# Walking on Lanzarote

Trip Code: SGLZ

Version:

| WALK & TREK | SELF-GUIDED | 3 LEISURELY |
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## HIGHLIGHTS

- Watch the island come alive at Timanfaya National Park
- Immerse yourself in the tranquillity of neighbouring island La Graciosa
- Walk through the wild landscapes of Los Ajaches National Park and the lush Valley of a Thousand Palms
- Swim in inviting waters and relax on quiet beaches along your walks

### AT A GLANCE

- 6 days walking and sightseeing
- Daily departures
- Join at / End in Arrecife

### ACCOMMODATIONS & MEALS

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

# Introduction

The intriguing UNESCO biosphere reserve of Lanzarote is a destination you cannot help but fall in love with. Known as the 'Island of Eternal Spring' it has much to offer, with 300 volcanic cones delivering other-worldly landscapes and the fertile soils that give life to the lush green 'Valley of a Thousand Palms', manicured vineyards, and farmlands. On this one-week self-guided holiday you will discover the island's many landscapes on foot, including reaching the island's highest point, Penas del Chache, for unforgettable views. We have also ensured that you will have plenty of time to enjoy the island's many beaches and secluded coves, whether you prefer to take a dip in the turquoise waters or relax in the sun with a good book.

You will stay on a bed and breakfast basis in a 3-star apartment located in a quiet part of Costa Teguise, in a complex offering a fantastic balance of facilities along with the freedom of having your own space. You will also get to take the ferry for a day-trip to the neighbouring island of La Graciosa, the most recent addition to the Canary Islands. A visit to this tiny island is an experience not to be missed - with unpaved roads, fantastic scenery, around just 700 residents, and virtually empty beaches, this is a fascinating place to walk. We provide you with a selection of wonderful hiking routes that are all easily accessible by car to give you the ultimate flexibility, so your explorations don't have to stop at the itinerary provided.

## Is this holiday for you?

We have specially designed this holiday with flexibility in mind, allowing you the opportunity to make the most of your holiday time and all that this fascinating island has to offer. By designing this as a hike and drive itinerary, hiring a car will mean that you can have even more freedom - pre-booking your hire car is highly recommended. Your walks will take you along the coast, onto the tops of calderas, and through lush valleys with an average walking time of 3-5 hours per day. Orientation is generally easy, however not all routes are marked so we recommend having some basic map reading skills to help you along your way.

# Itinerary

Version:

# Holiday Information

## What's Included

- All accommodation as described
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Return ferry crossing to La Graciosa
- GPX tracks supplied

## What's not Included

- Travel insurance,
- Travel to/from Costa Teguise
- Visas (if applicable)
- Tourist Taxes may apply and are usually under 5 Euros per person per night
- Some meals as described in the Meal Plan
- Hire car and fuel for the hire car
- Any car parking charges
- Any additional transport
- Personal equipment
- Any additional activities/excursions indicated as optional

## Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

## Car Hire

This holiday has been designed to give you the ultimate flexibility and independence with arranging your own hire car.

There are numerous car hire agencies on Lanzarote, with offices available at Lanzarote Airport. Arranging your car independently, you can choose the type of vehicle you prefer, the number of drivers required, and the level of excess protection desired. Car hire brokers such as Zest Car Rental are a good resource for comparing rental deals. We highly recommend that you pre-book your hire car so that it is ready to collect on arrival.

Our sales team would also be happy to provide you with a quote for car hire through our preferred partner, Zest Car Rental. If you choose to arrange your hire car through KE, you would benefit from financial protection of your full holiday package.

Rental conditions will vary according to the provider; these will be presented with your quote. General terms and conditions for hire can be found here: https://www.zestcarrental.com/terms/

As a minimum service level, car rental arranged through KE would come with:

- Excess protection
- Top-up insurance
- Unlimited mileage
- Breakdown assistance

Upgrades such as additional days' hire, automatic transmission, or electric or hybrid vehicles can also be requested (subject to availability).

You can also find answers to frequently asked questions and further information about car hire here

## Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking or cycling holiday for your family, a centre-based trip is a fantastic option as it allows you to easily opt out of a day's walking if a day of building sand castles, swimming in the pool, or visiting museums is calling instead.

Please discuss this further with our Sales Team who will be happy to assist in picking the best trip for your family.

## Joining Arrangements & Transfers

The trip starts and ends at Lanzarote Airport. All of our self-guided holidays are sold on a Land Only basis, allowing you the flexibility to choose the travel method that best suits you. The nearest airport for this trip is Lanzarote Airport, with many departures from UK regional UK airports. There are numerous car rental agencies available at Lanzarote Airport - pre-booking your hire car is highly recommended.

## Meal Plan

This trip is on a bed and breakfast basis to allow you the most flexibility during your holiday.

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## Food & Water

Cuisine in the Canaries is centred on fresh local produce and recipes handed down through the generations, resulting in a mix of delicious flavours that blend their Spanish roots with African and South American influences. Meat and fish are served with the staple of tasty Papas Arrugadas (small locally grown potatoes boiled in extremely salty water, giving their skins a somewhat wrinkly appearance) - and a traditional Mojo sauce. Meat is served with Mojo Rojo - red - made with chillies, oil, garlic, vinegar, and salt; fish is served with Mojo Verde - green - where coriander replaces the chilli. Every restaurant claims to have its own secret Mojo recipe! As you would expect on an island, seafood features heavily in the Canarian diet. You might enjoy Puntillas de Calamar (fried baby squid), Pescado a la Plancha (fish of the day grilled simply, that is incredibly tasty), or exquisite fresh Lapas (limpets, often served in the pan they have been cooked in, with butter and garlic sauce and freshly chopped coriander). In addition and perhaps surprisingly, the island has some fantastic mild slightly salty goat cheeses, some of which have won international awards, plus a selection of lovely local wines.

Tap water from the mains is safe to drink, however it tastes quite different to what many people may be used to because it is produced from desalinated sea water. You might prefer to take a reusable bottle with a filter such as Water-to-Go, which can also be used to help make safe other water sources. Please note that we do not encourage the purchase of single use plastic bottles.

## Accommodation

We have specially designed this trip on a bed and breakfast basis to give you the opportunity to enjoy the many welcoming cafes and restaurants in Costa Teguise, or to simply relax and enjoy an evening meal at your 3-star apartment. The apartments are situated at the quiet end of Costa Teguise and each has an open-plan kitchen/living room, en-suite bathroom, and private balcony - perfect for relaxing with a good book. The apartments are part of a complex that includes a restaurant, bar, and swimming pool, so you have plenty of ways to chill out after a day of walking and adventures.

PLEASE NOTE: The accommodation we use as standard for this trip is for adults only. For any family bookings, we use alternative accommodation of the same standard. The family accommodation is located closer to the central coastal area of Costa Teguise, in an apartment complex that has a variety of play areas and activities specifically aimed at children, as well as plenty to keep the adults happy after a day out and about. Equally, the family will be happy for the whole day if the youngsters want some time out from exploring.

## Baggage Allowance

For this holiday you should take one piece of luggage and a daypack. Luggage with wheels is useful for this holiday.

For international flights please check your baggage allowance with your airline.

Please also consider the luggage capacity of the type of vehicle you choose to hire.

# General Information

## Passport & Visas

### Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required**,** and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates** *(see Health & Vaccinations below),* **and visas for your holiday.** Please ensure that you check the FCDO for the latest advice for **each country visited** before travel.

## Health & Vaccinations

**Vaccinations:**

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

Please ensure you are looking at the recommendations for all countries visited on your holiday plus recommendations for any borders you cross.

On holidays to more remote areas you should also have a dental check-up.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.**

**Please check the FCDO and Travel Health Pro. For all of your intended destinations for up-to-date advice.**

**Severe Allergies:**

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

## Currency

The currency for part or all of this holiday is the Euro.

## Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking 4 to 5 hours for consecutive days.

## Climate

The Canary Islands are perfect for holidays all year round, thanks to what are often described as 'eternal spring conditions' where temperatures range between 16 degrees centigrade in the winter to 25 degrees centigrade in the summer. It tends never to be too hot or too cold, which makes it perfect to explore on foot or by bike.

Lanzarote has its own micro-climate with the north being slightly windier and cloudier, the south being drier and warmer with approximately 2,500 hours of annual sunshine, and the centre having a moderate and stable climate. It is this wonderful balanced, gentle climate that has helped make Lanzarote such a popular holiday destination, as much for those seeking sun, sea, and sand, as for those wanting to walk, cycle, and sightsee. On top of this, thanks to the vast amount of sunshine, the island is home to over 600 plant species, many of which are endemic and have a significant botanical value.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's **'Travel Aware'** campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. All other nationalities should check their government websites for relevant information.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Books

- Lanzarote Marco Polo Pocket Guide
- The Wind Off the Small Isles - Mary Stewart
- Sandwiches in the Sun: The Extraordinary Truth about Life on a Spanish Island - Chris Herman
- Lanzarote & Fuerteventura Pocket Guide - Berlitz Pocket Guides

## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

# Equipment Information

## Self Guided Equipment List

- Hiking boots with good-grip soles
- Hiking socks
- Long / short hiking trousers
- Functional base layer top and leggings
- T-shirts
- Fleece / extra warm layer
- Windproof jacket
- Waterproof jacket
- Waterproof trousers
- Hat, gloves, and neck gaiter
- Sunscreen
- Sunglasses
- Sunhat
- Small first aid kit inside your rucksack
- Water bottle or hydration pack
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover

- Camera (and batteries / memory card)
- Reusable sealable picnic boxes for picnics
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Walking poles
- Headtorch with spare batteries
- Personal wash kit
- Your self-guided route notes
- Rucksack (approx. 20L)

### Land Only Information

Please note that our 'from' price listed for this trip is based on 2 persons sharing 1 room on double or twin occupancy, however we can quote for any number of travellers, including solo travellers - contact our Sales Team for a quote.

This holiday requires a hire car to be arranged independently. There are several car rental agencies available on Lanzarote, with desks at Lanzarote Airport. Our Sales Team can also provide a quote for car hire if required.

When considering your travel dates, you might like to investigate any seasonal opening times of attractions and points of interest.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights' accommodation before or after your self-guided trip - please ask our Sales Team to find out more about this.

Our Sales Team will be happy to provide you with a quote for scheduled flights, or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

# Why Choose KE

## Why KE?

Experience the many landscapes of Lanzarote on this one-week self-guided self-drive walking holiday - including a day-trip to the captivating neighbouring island of La Graciosa.

**Please Note** This document was downloaded on 15/11/2026 and the trip is subject to change