

# Slovenian Family Adventure - Julian Alps

Trip Code: FAS

Version: FAS Family Adventure Slovenia - Julian Alps Jamboree



MULTI ACTIVITY



FAMILY



LEISURELY



## HIGHLIGHTS

- Centre-based at a hotel with pool in Kranjska Gora
- Rock climbing, high ropes and mountain biking
- Waterfalls, lake walks and the summer toboggan
- An active family holiday with downtime, including time in Bled

## AT A GLANCE

- 5 days multi-activity
- Join at Ljubljana

## ACCOMMODATIONS & MEALS

- 7 Breakfasts
- 3 Lunches
- 4 Dinners
- 7 nights Hotel with swimming pool

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

# Introduction

This amazing family adventure holiday in Slovenia is based in Kranjska Gora, at the foot of the Julian Alps and minutes away from the Austrian and Italian borders. Formerly part of Yugoslavia, Slovenia has much more in common with its Alpine neighbours than Eastern Europe. Based at a comfortable hotel, with a swimming pool, we spend the week enjoying a variety of activities. On our first full day we hike up to the Martulk Waterfall, taking lunch in a mountain hut en route. Then, after mountain biking by the Italian lakes, we return to Kranjska Gora in time for a fun descent of the summer toboggan. No visit to Slovenia would be complete without a visit to Bled and its picturesque lake, where we manage to get our adrenaline fix at the 'high ropes' park! After a day to rest and enjoy the scenery, or experiment with other activities in Kranjska Gora, we drive over the Julian Alps via the dramatic Vrsic Pass. After lunch in the pretty town of Bovec, there's an optional rafting trip on the Soca River. A chance to try out some easy rock climbing and an afternoon spent walking to Jasna Lake, conclude this fantastic family adventure in Slovenia. This is a family adventure holiday with the ideal mix of activities and free time.

## Is this holiday for you?

### Suitable for children from 8 yrs old

This family holiday in Slovenia has been designed specifically for families and includes a range of activities. The itinerary contains a couple of days with easy walking of up to 5 hours, a morning of easy mountain biking, swimming in local outdoor pools and lakes, optional rafting and mini-golf and lessons in rock climbing. The biking is principally downhill or on the level. It is not strenuous or technically difficult and it is suitable for a range of skills including the first time off-road biker. The rock climbing and rafting are each pitched at introductory level and there will be specialist instructors to assist with these activities. Appropriate safety equipment is provided for all activities. Some time within the itinerary is scheduled for optional activities and sightseeing tours of the nearby stunning gorges and passes.

# Itinerary

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## DAY 1

**Meet at the group hotel in Kranjska Gora. A single transfer from Ljubljana Airport is provided.**

A single transfer is provided from Ljubljana Airport to the group hotel near Kranjska Gora, where your holiday starts. The comfortable hotel is located in hamlet of Gozd Martuljak, 10mins from Kranjska Gora. Here, we will meet our guide and have a welcome reception, with an introduction to Slovenia and a discussion of the week ahead.



### Accommodation

Hotel with swimming pool

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## DAY 2

**Morning walk to Martulk waterfalls, lunch at Ingo mountain hut. Afternoon free in Kranjska Gora.**

This morning we walk to the Martulk waterfalls. This can take between 3 and 5 hours depending on the speed of the group. The waterfalls walk is popular with local families in Slovenia because of the lovely woods that you go through and the hidden paths along the way. The walk is in two sections. We start up to the first waterfall on an undulating path to reach the Ingo mountain hut. We have lunch at the mountain hut, which has an open kitchen and offers homemade traditional soups cooked over the wood fire and further simple mountain food. Depending on the weather, and age and keenness of the group we can continue our walk further up the river to the second waterfall. We then retrace our steps back down to our hotel in Gozd Martuljak. In the afternoon we have some time to enjoy the swimming pool at the hotel or visit the town of Kranjska Gora. We return to the hotel for dinner.

Meals: **B D**



### Accommodation

Hotel with swimming pool

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## DAY 3

## Cycle ride along purpose built tracks, picnic lunch enroute. Afternoon tobogganing (!).

This morning we hire the bikes, which the leader will arrange so that they arrive at the hotel. We depart directly from the hotel on our bike ride to the Italian lakes. There are purpose built cycle tracks away from the roads, so the cycling is safe. There are different possibilities and lengths of track and the time we spend on the bikes and the distance covered will depend on the ages and abilities of the group. Cycling in this area is stunning with the views of the mountains in the open areas and cool and peaceful when in the forested sections. We have a packed lunch today so we can find a panoramic picnic site en route. In the afternoon we return to Kranjska Gora and have a few rides (3 rides per person included in the price of the holiday) on the 1500m summer toboggan run. This toboggan run is full of adrenaline and fun for every member of the family. We then return to the hotel for dinner.

Meals: **B L D**



### Accommodation

Hotel with swimming pool

## DAY 4

## Visit Bled and its famous lake. High ropes adventure course or Vintgar Gorge. Afternoon free in Bled.

Today we transfer by vehicle to Bled (approximately 30 mins). We start with an informative sightseeing walking tour around sections of the lake. The island in the middle is Slovenia's only natural island with the 15th Century Pilgrimage Church of the Assumption of Mary. We will then transfer to the high ropes course in Bled which has a series of zip lines and tarzan swings to keep the children (and adults) occupied for a while! Alternatively we can visit the Vintgar Gorge (a 10 minute transfer from Bled). This 1.6km gorge carves its way through the vertical rocks of the Hom and Bort hills and is graced by the Radonva River with its waterfalls, pools and rapids which crashed loudly through the rocky confines. The well constructed path leads us over bridges with viewing platforms for the waterfalls and rivers and ends at the delightful Sum waterfall, the highest in Slovenia. In the afternoon we have some free time in Bled. There are many options available for us: we can walk around the town, which is known as a spa/health town, and perhaps eat one of the vanilla and cream pastries famed in Bled; or play mini-golf (payable locally at an extra charge); swim in the lake with the back drop of the 11 century medieval castle; we can take the small train around the lake and maybe visit the island. We have an early dinner in Bled and then transfer back to our hotel in Kranjska Gora.

Meals: **B**



### Accommodation

Hotel with swimming pool

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**DAY 5****Free day in Kranjska Gora. Optional cave visit, bike hire, or swimming in the hotel pool.**

Today we have a day to relax and enjoy Kranjska Gora. Today a trip to Ljubljana, the pretty capital city of Slovenia and the world famous Postojna Caves is an option (not included in the price). This is the second largest cave system in the world and we enter the caves by small train before enjoying a guided walk through this underground world. For those of us who would prefer not to visit the caves and Ljubljana, bike hire is possible, a walk in the local area or further fun on the summer toboggan. There is a pizza restaurant just across the river that we can go to for dinner if we wish.

Meals: **B**

**Accommodation**

Hotel with swimming pool

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**DAY 6****Full day excursion to Bovec, including the Vrsic Pass (1611m). Optional rafting on the Soca River.**

Today is a lovely day starting with a transfer over the Vrsic Pass. This pass is the highest in Slovenia and in the western Julian Alps. With 48 hairpin bends we arrive at the top (1611m) where we have some time to stop, take in and photograph the mountain scenery and panoramic views before we drop down into the Trenat Valley. We stop off in Bovec for lunch in a restaurant before embarking on our rafting trip (optional, not included in the price of the trip). Our rafting trip takes approximately 1.5 hours and is on the world famous Soca River. Following grade 2 rapids along the river there will be time for river swimming and some fun and games on the river. If you would prefer not to go rafting you may choose to have a walk around the local village of Bovec or go on the Kanin cable car, a 15min walk from the village (not included in the trip price). After we have dried off we continue on to the Kluz Fort. The first fort built on this spot was made of wood and was erected in the 15th century to prevent the Turkish invasion on Carinthia. The fort was later rebuilt and has served in many battles and wars including the incursion of Napoleon and the Great War. The castle houses many exhibitions, events and festivals. We return to Kranjska Gora and our hotel via Italy.

Meals: **B L D**

**Accommodation**

Hotel with swimming pool

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**DAY 7**

## Morning rock climbing session for beginners or experienced. Afternoon free for optional activities

This morning we have some rock climbing lessons at the outdoor wall/area for 2 to 3 hours. All equipment and qualified leaders are provided. In the afternoon we can walk to Jasna Lake on the outskirts of Kranjska Gora, or we can go swimming and relax. We return to the hotel for a last celebratory meal.

Meals: **B D**



### Accommodation

Hotel with swimming pool

## DAY 8

### Departure day. A single transfer to Ljubljana Airport is provided.

Your holiday ends after breakfast. A single timed transfer to Ljubljana Airport is provided.

Meals: **B L**

# Holiday Information

## What's Included

- A professional English speaking Slovenian guide
- Single group transfers from/to Ljubljana to Kranjska Gora on Days 1 and 8
- All land transport required by the itinerary
- Hotel accommodation as described
- Meals as per the Meal Plan
- Qualified instructors for all activities
- All specialist/safety equipment for all activities
- 3 summer toboggan rides per person and all activities as described in the itinerary

## What's not Included

- Travel insurance
- Airport transfers (other than the single group transfer in each direction)
- Soca River Rafting
- Meals as per the Meal Plan
- Activities which are described as optional in the itinerary
- Miscellaneous expenses - drinks and souvenirs etc



## Joining Arrangements & Transfers

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### TRAVEL TO YOUR DESTINATION

If flying from the UK there are low cost airlines available to the start and from the end of your holiday.

To benefit from full financial protection, ease your holiday planning, and avoid dealing with airlines, we can book scheduled flights from the UK as part of a flight inclusive package. Scheduled flights are usually more expensive than low cost alternatives, however potentially less stressful if your flight is cancelled or delayed. If you book flights through KE Adventure Travel we will offset the carbon of your flight.

The group will meet at the hotel in Kranjska Gora.

A single transfer from Ljubljana Airport to the group hotel is provided in the early evening of Day 1 of the Land Only itinerary.

On the last day of the Land Only itinerary, there will be a single transfer to Ljubljana for flights departing in the evening.

Anyone may join the group transfers by prior arrangement. Travelling as a group or on public transport saves energy. If this is not practical, we can provide private transfers at an additional cost.

Hotel contact details and an emergency number will be provided with your booking confirmation.

### Meal Plan

All breakfasts, 2 lunches and 5 dinners are included in the holiday price. 4 lunches and 2 dinners will need to be purchased. 1 dinner will be in Bled and the other can be taken at the pizza restaurant just a 5-10min walk over the new river bridge. Meals are around €10 per person.

### Food & Water

Water from the taps may not be drinkable in all locations on this trip - please check with your guide. We recommend taking water purification tablets and a reusable bottle with a filter such as [Water-to-Go](#), which can both be used to help make safe other water sources. Please note that we do not encourage the purchase of single use plastic bottles.

Breakfasts are continental style and usually consist of bread with a selection of meats, cheeses, fruit, and sometimes eggs. Tea, coffee and fruit juice. A picnic/packed lunch or lunch at a local establishment are available. A variety of local and international dishes are served for dinner at the hotel restaurant. Please inform KE in advance if you have any special dietary requirements.

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## Accommodation

During this trip the group will spend 7 nights in a comfortable family-friendly hotel near to Kranjska Gora, in the hamlet of Gozd Martuljek. The hotel has stunning views of the mountains. The hotel is set in its own grounds away from the road and has a small indoor pool. It is in walking distance (20-30 minutes along a safe walking path) to Kranjska Gora, but a free, hourly shuttle bus is provided as well.

There are two sections at the hotel, one with 3-star rooms and the other with 4-star rooms. As standard, we stay in the 3-star en-suite rooms, which are twin or a family quadruple room (for families of 3 or 4) with bunk beds.

It is possible to upgrade to the 4-star rooms. These bigger rooms are twin/double, have a balcony and are interlinking. The additional cost is £275 per person (adult or child) to upgrade to 4star. Limited 4-star rooms are available and the prices are subject to change. Please ensure you request this at time of booking.

## Group Leader & Support Staff

The group will be accompanied by a local English-speaking professional guide throughout the trip. There will be additional specialist instructors during the rock climbing and rafting sessions.

## Altitude

This holiday does not involve any significant ascent to altitude and we would not expect any altitude issues with this trip.



## Spending Money

Approximately €300-400 per family (2 adults & 2 children) should be allowed for tips, soft drinks, snacks, non-included meals and miscellaneous expenses. Alcoholic drinks, souvenirs and optional activities are additional so you may wish to budget for these. There will be the opportunity to change money into Euros on arrival at the airport, and cash can be withdrawn from ATM's in Kranjska Gora and Bled. Credit cards are useful and it is a good idea to carry one in case of emergency.

## OPTIONAL ACTIVITIES

Please note that these prices are correct at time of writing, but are subject to change without warning. All prices are in Euros. Optional activities taken outside the KE holiday are at your own risk.

- Entrance to Aqua pool in Kranjska Gora: €10-15 per person
- Bike hire in Kranjska Gora (day 5): €10-15 per day, per person
- Additional summer toboggan rides: €8 adult, €6.5 child per ride
- Rafting: €50 per person (adult & child the same)
- Postojna Cave visit: €250 for mini-van/bus for excursion, max 8 people. Entry fees not included
- Day trip to Ljubljana: €200 for mini-van/bus for day trip, max 8 people

## Guidance on Tipping

We suggest you give a tip to your guide if you are satisfied with their services. This is probably best done as a group pooling something around €10 per family member.

## Baggage Allowance

For this holiday you should take one piece of luggage and a daypack. Luggage with wheels is useful for this holiday. For international flights please check your baggage allowance with your airline.

## Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

# General Information

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## Passport & Visas

### Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates** (*see Health & Vaccinations below*), **and visas for your holiday.** Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

## Health & Vaccinations

### Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

### GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

### Severe Allergies

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

## Currency

The currency for part or all of this holiday is the Euro.

## Climate

From May to October the weather is generally very good, with mainly clear and sunny days. We can expect daytime temperatures in Kranjska Gora to be around 20°C in May and October and rather warmer than this in July and August, at 25°C. As with any mountain area there is the risk of some poor weather, with rain and wind.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](https://www.gov.uk/travelaware)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](https://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](https://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## FAQ's about our family holidays

We welcome all family dynamics and we will try to accommodate you in the roomings of your choice. The only stipulation for joining a family group holiday is that 1 party member is 17yrs or under, and they are accompanied by an adult. An average group size is around 10 members in total. Further general information and FAQ's are available here: [KE Family Adventure Holidays general information](#).

## Private Groups Information

### Make this KE family holiday your own!

- Choose your own departure date
- Travel on this holiday with just your family and friends
- Tailor your holiday by adding extra days for relaxation or upgrade your hotels

If our standard dates do not fit with your school holidays or you wish to travel with just your family or with your family and friends, we will be pleased to set up a private departure for any of our family holidays.

Depending on what you are looking for we can look at tweaking the itinerary to allow you some extra relaxation time or upgrading the hotels. Our personal service means you'll be fully involved as we make the arrangements for your perfect family adventure holiday.

### Independence with Security

Travelling as a KE private family group allows you more flexibility and choice, but still with the peace of mind that everything is pre-planned and arranged for you and your family and friends by a reputable adventure travel company.

To take your first step to an amazing adventure with your family and friends complete the private group enquiry form, or call our **Sales Experts on: 017687 73966**

### Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

## Equipment Information

### Equipment List

Please try to keep the weight of your baggage to a minimum. See the 'baggage allowance' section for further details.

## You should bring the following items:

- Hiking boots or sturdy walking shoes
- Sandals
- Lightweight walking trousers / shorts / skirt
- T-shirts and/or casual shirts
- Loose-fitting, long-sleeved shirt with collar (for sun protection)
- Socks & Underwear
- Lightweight waterproof jacket & overtrousers
- Fleece jacket or warm jumper
- Sunhat
- Warm hat, gloves, warm leggings (not needed mid-summer)
- Sunglasses
- Daypack 25-30 litres (depending on how much of the kids' stuff you want to carry)
- Sun protection (including total bloc for lips, nose etc.)
- Insect repellent
- Water bottles (approx 2 litres per person) (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Washbag and toiletries
- Antibacterial handwash
- Swimwear
- Swim towel
- Torch and batteries
- Basic First Aid Kit. Including: antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters and blister treatment, and re-hydration salts (Dioralite).

## The following items are optional:

- Pen-knife (note: always pack sharp objects in hold baggage)
- Camera
- Goggles for the kids
- Reusable cloth bag for shopping (to avoid plastic bags)

## Notes:

All specialist equipment required for the activities on this holiday are provided.

## Land Only Information

Please refer to the 'Joining Arrangements & Transfers' within Holiday Information for further details.

Flights and other transport to your destination should not be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

## Land Only Information

We sell this holiday on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. The holiday starts at the hotel in Kranjska Gora and a transfer is provided from Ljubljana Airport.

## Flight Inclusive Information

Limited seats are available at the advertised flight price, please book as early as you can. If we are unable to secure seats at the price shown, or you have requested regional departures and/or upgrades, we will provide you with an alternative quote. It is likely that flight payment will be in advance of your final holiday balance. Booking a flight inclusive package means you will benefit from full financial protection, eases your holiday planning, and leaves us to deal with airlines and schedule changes. If you book flights through KE Adventure Travel we will [offset the carbon of your flight](#).

Regional departures and/or alternative carriers are available on request.

## Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London to Ljubljana. Outbound flights will usually depart from the UK in the afternoon, in the early evening. Return flights will depart Ljubljana in the evening of the last day.

# Why Choose KE

## Why KE

A best-selling family holiday for over 10 years, ticking all the boxes for active families with a perfect base for the week. This holiday represents fantastic value and be looked after by your awesome guides!

**Please Note** This document was downloaded on 05/07/2025 and the trip is subject to change