

# Self-Guided Walking: Dubrovnik and Dalmatian Coast

Trip Code: SGDK

Version: SGDK Self-Guided Walking: Dubrovnik and Dalmatian Coast



WALK & TREK



SELF-GUIDED



LEISURELY



## HIGHLIGHTS

- Walk along quiet walking trails for far reaching views over the Dalmatian Coast
- Enjoy spending two nights within the tranquil Mljet Nation Park
- Taste the local produce of Ston with a wine tasting at the end of your walk in the surrounding

countryside

- Bring Dubrovnik's history alive on a guided tour of the city

#### AT A GLANCE

- 6 days walking and sightseeing
- Self-Guided
- Daily departures available
- Guided tour of Dubrovnik
- Join at Dubrovnik

#### ACCOMMODATIONS & MEALS

- 6 Breakfasts
- 7 nights Hotel

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

## Introduction

Step into the artwork of the Dalmatian Coast with its magnificent pallet of yellow stone set against the magnificent lush green vegetation and vibrant blue Adriatic. An area of Croatia famed for its UNESCO city of Dubrovnik, array of spectacular islands of Mljet and Lupod and deep rooted history. On this one week self-guided walking holiday we have ensured you can relax and soak in all this fantastic region has to offer with wine tastings in Ston having walked through the vineyards; a nights stay in the National Park of Mljet; a guided tour of Dubrovnik; and a final night in the golden valley of Konavle. Walking up to 14km a day on tranquil island trails, along inviting waterfronts and rural gravel tracks you will have plenty of time to enjoy a swim or an inviting café along the way.

Each night you will stay in a small family run hotel or guesthouse on a bed and breakfast basis allowing you the flexibility to dine out and sample the delicious oysters on the Peljesac Peninsula, the creamy goats cheeses on Mljet and wines of Konavle. With airport transfers included you can be sure we have everything taken care of for you, so that you can relax and enjoy your holiday.

### Is this holiday for you?

Whether you are a foodie, a history buff, or you are looking for your first self-guided walking holiday this is a great trip for you. Utilising the ferries you can enjoy island hopping and peaceful walks of up to 14km, with up to 400m ascent, along coastlines to seductive beaches or under the shade of woodlands to fantastic panoramic views. Staying on the islands of Mljet and Lupod as well as in Dubrovnik and Konavle provides the perfect balance of sightseeing, walking and culture.

# Itinerary

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## DAY 1

**Arrive in Dubrovnik greeted by your driver, transfer to spectacular Ston and dive into Croatia's delights.**

Arrive in Dubrovnik airport to be greeted by your driver keen to welcome you to Croatia. A short transfer will take you to the picture perfect Peljesac Peninsula, to the medieval town of Ston, complete with its impressive 5.5km defensive wall linking the town to the small dreamy town of Mali Ston. Peljesac is a region known for its delicious shellfish, dry red wines and spectacular beaches. Depending on the time of your arrival we recommend checking into your hotel, grabbing your swimsuit and throwing yourself into sampling the region's delights with oysters, a glass of red, and a relax at on the bay with its inviting salt pools. Or alternatively, if you would prefer to stretch your legs, explore the 5.5km of historic walls, the largest fortification in Europe, and get lost in the sunny car-free town centre.



**Accommodation**  
Hotel

## DAY 2

**Follow the Napolionic Road, soak up the culture of Mali Ston, walk above the coast for panoramic views, and enjoy a wine tasting.**

Waking refreshed from your first night in Dalmatia your walk today will explore the picturesque valley of Ston and the treasures it produces. First, making your way to the Mali Ston aptly translated to 'Little Ston', and though it may be small, its gastronomic offering is mighty; famed for its mussels and large flat oysters which thrive in the narrow channel separating the peninsula from the mainland. Following the historical Napoleonic Road your route will take you inland towards the wine producing region with its many green vineyard terrace, a contrasting landscape to the crumbling yellow stone architecture and vibrant blue coastline. Continuing to your highpoint of the day where your efforts are rewarded with panoramic views to both valleys below; vineyards to one side and Ston and the coast to the other. Returning along the Napoleonic Road you make your way back to Ston to spend another evening in this enchanting town and to sample the wines produced here with a wine tasting.

Meals: **B**



**Accommodation**  
Hotel



**Ascent**  
400M



**Descent**  
400M



**Distance**  
14KM







**DAY 3****Journey to Mljet and be seduced by its charming National Park and picture perfect lakes.**

This morning you say farewell to Ston and take a short transfer to the nearby port of Prapratno to take the ferry to the lush green island of Mljet, dubbed the 'most seductive island of the Adriatic'. A short transfer takes you to your home in the National Park for the next 2 night; Polace. Mljet really is an island of tranquillity offering a shaded haven for walkers as you explore its Mediterranean forest trails or taking a dip in the 2 salt water lakes. Checking in to your accommodation you can soon head out to explore the magnificent national park for yourself. Your route will take you overland to the beautiful Veliko Jezero Lake, complete with a picture perfect island and Benedictine Monastery. You will notice the lake appears to change colour through the day as you enjoy your walk; from clear crystal blue in the morning to emerald green in the evening. Following the path around the lake you will have opportunity to take a boat ride to discover the island for yourself before retracing your steps overland to Polace. The island is known for its olives and goats cheese so you can look forward to sampling the islands treats in one of the local restaurants this evening.

Meals: **B**

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	<b>Accommodation</b> Hotel		<b>Ascent</b> 150M		<b>Descent</b> 150M		<b>Distance</b> 14KM
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**DAY 4****Hike to Montokuc Hill and sit on top of Mljet rewarded by breath taking views of the Adriatic.**

Enjoy breakfast in the serenity of Mljet as Polace awakens, and the day visitors from Dubrovnik begin to arrive in the harbour to enjoy this magnificent island. Your walk today will take you to the highpoint of the island to revel in its beauty from a new perspective. Making your way through the narrow streets you say farewell to the last house of the town and begin your hike up to Montokuc Hill under the cool shade of the forest, each clearing providing a perfect frame to the views over the island and sea below. Approaching the tip you will see a lookout perched on a rock waiting to welcome you to 360 degree vistas- be sure to have your camera handy!

When you have finished soaking in the views, you begin to make your way down the serpentine path towards Veliko Jexero Lakeshore, before heading away from the lake to the town of Soline, nestled at the edge of the national park. You will have time to enjoy a refreshing drink and perhaps a bite to eat before making your way over the island to return to Polace where you can once again delight in the laidback atmosphere of the town after the day visitors have left and local life resumes.

Meals: **B**

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	<b>Accommodation</b> Hotel		<b>Ascent</b> 300M		<b>Descent</b> 300M		<b>Distance</b> 11KM
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**DAY 5****Sail to Dubrovnik, explore the city and have its history brought to life with your very own guide.**

This morning you leave Mljet and set sail for Dubrovnik. Whether you're a Game of Thrones fan, a lover of history, or architecture buff, Dubrovnik will charm you with hidden gems around every corner. Arriving in the Lapad Quarter you can check in and the morning is yours to enjoy. You may opt to explore the nearby park and harbour, take the cable car above Dubrovnik Old Town for fantastic views over the old town and the islands dotted in the vibrant blue Adriatic. Or if like us you are keen to delve into the history of the old town, why not walk the city walls (approx. €50). Rated Dubrovnik's top attraction, and one of the key factors qualifying the city for UNESCO status, the walls have defended the cities inhabitants since the 600's and whilst no longer used for their built purpose the vantage points they provide are simply spectacular.

In the afternoon, you will be joined by your own city guide to help bring the cities vibrant history to life, explore the magnificent Gothic, Renaissance and Baroque architecture and no doubt point out some of the city's best kept secrets too.

**DUBROVNIK SUMMER FESTIVAL:** Throughout the month of July the city hosts the world-renowned festival with Music, theatre and dance performances around the city for all ages. For more information visit [www.dubrovnik-festival.hr](http://www.dubrovnik-festival.hr)

Meals: **B**



**Accommodation**  
Hotel





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**DAY 6****Explore nearby Lopud Island and take a dip in the Adriatic from popular Sunja Beach.**

After a busy day in the city, today you will explore the nearby island of Lopud. After breakfast you will catch the ferry to the small, car free island of Lopud; known for its picturesque bay and one of the best beaches in Dubrovnik, so be sure to pack your swimsuit. Your walk will take you along the pretty waterfront before heading inland to discover the far reaching views from St Ivans Church and the remains of the fortress which once kept watch over the island. Making your way to the coast you reach the popular Sunja Beach, said to be one of the best beaches in Dubrovnik. From here you have the option to extend your walk to explore the most south eastern point of the island for views across to neighbouring Kolocep and the Dalmation. Alternatively, you might opt to enjoy a swim or a picnic in Sunja before heading to the north coast of the island to soak in the atmosphere of the waterfront and perhaps enjoy a drink in one of the inviting cafes before catching your ferry back to Dubrovnik. In the evening, you can soak up the atmosphere of Lapad or take the short ride into Dubrovnik Old Town to enjoy the city by night.

Meals: **B**

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	<b>Accommodation</b> Hotel		<b>Ascent</b> 400M		<b>Descent</b> 400M		<b>Distance</b> 11KM
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## DAY 7

### Discover the enchantment of the Konavle Valley as you walk to quaint watermills beneath the rugged mountains.

Your final walk of the week takes you to the picturesque farming region of Konavle, known as the golden valley thanks to its fertile lands. Sandwiched between Dubrovnik and the Montenegrin Boarder, Konavle's rich countryside is dotted with old farm houses and quaint old watermills. After breakfast you will take a short transfer to the sleepy village of Tusici where you will check into your accommodation and begin your walk. Following quiet gravel tracks and pathways your route will take you along the river Ljuta, leading you to the old wooden watermills and welcoming restaurants of Ljuta Town- the perfect lunch stop and an opportunity to enjoy some traditional fare. As you meander through the valley you will be accompanied by the views of the towering mountains above the fertile valley providing a different feel to the hustle and bustle of Dubrovnik and the island hopping earlier in the week. Your walk leads you back to Tusici where you will spend your final night in the peace of the countryside.

Meals: **B**

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	<b>Accommodation</b> Hotel		<b>Ascent</b> 140M		<b>Descent</b> 140M		<b>Distance</b> 12KM
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## DAY 8

### Departure Day.

Enjoy a relaxed breakfast and perhaps a final explore of lovely Konavle before taking your transfer to the airport for your onward journey.

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## Holiday Information

## What's Included

- All accommodation as described
- Luggage transfers
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Transfers from/to Dubrovnik Airport
- Transfers to/from your walks as per itinerary
- Ferry tickets as per itinerary
- Wine tasting on day 2
- Dubrovnik City Tour

## What's not Included

- Travel insurance
- Travel to / from Dubrovnik Airport
- Entrance into the National Park at Mljet (approx. 20euros) Public buses and taxis
- City taxes (approx. 5euros per night) Visas (if applicable)
- Some meals as described in the Meal Plan
- Personal equipment
- Any additional activities/excursions indicated as optional

## Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit, about the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook and all your relevant documents no later than 3 weeks before your holiday start date. We will send your documents using signed for courier so that you can track your package and know that they are safely on their way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our sales team. Your pack will be sent to the lead booker so please remind them to pack it before you set off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start date, please do inform our sales team so that we can make alternative delivery arrangements.

## Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking holiday for your family, a centre based trip is a fantastic option as it allows you to easily opt out of a days walking if a day of building sand castles, swimming in the pool or visiting museums is calling.

Please discuss this further with our sales team who will be happy to assist in picking the best trip for your family.

## Joining Arrangements & Transfers

The trip starts and ends at Dubrovnik Airport. All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. The nearest airport for this trip is Dubrovnik with many departures from regional UK airports; it is also here where you will meet your transfer to your first hotel in Ston.

## Meal Plan

This trip is on a bed and breakfast basis to allow you the most flexibility during your holiday.

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your diet with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.



## **Accommodation**

We have specially selected a lovely selection of small, family run 3\* hotels and apartments all chosen for their fantastic locations and warm hospitality. All of the hotels offer comfortable ensuite bedroom and great communal areas including a bar and gardens or terrace while the apartments are simple in style but come equipped with all you need for pleasant stay. The hotels offer a great buffet breakfast to fuel your day exploring and whilst staying in the apartments you can look forward to enjoying breakfast in a nearby restaurant.

It is possible to arrange additional nights accommodation in before or after your trip in Ston, Konavle or Dubrovnik if you wish for a little more time relaxing on the coast or exploring the city. Please refer to the dates and prices tab for further details or speak to one of our sales team.

## **Baggage Allowance**

Your main luggage will be transferred between each of your hotels while you are out on your walks. We ask that you please ensure your luggage is under 20kg and that your luggage is ready for collection each morning. You will also need a daypack to carry your daily essentials with you.

# General Information

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## Passport & Visas

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

**It is your responsibility to ensure that you have the correct travel documents and visas for your holiday.** Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the [UK Government website](#).

## Health & Vaccinations

### Severe Allergies

Please inform our KE Sales and support team of any severe allergies you may have before travel. We will always do our best to help but we are unable to guarantee an allergy free environment on our KE trips. We advise that you always carry your own treatment for the allergy with you such as 'adrenaline auto-injectors' if required. We also recommend that you discuss this with your accommodation on arrival so that they can better assist you.

## Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. The walks take you through shaded woodlands, along beautiful coastal paths and country dirt roads. You should be comfortable with walking 3 to 4 hours for consecutive days with ascents up to 400m per day. We suggest that you try to fit in a number of daily walks in hilly countryside before your trip and its always a good idea to spend some time walking in the footwear you are going to use on this holiday.

## Climate

Croatia has a mostly dry climate, with a wonderful Mediterranean influence on the Adriatic Coast and islands. The hottest months are July and August when temperatures can reach up to 30 degrees C, ideal if you like the heat. Spring and autumn are much more pleasant for walking with milder temperatures, of course nowhere is without rain from time to time and December is the wettest month.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that prior to travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates direct from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Books

- Dubrovnik and the Dalmation Coast - Lonely Planet
- Game of thrones fans will no doubt recognise landmarks in Dubrovnik where many scenes were filmed.

## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

# Equipment Information

## Self Guided Equipment List

- Hiking boots with good grip soles

- Functional base layer
- T-shirts
- Hat
- Windproof jacket
- Fleece / extra layer
- Long/short hiking trousers
- Hiking socks
- Waterproof Jacket
- Waterproof Trousers
- Rucksack (approx. 20 l)
- Small first aid kit for your rucksack
- Sunscreen
- Water bottle or hydration pack
- Camera (batteries/memory card)
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover
- Sun glasses
- Personal wash kit

- Reusable cloth bag for shopping to avoid the use of plastic bags
- Tupperware for picnics
- Walking poles
- Headtorch & spare batteries
- Your self-guided route notes

## Cotswold Outdoor



Many of the Equipment items listed above are available from [Cotswold Outdoor](#) - our '**Official Recommended Outdoor Retailer**'. When you book a holiday with KE you will receive 12.5% discount voucher from Cotswold Outdoor and other retailers.  
[>> Find out more](#)

## Land Only Information

Please note our 'from price' listed is based on 4 persons, however we can quote for any number of travellers, including solo travellers, contact our sales team for a quote.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights accommodation before or after your self-guided trip, ask our sales team to find out more about this.

Our sales team will be happy to provide you a quote for scheduled flights or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

# Why Choose KE

## Why KE?

We have blended the perfect mix of the best walking, taste testing and sightseeing the Dalmatian Coast has to offer to bring the destination alive. We have even included airport transfers, a wine tasting and a city tour of Dubrovnik so you can be sure you get the most out of your trip.

**Please Note** This document was downloaded on 17/05/2024 and the trip is subject to change