

## Zambia & Namibia Lodge Safari

Trip Code: NAC

Version: NAC Namib Desert, Etosha & Caprivi Lodge Safari







#### **HIGHLIGHTS**

- See the African wildlife on this splendid safari journey, including Etosha National Park
- See the sunrise at the dunes of Sossusvle and hike up Dune 45
- Witness the incredible Victoria Falls, one of the world's largest waterfalls
- Seek out migrating elephants of Caprivi and black rhinos in Etosha

#### AT A GLANCE

- 15 days sightseeing with safari game drives and 14 Breakfasts short walks
- Join at Livingstone, End in Windhoek

#### **ACCOMMODATIONS & MEALS**

- 11 Lunches
- 8 Dinners
- 8 nights Lodge
- 3 nights Tented Lodge
- 2 nights Hotel
- 1 nights Guesthouse

VIEW DATES. PRICES & BOOK YOUR HOLIDAY HERE

## Introduction

We start our amazing Southern African overland adventure holiday at one of the world's largest and most majestic of all waterfalls - Victoria Falls on the Zambezi River. From this thunderous beginning we travel west into the wilderness of Namibia's Caprivi Strip, cutting through Angola and Botswana, famous for its migrating elephants and habitat for the Wild Africa Dog. Our next stop is the vast, wildlife rich pans of Etosha National Park. Where the waterholes bustle with African big game we are sure to get our first glimpse of big cats, dusty elephants and plain game such as antelope and giraffe. Moving deeper into Namibia we visit Swakopmund, the stunning sand dunes at Sossusvlei and gaze at the incredible African night skies. We then have two nights in the Namib Desert to appreciate its beauty before we continue to our final stop in the chilled out capital city of Windhoek. Our tour ends having possibly seen the big five and covered over 2800km of overlanding through some of the best of these incredibly wondrous and diverse countries.

This itinerary is the first section of our longer Great Southern African Lodge Safari which includes Botswana and the Okavango Delta.

If lodges aren't your thing, try our camping safari along the same route: Namibia Desert, Etosha and Caprivi Camping Safari

Or perhaps you're looking for the longer: The Great Southern African Camping Safari

If you would like further information on when to go to Southern Africa on safari and which trip suits you the best please refer to our detailed guide: Which safari is right for you?

## Is this holiday for you?

Everything in Africa is on a big scale, and to cover the ground necessary your journey across Namibia includes several long drives accompanied by Africa's spectacular scenery. Such drives, including your game drives, can often be on dirt tracks, graded roads and also tar highways. The vehicles used have been custom-built to cope with such conditions. Included in the itinerary are several safari experiences on foot. These walks can be on paved surfaces or uneven sandy terrain but they are always accompanied by your experienced local English speaking guide. Each walk is paced with time for your

guide to interpret the environment around you. On some walks, it is vital to keep within the group in case of an animal encounter. The accommodation on this journey will range from chalet style through to permanent tented lodges with en-suite facilities. There maybe a bar/restaurant available and some lodges may have a swimming pool. During your holiday, some participation on day-to-day camp chores is required. Getting involved with such chores adds to the camaraderie of your holiday! This journey is suitable for the adventure traveller looking to experience some of Africa's most special safari experiences!

## **Itinerary**

Version: NAC Namib Desert, Etosha & Caprivi Lodge Safari



### Meet in Livingstone. Airport transfers are provided.

Your holiday starts at the group accommodation in Livingstone. Airport transfers are provided. In the early afternoon we meet our fellow travellers and guide for a briefing. The rest of the afternoon is yours to enjoy the town or relax at the accommodation.



Accommodation

Lodge

DAY 2

## Day to explore Livingstone and Victoria Falls.

Today is yours to spend at leisure around Livingstone and the mighty Victoria Falls. Close to the falls are several handicraft markets which are great for some souvenir shopping. If you are feeling a little more adventurous or wish to see the falls from a different angle, you may wish to consider one of the extra activities that are available to book and payable locally. These include white water rafting or maybe a half-day canoeing the Zambezi. Whatever you chose you'll have a fabulous first full day on this incredible journey through Southern Africa.

Depending on season, water levels of the falls will vary (late November to early April is the wet season, with the remainder of the year being dry).

Meals: B



Accommodation

Lodge

DAY 3

# Cross the border into Namibia. Explore the Caprivi Strip famous for migrating elephants.

After breakfast, we leave Zambia for the natural wonderland of Namibia. We travel via Kazungula and Ngoma, crossing briefly through Botswana (the most efficient route). Wedged between the borders of

Botswana and Angola, the Caprivi Strip provides a significant habitat for the endangered African Wild Dog and is also a vital corridor for elephants moving between Namibia, Botswana, Angola and Zambia. In the late afternoon we take to the water for a boat safari cruise on the Kwando River in this remote and beautiful region.

Approximate drive time: 5hrs 30. With border crossings and lunch a travel day of approximately 7hrs 30mins.

Meals: **BLD** 



## Accommodation

Tented Lodge

#### DAY 4

# Game drives in the Caprivi Strip and Kwando River. Herds of elephants, big cats and wild dog might be seen.

Enjoying breakfast with the chorus of African river-life our exploration of Caprivi leads us further into the area and to visit the Mahango Game Reserve. The area sees many rivers and permanent waters, attracting big herds of elephants in the dry season. Lion, leopard and hyena are present, as well as the majestic giraffe munching on tall trees. Hippos, buffalo and zebra can be seen - a true feast of the eyes and binoculars in the early stages of this marvellous safari holiday.

Approximate actual drive time: 3hrs. With stops a travel day of approximately 4hrs.

Meals: **BLD** 



#### Accommodation

Lodge

#### DAY 5

## Leave the Caprivi Strip alongside the Kavango River for a spectacular sunset at Rundu.

This morning we have time to appreciate the river and we hope to spot many of the resident bird species such as the Lesser Jacana, Racket-Tailor Roller and Coppery Tailed Coucal. Although a rare spot, Pel's fishing owls are also resident in this region. Moving on from the Caprivi Strip, we continue our journey west skirting the border of Angola along the River Kavango and onto our accommodation near the Namibian town of Rundu. Luck being with us we can enjoy a spectacular sunset whilst sipping our sundowner.

Approximate actual drive time: 3hrs. With stops a travel day of approximately 4hrs.

#### Meals: **B** L



Accommodation

Lodge

DAY 6

## Drive through the wilds of Northern Namibia to Etosha National Park.

We set off this morning to Etosha National Park. Today's drive will give us a very good impression on the size and vast scale of Namibia as we travel south along straight roads. We pass a few small villages along the way and we have plenty of comfort stops to take in the scenery and enjoy lunch. Etosha is locally known as 'the great white place of dry water'. Our accommodation lies on the boundary of the park and once we have arrived we can cool off in the grounds and enjoy a refreshing sundowner before dinner.

Approximate actual drive time: 8hrs. With stops a travel day of approximately 9hrs 30mins.

Meals: BLD



Accommodation

Lodge

DAY 7

# A full day of safari game drives in Etosha National Park. Possibly seeing rhino, big cats and dusty elephants.

This is Big Game country. Four of the Big 5 are found here: lion, elephant, leopard and a healthy population of black rhino. Just the buffalo are missing. The central feature of the Park is the Etosha Pan, a 6000 square kilometre salt-flat, which can manifest itself either as a parched white desert or as a lush green land of plenty according to the season. Many of the rare animal species manage to survive here, such as the black rhino, the roan antelope and black-faced impala, which we may be fortunate to see on our afternoon game drive into the park. Etosha is, without doubt, Africa's most distinct National Park. Full day game drive.

Meals: **B L D** 



Accommodation

Lodge

DAY 8

# Second day of safari game drives in Etosha National Park. Can you spot the giraffe, zebra, antelope watching out for the lions?

During infrequent flooding, the pan attracts thousands of flamingos and other wading birds, although the water is so mineral-rich that it is undrinkable. The key to life here is the occurrence of underground springs which form waterholes on the edge of the pan. Together with the savannah grassland that they nourish, these springs enable more than 110 species of mammals to exist in an otherwise hostile environment. One of the highlights in dry season will be the chance to view big cats and game such as giraffe, zebra and several antelope species, gathering at one of the many waterholes. The rainy season at Etosha extends from November into March and April. This is a season of plenty, when grazing animals and their predators are widespread across the park as they seek out better grazing. Regardless of the season, your experienced leader, will endeavour to seek out the best of Etosha's wildlife during your game drives. In the evening we return to our accommodation (25mins from the Etosha park gates) for the African chorus and a traditional sundowner. Full day game drive.

Meals: BLD



Accommodation

Lodge

DAY 9

# Drive across desert landscapes to the Brandberg Massif, see the White Lady rock art and walk to the incredible Petrified Forest.

Today we cross Namibia's desert landscapes getting a real taste of a prehistorical land in the area which has ruggedly beautiful, untamed, stark plains, petrified forests as well as the peaks of the Brandberg Massif. We have a short walk to see the Petrified Forest. The name Brandberg means 'fire mountain' which refers to the glowing red colour of the rocks, seen at sunset. With a dense concentration of San Bush art, dating back several thousand years, we walk with a local guide see the famous 'White Lady' rock painting. This evening our accommodation is situated at the dry Ugab River, home to the rare desert elephants. Slightly smaller in size, with wider feet to adapt to desert conditions, desert elephants are often seen with broken or worn tusks as they are used to dig through hard dry ground in search of water.

Approximate actual drive time: 6hrs. With a couple of stops on the way it's a varied day with a total travel time of approximately 10hrs.

Meals: **BLD** 



Accommodation

Lodge

**DAY 10** 

# Head to the Atlantic Coastal resort of Swakopmund, via the seal colony at Cape Cross Reserve.

Crossing the incredible plains our destination today is the breezy Atlantic town of Swakopmund. We meet the Atlantic coast just south of the famous Skeleton Coast of Namibia where we stop at the Cape Cross Seal Reserve, the world's largest breeding colony of Cape Fur Seals. A short drive from here is our destination. Cool breezes, palm-lined streets and an ambiance reminiscent of a small German village, Swakopmund offers a distinct and refreshing Namibian experience. Here we have a couple of nights away from the canvas and stay in a guesthouse.

Approximate actual drive time: 3hrs 30mins. After a morning walk we have a travel day of 6hrs 30mins including a visit to Cape Cross.

Meals: B L



Accommodation

Hotel

**DAY 11** 

## Day in Swakopmund. Relax, explore or try out one of the many adventure activities available in this town.

Arguably Namibia's premier holiday resort, the town of Swakopmund was founded in the last decade of the nineteenth century, as the principal deepwater port of German South West Africa. Today it is a rather unusual place, with a quaint and atmospheric feel, sandwiched as it is between the Namib Desert and the cold Atlantic Ocean. It is as if a piece of 1950's Bavaria has somehow been cast ashore on the harsh Skeleton Coast. Amongst the distinctly Germanic architecture, an eclectic community have made Swakopmund their own, from artists to world travellers and big-game fishermen to stately African tribesmen, all contribute to the distinct character. We spend the day at leisure in this wild and whacky port-town. There are many activities that can be arranged locally, such as boat trips in search of dolphins, or to visit a nearby seal colony, ocean canoe safari, dune-boarding and even scenic flights over the Namib and along the Skeleton Coast - these are entirely optional and payable directly. Alternatively, you may choose to take it easy, visit the Crystal Galley, do a township tour or stroll along the beach.

Meals: B



Accommodation

Hotel

**DAY 12** 

## Drive to iconic red dunes of Sossusvlei for an afternoon of desert walking.

Moving through the ever changing landscapes we make our way to the edge of the Namib-Naukluft National Park, the second largest game park in Africa (after the Central Kalahari), with a total area of just under 50000 km2. Here we find the iconic sharp-ridged Sossusvlei Dunes of the Namib Desert. Argued to be the highest dunes in the world, their ever-changing colours make for wonderful photographic opportunities from sunrise to sunset! At the accommodation, we discover the true meaning of being 'star-struck' under African desert skies.

Approximate actual drive time: 5hrs. The desert scenery is varied but the road is rough gravel, so with a few stops it's a travel day of approximately 7hrs 30mins.

Meals: **BLD** 



Accommodation
Tented Lodge

**DAY 13** 

## Explore Sossusvlei and Dune 45 in the Namib Desert, visit the Sesriem Canyon.

We visit Dead Vlei (the place of the iconic Namibia photo) and walk for 3-4km. Time permitting we might be able to ascend the highest sand dune of the area - Big Daddy (325m). For those who do not want to walk, there are optional 4WD vehicles (operated on a shuttle service by the park and payable locally) that can drive you in to the bottom of the dunes. Walking in these dunes is a true experience and provides us with superb views up and down the Sesriem Canyon of the Tsauchab River. If we are lucky, we may spot an ostrich or even a jackal.

We then walk up Dune 45, it is absolutely stunning. Going down is a lot quicker and easier than going up! It also gives us a sense of scale and enormity as these dunes reach almost unbroken, from here to the Atlantic coast. We also visit the Sesriem Canyon, and it is a place of arid beauty. The dreamscape stretches from towering lunar rock formations through to a natural sphinx formation close to the canyon mouth. With ample time to catch the ever-changing colours of a Namib Desert sunset, we return to our accommodation for a second night of desert skies.

Meals: BLD



Accommodation

Tented Lodge

**DAY 14** 

## Morning drive to the cosmopolitan capital city of Windhoek. Afternoon to explore.

Located in a basin between the Khomas Highlands and Eros Mountains, Windhoek's charm is its fusion

of African and European cultures. With a cosmopolitan atmosphere, we drive from African bush into the heart of a Germanic colonial era. More of a town than a bustling capital city, Windhoek's friendly centre, makes for easy exploration. On arrival we have the opportunity to spend some time seeking out souvenirs, or to simply admire the city's Neo-Baroque cathedral spires and colonial architecture. We have dinner together at a local restaurant to celebrate a fantastic journey through these splendid countries.

Approximate actual drive time: 5hrs. Starting the day on rough gravel roads we climb the escarpment for a travel day of approximately 6hrs.

Meals: B L



#### Accommodation

Guesthouse

**DAY 15** 

## Departure day from Windhoek Airport.

Your holiday ends after breakfast at the group accommodation in Windhoek.

Meals: B

## **Holiday Information**

#### What's Included

- Two professional and qualified guides
- Airport transfer Day 1 the Land Only itinerary
- All accommodation as described
- Meals as described in the Meal Plan
- National Park entrance fees
- All activities/excursions mentioned except where specified as 'optional'

#### What's not Included

- Travel Insurance
- Visas (if applicable)
- Airport transfers on Day 15
- Some meals as detailed in the Meal Plan
- Any additional activities/excursions indicated as optional
- Tips for local staff
- Miscellaneous personal expenses drinks and souvenirs etc

### **Joining Arrangements & Transfers**

The group will meet at the accommodation in Livingstone.

Arrival transfers from Victoria Falls Airport or Livingstone Airport are provided for all clients to the group accommodation. On Day 1 at 1400 at the accommodation in Livingstone, you will meet your guide for an introduction and briefing.

On the last day of the Land Only itinerary, airport transfers to Windhoek Airport are not included. We can provide private transfers at an additional cost. Taxis are also available and are often cheaper.

Hotel contact details and an emergency number will be provided with your booking confirmation.

#### Meal Plan

14 breakfasts, 11 lunches and 9 dinners are included. Non-included meals are in the towns of Livingston, Rundu, Swakopmund and Windhoek where we try out local restaurants. We recommend you budget £10 - 15 for each non-included meals.

#### Food & Water

Many places on this holiday have drinkable water from the tap to fill your personal water bottles. Please check with the leader at the various locations. Please take purification tablets or a filter bottle (such as a <u>Water-To-Go bottle</u>) for days when drinking water out of the tap is not available. We do not encourage the purchasing of single use plastic bottles.

The majority of the meals are provided. Breakfast will be cereals and yoghurt, with coffee, tea, toast and the occasional cooked breakfast. Lunch will typically be picnic style - cold meats, cheese, salads, bread, rolls and fruit. Dinner will be potjies (traditional stews), braais (barbecue), stir fries, pasta dishes, curries etc. Very often cooking will be on an open fire. Fresh produce will be used wherever possible and fruit squash, tea and coffee will be served with breakfast and dinner. Many of the meals are prepared by the guides and it is good group etiquette to help with preparation and washing up on these days and this is usually done on rotation. Some meals are taken at the accommodation or in local restaurants. Special dietary requirements (vegetarian or allergies) can usually be catered for, but it is essential that this information is received on booking. There is one cool box available for the group to put your own drinks in. Stops at supermarkets are regular to pick up supplies such as alcohol and soft drinks.

## **Special Diets**

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your diet with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

#### **Accommodation**

This holiday has 14 nights staying at variety of different guesthouses, lodges, tented lodges and hotels. Often they have an African style to them with colourful traditional blankets, ornaments and smiling friendly staff. The rooms are twin/double which have mainly en suite facilities. Some of the accommodations have a bar and a swimming pool.

When at a tented lodge you will stay in a classic canvas safari tent with twin beds, en suite facilities. It is built on a permanent base (concrete or wood platform) and might have a thatch roof. There is usually a main lodge area with a bar, and possibly a swimming pool and small shop.

When at some of the accommodations there is a shared kitchen and dining area which will be used by the group and the guides during meal times. Most of the meals are prepared by the guides and it is good group etiquette to help with preparation and washing up on these days and this is usually done on rotation - it's all part of the adventure and when everyone puts in a little effort the trip runs smoothly.

If you are travelling by yourself, you will be paired up with another single client of the same sex. A limited number of single rooms are available for a supplementary cost. If you are planning on extending your holiday additional nights at the group hotel are available on request.

All accommodation is subject to change without prior warning.

#### SAFARI TRUCKS

Years of safari experience into the design of the trucks. The trucks are built to comply with the latest South African transport and safety regulations. Your comfort is catered for with individual seats (with safety belts), ample legroom and large vertical sliding windows for unobstructed viewing and photography.

There are roof hatches for excellent "open" views and an integral cab and passenger compartment so contact with the driver is easy. Each truck also has large packing compartments, a built in kitchen, freezer, drinking water tank, interior lights and a gas stove (to minimise use of wood and destruction of forest areas). There is also a pullout set of steps into the passenger compartment, making access for clients easier. There is usually a bank of plug sockets in the vehicles. These plugs are the South African 3 round pin or 2 round pin with a hexagonal base. We also use minibuses for some small group safaris. All of our vehicles are bought new and serviced by Mercedes and Toyota agents, thus ensuring trouble free touring with backup support in practically every town in Southern Africa.

Where road conditions allow, such as South Africa and parts of Namibia we may also use minibuses. On 5% of tours we may use minibuses with 12 seats and air conditioning (with trailer for equipment and baggage). The safaris often have several long days of travel providing for a beautiful journey on the way to exciting and varied destinations.

## **Group Leader & Support Staff**

Group leaders are the key to any successful safari. On this adventure safari, you will travel with two qualified and experienced, registered field guides (FGASA). Two guides as crew, not a guide and a driver, adds up to an informative and interesting small group holiday. Our guides have a passion for Africa, her people and wildlife, and they love nothing more than sharing their knowledge with you.

## **Spending Money**

We estimate that a total of around £300-375 per person (or equivalent in euros/dollars) should be allowed for personal spending. This amount should be sufficient to cover non-included meals and miscellaneous expenses, including tips to local staff. If you are intending to buy expensive souvenirs, considerable quantities of soft drinks / beer or undertake additional activities or excursions, you should budget accordingly (credit cards can be useful in this respect). You can choose to take your money in pounds sterling, dollars or euros. There will be the opportunity to change money into local currency on arrival at the airport (which we advise you to do) and your local leader will advise further places to change money en-route and at borders. Additionally, you will be able to get currency from bank ATMs in many of the towns that we will visit. Many small traders will accept US\$, Euro or GBP. Your notes should be clean and undamaged. And please avoid USD\$100 and old issue 'small head' US\$ notes as they might not be accepted.

## **Guidance on Tipping**

Your tour leader also works extremely hard to ensure that your holiday runs smoothly and that you are happy. We suggest that a tip of £2-5 per client per day for your tour leader is reasonable. When it comes to tipping the guides that we sometimes use for various activities (e.g. game walks, polers in the Okavango Delta etc) we suggest that a tip of £1-3 per client per ½ day activity, or the local currency equivalent, is acceptable. As in all cases with tipping, the final decision of the amount tipped is up to the individual. It is up to you to decide if you thought the service was poor, or exceptional, and the amount tipped should reflect that. The amounts quoted above are guidelines for you to get an idea of what to tip.

## **Baggage Allowance**

For this holiday you should take one piece of luggage and a daypack. Your baggage will travel in the gear compartment of the truck with the group, and there is a finite amount of space. Please keep the weight of your main luggage to 12kg. You should bring a soft bag as these are more suitable to pack in the vehicle.

## **Group Size & Holiday Status**

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status and so you are free to proceed with your international flight booking and other travel arrangements.

## **Group Members**

We sell this holiday in conjunction with our local operator in Southern Africa. This enables us to gather together sufficient numbers of like-minded adventurers to get the holiday up and running quickly. For this holiday the minimum age is 12 yrs, however it is unusual to have people under 16yrs.

## **South Africa Indemnity Form**

As a member of the South African Tourism Service Association, our ground agent in South Africa may require you to complete an indemnity form at the start of your holiday, which you will need your insurance details for. As a client of KE Adventure Travel, your rights under the Package Travel and Linked Travel Arrangement Regulations (2018) are unaffected and KE Adventure Travel will remain liable for the actions of our suppliers.

## **General Information**

### **Passport & Visas**

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

It is your responsibility to ensure that you have the correct travel documents and visas for your holiday. Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the <u>UK Government website</u>.

#### Visa Zambia

British passport holders do not need a visa in advance and can obtain a visa on arrival. The Government of Zambia recently announced the removal of all visa fees for British passport holders. However implementation of the policy has not yet been confirmed and British nationals may still be charged \$25 on arrival.

Other nationals should check details online to see if they need an e-visa.

**Important Note for Victoria Falls:** Please check your itinerary and your arrival/departure flights. If your accommodation and flights are from a different side of the falls you may need both a Zambian and a Zimbabwe visa. The town of Victoria Falls is in Zimbabwe, and the town of Livingstone is in Zambia.

Additionally If you visit the falls (on the border) and wish to cross the bridge to the other side you will require a visa for both countries.

A KAZA UNIVISA for Zimbabwe and Zambia is cheaper than purchasing the two visas for Zambia and Zimbabwe separately. The visa is valid for 30 days as long as you remain within Zimbabwe and Zambia. It is also valid for day trips to Botswana crossing over the Kazangula borders. It will not be valid if you overnight in Botswana.

It's available at the international airports in Lusaka and Livingstone and at the land borders at Livingstone (Zimbabwe border) and Kazungula (Botswana border). You can also apply online. It costs US\$50 and it is valid for 30 days.

**Please note:** The Government of Zambia recently announced the removal of all visa fees for British passport holders. However implementation of the policy has not yet been confirmed and British nationals may still be charged \$25 on arrival. This may affect your decision to purchase a Kaza Univisa.

#### Visa Zimbabwe

A visa is required. This is obtained on arrival and is \$55 single entry and \$70 for double. Payment must be in cash and you should take small denomination notes for this.

**Important Note:** Please check your itinerary and your arrival/departure flights. If your accommodation and flights are from a different side of the falls you may need both a Zambian and a Zimbabwe visa. The town of Victoria Falls is in Zimbabwe, and the town of Livingstone is in Zambia.

Additionally If you visit the falls (on the border) and wish to cross the bridge to the other side you will require a visa for both countries.

#### Visa Namibia

UK and USA passport holders do not require a visa for short stays. You should carry a photocopy of your passport with you at all times when in Namibia for identification.

#### Travelling with children under 18yrs - Namibia

Parents travelling with children under 18 years will be asked to show the child's full unabridged birth certificate. If the child is travelling with one parent, with another adult or unaccompanied, the parent or parents who aren't present will need to provide an affidavit giving their consent for the child to travel. Please note that they are very strict and they do not accept photocopies of birth certificates or short versions. This is also applicable if you are transiting through Namibia. For further details please see FCDO website.

#### Transit via South Africa

Rules on **travelling with children under 18 years** have been relaxed. Visa exempt children entering South Africa only need passports, and not birth certificates as previously required. This applies if the child is travelling with both parents, one parent or an adult who is not a biological parent, and school groups. There are some different requirements for unaccompanied children, and children who do not have UK passports or visa exempt passports. For full details please see the FCDO website.

#### **Health & Vaccinations**

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

#### **VACCINATIONS**

You should contact your doctor or travel clinic to check whether you specific require any vaccinations or other preventive measures. You should be up to date with routine courses and boosters as recommended in the UK e.g. diphtheria-tetanus-polio and measles-mumps-rubella), along with hepatitis A and typhoid. Malarial prophylaxis are required. A certificate of yellow fever vaccination is required if travelling from countries with risk of yellow fever transmission and for travellers having transited for more than 12 hrs through an airport of a country with risk of yellow fever transmission. On holidays to more remote areas you should also have a dentist check up. A good online resource is Travel Health Pro.

If your holiday starts in Livingstone, Zambia and you are travelling into Namibia and Botswana you do not require a yellow fever certificate. This rule also applies to South Africa, for example, if you are transiting via South Africa. This is applicable to trip codes: NAB, NAC, NBC and NCC.

## Currency

The unit of currency in Zambia is the Zambian Kwacha.

The unit of currency in Zimbabwe is the Zimbabwean Dollar. There is currently a shortage of available cash at the banks and ATM's in Zimbabwe. So we advise you to bring a credit card for any payments in Zimbabwe.

The unit of currency in Namibia is the Namibian Dollar. The Namibian and the Southern African Rand have the same value, and the Rand is accepted everywhere in Namibia.

#### Climate

Botswana & Zambia: This Central region of Southern Africa is subtropical and generally warm and mild / humid. October and November are hot, day and night. November to April is the hottest time of the year with chances of showers to heavy rains later in the season. May to September is cool and dry.

Namibia is largely a desert environment with hot clear days from September to April. May to August can be very cold at night but pleasant and sunny during the day. Rains are infrequent but most likely in January to March. The coast is subject to heavy morning fogs throughout the year and cooler weather in the winter months.

#### **Travel Aware**

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '<u>Travel Aware</u>' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that prior to travel, all KE clients visit the official UK Government website at <u>travelaware.campaign.gov.uk</u> and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: <u>www.travel.state.gov</u> for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates direct from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

#### **Travel Insurance**

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our <u>Travel Insurance</u> page for further information and to get a quote.

## **Equipment Information**

### **Equipment List**

Please try to keep the weight of your baggage to a minimum. See the 'baggage allowance' section for further details.

#### You should bring the following items:

- Lightweight walking shoes or trainers
- Sandals
- Socks and underwear
- Long lightweight trousers
- Shorts
- Lightweight waterproof jacket & trousers
- T-shirts
- Casual shirts with sleeves
- Fleece jacket or warm jumper
- Sunhat with wide brim
- Sunglasses
- Buff/scarf for dusty days
- Small towel/Travel towel
- Daypack 20-25 litres
- Headtorch and spare batteries
- Sun protection (including total bloc for lips, nose etc.)
- Water bottles 1 litre (x2)(we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Washbag and toiletries (biodegradable soap is preferred)
- Antibacterial handwash
- Insect repellent
  - Basic First Aid Kit including: antiseptic cream, throat lozenges, diarrhoea treatment (Imodium),
- painkillers, plasters and blister treatment, re-hydration salts (Dioralite), anti-nausea tablets and antihistamine cream/tablets.

### The following items are optional:

- Light cotton dress or sarong
- Swimwear
- Pen-knife (remember to pack sharp objects in hold baggage)
- Repair kit (eg. needle, thread, duct tape)
- A selection of dry bags for daypack/kit bag
- Camera
- Binoculars (highly recommended)
- Reusable cloth bag for shopping (to avoid plastic bags)

#### Notes:

Please be aware than in the Southern African the winter months, June-September, the nights can be cold with an average of between 0-5 degrees Celsius in some places, and the days can be warm between 20-30 degrees Celsius

Bright bold colours and white are not suitable for game viewing or bush wear as they attract insects and the attention of animals. Please do not bring camouflage or military style clothes as they can cause problems with local authorities

Please dress appropriately for border crossings, village and market visits - ie: no bare feet, no bare chests, no bikinis and no hats. A few restaurants are also not keen on T-shirts and jeans either.

#### **Cotswold Outdoor**



Many of the Equipment items listed above are available from <u>Cotswold Outdoor</u> - our 'Official Recommended Outdoor Retailer'. When you book a holiday with KE you will receive 12.5% discount voucher from Cotswold Outdoor and other retailers. >> Find out more

## **Land Only Information**

The LAND ONLY dates and prices are for the itinerary joining in Livingstone. Arrival airport transfers are provided from Livingstone Airport or Victoria Falls Airport. This itinerary ends in Windhoek.

## Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London to Victoria Falls, Zimbabwe. Arrival airport transfers to Livingstone, Zambia are included. Return flights are from Windhoek. Namibia.

Outbound flights will depart from the UK in the evening, arriving the next day (day 1 of the Land Only itinerary). Return flights will depart in the afternoon/evening on the last day of the itinerary, arriving in the UK the following morning.

## Why Choose KE

## Why KE

Deserts, Damaraland and the smoke that thunders...! Our new Namibia adventure takes you to the best corners of Namibia's dreamscape lands. ARRIVAL AIPRORT TRANSFERS INCLUDED

Please Note This document was downloaded on 17/05/2024 and the trip is subject to change