

# Slovenia: Alpine Drives & Hidden Trails

Trip Code: SGJA

Version:



WALK & TREK



SELF-GUIDED



LEISURELY



## HIGHLIGHTS

- Spend 2 nights in Ljubljana's charm and 4 nights nestled in the beauty of Triglav National Park
- Feast on delicious Slovenian cuisine including the famous Bled Cake in the place it was born
- Experience the freedom of having a hire car and a choice of walks to suit you
- Stand proudly atop Mount Matajur with one foot in Slovenia and one in Italy, while admiring the panoramic views

**AT A GLANCE****ACCOMMODATIONS & MEALS**

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

# Introduction

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Discover the very best of Slovenia on this flexible drive and hike holiday through the Julian Alps. From the café-lined riverbanks of Ljubljana to the emerald waters of Lake Bled and the soaring peaks of Triglav National Park, each day brings a new perspective.

You begin your trip in Ljubljana, one of Europe's most captivating small capitals, where dragons guard the bridges and summer evenings spill onto lively riverbanks. Then, retreat to the mountains of Triglav National Park, stopping at Lake Bled for an opportunity to swim in the warm waters before heading into the National Park.

Your walks will take you among the traditional shepherd huts of Velika Planina, to hike panoramic trails above Lake Bohinj, summit Mount Vogel and stand on Mount Matajur with one foot in Slovenia and the other in Italy. You will explore the turquoise Soca Valley with its dramatic gorges, and discover its poignant WWI history along the way.

This holiday is designed with flexibility in mind, whilst ensuring you experience authentic Slovenia. With a choice of walks, your own hire car and handpicked accommodation, staying in Ljubljana, Bohinj and Soca Valley for multiple nights you can really settle in and soak up the region's welcoming culture.

## Is this holiday for you?

This trip is perfect if you love the freedom to explore at your own pace, with a hire car and a choice of walks on several days, you can tailor each stage to suit you. You should be comfortable walking 3 to 6 hours a day on well-marked mountain trails with ascents of 200-900m. If you enjoy mixing alpine walking with idyllic lake swimming and discovering an area's history then this is the trip for you. Plus, with your own hire car and staying in each location for 2-3 nights you can really relax and immerse yourself in the region's culture.

# Itinerary

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Version:

## Holiday Information

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### What's Included

- All accommodation as described
- Self-guided information pack containing your map and route notes
- All train transfers for the hiking days included in the program
- Navigation App and GPX tracks available

### What's not Included

- Travel insurance
- Travel to and from Ljubljana
- Visas (if applicable)
- Tourist taxes may apply
- Vogel Cable Car
- Car Hire
- Meals
- Personal equipment
- Any additional activities/excursions indicated as optional

## Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

## Car Hire

This holiday has been designed to give you the ultimate flexibility and independence with arranging your own hire car.

There are numerous car hire agencies in Slovenia with offices available at Ljubljana Airport. Arranging your car independently, you can choose the type of vehicle you prefer, the number of drivers required, and the level of excess protection desired. Car hire brokers such as [Zest Car Rental](#) are a good resource for comparing rental deals. We highly recommend that you pre-book your hire car so that it is ready to collect on arrival.

You can also find answers to frequently asked questions and further information about car hire [here](#).

## Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking or cycling holiday for your family, a centre-based trip is a fantastic option as it allows you to easily opt out of a day's walking if a day of building sand castles, swimming in the pool, or visiting museums is calling instead.

Please discuss this further with our Sales Team who will be happy to assist in picking the best trip for your family.

## Joining Arrangements & Transfers

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### TRAVEL TO YOUR DESTINATION

In some cases you may choose to take a ferry and/or train to your holiday start and end destination. Please see further information on [Travelling by Train](#).

If flying from the UK there are low cost airlines available to the start and from the end of your holiday.

To benefit from full financial protection, ease your holiday planning, and avoid dealing with airlines, we can book scheduled flights from the UK as part of a flight inclusive package. Scheduled flights are usually more expensive than low cost alternatives, however potentially less stressful if your flight is cancelled or delayed. If you book flights through KE Adventure Travel we will [offset the carbon of your flight](#).

### Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

### Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

### Baggage Allowance

For this holiday you should take one piece of luggage and a daypack. Luggage with wheels is useful for this holiday.

For international flights please check your baggage allowance with your airline.

Please also consider the luggage capacity of the type of vehicle you choose to hire.

# General Information

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## Passport & Visas

### Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates (see *Health & Vaccinations* below), and visas for your holiday.** Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

## Health & Vaccinations

### Vaccinations:

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

On holidays to more remote areas you should also have a dental check-up.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.**

Please check the [FCDO](#) and [Travel Health Pro](#). For all of your intended destinations for up-to-date advice.

### Severe Allergies:

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

## Currency

The currency for part or all of this holiday is the Euro.

## Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking 3 to 6 hours for consecutive days on mountain trails.

## Climate

Mediterranean influences. In summer, Ljubljana typically sees daytime temperatures of 22-26°C, while the Julian Alps around Lake Bohinj and the Soča Valley are slightly cooler at 18-24°C. Evenings can drop to 10-15°C, especially at higher elevations and. Rain showers are possible in the mountains so be sure to pack your waterproof.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

# Equipment Information

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## Self Guided Equipment List

- Hiking boots with good-grip soles
- Hiking socks
- Long / short hiking trousers
- Functional base layer top and leggings

- T-shirts
- Fleece / extra warm layer
- Windproof jacket
- Waterproof jacket
- Waterproof trousers
- Hat, gloves, and neck gaiter
- Sunscreen
- Sunglasses
- Sunhat
- Small first aid kit inside your rucksack
- Water bottle or hydration pack
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover
- Camera (and batteries / memory card)
- Reusable sealable picnic boxes for picnics
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Walking poles
- Headtorch with spare batteries

- Personal wash kit
- Your self-guided route notes
- Rucksack (approx. 20L)

## Why Choose KE

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### Why KE?

This trip gets you off the beaten track. We've carefully designed this trip to showcase the very best of Slovenia, from iconic Lake Bled to quieter trails of Pokljuka Plateau. The ultimate adventure of the Julian Alps.

**Please Note** This document was downloaded on 14/02/2026 and the trip is subject to change