widens and you will begin to spot the first of the crosses of Saint James, some magnificently carved, making for a serene and peaceful atmosphere. You will soon pass the intriguing church of Santa Maria, linked with the Knights Templar who were responsible for protecting journeying pilgrims. Your home for tonight is just beyond the church, in the thermal town of Caldas de Reis.

Meals: **B**



**Accommodation**  
Hotel



**Time**  
5-6 hours



**Distance**  
22KM

## DAY 12

## Walk through beautiful forests and meadows to reach Padron.

As you become ever closer to your final goal, you will notice more crosses and an increase in small villages and towns welcoming pilgrims. This stage of the Camino will take you across medieval bridges and through some enchanting scenery, first to the village of Cruceiro, then on through forests and meadows to the church of Santa Maria de Carracedo. From here, you follow the pretty scenery of the Valga River for some time before heading on to Pontecesures and perhaps a coffee stop, before the final section of your route today. Feeling refreshed, you cross the Ulla River to reach your accommodation in Padron, an important stop for pilgrims. It is said the granite block that was tied to the boat carrying Saint James is located under the altar of Santiago de Padron.

Meals: **B**

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|   |                               |   |                        |   |                         |
|---|-------------------------------|---|------------------------|---|-------------------------|
|  | <b>Accommodation</b><br>Hotel |  | <b>Time</b><br>5 hours |  | <b>Distance</b><br>19KM |
|---|-------------------------------|---|------------------------|---|-------------------------|

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### DAY 13

## Stand proud at the foot of the cathedral of Santiago de Compostela.

Today is the day you complete the Portuguese Way from Porto! Leaving Padron, you will make your way north, passing Iria Flavia where the Church of Santa Maria was rebuilt in the 12th century in the place of the first cathedral in Galicia. Continuing, you pass quaint Galician villages to reach the magnificent sanctuary of Nossa Senhora da Escravitude, before making your way through the streets until you finally begin to see your ultimate goal - Santiago de Compostela. You are rewarded with your first glimpses of Santiago and the cathedral towers - an emotional moment for many pilgrims. Making your way further into the city, you will soon arrive at the Faxeira Gate - the entrance of the Portuguese Way - to join fellow pilgrims from around the world in reaching the resting place of Saint James in the spectacular cathedral. This is a proud moment and you will have time to absorb it before making your way to your final hotel for a well-earned rest. **OBTAINING THE COMPOSTELA:** To cope with large numbers of pilgrims during the busiest summer months, the pilgrim office has installed a numbered ticketing system for processing your pilgrim passport. Please be aware that you may have to return to collect your certificate the next morning and that you will need to present your pilgrim passport.

Meals: **B**

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|---|-------------------------------|---|--------------------------|---|-------------------------|
|  | <b>Accommodation</b><br>Hotel |  | <b>Time</b><br>6-7 hours |  | <b>Distance</b><br>25KM |
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### DAY 14

## Departure Day.

Enjoy a relaxed breakfast and absorb the accomplishment of completing the Portuguese Way before making your onward journey.



Meals: **B**

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# Holiday Information

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## What's Included

- All accommodation as described
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Luggage transfers
- Transfer from Porto to Mosteiro on day 2
- Pilgrim kit including a pilgrim passport and shell
- Navigation App and GPX tracks

## What's not Included

- Travel insurance
- Travel to Porto
- Travel from Santiago
- Visas (if applicable)
- Tourist taxes may apply and are usually under 5 Euros per person per night
- Some meals as described in the Meal Plan
- Public buses and taxis
- Personal equipment
- Any additional activities/excursions indicated as optional

## Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

## Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking or cycling holiday for your family, a centre-based trip is a fantastic option as it allows you to easily opt out of a day's walking if a day of building sand castles, swimming in the pool, or visiting museums is calling instead.

Please discuss this further with our Sales Team who will be happy to assist in picking the best trip for your family.

## Joining Arrangements & Transfers

Your trip starts at your hotel in Porto. All of our self-guided holidays are sold on a Land Only basis, allowing you the flexibility to choose the travel method that best suits you. The nearest airport for this trip is Porto Airport, which is well-served with many departures from UK regional airports.

If you are flying into Porto Airport it is possible to take the metro (Line E - Violet Line) from there to Campanha station in Porto city for approximately €3. The journey takes approximately 30 minutes and the metro runs every 20 minutes. For more information please visit [www.metrodoporto.pt](http://www.metrodoporto.pt) where you can also buy tickets online in advance or on the day.

If you have booked a private transfer with us you will make your way to the arrivals hall where you will find your driver holding a sign showing your name.

The trip ends in Santiago de Compostela. It is possible to return to Porto by Flixbus or by train. It takes around 2.5 hours to reach Porto by Flixbus ([www.flixbus.co.uk](http://www.flixbus.co.uk)), or around 4.5 - 6 hours by train. For more information visit [www.rome2rio.com](http://www.rome2rio.com).

Alternatively, we can offer a private transfer from Santiago de Compostela to Porto Airport that takes approximately 2.5 hours - please ask our Sales Team for details.

Another option is to fly back from Santiago de Compostela Airport - for example it is possible to fly direct to London, or indirect to other UK airports, from Santiago de Compostela.

We can also arrange additional nights' accommodation before or after your self-guided trip, or you may even wish to make this trip part of a bigger trip of your own, or pair it with one of our other holidays - just ask our Sales Team for details.

## Meal Plan

This trip is on a bed and breakfast basis to allow you the most flexibility during your trip.

## Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

The Portuguese are passionate about food. It is a reason for celebration, time with family, and socialising with friends - and evening meals are typically enjoyed late into the evening with a glass of wine. One of Portugal's national obsessions is *Bacalhau*, a dried salted cod which features heavily on menus alongside other delicious seafood as, after all, Portugal has almost 1,800km of coastline. It is not all about amazing local seafood though, as Portuguese cuisine is centred on simple, fresh, flavourful cooking and includes many meaty stews such as *Cozido a Portuguesa*, which contains a variety of cooked meats, sausages, and vegetables cooked together slowly in a rich broth and usually served with rice and accompanied by one of the country's fantastic wines.

Crossing the border into Galicia, you can see that this is a region of Spain where people are passionate about their food too. Galicia's cuisine is less about paella and more about delicious Pulpo a la Gallega, a traditional dish of the region that comprises succulent boiled octopus on top of a bed of thinly sliced potatoes, topped with olive oil and paprika. Let's not forget the tasty treat of Santiago, the Tarta de Santiago (literally 'Cake of Saint James'), made from ground almonds and decorated with powdered sugar stencilled with the Cross of Saint James. Yummy!

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## Accommodation

On this trip you will stay in a great selection of comfortable guesthouses and 2-star or 3-star hotels, each offering its own charm, warm hospitality, and close proximity to your route.

All our accommodations are booked on a twin or double room basis and have free WiFi. Many accommodations have restaurants and some offer a set 'pilgrim menu' - a tradition along the Camino - offering a hearty 3-course meal for approximately 15 Euros per person, payable locally. Please ask your hosts for more information.

It is possible to arrange additional nights' accommodation if you would like to extend your time in Porto or Santiago. Please speak to our Sales Team for more information.

## **Baggage Allowance**

Your main luggage will be transferred between each of your hotels while you are out on your pilgrimage. We ask that you please ensure your main luggage is limited to one piece under 20kg per person and that your luggage is ready for collection each morning. Any additional pieces will incur an additional cost. You will also need a daypack to carry your daily essentials with you whilst you are out walking.



# General Information

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## Passport & Visas

### Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates** (*see Health & Vaccinations below*), **and visas for your holiday.** Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

## Health & Vaccinations

### Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

### GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

## Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking 5-6 hours for consecutive days.

## Climate

The climate in this part of Portugal and Spain's Galicia is mild, with wet winter months and warm pleasant summers for walking, with the added bonus of a lovely cooling breeze coming in off the Atlantic. The hottest months are July and August, when temperatures reach 25 - 30 degrees centigrade.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Books

The Portuguese: The Land and its People - Marion Kaplan

Pocket Porto - Lonely Planet

## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

# Equipment Information

## Self Guided Equipment List

- Hiking boots with good-grip soles
- Hiking socks
- Long / short hiking trousers
- Functional base layer top and leggings
- T-shirts
- Fleece / extra warm layer
- Windproof jacket
- Waterproof jacket
- Waterproof trousers
- Hat, gloves, and neck gaiter
- Sunscreen
- Sunglasses
- Sunhat
- Small first aid kit inside your rucksack
- Water bottle or hydration pack
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover
- Camera (and batteries / memory card)

- Reusable sealable picnic boxes for picnics
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Walking poles
- Headtorch with spare batteries
- Personal wash kit
- Your self-guided route notes
- Rucksack (approx. 20L)

## Land Only Information

Please note that our 'from' price listed is based on 4 persons on twin or double occupancy, however we can quote for any number of travellers including solo travellers - contact our Sales Team for a quote.

This trip is available for departures on Saturdays throughout the dates listed.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights' accommodation before or after your self-guided trip - please ask our Sales Team to find out more about this.

Our Sales Team will be happy to provide you with a quote for scheduled flights, or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

We offer some transfers to your accommodation from the nearest airports - please refer to the 'Joining Arrangements & Transfers' section for further details for this trip.

## Why Choose KE

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## Why KE?

Stand proud at the foot of Santiago de Compostela cathedral with your official Certificate of Distance, having completed the 225km route of the Portuguese Way from Porto under your own steam .With luggage transfers and your pilgrim kit included, all you have to do is put one foot in front of the other and immerse yourself in your journey.

**Please Note** This document was downloaded on 15/07/2025 and the trip is subject to change