ROMAN HOLIDAY - DISCOVER TURKEY

An active cultural journey through Turkey from Istanbul to the Mediterranean coast

- Explore exotic Istanbul, spectacular Ephesus and ancient Troy
- Gallipoli, Olympos, UNESCO Pamukkale and mythical Chimeran Flames
- Relaxed walks at Bafa Lake, Dilek National Park and Lycian Coast
- The ‘Sunken City’ of Kekova and Simena Island by boat

HOLIDAY CODE RHT

Turkey, Discovery, 14 Days

14 nights hotel, 13 breakfasts, 11 lunches, 11 dinners, max group size: 16,
12 days touring and sightseeing with easy walks

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

www.keadventure.com

UK: +44(0) 17687 73966

US (toll-free): 1-888-630-4415
Introduction

This superb 14 day active cultural journey takes you from Istanbul – the Jewel of the East to the beautiful Turkish Mediterranean coast and, is the perfect choice for anyone looking for a discovery holiday with a real twist! We start in one of the most exotic and beautiful cities in the world, ancient Constantinople with its wonderful skyline, memorizing architecture, busy Bosphorus, ancient palaces and grand bazaar. After soaking up the atmosphere of magical Istanbul, we travel across the Dardanelles to Gallipoli where we explore the moving WWI monuments of Anzac Cove and Brighton Beach. On leaving Gallipoli we cross the straits by ferry and continue to Selcuk, the centre of a ‘golden triangle’ of fascinating ancient Roman cities, via the UNESCO sites of Troy and Pergamon. Next we’ll explore one of the most superb archaeological sites in the world, the UNESCO city of Ephesus before stretching our legs with walks at Barfa Lake and on the Dilik Peninsula. Continuing to the incredible thermal “cotton castle” terraces of Pamukkale, where we’ll have time to soak in the hot springs before heading to the stunning scenery of the Turquoise Coast where we enjoy a variety of walks and have opportunities for swimming. Here we stay in the charming coastal towns and villages of Fethiye, Kas and Cirali allowing us to visit the ancient city of Olympos, walk to the amazing Flames of Chimera and take a boat cruise over the sunken city of Kekova to visit Simena. We end this active discovery holiday with a stay in the walled city of Antalya with its ‘Old Town’ of winding streets and palm-shaded boulevards around an ancient harbour. If you're looking for an incredible journey from the magic of Istanbul to the beauty of the coast, with minimum time spent driving, but plenty of time to explore ancient and UNESCO sites on foot, then this is the perfect choice!

Is this holiday for you?

The is an active discovery tour of the classic sights and ancient sites of Turkey's Aegean and Mediterranean coastline. No special level of fitness is required, however, on several days there will be the opportunity to do some easy walks of up to 2 - 3 hours on recognized paths over a variety of terrain and there is also a fair amount of walking while looking around the various sites of antiquity that we visit. There will also be ample opportunity during the holiday for swimming. During the holiday we stay at comfortable, carefully selected hotels.

Holiday Itinerary

Day 1: Meet at the group hotel in Istanbul. A single timed transfer from Istanbul Airport is provided.

Arriving in Istanbul's Ataturk Airport, KE Land Only package services begin with a single, timed evening transfer to our hotel in the city where we check in for a 2 night stay. Anyone arriving on flights which are not convenient for this transfer can easily reach the hotel by taxi. Depending on your flight arrival times there may be the opportunity to take an evening meal at the hotel or in one of the nearby restaurants.

Day 2: Fantastic day of sightseeing in Istanbul including the Blue Mosque, Saint Sophia and Grand Bazaar.

After breakfast and a briefing from our guide on the days ahead we set off on a sightseeing tour of this ancient city where it is said, West meets East. The city of Istanbul has an eight thousand year history. Originally founded as the Greek colony of Byzantium, it then became the capital of the Eastern Roman Empire and was known throughout the world as Constantinople. In more recent times it became the Konstantiniye, the capital of the Ottoman Empire and finally Istanbul, the largest city in modern day Turkey. During our tour we will visit the Blue Mosque, the Hippodrome, Saint Sophia, Topkapi Palace and the Grand Bazaar. We have a second night in the group hotel.
Day 3: Transfer to Canakkale via Gallipoli, time to explore Brighton Beach and Anzac Cove.

We will make an early start for our drive along the coast of the Sea of Mamara and the strait of the Dardanelles to Gallipoli one of the most famous names from World War 1 where in the course of an 8 month campaign more than 100,000 men lost their lives. We will visit the key points of the battleground including: Brighton Beach, Anzac Cove, Johnston's Jolly where we can view Turkish and Allied trenches and tunnels and the several cemeteries and commemorative monuments to the different regiments who fought here. Following our tour of Gallipoli, we take the ferry across the strait and check in at our hotel in Canakkale.

Day 4: Morning visit to ancient Troy. Afternoon to explore Pergamon one of Turkey's finest sites.

In the morning we visit the site of ancient Troy. Everyone knows the story of how the Greek army defeated Troy through the subterfuge of men hiding within a giant wooden horse. Until 1884 this was simply the stuff of legend, but in that year the German archaeologist, Heinrich Schliemann published the results of his 4-year long excavations on the hill of Hisarlik, near modern-day Canakkale. He had found a 13th century BC city matching the description of Troy given by Homer in the Iliad. Further excavations have revealed ten separate periods of settlement, each with a city built on top of the previous city going back more than 4,000 years. Today we can see the excavated ruins of city walls, house foundations, a temple and a theatre. A symbolic giant wooden Trojan horse commemorates the legendary war. After this visit we drive to Pergamon, once a great centre of culture and learning with a library second only to that of Alexandria. It was also at one time the capital of Rome's Asian empire. Today Pergamon survives as one of Turkey's finest archaeological sites. In the Acropolis, above the modern town, are the remains of the celebrated library, a steep and impressive theatre, the temples of Trijan and Dionysus, the monumental altar of Zeus, the sanctuary of Demeter, and a gymnasium. The site is quite spread out and best explored on foot. Finally we drive to Selcuk an important tourist centre at the heart of a 'golden triangle' of sites of antiquity. The town itself is clustered around the ancient fortress of St John Basilica and the 14th-century Isa Bey Mosque on Ayasoluk Hill. This will be our base of explorations for this part of Turkey's Aegean coast.

Day 5: Visit the magnificent site of Ephesus. Afternoon walk in the National Nature Reserve of Bafa Lake.

Today we visit Ephesus, the ancient Greek city on the coast of Ionia. Built in the 10th century BC on the site of the former Arzawan capital by Attic and Ionian Greek colonists, it became one of the twelve cities of the Ionian League and was famed for its Temple of Artemis (completed around 550 BC), one of the Seven Wonders of the Ancient World. The city flourished after it came under the control of the Roman Republic in 129 BC eventually becoming a Christian city and the site of several 5th-century Christian Councils. It is also the site of a large gladiators' graveyard. We will spend some time walking around this well preserved site before driving to Bafa lake. Designated a National Nature Reserve, this beautiful tranquil lake, teeming with wildlife and surrounded by a geological landscape resembling the weird rock formations found in Cappadocia, is superb walking country. We have a walk here of around 3 hours during which we will encounter the ruins of a Byzantine civilization that flourished here, including the ruins of several monasteries and various rock-cut tombs. Afterwards we return to our hotel in Selcuk.
Day 6: Visit the atmospheric ruins of Priene. Afternoon walk in the Dilek National Park.

In the morning we drive to the site of ancient Priene, another of the Ionian League of cities. Although now surrounded by fields, Priene was originally built as a port and stood on top of cliffs overlooking the Aegean sea. Silting at the mouth of the river Meander (the river which gives us the modern day term for the characteristic of rivers to wander from side to side as a result of silting), caused the city to be moved every century or so until it was eventually abandoned. The ruins of 4th century BC Priene, now left high above a fertile plain and several miles from the sea, are generally held to be one of the best surviving examples of an ancient Greek city. Constructed in marble from nearby quarries and laid out in a grid pattern up the steep slopes of Mycale hill, the city was drained by a system of channels and aqueducts which still survive, as do foundations, paved streets, stairways, partial door frames, monuments, walls, terraces etc. After exploring Priene we then drive south and west to the Dilek Peninsula, another important National Park on Turkey’s Aegean coast. This is a very beautiful part of the coast where wooded hills drop to the sea. There are several pleasant beaches here for swimming and several options for walking through a landscape teeming with wildlife. We can also visit the ‘Cave of Zeus’ where spring water forms a deep pool. After our time on the Dilek Peninsula we return to Selcuk for a third and final night in the hotel.

Day 7: Transfer to the `cotton castle` UNESCO hot springs of Pamukkale after exploring Aphrodisias.

Leaving Selcuk we drive east for approximately 2 hours to the ancient city of Aphrodisias, one of the most important archaeological sites of the late Hellenistic and Roman period in Turkey. Situated in the Meander river basin south-east of Priene, the city is named after Aphrodite, the goddess of love. It was built in marble and in its heyday was renown for its marble sculptors. Aphrodisias enjoyed a long and prosperous existence from the 1st century BC to the 6th century AD. Today, many of the city’s ancient monuments remain standing, and excavations have unearthed many more marble statues and inscriptions, as well as buildings and other artefacts. We spend some time here exploring this fascinating Roman city and visit the on-site museum. Afterwards we drive for approximately 1 hour 45 minutes to the UNESCO World Heritage site of Pamukkale. Here natural hot springs, rich in calcium-carbonate, have formed a preternatural landscape of petrified cascades and terraced pools. The name Pamukklae means ‘cotton castle’ which is exactly what the area resembles. It is a unique and eminently photogenic landscape and it is also possible to bathe in the pools, which are at a very pleasant 35 degrees Celsius. We stay tonight in a hotel close to the hot springs.

Day 8: Visit the UNESCO ancient city of Hierapolis before transferring to Turtle Beach and Dalyan.

In the morning we visit another UNESCO World Heritage site, the nearby ancient Roman city of Hierapolis, which like Pamukkale had several hot springs. The city was used as a spa from as early as the 2nd century BC and the remains of an impressive bath house complex can still be seen as well as a fantastic colonnaded street of original cobbles. The city became a kind of sanatorium, ostensibly a place to be cured but in reality a place to end ones days and there also grew a large necropolis on a hill to the east of the city. The necropolis contains many sarcophagi, one of which is famous for its carved relief depicting the earliest known example of a machine which uses a crank and rod mechanism. This is a fascinating place and we will spend a couple of hours exploring the site before driving south to the Mediterranean coast at Dalyan. Here we check into our hotel and have some free time to explore Dalyan or we can make the short and highly scenic drive to ‘Turtle Beach’ at Iztuzu for swimming.
Day 9: Walk along the coast from Ekincik Bay to Dalyan through the ancient ruined city of Caunos.

Transferring to the remote and beautiful Ekincik Bay this morning we follow a delightful stretch of unspoilt coastline back towards Dalyan. Following an easy track that meanders through pine forests and through hill-country we walk via the ancient ruined Carian city of Caunos, a once important trading port that bordered the ancient kingdom of Lycia. The famous rock-cut tombs that line the cliff face here are typically Lycian in design and a diversion up to the highest point of the city’s ruined citadel presents us with some spectacular views across the reeds to the distant waters of the Aegean beyond. Embarking on a local ferry we then explore the landscapes along the Dalyan River, arriving later this afternoon at the hot spring and mud baths of Ilica, affording us an opportunity to swim in a natural pool and enjoy the therapeutic benefits of a wallow in the mud. We return to our hotel in Dalyan for a second night. Total walking today is approximately 5km which should take around 3 - 4 hours.

Day 10: Transfer to Fethiye. Walk from the ghost village of Kaya Koyu to Oludeniz’s picture-postcard lagoon.

Leaving Dalyan we drive for one and a half hours to Fethiye on Turkey’s famous Turquoise Coast and then for a further half hour to the start of our walk. Today’s walk takes us to the ghost village of Kaya Koyu which was abandoned by its Greek inhabitants during the mass resettlements that followed the establishment of the Republic of Turkey in 1923. From Kaya Koyu we walk down an easy trail through woods to the spectacular coast of Oludeniz with its picture-postcard lagoon. We spend a relaxing afternoon on one of the best beaches of the Mediterranean before driving back (30 minutes) to Fethiye.

Day 11: Visit the ancient sites of Xantos, Pinara and Letoon before transferring to the pretty town of Kas.

We visit two more of Turkey’s UNESCO listed sites of antiquity today. We transfer just under an hour to the ruins of Xantos, the ancient capital of Lycia situated in an elevated position in the valley of the same name in the Taurus Mountains. The site has a spectacular amphitheatre a Roman arch, a Byzantine church with a mosaic floors and also contains the famous tomb of a ‘Harpy’, the mythological winged creature that carried souls to Hades. We then visit the remote site of Pinara high in the Taurus Mountains, reached by a winding dirt track road. Here we can see the remains of temples to Apollo and Artemis, a Roman theatre and fountain as well as enjoying superb views east over the Xantos Valley. From Pinara we have a pleasant walk of around 1 hour along an easy trail which is part of the Lycian Way, to the ruins of Letoon which was the spiritual heart of Lycia. Designated a sanctuary rather than a city, it was place where national festivals were held. The Lycian cult of Leto was a form of the wide-spread mother-goddess religion that originated in ancient Anatolia and spread throughout the ancient world and in Letoon, a woman presided over the national assembly. After these visits we drive for approximately 1 hour along the glittering Turquoise Coast to Kas where we check into a hotel. Once a quiet fishing village and now an attractive tourist town, Kas is situated where the wooded slopes of the surrounding tall hills meet the sea. The town has a friendly, laid back charm and we have the afternoon free to enjoy the ambience of the sea front cafes or to swim from the pebble beach.

Day 12: Explore the sunken city of Kekova by boat and walk to the hilltop fortress of Simena.
Leaving Kas we now drive for approximately 45 minutes to the fishing village of Kekova where we board our boat for a cruise around this stunning bay of picturesque islands and small harbours, dotted with ancient cities including most famously, the ‘Sunken City’ of Kekova. The streets and houses of this city which was partly submerged following an earthquake, can be clearly seen through the crystal clear waters. Our bay cruise continues to the charming village of Simena, where modern yachts sit side by side with ancient Roman remains. Above the harbour rises a prominent hill and right on the top is a medieval citadel. We will hike up to the castle for the superb view it offers and also to see the tiny theatre inside which is carved out of the rock. At Simena we meet our tour bus and drive for approximately 40 minutes to Myria. Dating back to the 5th century BC, Myra was originally a Greek settlement which then became a Lycian - Roman alliance town from early 1st century BC to 1st century AD. Some of the remains of that town have been excavated including an impressive semi circular theatre and the Roman baths. Close by are two necropoli consisting of rock-cut tombs with frontages resembling classical temples, which have been hewn from the cliff face rising above the town. Myrya is also the site of an early Christian church, the church of St. Nicholas originally constructed in the 6th century. The existent church dates from the 8th century and is interesting for its floor made of a mosaic of coloured marble, and also for the remains of frescoes on the walls. We end the day with a drive (1 hour 30 minutes) along the coast and then through the mountains to reach the east coast of the Lycian Peninsula where we check into our hotel at Cirali, close to a secluded beach and the ruins of Olympos Village.

Day 13: Visit the ancient village of Olympos before walking to the flames of the Chimera. Transfer to Antalya.

We begin the day with a visit to the nearby village of Olympos a port city established in the 2nd century which thrived until the 15th century A.D. The city was built on two sides of a steep sided valley where a mountain stream reaches the sea. A sandy beach now sits beneath the preserved remains of the city. After our visit to Olympos Village we transfer (1 hour) to Ulupinar on the slopes of Mount Olympos. From here we have a walk through woods to the site of the eternal flames of Chimera where natural gas seeps through fissures in the rocks. Finally, we visit Phaselis which was founded in the 7th century by Rhodesian colonists. It became a strategically important Lycian city because of its location on an isthmus separating two harbours and had three important ports, the ruins of which can still be seen. Two of these ports were connected by a road lined with statues and porticoes where artisans worked and traded. The road and some inscriptions can also still be seen. Our walk will take approximately 3 - 4 hours including time at the various sites and afterwards Later we drive for a little over 1 hour to Antalya. As well as being one of Turkey’s premier resorts on the Turquoise Coast, Antalya has an ‘Old Town’ which is an attractive walled city, with shady palm-lined boulevards and narrow, winding streets of shops and old wooden houses clustered around the harbour. Antalya also has an excellent museum containing many precious artefacts taken from some of the sites we have visited. Arriving in Antalya we check into our hotel and have some free time to explore the town or visit the museum before meeting for dinner.

Day 14: Departure Day. A single timed transfer to Antalya Airport is provided.

KE Land Only package services end after breakfast. A complimentary single, timed group transfer to the airport is provided or if your flight schedule does not fit with this transfer it is very easy to arrange a taxi for the short journey. Your local leader will assist you to arrange this
Holiday Information

What's Included

- A professional English-speaking local guide
- Single timed airport transfers at the beginning and end of the trip
- All accommodation as described
- Meals as detailed in the Meal Plan
- All land transport in private air conditioned vehicle

What's Not Included

- Travel insurance
- Airport transfers (other than group transfers)
- Tips for local staff
- Some meals as detailed in the Meal Plan
- Entrance fees at historical sites
- Optional activities
- Miscellaneous expenses - drinks and souvenirs etc

Joining Arrangements & Transfers

The group will rendezvous at the group hotel in Istanbul in the evening of day 1. A single, timed group transfer from Istanbul Ataturk Airport (IST) to the group hotel is provided. This transfer is convenient for the arrival of the preferred group flights from London Gatwick and Manchester Airports and will normally depart the airport in the early evening. The local guide or KE representative will assist with the transfer. All clients may use this transfer but Land Only clients must inform the KE office if they intend to make use of the group transfer. The exact time of this transfer will be notified to all clients closer to departure. If your flight schedule does not allow you to take advantage of this transfer, you will need to make your own arrangements for transfer to the group hotel. There is a metro line from the airport into the city. It is also possible to pre-book an airport shuttle bus. Also, metered taxis are available 24/7 from the airport and the journey will cost approximately £15 - 20. Payment should be made in Turkish Lira and there are change and ATM facilities in the airport. Full details of the group hotel and an emergency contact number will be provided with your booking confirmation.

Meal Plan

13 breakfasts, 11 lunches and 11 dinners are provided. Meals will be taken either at your hotel or in local restaurants. Lunches and dinners are not included while staying in Istanbul. In Istanbul there is a wide range of cuisine and budgets for eating out and it seems sensible to leave the choice to our clients here.

Food & Water

The majority of meals for this holiday are included in the trip price and Turkish cuisine is excellent! Breakaths in hotels will usually consist of fresh baked bread, butter, jam and/or honey, olives, tomatoes, cucumbers, cheese, yogurt, preserved meat, fruit juice, eggs, and tea or coffee. This is most often set out as a buffet. Lunches will be taken in local restaurants or may be packed lunches depending on the day's activity. Dinners range from simple grilled meats to baked fish and meat casseroles. There are also plenty of delicious vegetarian options and Turkey has an abundance of simple, fast food restaurants serving traditional kebabs, kofte, pida (excellent Turkish pizza!) and borek. Desserts are also important in Turkey, including the famous baklava, which is layerd filo pastry,
stuffed with almond paste or pistachios steeped in syrup. Lunches will be taken in local restaurants or may be packed lunches depending on the day's activity. Turkey is proud of its strong coffee, whilst black tea is popular all over the country. Don't forget to try the world famous Efes beer or "raki" known as Lion's Milk, due to its milky colour when ice is added!

Accommodation

Accommodation throughout the holiday is in comfortable hotels and pensions in twin rooms with ensuite bathroom. All accommodation is on twin share basis. If you are travelling by yourself you will be paired with another individual traveller of the same sex. If there is no-one to pair with you will not be charged a single supplement. If you are travelling by yourself and wish to ensure you have a single room this can be arranged with a prior request for a single supplement. Please see the dates and prices page for the holiday on the KE website for details of single supplements.

Group Leader & Support Staff

A professional English-speaking guide will accompany the group throughout the holiday.

Spending Money

We estimate that £300 (equivalent in Turkish Lira) should be sufficient to cover your incidental expenditure including the non-included meals in Istanbul, tips to local staff, entrance charges to archaeological sites (allow £60 - 70 for this), drinks etc. If you expect to buy considerable quantities of soft drinks, wine or beer, or if you intend to buy expensive souvenirs you should make an allowance for this. Credit cards can be used in many shops and cash can be drawn from ATM's in most of the towns we visit.

Guidance On Tipping

Tips do not form part of the wages of local staff but they are very much appreciated. It is important to remember that tipping is voluntary and should be dependent on good service. It is best if the tip is given at the end of the trip by the group as a whole. We recommend that each group member contributes around £20 - 30 to this pool depending on the size of the group and that tips are then distributed between the guide(s) and support vehicle driver(s) as the group feels is appropriate.

Baggage Allowance

Your baggage will be transported in the tour vehicle. There is no weight limit as such other than that imposed by your international carrier but we do ask you to restrict your luggage to one main bag and a small day pack. You will be expected to lift your bag in and out of the vehicle and to take it upstairs (where necessary) in hotels and you should bear this in mind when packing. For this trip it may be better to bring a wheeled suitcase rather than the KE trekbag.

Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status and so you are free to proceed with your international flight booking and other travel arrangements.

Recommended Outdoor Retailers

www.keadventure.com  UK: +44(0) 17687 73966  US (toll-free): 1-888-630-4415
Many of the Equipment items listed above are available from Cotswold Outdoor - our ‘Official Recommended Outdoor Retailer’. When you book a holiday with KE you will receive 15% discount voucher from Cotswold Outdoor and other retailers. >> Find out more

General Information

Passport & Visas

A passport with 6 months remaining validity at the end of your stay is generally required for visits to countries outside the EU. The information that we provide is for UK passport holders. Please check the relevant embassy or consulate for other nationalities. It is your responsibility to ensure that you have the correct travel documents and visas for your holiday. Visa requirements and charges are subject to change without notice. If you are travelling outside the EU you should have at least 2 blank pages in your passport for each country that you visit.

**Visa information is changing all the time. Please ensure that you check for the latest advice before travel.**

Visa Turkey

From the 2nd March 2020 UK passport holders do not require a visa for visits of up to 90 days in any 180 day period.

Health & Vaccinations

**VACCINATIONS**

You should contact your doctor or travel clinic to check whether you require any specific vaccinations or other preventive measures. You should be up to date with routine courses and boosters as recommended in the UK e.g. diphtheria-tetanus-polio and measles-mumps-rubella, along with hepatitis A and typhoid. A good online resource is [Travel Health Pro](http://www.worldstandards.eu/electricity/plugs-and-sockets/).

Currency

The unit of currency in Turkey is the Turkish Lira.

Electricity Supply & Plug

We recommend you check if you require an adaptor for your electrical items at: [http://www.worldstandards.eu/electricity/plugs-and-sockets/](http://www.worldstandards.eu/electricity/plugs-and-sockets/)

Preparing For Your Holiday

This is not a strenuous holiday and there is no element of continuous trekking. However we will do a fair amount of walking around ancient sites and there are additional options for easy short walks, so it makes sense to spend some time before coming on an active holiday, getting some additional exercise. While regular walking is the best preparation, any regular exercise is good for developing better cardiovascular fitness and stamina.
Climate

The best time to visit this part of Turkey is from late March to early November but avoiding the months of July and August when it is too hot. At the times of KE's departures you can expect daytime temperatures to range between 20 and 25°C, dropping at night to around 17 or 15 °C. This part of Turkey enjoys one of the most favourable climates in the Mediterranean with 300 sunshine days a year. However, short lived storms sometimes with thunder and heavy rain, can occasionally occur.

Travel Aware

As a reputable tour operator, KE supports the British Foreign & Commonwealth Offices’ 'Travel Aware' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that prior to travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: www.travel.state.gov for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates direct from the FCO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Books

• The Rough Guide to Turkey
• Lonely Planet Turkey
• The Western Shores of Turkey: Discovering the Aegean and Mediterranean Coasts - John Freely
• South from Ephesus: Travels Through Aegean Turkey - Brian Sewell
• Guide to Turkey for History Travellers - Bob Fowke
• The Architect's Apprentice - Elif Shafak
• Last Train to Istanbul - Ayse Kulin

Maps

Reise-Know-How Verlag. Turkey: Mediterranean Coast

A double sided road map of the whole of the Mediterranean coast of Turkey at 1:700,00 scale. Topography is indicated by altitude colouring with contours, spot heights, and names of mountain ranges. National parks, UNESCO and other archaeological sites are marked. The map legend includes English.

Flight Information

Flight Inclusive Or Land Only?

On our website we display a UK Flight Inclusive package price and Land Only package price for the majority of our holidays.
Flight Inclusive Notes

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London Gatwick to Istanbul and returning from Antalya with Turkish Airlines. Outbound flights will depart from the UK in the morning arriving in the afternoon or early evening of the same day (day 1 of the itinerary). Return flights will depart Antalya in the morning of the last day of the itinerary, arriving in the UK in the early afternoon. Flights from Manchester with Turkish airlines are also available. Other regional departures and/or alternative carriers may be available on request. Please note that departures from other airports or with other carriers may require extra nights or additional transfers.

Please also be aware that there are often only a limited number of seats available at the advertised price. To avoid paying flight supplements, we recommend that you book as early as possible, especially during peak times. If we are unable to secure seats at the price shown, or you have requested regional departures or flights with an alternative carrier, we will contact you with an alternative quote. Please be aware that there are often only a limited number of seats available at the advertised price. To avoid paying flight supplements, we recommend that you book as early as possible, especially during peak times. If we are unable to secure seats at the price shown, or you have requested regional departures, we will contact you with an alternative quote. Please note that you may be asked to pay for your flights in advance of your final holiday balance. Note that if you book a package including flights with KE you will benefit from full financial protection.

Land Only Notes

The LAND ONLY dates and prices are for the itinerary joining in Istanbul. For clients making their own flight arrangements, Istanbul's Ataturk Airport (IST) is the most convenient for transfers to the group hotel. The holiday ends in Antalya and onward or return flights should be booked from Antalya. Please refer to the 'Joining arrangements & transfers' for further details.

Flights SHOULD NOT be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

Why Choose KE Adventure Travel?

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Operating since 1984, KE Adventure Travel has some of the most experienced staff in the business, with the proven ability to set up and operate a worldwide programme of adventures. Everyone has adventure travel at heart and joins at least one trip a year. It is this depth of experience that makes KE stand out from other adventure travel operators. When you contact KE, by phone or e-mail, or visit our office, you will find the help and advice you need, from someone who has actually done the trip and can give you the benefit of their first-hand experience.

KE can guarantee the very best in trip support, excellent food, a good standard of hotel and other accommodation, plus the back up of one of the most respected companies in the business. Client satisfaction is at the top of our agenda and almost 50% of our bookings each year come from repeat business. If you are looking for adventure then look no further than KE.
Equipment List

The following checklist should help you with your packing. As a general rule, you should always try to keep the weight of your equipment to a minimum.

You Must Bring The Following Items:

- Comfortable walking shoes
- Socks
- Underwear
- Lightweight walking trousers
- Loose fitting shirts (at least 1 with collar and sleeves)
- T-shirts
- Light fleece jacket (for chilly evenings)
- Lightweight waterproof jacket
- Gloves
- Sunhat
- Sunglasses
- Small padlock (to lock your KE trek bag)
- Small daypack
- Basic First Aid Kit including painkillers and elastoplast
- Sun protection (including for lips)
- Water bottle
- Washbag and toiletries
- Antibacterial hand wash

The Following Items Are Optional:

- Torch
- Insect repellant
- Shorts
- Swimwear
- Towel (for swimming)
- Camera
- Pen-knife (remember to pack sharp objects in hold baggage)
- Travel clothes
Please note: This document was downloaded on 1 Oct 2020, and the trip is subject to change.