Walking Undiscovered Tenerife

Trip Code: TWW

Version:

WALK & TREK	GUIDED GROUP	5 MODERATE



HIGHLIGHTS

- Climb Pico Guajara (2,730m) for spectacular views across the vast volcanic caldera of Teide National Park
- Walk through the lush laurisilva forests and dramatic ravines of Anaga Natural Park
- Enjoy a dolphin-spotting boat excursion along Tenerife's spectacular western coastline
- Explore the lunar landscapes and fairy chimneys of the ancient Camino de Chasna

AT A GLANCE

- 6 days walking
- Max. altitude - 3718 metres
- Join at Tenerife

ACCOMMODATIONS & MEALS

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

The colourful Canary Island of Tenerife is home to dramatic volcanic landscapes, rugged coastlines and wonderful walking. Beyond its popular resorts, you'll discover lunar terrain, unusual rock formations, lush forests, historic towns and the spectacular volcano of Teide (3,718m). KE has brought together these contrasting landscapes and experiences in a varied Canary Islands walking holiday.

Based in the mountain village of Vilaflor, our first walks take us along the ancient Camino de Chasna, where we explore a lunar landscape dotted with distinctive fairy chimneys. We then venture into the black volcanic terrain around Chinyero, Tenerife's youngest volcano, before heading to the west coast for a boat excursion with the chance to spot dolphins. Next, we climb Pico Guajara (2,730m), enjoying far-reaching views across the vast caldera of Teide National Park and towards the summit of Mount Teide. We also explore this remarkable volcanic landscape by cable car and on foot, discovering unusual rock formations and panoramic viewpoints.

The second half of the holiday reveals another side of Tenerife, as we move to the historic town of San Cristóbal de La Laguna. Here, we walk through the lush laurisilva forests and deep ravines of Anaga Natural Park, before exploring the rugged northern coastline and the historic harbour town of Garachico. With time to discover traditional Canarian towns, enjoy coastal views and perhaps swim in natural volcanic rock pools, this holiday showcases the remarkable variety of Tenerife's landscapes, history and culture.

Is this holiday for you?

The walks during this holiday follow a mixture of rural tracks, mountain paths, forest trails and coastal routes. Much of the terrain is well-maintained, although we occasionally encounter loose rock and volcanic ground, which can become slippery in wet conditions. While there are no significant sections of exposure, some trails are narrow and uneven, so we are unable to recommend this holiday for those who suffer from vertigo.

Walking days are typically around 5 hours in duration, with regular ascents and descents. We have graded this holiday as a 5 due to the more challenging walks on Days 2 and 4, particularly the ascent of Pico Guajara (2,730m). Alongside these more demanding days, the itinerary includes opportunities to relax, enjoy the natural surroundings and discover the culture and historic towns of Tenerife. This holiday is ideally suited to regular hill walkers looking for a rewarding week exploring the island on foot.

Itinerary

Version:

Holiday Information

What's Included

- A professional and qualified tour leader
- Single timed transfers on arrival and departure
- All accommodation as described
- Some meals as per the Meal Plan
- All land transport involved in the itinerary

What's not Included

- Travel insurance
- Tips for support staff and guide
- Some meals as per the Meal Plan
- Miscellaneous expenses drinks souvenirs etc

Joining Arrangements & Transfers

The group will meet at our accommodation in Vilaflor.

A single transfer from the airport is provided on Day 1 of the Land Only itinerary.

On the last day of the Land Only itinerary, there will be a single transfer back to the airport.

Anyone may join the group transfers by prior arrangement. Travelling as a group or on public transport saves energy. If this is not practical, we can provide private transfers at an additional cost. Taxis are also available.

Hotel contact details and an emergency number will be provided with your booking confirmation.
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Travelling to your Destination

If flying from the UK there are low cost airlines available to the start and from the end of your holiday.

To benefit from full financial protection, ease your holiday planning, and avoid dealing with airlines, we can book scheduled flights from the UK as part of a flight inclusive package. Scheduled flights are usually more expensive that low cost alternatives, however potentially less stressful if your flight is cancelled or delayed. If you book flights through KE Adventure Travel we will offset the carbon of your flight.

Meal Plan

All breakfasts, 3 picnic lunches and 2 dinners are included.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Food & Water

Water from the taps may not be drinkable in all locations on this trip - please check with your guide. We recommend taking water purification tablets and a reusable bottle with a filter such as **Water-to-Go**, which can both be used to help make safe other water sources. Please note that we do not encourage the purchase of single use plastic bottles.

Breakfasts are continental in style with tea and coffee, orange juice, muesli or cereals and bread. Occasionally you'll come across eggs, plus jam, honey and cheese. On walking days we'll have a packed lunch which we'll carry with us and eat together at a suitable spot. These lunches will normally include a sandwich (meat/cheese), fruit and biscuits or cake. Occasionally during the week we may take lunch in a simple local restaurant. Evening meals are taken at the homestay in Chio and in local restaurants for the nights we are not in Chio. The Canary Islands has a great climate so it's not unusual that ingredients grow on them taste so fresh. You'll find tasty fruit and vegetables (potatoes, bananas, tomatoes and pumpkins) growing all year round. The tropical climate means you'll come across papaya and mango juicy. Don't forget the Atlantic Ocean brings a rich variety of local fish including parrotfish, grouper and corvina which is similar to seabass. If you don't mind trying something a bit unusual then cabrito al horno is roasted goat and incredibly popular.

Tenerife is home to a wide range of restaurants for all tastes and budgets. If you go to Puerto de la Cruz walk out of the main Plaza del Charco and along Calle San Felipe and you'll find yourself in the old fishing area known as La Ranilla. For many years visitors and residents alike have known that the restaurants along these narrow cobbled streets offer the very best fish, seafood, Canarian and Italian food. Simple local dishes include conejo en salmorejo (rabbit stew), gambas a la plancha (grilled prawns) or cherne con papas arrugadas y mojo (grouper with wrinkled, boiled potatoes and spicy sauce). You'll also find basa served with mango sauce or pork fillets in herb baked crust.

Vegetarians, pescatarians and special diets are still a little unknown on the Canary Islands, as this is primarily an area known for its meaty dishes. However, fish is in abundance, as are salads. You'll come across a variety of side dishes that can be mixed and matched to make a tasty main. Champinones are mushrooms usually lightly fried in olive oil and garlic, whilst berenjenas are tasty cooked aubergines. Other good choices are menestra which is a filling vegetable stew and delicious served when served with fresh bread. Look out for pimientos de padrón which are small grilled peppers sprinkled with rock salt and, of course the famous wrinkly potatoes. Vegan diets will find it a struggle in the Canary Islands as there is a lot of dairy and cheese on menus.

Accommodation

For the first four nights, we stay in a charming, small hotel in the mountain village of Vilaflor, surrounded by the natural beauty of Tenerife's volcanic landscape and Canarian pine forests. The hotel offers comfortable, traditionally styled rooms and a welcoming atmosphere, with restaurant and spa facilities where you can relax after a day of walking. There is also an outdoor pool, providing a pleasant spot to unwind and enjoy the mountain surroundings.

The final three nights are spent in the historic heart of San Cristóbal de La Laguna, a UNESCO World Heritage Site. Here, we stay in a comfortable hotel, ideally located for exploring the town's historic streets, shops and restaurants. The accommodation combines traditional character with modern comforts, providing a relaxing base for the final part of our holiday. All rooms are en-suite.

Accommodation is based on twin share. If you are travelling by yourself, you will be paired with another single client of the same sex. Single rooms are available for a supplementary cost, subject to availability. If you are planning to extend your holiday, additional nights at the group hotel are available on request.

Group Leader & Support Staff

The group will be led by a professional and qualifed tour leader.

Altitude

This holiday involves going to high altitude. During the course of your trip you will reach altitudes in excess of 3500 metres. This is not something that you should worry about; the human body is quite capable of adapting to a very wide range of altitudes, but it is important that we follow some simple rules in order to acclimatise successfully. Before coming on this holiday you should read the advice on trekking at high altitude. You can also talk to one of our trekking experts if you have any concerns about altitude.

Spending Money

Approximately 200 - 250 Euros should be sufficient for miscellaneous expenses, including a reasonable amount of wine with meals, not included dinners and lunch on day 8 ATMs are available at the airport and in La Laguna and Santa Cruz. Credit cards can be used in La Laguna and Santa Cruz.

Baggage Allowance

We ask you to restrict your baggage to one main bag and a day pack of approximately 25-30 litres. As you will have to carry your own bags from the vehicle to the hotels (including possibly upstairs), we recommend packing light in a bag with wheels or a rucksack for this holiday.

Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the ‘Dates and Prices’ table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

Flight payment

We sell this holiday on a Land Only basis and recommend that you book your flights to Tenerife South Airport. A group transfer from Tenerife South Airport to El Boilco in the Teno Mountains is included in the holiday price. Please refer to the 'Joining arrangements and transfers' section of the trip dossier for further details.

Flights SHOULD NOT be booked until you have received your booking confirmation and the trip is showing 'Guaranteed to Run' or 'Limited'.

If flying from the UK there are a number of low cost airlines to Tenerife. Note that there are two airports in Tenerife and you should book your flights to Tenerife South. Easyjet flights from Gatwick, Bristol, Newcastle and Manchester, Ryanair from Manchester, Thomson from Exeter and Manchester, Monarch from Birmingham, Stansted and Manchester plus Thomas Cook from Manchester work well with the arrival and departure transfer. Flights from other departure airports and with other airlines may require additional nights (at extra cost) in Tenerife. Click on the 'Flight information' link below for further information on booking low cost airlines. Alternatively if you would prefer to book a 'flight inclusive package' using scheduled airlines from the UK please contact our flights department for a quote. Whilst flight prices are likely to be more expensive you will benefit from full financial protection.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required**,** and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates *(see Health & Vaccinations below),* **and visas for your holiday.** Please ensure that you check the FCDO for the latest advice for **each country visited** before travel.

Health & Vaccinations

Vaccinations:

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

Please ensure you are looking at the recommendations for all countries visited on your holiday plus recommendations for any borders you cross.

On holidays to more remote areas you should also have a dental check-up.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.

Please check the FCDO and Travel Health Pro. For all of your intended destinations for up-to-date advice.

Severe Allergies:

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

Preparing for your Holiday

Getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable you will find the experience.

You should be aerobically fit and comfortable with walking 3 to 6 hours for consecutive days. Hill walking, with a good amount of ascent and descent, is the best training. Running, cycling and swimming are also good for developing cardiovascular fitness and stamina.

Climate

The islands of the Canaries are a year-round holiday destination with what is often described as eternal spring conditions. Tenerife has its own micro-climate with the South of the island being barren and dry, whilst the North has an abundance of lush vegetation, rich flora and beautiful forest. Tenerife is the most varied of the Canary Islands with five different climate zones - desert, scrub, pine, laurel and dragon. During the period from September to March, we can expect daytime temperatures ranging from 16 to 24 degrees Celsius, becoming progressively cooler as we gain height in the mountains. Daytimes will be pleasant for walking but evenings can appear chilly so remember to bring a few items of warmer clothing.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's **'Travel Aware'** campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. All other nationalities should check their government websites for relevant information.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Books

- Tenerife The Mini Rough Guide - Christian Williams
- The Marco Polo Guide to Tenerife
- The Real Tenerife: The Insiders' Guide - Jack and Andrea Montgomery
- Dog Days in the Fortunate Islands: A New Life in Hidden Tenerife - John Searancke
- More Ketchup than Salsa: Confessions of a Tenerife Barman - Joe Cawley

Private Groups Information

Make this KE Adventure holiday your own!

- Do our normal group departure dates not fit?
- Would you prefer to travel with just friends and/or family?
- Are you looking to organise a trip for your local walking, biking or mountaineering club?

It's really easy to make a trip your own. Simply select from our full range of adventure holidays and choose the dates that work for you and your group.

We are experts in creating holidays for groups of friends, families, charities and clubs. Our personal service means you'll be fully involved as we make the arrangements for your perfect adventure holiday.

Independence with Security

Travelling as a KE Private Group allows you more flexibility and choice, but still with the peace of mind that everything is pre-planned and arranged for your group by a reputable adventure travel company.

To take your first step to an amazing adventure with your friends and family complete the private group enquiry form, or call our **Sales Experts on: 017687 73966**

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

Equipment Information

Equipment List

The following checklist should help you with your packing. As a general rule, you should always try to keep the weight of your equipment to a minimum.

You should bring the following items:

- Hiking boots (with a strong sole and ankle support)
- Socks
- Trekking trousers
- Thermal / base layer
- Lightweight waterproof overtrousers
- Underwear
- T-shirts and/or casual shirts
- Fleece jacket or similar
- Waterproof jacket
- Lightweight thermal gloves
- Warm hat
- Sunhat
- Eyewear - sunglasses
- Daypack 25 - 30 litres
- Headtorch
- Sun protection (including for lips)
- Water bottles 1 Litre (x2) (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Washbag and toiletries
- Antibacterial handwash
- Swimwear and a small towel
- Small padlock (to lock your luggage)
- Basic First Aid Kit including: Antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters (band-aids) and blister treatment, insect repellent, and re-hydration salts (Dioralite).

The following items are optional:

- Trekking poles (highly recommended)
- Trainers or sandals
- Shorts
- Camera and batteries
- Penknife (for picnic lunches)
- Microspikes (eg Kahtoola or Grivel Spiders). These are recommended for departures from November to March to cross sections of hard snow and ice that may be encountered on Mount Teide.
- Reusable cloth bag for shopping (to avoid plastic bags)

Land Only Information

We sell this holiday on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. The holiday starts at the group accommodation at Play San Juan. A single timed transfer from Tenerife South Airport is provided. The holiday ends in Santa Cruz a single timed transfer back to Tenerife South Airport will be provided.

Land Only Information

Please refer to the 'Joining Arrangements & Transfers' within Holiday Information for further details.

Flights and other transport to your destination should not be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

Why Choose KE

Why KE

What sets this holiday apart is the range of experiences packed into one week, taking you beyond Tenerife's well-known sights to discover some of the island's less-explored landscapes. Climb Pico Guajara for spectacular views across Teide National Park, follow the ancient Camino de Chasna past its distinctive fairy chimneys and explore the black lava fields around Chinyero. Away from the volcanic interior, you'll have the chance to spot dolphins along the west coast, walk through the lush laurisilva forests of Anaga and explore historic Canarian towns such as La Laguna and Garachico. It's a distinctive walking holiday that brings together mountain challenges, coastal experiences and local character.

Please Note This document was downloaded on 03/11/2026 and the trip is subject to change