

Walking Camino - The French Way - Logrono to Leon

Trip Code: SGLL

Version: SGLL Walking Camino - The French Way - Logrono to Leon



WALK & TREK



SELF-GUIDED



MODERATE



HIGHLIGHTS

- Walk the French Way Camino from Logrono to Leon
- Delight in tapas-bar-hopping in Logrono
- Walk through the changing landscapes of La Rioja and Castilla y Leon

- Discover sleepy Spanish villages and historic monasteries
- Easily pair this trip with [Walking Camino - The French Way - Leon to Santiago](#) to continue your journey to Santiago

AT A GLANCE

- Self-Guided
- 12 days walking
- 289 km of the French Way
- Luggage transfer
- Daily departures
- Join at Logrono / End in Leon

ACCOMMODATIONS & MEALS

- 13 Breakfasts
- 13 Dinners
- 13 nights Hotel

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

Introduction

Discover the changing landscapes of the Camino de Santiago as you follow the French Way through La Rioja to Castilla y Leon. This two-week section of the French Way is set to be a journey for your taste buds as well as your soul as you make your way from Logrono to Leon. Carrying your pilgrim passport and scallop shell, you will follow in the footsteps of medieval pilgrims through vineyards and across the vast Spanish *meseta* (high plateau) to discover sleepy villages and the kindness of the people who inhabit them. Staying in welcoming family-run hotels and guesthouses on a half-board basis, you can look forward to meeting fellow pilgrims and sharing stories of your pilgrimage over a glass of Rioja wine in the evenings.

Over the course of the two weeks you will cover some 289km and be eligible for your official Certificate of Distance to mark your achievement. Finishing in Leon, you have the opportunity to continue all the way to Santiago de Compostela on our self-guided [Walking Camino - The French Way - Leon to Santiago](#) trip. Alternatively, we can arrange a transfer and additional nights' accommodation in Santiago so you can stand proud in front of the Santiago de Compostella with your Certificate of Distance - just ask our Sales Team for details.

Is this holiday for you?

This two-week Camino is perfect for those looking to take on a new challenge, whether as a spiritual journey or as a long distance walking route. Guided by the iconic scallop shell markers and your route notes, you will make your way through the fantastic rolling hills of the northern Spanish countryside, discovering small villages and the history of the French Way as you make your way to Leon. You should be comfortable walking for 5-6 hours each day - and for distances of up to 25-35km in one day - on quiet paths, byways, and cobbled tracks. Staying in a selection of great hotels and guesthouses, we will transport your luggage for you so all you need to do is relax and enjoy your journey.

Itinerary

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DAY 1

Arrive in Logrono, the capital of la Rioja.

Arrive at your hotel in the heart of Logrono. This magnificent city is not only a key stop on the St James Way but is also the capital of Spain's top wine producing region; La Rioja. Depending on the time of your arrival, we recommend taking a stroll to cross the Puente de Piedra, a beautifully crafted stone bridge that crosses the River Ebro from the old town and is the entrance into the city for the St James Way. In the old town, you may wish to take a walk through the immaculate gardens of Parque del Espolon. You can also look forward to sampling the towns favoured dish, tapas. Unlike other destinations in Spain Logrono bars specialise in one particular tapas dish. For example, one bar may only serve tortilla espanola and another croquetas. Staying in the heart of the city provides you with the perfect opportunity to spend your afternoon tapas bar hopping to sample the many tasty offerings. WINE LOVERS: we recommend arriving a day early to really absorb the atmosphere and delight in sampling the region's wines before heading off on your way. The Bodegas Marques de Murrieta is the region's original winery and has been producing superb wines since 1852. Allowing an additional night provides you time to visit the tasting rooms and learn the wine making techniques used for the different wines (booking recommended).

Meals: D



Accommodation
Hotel

DAY 2

Walk through the old town walls of Logrono to begin your way to Najera.

Your first day on the French Way is a peaceful one, with the first town on your way some 13kms into your walk. With this in mind, we recommend you start your day by paying a visit to the local bakery to stock up with some delicious snacks for your journey. Heading out of Logrono through the old town walls you begin to follow the unmistakable scallop shell way marks of the Camino. Passing through woodlands, old fincas, and vineyards you approach Navarrete where you can enjoy a welcome coffee stop or perhaps a local wine in one of the bodegas ready to welcome hot pilgrims. You will have time to visit Iglesia de la Asuncion, a beautiful baroque church with an elaborate gold clad altar complete with a statue of St James. When you have finished taking in the church's beauty you continue on your way to Najera, your final goal of the day. Nestled between the hillside and the banks of the river Najerilla the town is the former capital of Navarre. You will have time to visit the Monastery of Santa Maria La Real de Nájera which contains a convent and a royal pantheon before relaxing for the evening.

Meals: **B D**

	Accommodation Hotel		Ascent 340M		Descent 250M		Time 7-8 hours		Distance 28KM
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DAY 3

Walk through vast fields to Santo Domingo de la Calzada and discover the life's work of Santo Domingo.

Today your journey will take you across the Spanish meseta, a wide plateau where cereal crops are grown in abundance, to the town of Santo Domingo de la Calzada. Leaving Najera behind you first head toward Azorfa, a small village with the Nuestra Senora de los Angeles church at the heart of the village. Here you will find a welcoming café to enjoy a morning coffee stop before continuing along the broad farm tracks, through the vast golden fields which have replaced the vineyards of yesterday's stage. Your final goal of the day is Santo Domingo de la Calzada on the edge of the La Rioja region. The village is one of the most prominent stopping places on the Camino, founded by Domingo de Vitoria in the 11th century who was a hermit who devoted his life to the French Way. Shortly after his death he was recognised as a saint for his work in founding a hostel and hospice to care for sick pilgrims. Checking into your hotel for the evening you will have the opportunity to explore this prominent town and visit the beautiful Romanesque-Gothic cathedral where Santo Domingo's tomb lies. You may also spot two unlikely keepers of the church; two white chickens!

Meals: **B D**

	Accommodation Hotel		Ascent 330M		Descent 190M		Time 6 hours		Distance 21KM
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DAY 4

Cross over the River Oja and wind your way to Belorado.

Your day begins by heading out of Santo Domingo via the Calle Mayor to cross over the River Oja on the bridge built by St Domingo himself. Today you will deviate from the original pilgrims way which follows a main road, instead you will take a much more enjoyable diversion. Passing the cross of the brave, say farewell to the wine region of Rioja, and enter the region of Castilla Leon. You will notice the landscape change as you continue on your way today as you walk amongst the cornfields and farmlands. Just after half way into your walk you will arrive in Vitoria de Rioja, the birthplace of St Domingo, a nice spot to enjoy a final coffee stop of the day before heading for your final goal of the day, Belorado, the largest town in the area and your home for the evening.

Meals: **B D**



Accommodation
Hotel



Ascent
290M



Descent
160M



Time
6 hours



Distance
23KM

DAY 5

Walk through sleepy villages and explore the rich architecture of San Juan Ortega. Stay in Atapuerca.

Feeling rested; today you continue to meander your way through sleepy little villages connected by farmlands. Crossing over the River Tiron you will soon arrive in Tosantos, where you will find Ermita de la Virgen de la Pena, a church built directly into the rock face. This fascinating piece of architecture is set back from the village and can be seen from the Camino. Leaving Tosantos you continue to follow the scallop shells of St James through the villages of Villambistia, Espinosa del Camino and Villafranca Montes de Oca. You can enjoy a drink and perhaps pick up a couple of snacks for the final half of today's stage which will take you through the peaceful rural lanes and farmers tracks to San Juan Ortega; a high point on the Camino not just because of its altitude but its architectural richness of the monastery. Here, a transfer will meet you to take you to your home for the evening in neighbouring Atapuerca.

Meals: **B D**



Accommodation
Hotel



Ascent
450M



Descent
270M



Time
8-9 hours



Distance
30KM

DAY 6

Walk to Burgos and discover the cities majestic architecture.

Atapuerca is home to Europe's oldest human remains, discovered in a cave just on the outskirts of town and were dated back to 780,000 years ago. Since 1994 the area has been widely excavated and as you begin today's section of the Camino Frances you may see archaeologists busy excavating. Heading for Burgos your route will take you through the small villages of Villalval, Cardenuela de Riopica and Orbaneja where you can enjoy refreshments before your final push to reach Burgos. The city of Burgos is a key stop along the French Way as it is home to the magnificent UNESCO gothic cathedral of St Mary; the spires dominating the skyline like a crown. Arriving in this beautiful city, we recommend taking the time to explore the historic quarter, visit Castle Hill for fantastic views over the city and the Museum of Human Evolution where you will find the 780,000 year old remains found in Atapuerca. **FESTIVAL OF SAN PEDRO AND SAN PABLO:** On the 29th June, each year Burgos holds a festival to celebrate St Peter and St Paul. This usually includes a weeklong party over the date with a schedule of traditional acts during this time.

Meals: **B D**

	Accommodation Hotel		Ascent 140M		Descent 240M		Time 5-6 hours		Distance 20KM
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DAY 7

Transfer to Rabe de las Calzadas to rejoin the St James Way to Castrojeriz.

Your day begins with a short transfer to the neighbouring village of Rabe de las Calzadas where you re-join the St James Way. Arriving in Rabe de las Calzadas you will find a little coffee shop, perfect if you like to begin your walk with a coffee. Leaving the village you will pass the Ermita de la Virgen de Monasterio and the final few farmhouses as you follow a farm track into the pastures. Approximately a third of the way through today's walk you will reach the first hamlet of the day, Hornillos del Camino with a welcoming bar, before continuing on to Hontanas. Walking through these beautiful, vast landscapes allows you time to think of your motives for completing the St James Way now that you are half way through your journey. Reaching Hontanas you can find somewhere to enjoy a bite to eat before undertaking the final stretch of your way, passing the Monastery of Saint Anthony, a fascinating remnant of the old Camino as you make your way to Castrojeriz. This pretty village of Romanesque origin, perched on a hilltop, owes its pre-eminence to the history of the pilgrimage. If you are feeling energetic, you can enjoy a stroll up to the castle before enjoying dinner in your hotel.

Meals: **B D**

	Accommodation Hotel		Ascent 320M		Descent 390M		Time 11 hours		Distance 41KM
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DAY 8

Walk through a sea of wheat and along peaceful canal pathways to Fromista.

Fuelled by your hotel breakfast, you leave Castrojeriz and set out on today's journey which begins with a short steep ascent before taking you on through a sea of wheat dotted with quaint little villages. Before long you will approach a great statue of St James himself, just before you enter the first village of the day, Iteiro de la Vega. Here you will find a welcoming bar and cafe, perfect for a spot of lunch before continuing on your way to the next village of the day, Boadilla del Camino. This was a key pilgrim village during the 13th century, boasting a monastery and four churches to support pilgrims. Today however, it is much smaller with a population of just 100 residents. Leaving the village, you join a path alongside the Canal de Castilla before crossing the canal to complete your walk in Fromista. This lovely village has had an eclectic influence with the Celts, Romans, Moors and Pilgrims all having made their mark. You can soak up the atmosphere over a welcomed drink in one of the cafes close to the imposing Romanesque Church of San Martin in the centre of the plaza.

Meals: **B D**



Accommodation
Hotel



Ascent
230M



Descent
240M



Time
7 hours



Distance
25KM

DAY 9

Discover the Hermitage of San Miguel as you make your way to Carrion de los Condes.

Today's section of the Camino is an easy walking, flat section as you continue through the meseta. Similarly to yesterday your route will take you through several quaint villages, all whom have seen pilgrims pass through since medieval times. Just imagine how many visitors that is over the centuries! As you reach Poblacion de Campos you will see the 13th century Romanesque Hermitage of San Miguel which once belonged to the Knights of Malta. You will also find several bars where you can enjoy a morning coffee stop. Continuing on your way you will pass through Revenga de Campos, Villarmentero, and Villalcazer de Sirga before finally arriving in Carrion de los Condes. Full of old charm, this is one of the largest villages along the French Way to Leon. A town of great importance of old pilgrimages of Santiago de Compostela you will see the town's medieval origins in the historic buildings as you explore the town. In the evening you can relax with dinner in your accommodation and enjoy some rest before the next stage of your journey.

Meals: **B D**



Accommodation
Hotel



Ascent
100M



Descent
40M



Time
5 hours



Distance
20KM

DAY 10

Cross the Meseta de Carrion de los Condes to Terradillos de los Templarios.

Your route today will explore the Meseta de Carrion de los Condes to reach Terradillos de los Templarios. Before beginning your walk today we recommend paying a visit to the delicious smelling bakery where you can stock up on tasty treats for your picnic. Leaving Carrion you will soon feel at peace on your journey with the nearest village some 16km away. This is one of the intriguing elements of the journey on the Camino, as your mind runs away with your thoughts and you meet and walk with other fellow pilgrims along the route. Following an old Roman road which connected Astorga to Bordeaux you will come to the first village of the day, Calzadilla de la Cueva. Throughout the afternoon you will pass through more villages where you can enjoy refreshments until you reach Terradillos de Templarios, your welcome home for the evening.

Meals: **B D**



Accommodation
Hotel



Ascent
120M



Descent
60M



Time
6-7 hours



Distance
26KM

DAY 11**Pass through Sahagun and join fellow pilgrims from the Camino de Madrid as you make walk to El Burgo Ranero.**

As you begin today's walk the first town you will come to is Sahagun. At this point the peace and tranquillity you have been able to enjoy over the past few days comes to an end, as the Camino de Madrid joins the Camino Frances. Although the route becomes a little busier at this point it is great to meet new pilgrims and be able to hear each other's tales from the different routes. The town also marks the half waypoint along the Camino Frances. You may see fellow pilgrims who have started their journey in St Jean Pied de Port celebrating the fact that they have made it to this point. You will have time to enjoy a coffee and soak up the buzz of the atmosphere before continuing on your way towards today's goal, El Burgo Ranero. Just a few kilometres on from Sahagun you will reach the sleepy village of Calzada del Coto where the streets come alive between 14th-17th August each year with the annual festival of San Roque. You continue on reach El Burgo Ranero where the main street of the village is the St James Way itself. Settling into your accommodation you can feel satisfied that you have completed the longest day of your pilgrimage and can look forward to dinner in your accommodation.

Meals: **B D**

	Accommodation Hotel		Ascent 140M		Descent 170M		Time 8 hours		Distance 32KM
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DAY 12**Walk to Mansilla de las Mulas and discover the fantastic views from the top of the town walls.**

After a long day yesterday your legs will be pleased to hear that today's route is relatively flat as you make your way to the charming old-world village of Mansilla de las Mulas. Unlike most legs on the Camino your route today is more direct and does not wind its way through the many little villages, so ensure you pay a visit to the local bakery before setting off. You will pass through the Roman village of Reliegos, built on the meeting point of two Roman roads, the Via Traiana and the road from Tarragona. The village has diminished over the years and today is a photogenic mix of crumbling buildings alongside typically rural Spanish homes. You will also find a welcoming bar here to relax for a moment over a cool refreshment before continuing on the final leg of your route to Mansilla de las Mulas. Checking into your accommodation for the evening you can explore this lovely town which sits on the banks of the River Esla. Fernando II of Leon built the walled town in the 12th century and you can still walk along the walls for fantastic views over the landscape. A great way to end your day as you look over the route you have taken and your final journey ahead.

Meals: **B D**

	Accommodation Hotel		Ascent 10M		Descent 80M		Time 4-5 hours		Distance 19KM
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DAY 13**Complete your pilgrimage along the St James Way, arriving in Leon. Discover the magnificent architecture of the city and raise a glass to your achievements.**

Your final day walking the St James Way will take you through many small villages as you near your final goal and a key city on the Camino, Leon. We recommend an early start today to allow you plenty of time to explore this fantastic city and celebrate your achievements of completing your pilgrimage. Leon is steeped with history which is showcased through its architecture. From the famous Convento de San Marcos, considered to be the most important Spanish Renaissance building in the country; to its beautiful French style gothic cathedral; and the basilica of San Isidoro with its royal pantheon decorated in colourful frescoes; the city's architecture tells a fascinating story and is bursting with charm for you to discover. It is also home to Gaudi's Casa Botines, yes, that's the same Gaudi responsible for Barcelonas Park Guell and Sagrada Familia. The famous architect not only produced masterpieces in Barcelona but in the north of Spain too. As the evening draws in the city truly comes alive with the vibrant bars and restaurants bustling with locals, pilgrims and tourists alike making for a fantastic atmosphere as you gain your final stamp in your 'Camino Passport' and raise a glass and toast to completing your journey along St James Way.

Meals: **B D**

	Accommodation Hotel		Ascent 135M		Descent 100M		Time 4-5 hours		Distance 18KM
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DAY 14**Departure Day.**

Enjoy breakfast with a feeling of pride that you completed 289km of the St James Way. Perhaps take a final stroll around Leon before making your onward journey. **OPTION TO EXTEND YOUR TRIP:** If you would like to end your stay with receiving your certificate of distance in Santiago de Compostella it is possible to add on an additional night at the end of your trip in Santiago. We are also able to arrange a private transfer from Leon to Santiago too. Please ask our sales team for more details. If you wish to complete the next section of the Camino Frances from Leon to Santiago it is possible to pair your holiday with our Self-Guided Camino: The French Way trip for an even bigger challenge. Simply ask our sales team and they will be happy to book this for you.

Meals: **B**

Holiday Information

What's Included

- All accommodation as described
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Luggage transfers
- Transfers as described

What's not Included

- Travel insurance
- Travel to Logrono
- Travel from Leon
- Visas (if applicable)
- Tourist taxes may apply and are usually under 5 Euros per person per night
- Some meals as described in the Meal Plan
- Optional public buses and taxis
- Personal equipment
- Any additional activities/excursions indicated as optional

Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking or cycling holiday for your family, a centre-based trip is a fantastic option as it allows you to easily opt out of a day's walking if a day of building sand castles, swimming in the pool, or visiting museums is calling instead.

Please discuss this further with our Sales Team who will be happy to assist in picking the best trip for your family.

Joining Arrangements & Transfers

Your trip starts at your accommodation in Logrono. All of our self-guided holidays are sold on a Land Only basis, allowing you the flexibility to choose the travel method that best suits you. The nearest airport is Bilbao Airport, which is well-served with many departures from UK regional airports.

If you are flying into Bilbao it is possible to travel by bus to Logrono. The journey takes approximately 2 - 3 hours with one change at Bilbao's main bus station.

We also offer a private transfer from your arrival airport to your accommodation in Logrono. Please ask our Sales Team for a quote. If you have booked a private transfer with us you will make your way to the arrivals hall where you will find your driver holding a sign showing your name.

The trip ends in Leon. It is possible to return to Bilbao by train, and the journey takes approximately 6-7 hours with a change in Valladolid Campo Grande.

Alternatively, it is possible to fly home from Madrid. You can take the train back to Madrid Airport with the journey taking approximately 2 - 3 hours.

Please visit www.rome2rio.com for more information about travelling by train or bus.

We can also arrange additional nights' accommodation before or after your self-guided trip, or you may even wish to make this trip part of a bigger trip of your own, or pair it with one of our other holidays - just ask our Sales Team for details.

Meal Plan

This trip is on a half-board basis.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

Arriving in Logrono you can expect a fantastic array of culinary delights with tapas bar after tapas bar each serving a different speciality. And of course with starting your journey in La Rioja you can be certain to find some of the best in Spanish wines to accompany each dish.

Crossing the border into Castilla y Leon, the largest region of Spain, the cuisine in this region is much different to the coastal regions of Spain with less fish based dishes and more stews often featuring chickpeas or morcilla (a type of blood sausage). The real speciality of this region is its Cochinillo Asado (suckling pig) or Cordero Asado (suckling lamb), for meat eaters this is a must! Simply cooked and full of flavour you are sure to enjoy this treat after a day of walking.

Bread in this region is fantastic and was often a communal affair in the villages where communities gathered to use the communal oven. We recommend visiting the local bakery for your picnic supplies so that you can enjoy a taste of this long standing staple with a view.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Accommodation

On this trip you will stay in a selection of comfortable guesthouses and hotels each offering warm hospitality and close proximity to your route. Each hotel brings its own charm whether it's a small family run guesthouse offering beautiful gardens in which to relax or a 3-star hotel close to the many restaurants.

All our accommodations are booked on half-board basis in a twin or double room.

It is possible to arrange additional nights accommodation if you would like to extend your time in Logrono or Leon. Please contact our Sales Team for more information.

Baggage Allowance

Your main luggage will be transferred between each of your hotels while you are out walking. We ask that you please ensure your main luggage is limited to one piece under 15kg per person and that your luggage is ready for collection each morning. Any additional pieces will incur an additional cost. You will also need a daypack to carry your daily essentials with you whilst you are walking.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates (*see Health & Vaccinations below*), **and visas for your holiday.** Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

Health & Vaccinations

Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

Severe Allergies

Please inform our KE Sales and Support team of any severe allergies you may have before travel. We will always do our best to help but we are unable to guarantee an allergy free environment on our KE trips. We advise that you always carry your own treatment for the allergy with you such as 'adrenaline auto-injectors' if required. We also recommend that you discuss this with your accommodation on arrival so that they can better assist you.

Currency

The currency for part or all of this holiday is the Euro.

Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking 6-7 hours for consecutive days with some occasionally longer days.

Climate

This region of Spain enjoys a warm Mediterranean climate with cold winters and some frosty days and hot summer months where temperatures can reach up to 30 degrees.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: www.travel.state.gov for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Books

- A practical & mystical manual for the modern day pilgrim. Camino Francs: St-Jean-Pied-de-Port Santiago de Compostela
- 'The Way' (2010 film), starring Martin Sheen and directed by Emilio Estevez 'life is too big to walk it alone'

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

Equipment Information

Self Guided Equipment List

- Hiking boots with good-grip soles
- Hiking socks
- Long / short hiking trousers
- Functional base layer top and leggings
- T-shirts
- Fleece / extra warm layer
- Windproof jacket
- Waterproof jacket
- Waterproof trousers
- Hat, gloves, and neck gaiter
- Sunscreen
- Sunglasses
- Sunhat
- Small first aid kit inside your rucksack
- Water bottle or hydration pack
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover
- Camera (and batteries / memory card)

- Reusable sealable picnic boxes for picnics
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Walking poles
- Headtorch with spare batteries
- Personal wash kit
- Your self-guided route notes
- Rucksack (approx. 20L)

Land Only Information

Please note that our 'from' price listed is based on 4 persons on twin or double occupancy, however we can quote for any number of travellers including solo travellers - contact our Sales Team for a quote.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights' accommodation before or after your self-guided trip - please ask our Sales Team to find out more about this.

Our Sales Team will be happy to provide you with a quote for scheduled flights, or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

We offer some transfers to your accommodation from the nearest airports - please refer to the 'Joining Arrangements & Transfers' section for further details for this trip.

Why Choose KE

Why KE?

Taste, walk, and live the French Way as you journey from Logrono, capital of the La Rioja wine region, to Leon, a vibrant city steeped in the history of the Saint James Way. On a half-board basis and with your luggage transfers included, all you have to do is put one foot in front of the other and enjoy your journey.

Please Note This document was downloaded on 05/07/2025 and the trip is subject to change