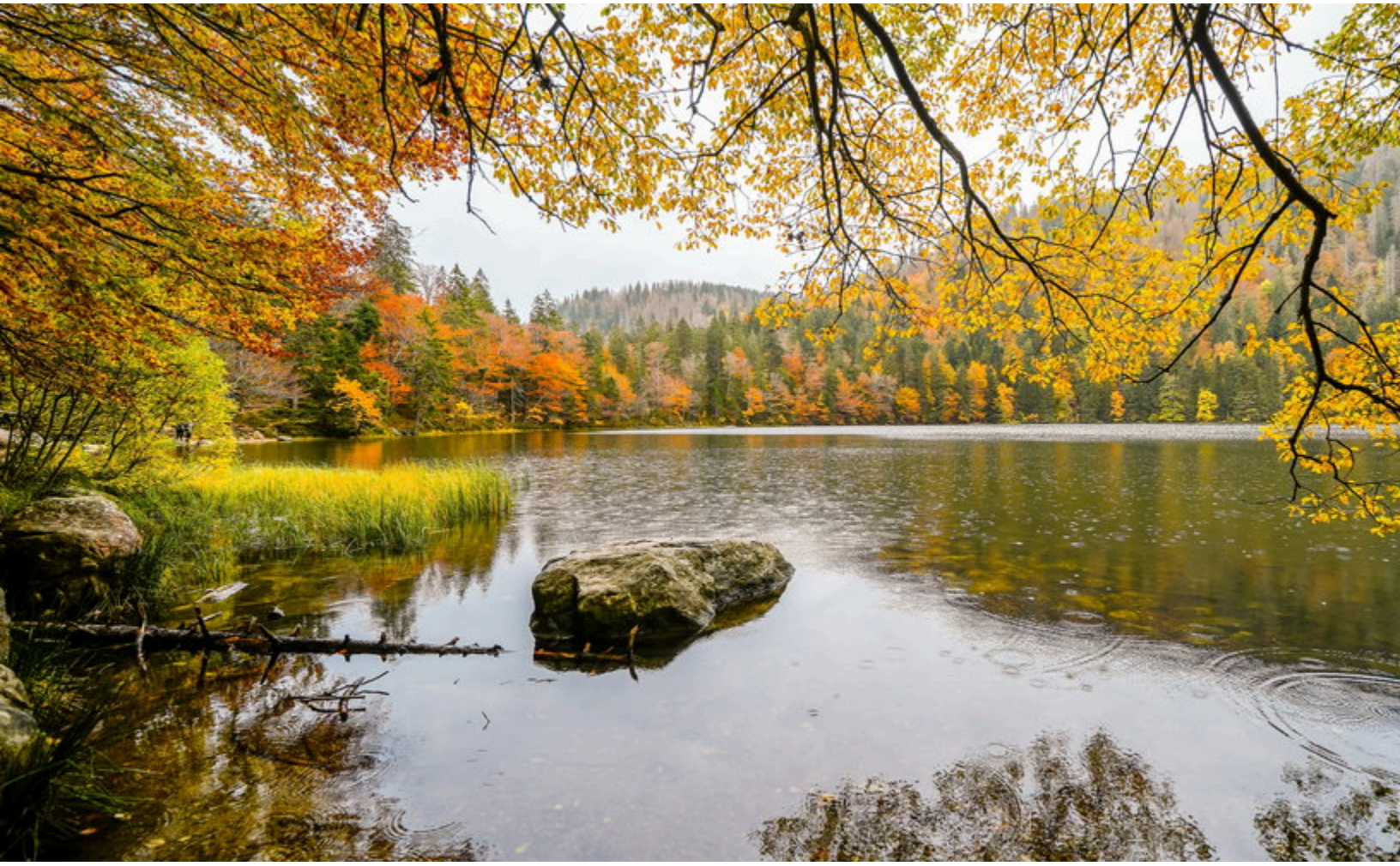
Walking in Germany's Black Forest

Trip Code: SGBF

Version:

WALK & TREK	SELF-GUIDED	MODERATE
		4



HIGHLIGHTS

- Walk on quiet nature trails in ancient woodland
- Admire the famed waterfalls at Todtnau
- Reflect on the still waters of Feldsee lake
- Discover the imposing cathedral of St Blasien
- Experience the warm hospitality and indulge in the delicious cuisine of the region, and of course

Black Forest gateau

AT A GLANCE

- 6 days walking
- Daily departures
- Join at Hinterzarten

ACCOMMODATIONS & MEALS

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

Germany's Black Forest is home to an enchanting array of natural environments, from mysterious woods, charming glades and meadows, to burbling streams and impressive cascading waterfalls. On this one week self-guided walking holiday, you have the opportunity to delve into the macro and micro elements of this intriguing habitat straight out of fairy tales. As you wander the forested mountain trails at your own pace, keep your eyes peeled for fascinating fungi emerging from the forest floor and on fallen branches. Don't forget to take the time to stop and enjoy the restorative properties of being immersed in quiet nature. Take a breath, bathe in the peaceful rustling of the leafy canopy, the susurration of woodland streams, the melodic song of birdlife, and feel your stresses evaporate.

You will spend two consecutive nights at each location of Hinterzarten, Menzenschwand and Todtnau, before a final night in Hinterzarten. Staying in family-run hotels, you will be treated to the warm hospitality of your hosts and each evening, indulge your taste buds with the culinary specialties of the region. The Black Forest is also known for its spas and thermal springs so you may choose to enjoy a spot of R&R at one of the wellness centres here.

Is this holiday for you?

This holiday is a great option for those looking to enjoy a slower pace of travel, while still embarking on satisfying walks in beautiful nature settings. The trails are waymarked and are mostly on forest roads and good mountain paths. The walks are moderate, typically around 5 hours per day on average, with daily ascent/descent averaging between 500m-600m. Some days have options for shorter hikes of around 3-4 hours; plus as you will spend two nights at each location, you have the flexibility to skip a day's walk if desired.

Itinerary

Version:

Holiday Information

What's Included

- All accommodation as described
- Tourist taxes
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Luggage transfers
- GPX tracks supplied

What's not Included

- Travel insurance
- Travel to/from Hinterzarten
- Visas (if applicable)
- Some meals as described in the Meal Plan
- Local transfers if required
- Entrance fees
- Personal equipment
- Any additional activities/excursions indicated as optional

Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking or cycling holiday for your family, a centre-based trip is a fantastic option as it allows you to easily opt out of a day's walking if a day of building sand castles, swimming in the pool, or visiting museums is calling instead.

Please discuss this further with our Sales Team who will be happy to assist in picking the best trip for your family.

Joining Arrangements & Transfers

The trip starts and ends at Hinterzarten. All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. The nearest airport for this trip is Basel Airport with a number of departures from UK regional airports.

From Basel Airport, take the airport shuttle to Basel Bahnhof train station (approx. 20 minutes), from where you can take the train to Freiburg (approx. 40 minutes) then change for Hinterzarten (approx. 30 minutes).

You can also fly to Frankfurt Airport which is well-served with many direct connections from UK regional airports; the quickest train journey from Frankfurt to Hinterzarten is via Freiburg and takes just under 3 hours.

It is also possible to travel flight-free from the UK to Germany, making use of the Eurostar. From Paris you can take a direct train to Strasbourg, from where you can pick up onward connections to Hinterzarten.

Meal Plan

The trip is arranged on a bed & breakfast basis for the 3 nights in Hinterzarten, and half board (dinner, bed and breakfast) for the 4 nights in Menzenschwand and Todtnau.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

Located within the fertile Upper Rhine Plains and in close proximity to France and Switzerland, this region of Germany makes use of a wide selection of local produce and has long cultivated a reputation for culinary excellence. With the influences of its neighbouring countries, you can find cuisine familiar to that of the Alsace and of Switzerland, with dishes such as flammkuchen (somewhat akin to pizza), sauerkraut (fermented cabbage), baeckeoffe (a flavoursome meat and potato casserole), schnitzel and knopfle (soft pasta-like noodles).

The region's specialty Black Forest ham is made of prime pork, hand-cured with salt or brine then dried and smoked to produce its distinctive flavour. You can also be sure to enjoy the freshest produce based on the seasons, such as asparagus, chestnuts and fruit.

Of course, you must partake in the delicious Black Forest gateau, a mouth-watering chocolate and cream cake with a rich cherry filling that is said to originate from this region famed for its cherry trees.

In addition to "kirsch", the cherry brandy that flavours the world famous Black Forest gateau, the region of Baden also produces beer as well as many wines that pair well with your traditional meals.

Accommodation

For this holiday you will stay in carefully-selected family run 3* hotels and traditional country Gasthaus, chosen for their ideal locations in the charming villages and proximity to the walking trails of the Black Forest. The traditions of the area abound in each establishment, from the warm welcome you will be sure to receive, to the delicious house specialties served up in their excellent restaurants. Some even have wellness facilities, perfect for relaxing after a day on your feet. Please note any fees for accessing the facilities or for treatments are payable locally.

The accommodations all offer a great breakfast buffet to fuel you for the day ahead and rooms are on a double or twin basis, usually with Austrian-style twin beds as is traditional in this area (two beds within one bed frame and separate bedding).

It is possible to arrange additional nights accommodation if you would like to enjoy this beautiful region a little longer. Please speak with one of our sales team for further details.

Baggage Allowance

Your main luggage will be transferred between each of your hotels while you are out on your hike. We ask that you please ensure your luggage is limited to one piece under 15kg per person, and that your luggage is ready for collection in the morning. You will also need a daypack to carry your daily essentials with you.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required**,** and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates *(see Health & Vaccinations below),* **and visas for your holiday.** Please ensure that you check the FCDO for the latest advice for **each country visited** before travel.

Health & Vaccinations

Vaccinations:

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

Please ensure you are looking at the recommendations for all countries visited on your holiday plus recommendations for any borders you cross.

On holidays to more remote areas you should also have a dental check-up.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.

Please check the FCDO and Travel Health Pro. For all of your intended destinations for up-to-date advice.

Severe Allergies:

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

Currency

The currency for part or all of this holiday is the Euro.

Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however, getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking up to 5 hours each day for consecutive days and we recommend getting out hill walking, with some ascent and descent, before your holiday to help boost your fitness.

Climate

The region of the Black Forest has a cool, temperate climate. This walking holiday is available from the late spring, when the winter snows have receded and the forest is in bloom; to the autumn when the leaves are turning and the forest looks incredible with a palette of changing autumnal hues. Between the summer months of June to August, the daytime temperature averages around 20-25 C, while in spring and autumn you can expect it to be cooler, averaging around 14-16 C during the day.

Rainfall can be experienced at any time of year so you should always pack your waterproofs and be prepared for all eventualities.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's **'Travel Aware'** campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. All other nationalities should check their government websites for relevant information.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

Equipment Information

Self Guided Equipment List

- Hiking boots with good-grip soles
- Hiking socks
- Long / short hiking trousers
- Functional base layer top and leggings

- T-shirts
- Fleece / extra warm layer
- Windproof jacket
- Waterproof jacket
- Waterproof trousers
- Hat, gloves, and neck gaiter
- Sunscreen
- Sunglasses
- Sunhat
- Small first aid kit inside your rucksack
- Water bottle or hydration pack
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover
- Camera (and batteries / memory card)
- Reusable sealable picnic boxes for picnics
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Walking poles
- Headtorch with spare batteries

- Personal wash kit
- Your self-guided route notes
- Rucksack (approx. 20L)

Land Only Information

Please note our 'from price' listed is based on 4 persons in double/twin occupancy, however we can quote for any number of travellers, including solo travellers, contact our sales team for a quote.

When considering your travel dates, you might like to investigate any seasonal opening times of attractions and points of interest.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights accommodation before or after your self-guided trip, ask our sales team to find out more about this.

Our sales team will be happy to provide you a quote for scheduled flights or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

Why Choose KE

Why KE

On this leisurely itinerary unique to KE, you will stay two nights at each location, making for a relaxing holiday whereby you can explore the varied landscapes of the magnificent Black Forest at your own pace.

Please Note This document was downloaded on 11/11/2026 and the trip is subject to change