Walking Dubrovnik and The Dalmatian Coast

Trip Code: SGDK

Version:

WALK & TREK	SELF-GUIDED	LEISURELY
		2



HIGHLIGHTS

- Walk along quiet walking trails for far reaching views over the Dalmatian Coast
- Enjoy spending two nights within the tranquil Mljet Nation Park
- Taste the local produce of Ston with a wine tasting at the end of your walk in the surrounding

countryside
- Experience Dubrovnik's history brought to life on a guided tour of the city

AT A GLANCE

- 6 days walking and sightseeing
- Daily departures
- Join at Dubrovnik

ACCOMMODATIONS & MEALS

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

Step into the living artwork that is the Dalmatian Coast, with its magnificent pallet of yellow stone set against lush green vegetation and the vibrant blue Adriatic Sea. This part of Croatia is renowned for the UNESCO city of Dubrovnik, spectacular islands including Mljet and Lupod, and its deep-rooted history. On this one-week self-guided walking holiday we have ensured you can relax and soak in all this fantastic region has to offer, including wine tasting in Ston after having walked through the nearby vineyards, a night's stay in the National Park of Mljet, a guided tour of Dubrovnik, and a final night in the golden valley of Konavle. Walking up to 16km a day on tranquil island trails, and along inviting waterfronts and rural gravel tracks, you will have plenty of time to enjoy a swim or a stop at an inviting café along the way.

Each night you will stay in a small family run hotel or guesthouse on a bed and breakfast basis allowing you the flexibility to dine out and sample the local cuisine such as the world-renowned oysters on the Peljesac Peninsula, the creamy goats cheeses on Mljet, and the wines of Konavle. With airport transfers included, you can be sure we have everything taken care of for you, so that you can relax and enjoy your holiday.

Is this holiday for you?

Whether you are a foodie, a history buff, or you are looking for your first self-guided walking holiday this is a great trip for you. Utilising the ferries you can enjoy island hopping and peaceful walks of up to 16km with up to 400m ascent, along coastlines to seductive beaches or under the shade of woodlands to fantastic panoramic views. Staying on the islands of Mljet and Lupod as well as in Dubrovnik and Konavle provides the perfect balance of sightseeing, walking and culture.

Itinerary

Version:

Holiday Information

What's Included

- All accommodation as described
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- A transfer from Dubrovnik Airport on arrival
- A transfer to Dubrovnik Airport on departure
- Luggage transfers
- Transfers to/from your walks as per itinerary
- Ferry tickets as per itinerary
- Wine tasting on Day 2
- Dubrovnik city tour on Day 5
- GPX tracks supplied

What's not Included

- Travel insurance
- Travel to/from Dubrovnik Airport
- Visas (if applicable)
- Tourist taxes may apply and are usually under 3 Euros per person per night
- Some meals as described in the Meal Plan
- Public buses and taxis
- Entrance fee for Mljet National Park (approx. 25 Euros per adult; discounts for children)
- Personal equipment
- Any additional activities/excursions indicated as optional

Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking or cycling holiday for your family, a centre-based trip is a fantastic option as it allows you to easily opt out of a day's walking if a day of building sand castles, swimming in the pool, or visiting museums is calling instead.

Please discuss this further with our Sales Team who will be happy to assist in picking the best trip for your family.

Joining Arrangements & Transfers

This trip starts and ends at Dubrovnik Airport. All of our self-guided holidays are sold on a Land Only basis, allowing you the flexibility to choose the travel method that best suits you. For this trip we have included a return transfer for you from Dubrovnik Airport, which offers great connections from UK regional airports.

Meal Plan

This trip is on a bed and breakfast basis to allow you the most flexibility during your holiday.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

As you might expect, cuisine on the Dalmatian coast has quite a Mediterranean feel, with strong influences from Greece and Italy – especially Venice. Our mouths are watering already! Following peasant cooking traditions, good quality local ingredients such as vegetables, nuts, cereals, dairy products, and meat and fish, are cooked in simple yet imaginative ways to produce delicious meals. Home-made pasta, gnocchi (Njoki), risotto (Rizot), and polenta (Palenta) dishes served with fresh local produce, focaccia (Pogaca), and a dried meat rather like prosciutto (Prsut), all display the Italian influence, as does the use of local olive oil and herbs and spices such as oregano, bay, sage, rosemary, marjoram, nutmeg, cinnamon, cloves and the rinds of oranges and lemons. The aromas alone are food for the senses!

Being so close to the catch of excellent seafood from the Adriatic, this really is the place to enjoy fish and seafood dishes. Perhaps you'll enjoy a tasty fish stew (Brudet if you like it spicier, or Popara for a milder flavour) with a lovely chilled glass of local white wine? If seafood really is your thing then be sure to try the internationally acclaimed Ston Bay oysters, widely agreed to be amongst the best in the world. You can hardly get them any fresher, coming straight from the sea to your table. Oysters have been farmed here since the 17th century and are at their best when eaten raw on ice in their shells, drizzled with a few drops of lemon juice. They are especially good when washed down with a glass of local sparkling or white wine. If oysters are a step too far for you, the mussels around this coast are also exquisite, so order Buzara instead. If the more unusual appeals to you, why not try a black risotto (Crni Rizot). Common and well loved throughout Croatia, you are perfectly placed on the coast to sample this dish of rice cooked with olive oil, herbs, spices and locally caught cuttlefish - the ink from which gives the dish its dark inky colour. Cheese fans won't be disappointed either, with some lovely creamy goats cheeses produced in the region too.

Those with a sweet tooth will be in their element as there are plenty of interesting desserts and other delights to enjoy as you fuel your adventures. Rozata is not to be missed – a dessert likened to a Dalmatian version of creme caramel or flan made using rose water instead. Other tempting delights include Mantala – a cake from Konavle made with red grape must from a local grape variety, cloves, cinnamon, and nutmeg. For something fruity you might like Arancini – this one isn't at all like rice balls of the same name found in Italy - here it is a fragrant snack made from sugared orange or lemon peel. Or, how about Klasuni - moon-shaped cookies from Korcula filled with a nut, orange marmalade and rosewater paste. This is only a snapshot - why not visit the area and experience the region's flavours yourself?

Accommodation

We have especially chosen a lovely selection of small, family run 2-star and 3-star guesthouses and hotels for their great locations and warm hospitality. All the accommodations offer comfortable ensuite bedrooms and atmospheric communal areas including a bar, gardens or a terrace, and offer delicious breakfasts to help fuel your days of exploring. In the evenings you can look forward to enjoying dinner out at one of the nearby restaurants.

It is possible to arrange additional nights' accommodation before or after your trip, either in Ston, Konavle, or Dubrovnik. So if you wish to have a little more time relaxing on the coast or exploring the city, please just ask our Sales Team for more information.

Baggage Allowance

You and your main luggage will be transferred between each of your hotels according to the daily itinerary described. We ask that you please ensure that each piece of your luggage is under 20kg. You will also need a daypack to carry your daily essentials with you while you are walking.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required**,** and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates *(see Health & Vaccinations below),* **and visas for your holiday.** Please ensure that you check the FCDO for the latest advice for **each country visited** before travel.

Health & Vaccinations

Vaccinations:

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

Please ensure you are looking at the recommendations for all countries visited on your holiday plus recommendations for any borders you cross.

On holidays to more remote areas you should also have a dental check-up.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.

Please check the FCDO and Travel Health Pro. For all of your intended destinations for up-to-date advice.

Severe Allergies:

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

Currency

The unit of currency in Croatia is the Euro.

Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. The walks take you through shaded woodlands, along beautiful coastal paths and country dirt roads. You should be comfortable with walking 3 to 4 hours for consecutive days with ascents up to 400m per day. We suggest that you try to fit in a number of daily walks in hilly countryside before your trip and its always a good idea to spend some time walking in the footwear you are going to use on this holiday.

Climate

Thanks to the influence of the Mediterranean, Croatia's Adriatic coast and islands have a mostly dry climate with warm dry summers and mild winters, making this region an excellent place to explore on foot. The hottest months are June, July, and August when temperatures can reach up to 30 degrees centigrade, ideal if you like the heat yet rarely feeling 'too hot'. Spring and autumn are perhaps best for walking, with milder temperatures averaging around 20 degrees centigrade.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's **'Travel Aware'** campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. All other nationalities should check their government websites for relevant information.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Books

- Dubrovnik and the Dalmation Coast - Lonely Planet
- Game of thrones fans will no doubt recognise landmarks in Dubrovnik where many scenes were filmed.

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

Equipment Information

Self Guided Equipment List

- Hiking boots with good-grip soles
- Hiking socks

- Long / short hiking trousers
- Functional base layer top and leggings
- T-shirts
- Fleece / extra warm layer
- Windproof jacket
- Waterproof jacket
- Waterproof trousers
- Hat, gloves, and neck gaiter
- Sunscreen
- Sunglasses
- Sunhat
- Small first aid kit inside your rucksack
- Water bottle or hydration pack
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover
- Camera (and batteries / memory card)
- Reusable sealable picnic boxes for picnics
- Reusable cloth bag for shopping to avoid the use of plastic bags

- Walking poles
- Headtorch with spare batteries
- Personal wash kit
- Your self-guided route notes
- Rucksack (approx. 20L)

Land Only Information

Please note that our 'from' price listed is based on 4 persons on twin or double occupancy, however we can quote for any number of travellers including solo travellers - contact our Sales Team for a quote.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights' accommodation before or after your self-guided trip - please ask our Sales Team to find out more about this.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

Our Sales Team will also be happy to provide you with a quote for scheduled flights from your nearest regional airport (where possible). Flight prices are subject to change depending on availability and seasonality. Flight prices will only be confirmed to you when all services have been arranged and confirmed for your requested dates.

Why Choose KE

Why KE?

We have created the perfect mix of the best walking, sightseeing, and tasting of local delights on the Dalmatian Coast to really bring this sparkling destination to life.We have even included airport transfers, a wine tasting, and a city tour of Dubrovnik so you can be sure to get the most out of your trip.

Please Note This document was downloaded on 10/11/2026 and the trip is subject to change